SACRED HEART COLLEGE UNION 2024-2025
OCTOBER 2024
VOLUME 2 ISSUE 1

THE PRISM

SH SACRED HEART COLLEGE Autonomous



"GREAT AGAIN: A Historic Fourth Victory"

As October comes, winds of change are blowing, and like always, colleges are buzzed with the fervor and anticipation for t he college union elections. Representing the heartbeat of student democracy, this highly anticipated event fosters a spirit of engagement, collaboration, and representation among the student body.

With candidates from various backgrounds and disciplines vying for pivotal roles, the atmosphere is charged with promises of transformative change and the prospect of amplifying student voices within the institutional framework. This year's election was no less! The election is usually conducted in two phases at our college, like a parliamentary form of election. A boy and a girl are elected from each class and elected as the class representatives. 17 th October, 2024—the day of the new dawn, the day that was being awaited from many months of hard work and smart work, of course! As first phase election got over and the candidates for second phase election was called to the auditorium.

Each of the opponent parties was filled with enthusiasm and passion. The air was filled with electric energy, and everyone was just in crazy delight. The blue family gathered in the platinum piazza before the second phase of elections. The panel members standing for the elections were ready to be announced.

Starting from Pg representatives to Chairman candidate, everyone's name was called out.There was a spark of power in the air. There was a sense of tenseness as well as excitement between everyone because if we win, then this would be history. We all went on to the auditorium. Even though we knew what the results would be, we had a mind of tense.

As everything was balloted, the voting process went smoothly and quickly. Once everyone completed voting, the situation was calmer than before. Each candidate was called to their respective places for the counting of votes, and with smiling faces one by one, the blue team came by. And at the end there goes it —history!!!! 14-0. Hard work paid off.

We just wanted to celebrate! In the meantime, the scene outside the auditorium during the election was something else. Down to the portico, the newly elected union members came down with happy faces, all joyful, happy, and enthusiastic. There was an uproar of slogans down the auditorium. The gush of happiness, of hard work, of determination could be seen in the air. All rushed to the basketball ground. The students were dancing, singing, and crying out loud of joy.

What a scene! Everyone there celebrated. The sky turned blue, and so did the college! And as it is always said, when the sky is blue, all is right in the world. The blue fortress did not disappoint, and it withstood all that ever came across its shadow! So, for the history remained untouched and repeated, the unwavering success story filled the air that every heartian took through its heart! And thus, the College Union Elections 2024-25 were completed successfully.

A new panel headed by Alan Varghese as the chairperson was elected to serve the college and represent the whole family of Sacred Heart,Thevara. With the newly elected leaders at the helm, the college looked forward to a promising era of collaboration, growth, and inclusivity.

OATH- TAKING CEREMONY



The oath- taking ceremony of the College Union for the academic year 2024- 25 was conducted on 18th October 2024. The ceremony commenced by 12 p.m. The union members were called up onto the stage by the Student Dean Asst Prof Syamlal M.S, following which he addressed the gathering. This was followed by a felicitation by the Principal Dr. Biju C.S. The chairperson Alan Varghese was then invited to undertake the oath. This was followed by the oath taking of other union members, after which Alan Varghese gave his first speech as the chairperson of the college. L astly the Returning Officer for the year's election, Dr Jinu George addressed the gathering, and the ceremony was winded up.

KERALA PIRAVI 2024





Kerala Piravi was celebrated on November 1st with great enthusiasm, kicking off the festivities with the much-awaited Malayali Manka and Kerala Sreeman competition, held at the portico at 2 p.m. The event was graced by an esteemed panel of judges: Ms. Minna Ann Andrews, Assistant Professor in the Journalism Department; Ms. Soumya P. R., Assistant Professor in Additional Languages; and Ms. Sunaina Yousuf, Assistant Professor in the Journalism Department.

