

SACRED HEART COLLEGE(AUTONOMOUS),THEVARA  
**WORLD MENTAL HEALTH DAY**

**08-10-2021,6 PM**



**DR. ANISH K.R**

Asst.Professor,Former HOD,  
 Rajagiri College Of Social Sciences

**"Well-being for all : Lets make it a reality"**



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**MR. JIJO C GEORGE**

Director Safe Counselling Centre  
 Mulanthuruthy,

**"Adolescent Problems 2021"**



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**MRS. DIVYA K THOMAS**

Clinical Pyschologist  
 Rajagiri Hospital

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**DR. C JOHN**

Clinical Pyschiatrist  
 Medical Trust Hospital

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