

CYBER SECURITY AWARENESS CLASS

The Sacred Heart College Union 2024- 25, in association with Fragomen Educational Services conducted a session on 'Cyber Security Awareness ' on 4th December 2024 from 1:15 pm to 2:15 pm at Melesious Hall.



The session aimed at educating the students about the importance of cyber security and the best practices to prevent cyber threats. About 150 students participated in the session. It was both an interactive and informative session. Participation certificates were provided to the attendees.

VICTORY DAY CELEBRATION

The Victory Day Celebrations, held to honour the newly elected college union for the academic year 2024-25, took place on the 9th of December, 2024. The event commenced at approximately 3:30 p.m., bringing together students, faculty, and staff in a festive and vibrant atmosphere.



The highlight of the celebration was the 'Chendamelam' , a traditional percussion performance that added a cultural and rhythmic charm to the occasion. The 'Chendamelam' began in the basketball court, where the beats of the drums reverberated, drawing an enthusiastic crowd. As the performance gained momentum, it transitioned to the portico, creating an immersive experience for everyone present.

The event, though brief, was filled with energy and excitement. It concluded smoothly by 4:30 p. m

HEAVENLY HARMONY

There stands a single star in luminous white,
Not far off can
be seen the waning crescent;
Both leading in their Luminous harmony;
To cheer us up in this stillness
They both started singing a duet
Lending ears onto that,
gave a soothing to heart
For in her peaceful light,
Let the soul wash away the fears
And find the light where The warmth
of hope melt Away the pale of fear

VARSHA
2nd DC ECONOMICS

HRIDYASARGA SANGAMAM DHWANI 2024-25

Hridyasarga sangamam Dhvani 2024-25 inter-departmental college kalotsavam was conducted by college union 2024-25 on December 11- 17. Literary events like story writing, essay writing and poetry writing for languages Malayalam, Hindi and English were conducted on December 11,12 and 13. There were 310 participants for all 9 literary events.

Stage events like dance, music, theatre and others were conducted on December 16 & 17.

Events that were conducted on the first day (16/12/24):

3 dance events – Mohiniyattam, Keralanadanam, Folk dance. There were 15 participants for these events.

7 musical events – Light music (male&female), Classical music (male&female), Wind instrument,

Percussion instrument, String instrument of eastern music. There were 30 participants for these events.

3 literary events – Elocution (Malayalam, English, Hindi). There were 20 participants for these events.

Events that were conducted on the second day (17/12/24):

4 dance events – Bharathanatyam (male&female), Other forms of classical dances, Kuchipudi. There were 13 participants for these events.

4 musical events – Western vocal solo, Percussion instrument,Wind instrument, String instrument.

There were 21 participants for these items. 2 theatre events – Mono act, Mimicry. There were 8 participants for these events.

5 literary events – Recitation (Malayalam, English, Hindi), Aksharaslokam, Kaviakeli. There were 21 participants for these events.



From this, 3 dance events will be having a second round competition with the participants selected from first round.

Few events were not conducted due to unavailability of judges and those events will be conducted after the Christmas vacation.

There were 9 judges who were invited from outside the campus for judgmentation. And the rest of the judges were from the faculties of the campus itself. There were 41 volunteers for Registration, Stage volunteering and Event volunteering.



CHRISTMAS CELEBRATION

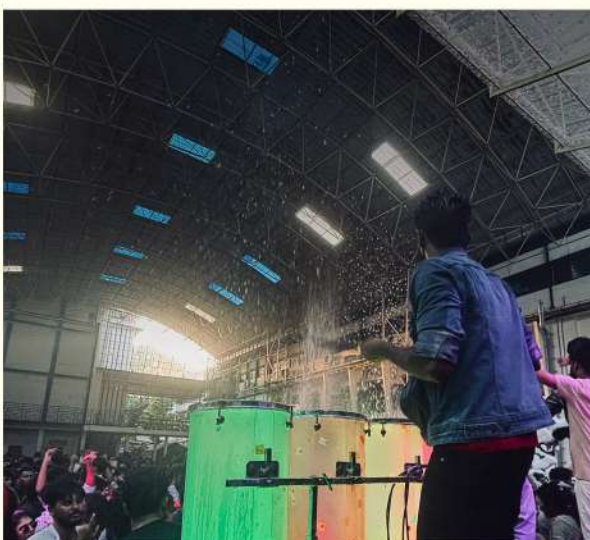
The college union hosted the vibrant Christmas celebration, "Jinga La La," on the 18th of December. The event commenced at 1:30 p.m. with a heartwarming welcome to the main guests of the day – our friends from the Janey Centre Special School. A variety of fun games, engaging activities, and delightful cultural programs had been thoughtfully arranged for them. Adding to the festive cheer, the students from Janey Centre showcased their talents with a dance performance, which was met with enthusiastic applause from the audience. Their segment concluded at 2:30 p.m., leaving smiles and fond memories.

Following this, a church band took the stage, delivering a soulful and energetic performance that set the tone for the rest of the celebration.

The band's performance was succeeded by a series of cultural programs organized by the Jesus Youth group of our college. Their lineup included an enchanting carol singing session and an energetic flash mob.



The church band then returned for another performance, enthralling the audience once more with their musical brilliance.



One of the engaging segments of the day was the lively "Santa on the Floor" competition, aimed at finding the best Santa Claus.

Three enthusiastic participants competed, showcasing their creativity and charm through engaging performances, interactions with the crowd, and a fun-filled ramp walk. The winner was chosen based on their ability to embody the spirit of Santa Claus while entertaining the audience.