The Kerala Sreeman title was jointly awarded to Ashil Anil, a first- year student of Integrated Computer Science, and Rahul Sathish, a first-year MA Mass Communication and Journalism student. Meanwhile, Meenu Krishna, a first-year MCom (Self-finance) student, was crowned the Malayali Manka.

The competition showcased the cultural richness of Kerala, with participants displaying their knowledge of Malayali traditions, language, and charm. The event was a vibrant reflection of Kerala's heritage, and the winners were celebrated for embodying the spirit of the state.

1st DC & PG DAY

On 1st of November at 3 p.m., the inaugural function for the 1st DC and 1st PG Day took place at Platinum Piaza, marking a special occasion for the college.

The event began with the official inauguration and the prize distribution for the Kerala Sreeman and Malayali Manka competition, both of which were presented by Aravind Dileep Nair, the winner of the popular Malayalam music reality show Star Singer Season 9.

Aravind, an alumnus of our college, was warmly felicitated by our Vice Principal, Rev. Fr. Joseph Varghese, in recognition of his impressive achievements. To the delight of the students, Aravind treated everyone to an energetic performance, singing several hit songs that added to the vibrant atmosphere.





There were cultural programs by first-year UG and PG students captivating the stage. The students, along with performers from the dance and music clubs, presented a series of mesmerizing performances that showcased their talent and creativity. By 5 p.m., the final highlight of the day took place—a dynamic musical performance by professional drummer Samuel, accompanied by a DJ set from Herry. The students reveled in the high-energy beats, dancing and enjoying the music.

The event was a great success, offering a perfect blend of talent, music, and celebration.

KATTANUM PAATTUM



The college union conducted “Kattanum Paatum”, a musical evening with tea on 7th November 2024. Students from all three campuses gathered at the open gym near the l akeside around 4 p.m. The students spent the evening singing songs in groups, and some of them played instruments. Tea was distributed to the students by the college union. The program went on till 6 p.m

The Unassailable shades of dark

Firing missiles here and there
Still living in unknown present
going to pulverize soon.
Life becomes as dark as a charcoal.
Creating own peace of mind
that doesn't deseve a happy ending.

Sky becomes dark as it can.
People roaring around
in search of their beloved ones.
Children screaming for love.
Instead of getting pampered
their lives are tortured by authorities.

Then,
How a war create
create without humanity?

Vaishnavi S H Nair
Bsc chemistry.

BEAUTY

There's a beauty in looking for the divine in yourself .

There's a beauty in sitting at the beach

There's a beauty in climbing the mountain.

There's a beauty in waking up to the birds chirping.

There's a beauty in walking alone .

There's a beauty in sipping your coffee.

Beauty lies in little things around you.

Akhila
Mass communication & Journalism

Freedom of the press is very important for the smooth functioning of a democratic society

As the famous American broadcaster, Walter Cronkite who worked as an anchorman for the CBS Evening News tells, media/press is a very important forming part of any democracy because the democracy is by the people & for the people. So therefore, to ensure the smooth functioning of a democracy it's very important for the citizens / common people to raise their voices & media plays this role.

The press is the fourth pillar (fourth estate) of democracy & it's the responsibility of the press to check the functioning of the legislature, executive & judiciary & ensure that the bodies are functioning properly & balance the powers & an unbiased press must inform the public about all inner happenings of the governmental bodies/ organizations & if finds any corruption / guilty press is the first one to raise the voice on behalf o the common man. Also, the press has to force the government & the opposition to work fairly for the common people. Also, the press can make people think beyond their boundaries by informing the various ideas around the globe.

Even though Article 21 protects your right to hold your own opinions, which gives the freedom of speech for the press, while evaluating the recent situations all over the world we can see that the freedom of the press is declining due to various reasons including governmental pressures & policies, monetary benefits. For example, recently a leading political leader in Kerala ordered the media persons to get out while covering a peaceful meeting between two parties.

