

**Criterion VII: Institutional Values and Best Practices**

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizen.

**2018 - 19**

Being a citizen of India, we must follow the ***duties*** and ***responsibilities*** mentioned in the ***constitution***. The institution has taken various initiatives to sensitize the staff and students towards ***constitutional obligations***. The mission statement of the College itself insists that the College must provide an environment that enables the students to play a vital role in the ***nation-building process*** and contribute to the progress of humanity. This thrust on the constitutional values and principles are found in the curricular and extracurricular activities of the College.

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## Preamble in Curriculum

### SYLLABI FOR COMMON COURSES

#### Course V: REFLECTIONS ON INDIAN POLITY, SECULARISM AND SUSTAINABLE ENVIRONMENT

|  |  |
|--|--|
| COURSE CODE                                  | 15U3CCENG5   |
| TITLE OF THE COURSE                          | REFLECTIONS ON INDIAN POLITY, SECULARISM AND SUSTAINABLE ENVIRONMENT |
| SEMESTER IN WHICH THE COURSE IS TO BE TAUGHT | 3  |
| NO. OF CREDITS                               | 4  |
| NO. OF CONTACT HOURS                         | 90   |

#### 1. AIM OF THE COURSE

- To impart Gandhian values and to make the students positively respond to the concepts of secularism, democracy and love of nature.

#### 2. OBJECTIVES OF THE COURSE

- To enable the students to grow into responsible citizens taking pride in the secular and democratic traditions of the country.
- To inculcate a cosmopolitan outlook in the students and to equip them to fight against the divisive forces in the society.
- To make the students aware of the consequences of mindless exploitation of nature.

#### 3. OUTLINE OF THE COURSE

##### MODULE I: Readings on Indian Constitution and Federalism (18 hours)

##### 1. The Preamble of the Constitution

- Rajendra Prasad : "Let Posterity Judge"
- Sebastian : "Exciting Views"
- Amulal Hingorani : "Brother Abdul Rahman"

*Note: "Dimensions of Indian Federalism" by Rajesh Kumar is excluded.*

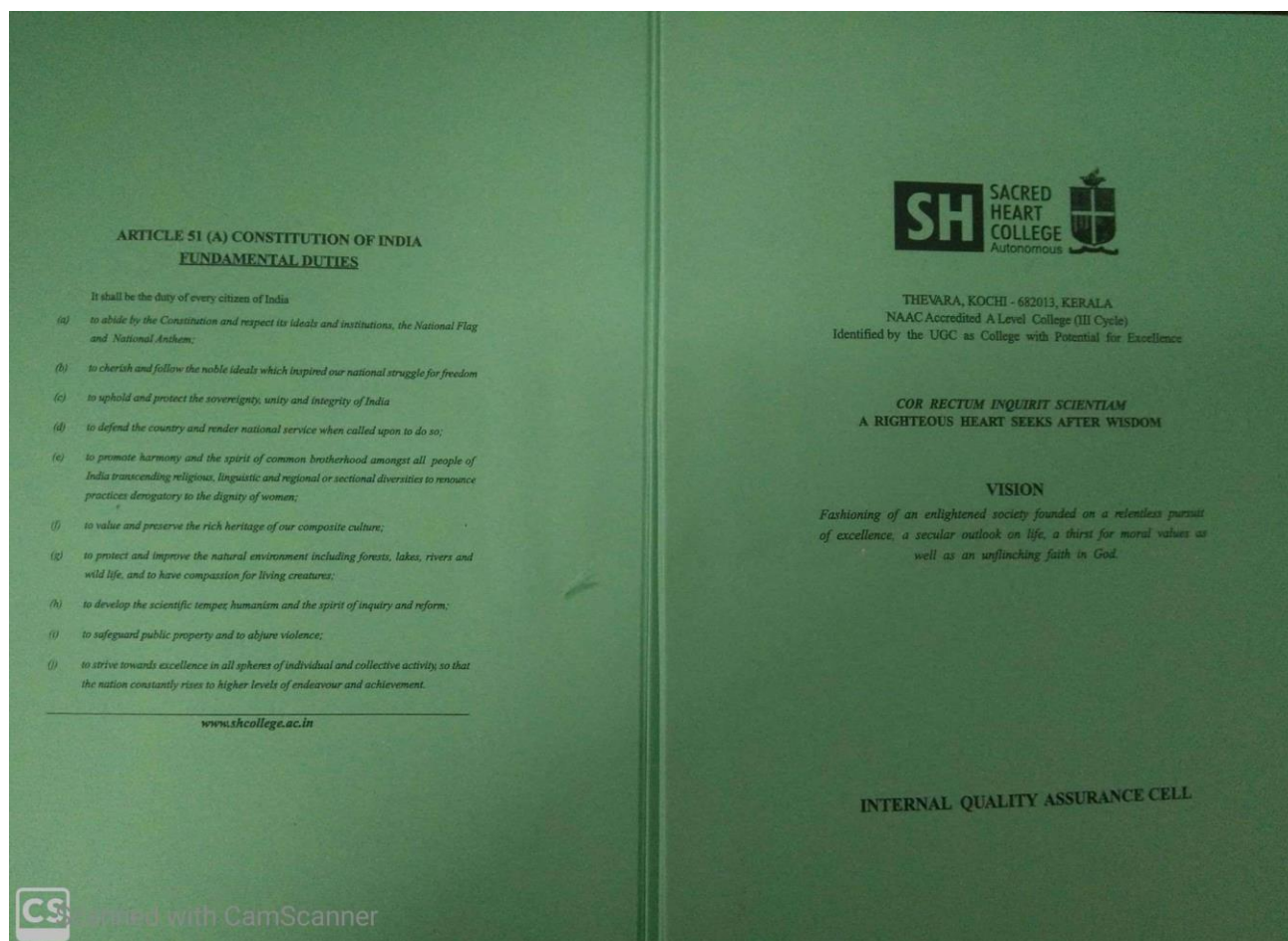
##### MODULE II: Readings on Gandhian Philosophy (18 hours)