The celebration continued with a mesmerizing musical performance by the talented members of our college's music club, adding a melodic touch to the evening. At 4:00 p.m., the main events of the day unfolded – a thrilling DJ session, the unique beats of water drums, and an exciting foam party. Students reveled in these lively activities, dancing and enjoying the festive atmosphere. The joyous celebration finally came to a close at 5:30 p.m., leaving everyone with cherished memories of a day well spent.

WHAT REALLY IS FEAR?

Fear: an emotional state triggered by threat of danger. Is fear really an emotion? Or is it some kind of an admonishment to prepare us for the worst? It mainly depends on one's perspective. If we consider fear as an emotion, it might be quite easy for us as humans to pin the blame on it for most of our ignorant decisions.

We tend to stereotype fear as an emotion to be ashamed of. Yet, when there's no possible route out from a situation we dread, we tend to look for an escapism in fear. Maybe fear really is something that prepares us for the worst. There also exists circumstances where fear gives life to excitement.

We usually call it by the name thrill. Thrill is something that causes us to experience an adrenaline rush, but the backbone of thrill is fear. Fear of the unknown is both, the worst and best of all emotions.

For the people that embrace this fear, it pushes them to chase thrill and excitement, leaving them wanting for more. But in case of the ones that let this fear consume them, it pushes them down to the darkest and deepest pits of the mind, where they are forced to be in the company of their own thoughts, which sometimes can be worse than fear itself.

ANIKA SURAJ
1st FYUGP PHYSICS

കാലത്തിന്റെ പക്ഷി

പുലർക്കാല ദൃശ്യ രൂപിണി പക്ഷി നീ,

തിര നീക്കി എങ്ങു പോകുന്നു

പതിവായ്കാണുന്നു ഞാൻ നിൻ കൂട്ടം

വരി വരിയായ്നീങ്ങുന്ന നിൻ കൂട്ടം

ദുഃഖപോകുന്നുവോ യാത്ര പോകുന്നുവോ നീ

ഏതു നേരം നീ തിരികെ വരുന്നു?

സായംകാല ചിത്രരൂപിണി ,

തിരിച്ചു പോക്ക്എന്നെ നീ ഓർമ്മിപ്പിച്ചു

ദൂരം എത്ര പാഞ്ഞാലും

ഉയരം എത്ര താണ്ടിയാലും

തിരികെ ആ കൂട്ടം കൂടണയുന്നു , പതിവായ്

നാം ഒടുവിൽ മണ്ണിൽ അലിയുന്നു ചാരമായ

MEENU KRISHNA

1st MCOM

RESUME BUILDING WORKSHOP

The virtual workshop titled "Kickstart Your Career: Building Your Resume" took place on December 16, 2024, from 4:00 PM to 5:00 PM. This event was specifically organized for final-year undergraduate (UG) and postgraduate (PG) students, aiming to equip them with essential resume-building skills.

Conducted by experts from McKinsey & Company, the session was highly interactive, offering valuable insights into the key elements and best practices to consider while crafting a professional resume. Additionally, a dedicated Q & A segment provided students with the opportunity to address their queries, further enhancing their understanding of resume preparation.



OLD AGE HOME VISIT

On 16/12/2024, a group of students from our college, organized by the College Union, visited Old Age Home in Thevara. The purpose of the visit was to spend quality time with the elderly residents and show them care and companionship. Upon arrival, we were warmly welcomed by both the staff and the residents. We engaged in meaningful conversations with the elderly, listening to their life stories and sharing our experiences. This interaction provided us with valuable insights into their lives and the importance of respect and care for the elderly.

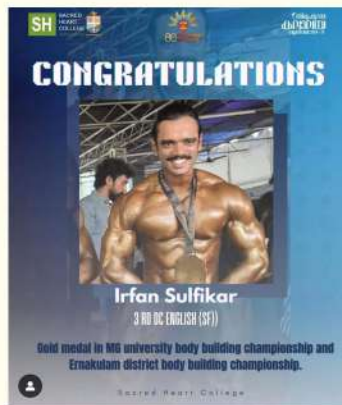


One of the key activities of the visit was serving lunch to the residents. We helped in distributing the meal and then sat down to share the food with them, creating an atmosphere of togetherness. It was heart-warming to see the smiles on their faces as we ate and conversed together. We were able to collect ₹4570 from 'KAITHANG' initiative and used that fund for buying food for these residents.

In addition to sharing meals, we also spent time participating in light recreational activities and games, which brought joy and laughter to the residents. The visit was a fulfilling experience, fostering a deeper connection with the elderly and emphasizing the importance of compassion and empathy in our society.

This initiative by the College Union was a meaningful and memorable experience for all involved.

Congratulations



Congratulations



EDITOR'S MESSAGE

As the Magazine Editor, it gives me immense pleasure to bring to you the monthly college newsletter this year. Apart from all the other things that unites a college together, I believe opinions and different perspectives can help align us as a college community and for the same reason, the newsletter focuses on not just bringing in articles and write ups together, but it also looks into culminating student ideas and various activities of the college, thus making every student a part of the much diverse SH community. We will begin to grow and cherish here with so much learning, and with this newsletter coming to reality, we will slowly begin to learn from each other and hold each other. There's going to be things that boost your confidence, heal your inner soul, bring about the adrenaline rush of college life and things that can forever go into the little memory trove of college for you. You can also come around and tell us what we should include and what should be taken away from the newsletters too, because your opinions and corrections are what makes it even more beautiful. I hope you walk through each page of this newsletter and stop by, and pick little words and messages as you walk to the next, and keep them always with you as souvenirs of this newsletter.

FLEVIN BENNY
MAGAZINE EDITOR



ANANDHU JP
EDITOR (PRISM)