Also recently the broadcast of two leading news channels was suspended for 48 hours & broadcast of another channel (including the earlier one) was suspended/banned for many days by the Ministry of Information & Broadcasting (I&B) on the advice of the Union government of India. So, from events like this, we can conclude that even though the freedom of the press is a fundamental right, in today's world press is not enjoying complete freedom.

According to the 2023 world press freedom index out of 180 countries, the journalism conditions are very serious in 31 countries, difficult in 42 countries & problematic in 55 countries i.e. means the overall environment for a free press is not good all over the globe.Also from 2016 – 2020, UNESCO r ecorded 400 killings of journalists which indicates that journalists/press is not able to function in an unbiased manner. Also from my interaction with Mr R Rajagopal, the editor of The Telegraph newspaper, I could understand that the press & journalists have lots of restrictions in the present scenario which cuts down the smooth information delivery about political activities.

The press plays a vital role not only after forming the government, during the time of the elections also media has a great responsibility. It is the duty of a free press to inform the voters about the candidates (their previous history, cases in which t hey have been involved, their properties, their political views, etc) in an unbiased way, so the voters will be able to know their candidates well & they can elect the right leader & hence can ensure a smooth functioning of democratic government. So it's indeed necessary to have free working conditions for the press & media should also be open to all but influenced by none to ensure a safe & smooth democracy.The press can also change many lives specially the miserable lives by bringing their stories to the world.

Therefore, we can conclude that the press/media has a great role in ensuring the smooth functioning of democracy from the time of elections to the time of ruling the people & raising the common man's voice.

Gregor Sunny Joseph
Mass communication & Journalism

മതമാവ്

മതമേ.... നീ ഒരു മാവാണെങ്കിൽ നീ വളരുക ഒരു കുടപോലെ.

നിൽ താഴെ വളരുന്ന അനുജന് തണൽ തൻ വായുതൻ ജീവനായി

പക്ഷെ നിന്നുള്ളിൽ നിന്ന് നിന്നിലെ നന്മ ജലം വറ്റിച്ച് നിൻ ഉടലിലൂടെ

വളരാൻ തുടങ്ങുന്ന ഇത്തിൾ കണ്ണികളെ

നീ ഒരു കാലനായ് നിശ്ചയിച്ച് വേരാലെ പിഴുതെറിയുക

അതിന്റെ വളർച്ച ഒരിക്കലും നിൻ ശിഷ്ടകാല കുടുംബ സൗകത്തിന് നന്നല്ല..

നിന്റെ വളർച്ചക്കിടയിലെ ഇത്തിൾ കണ്ണികൾ ഒരിക്കലും നിനക്ക് തുല്യരാം മറ്റു

മാവുകളുടെ ചില്ലകളൊടിക്കാനുള്ളതല്ല....

JUMNA
Mass communication & Journalism

EDITOR'S MESSAGE

As the Magazine Editor, it gives me immense pleasure to bring to you the monthly college newsletter this year. Apart from all the other things that unites a college together, I believe opinions and different perspectives can help align us as a college community and for the same reason, the newsletter focuses on not just bringing in articles and write up s together, but it also looks into culminating student i deas and various activities of the college, thus making every student a part of the much diverse SH community. We will begin to grow and cherish here with so much learning, and with this newsletter coming to reality, we will slowly begin to learn from each other and hold each other. There's going to be things that boost your confidence, heal your inner soul, bring about the adrenaline rush of college life and things that can forever go into the little memory trove of college for you. You can also come around and tell us what we should include and what should be taken away from the newsletters too, because your opinions and corrections are what makes it even more beautiful. I hope you walk through each page of this newsletter and stop by, and pick little words and messages as you walk to the next,and keep them always with you as souvenirs of this newsletter.

FLEVIN BENNY
MAGAZINE EDITOR



Edited, Printed and Published by Flevin benny for Sacred Heart college Union 2024-25. (For private circulation only)