- Vallathol : "My Master"
- Louis Fischer : "Gandhi and Western World"

## Display of Fundamental duties

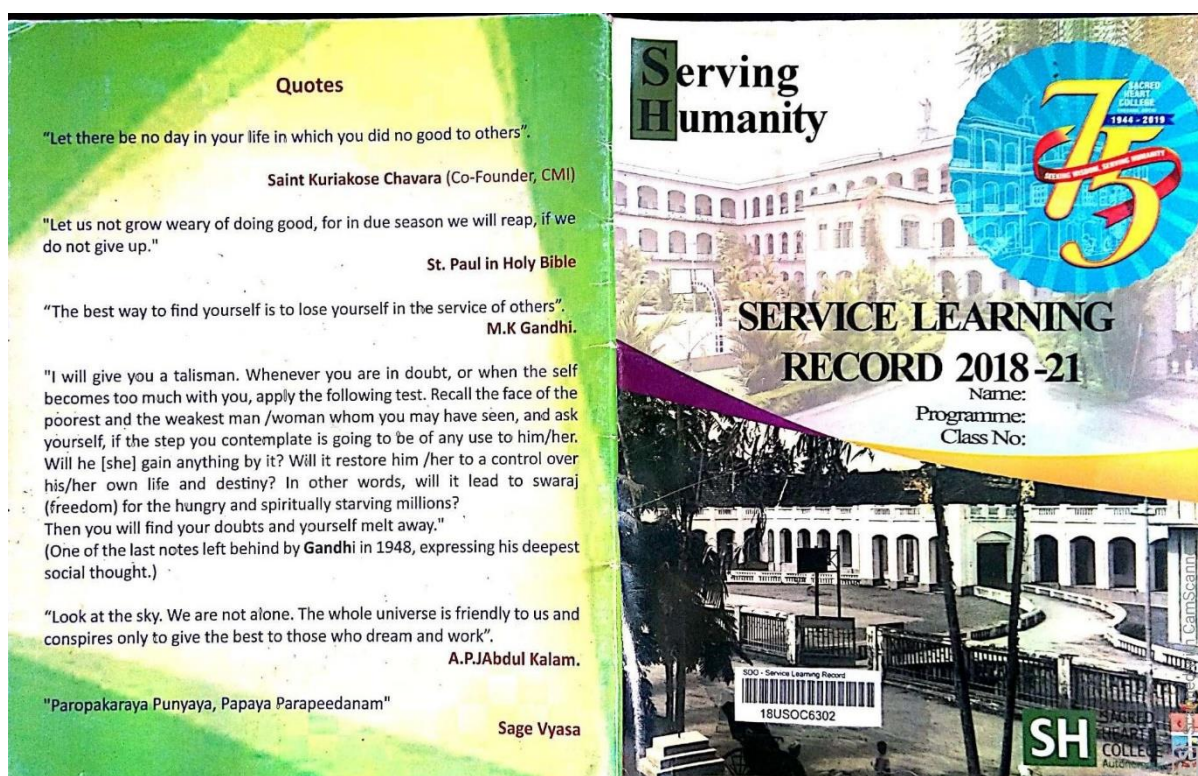
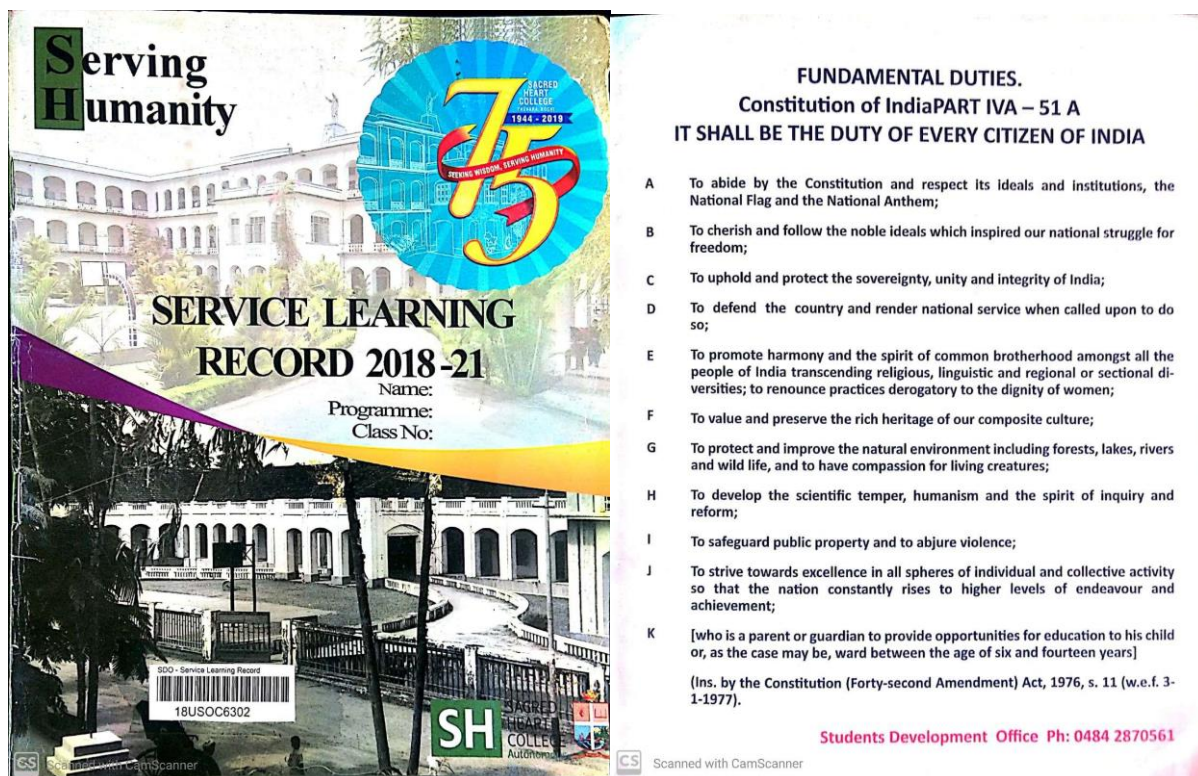
As a good and responsible citizen, one must be aware of the fundamental rights and duties. The College ensures that it displays the ***fundamental duties*** mentioned in the Article 51A under Part IV-A of the India Constitution on the ***official files, Service Learning record of students and Teacher's Diary***, in order to sensitize the staff and students to the constitutional obligations.

### 1. Paper File - Display of Fundamental duties



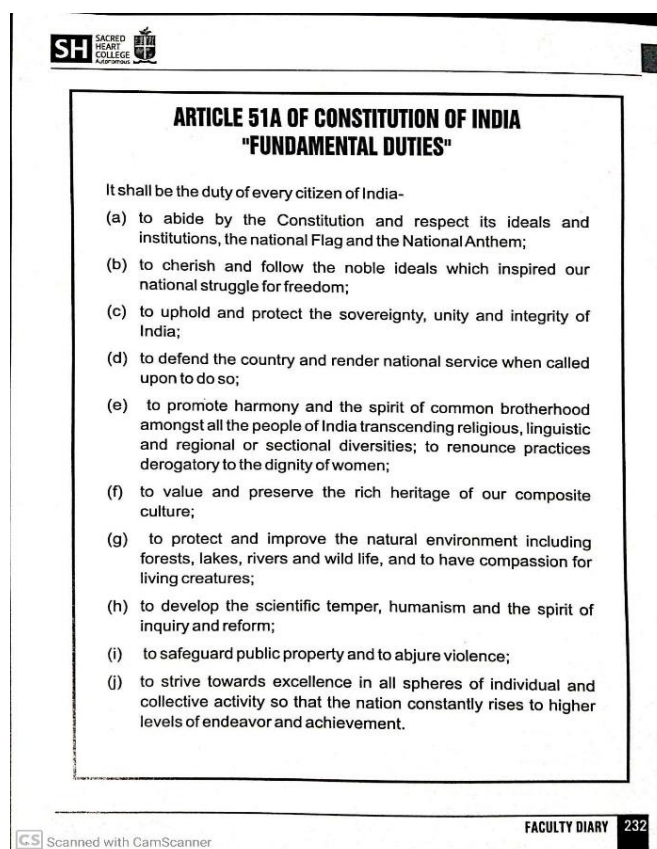
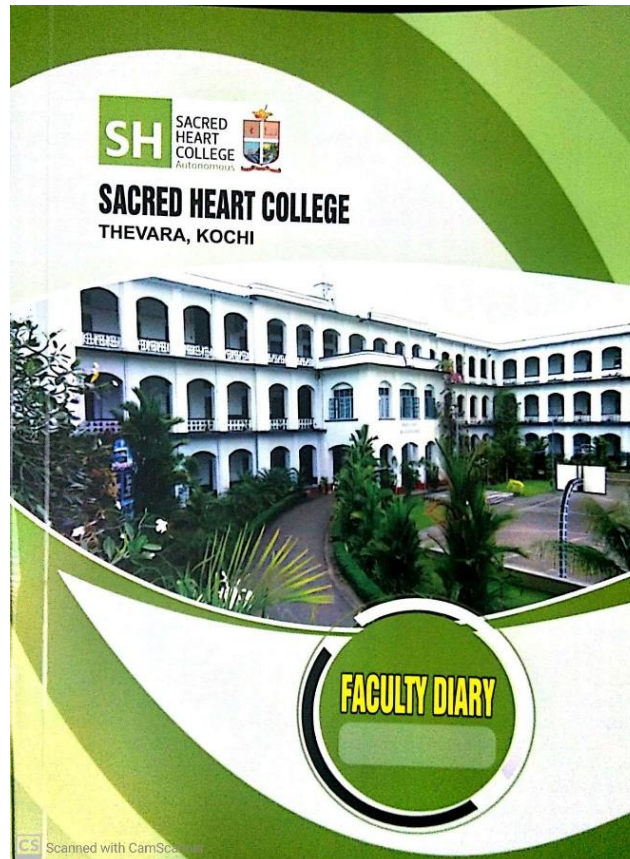


## 2. Service Learning Record Book 2018 -Display of Fundamental duties





### 3. Teacher's Diary- Display of Fundamental duties



## Activity 1: Celebration of Independence Day

The Independence Day of the country marks its **freedom** from the British that chained the country for long. The celebration of this day makes each **citizen** harmonize with the diversities of the religious, cultural and traditional aspects of our country and engender respect for the National **Flag** and National **Anthem** as **fundamental duty**. The staff and students participate on this special occasion to promote a spirit of **patriotism** and uphold the **unity** of the nation.









## Activity 2: Construction of Bus Waiting Shelter

As part of the fundamental duty of the citizen to **safeguard** the public property, the College has initiated several programmes like Cleanliness drive in **public places**, constructions and maintenance of **public property** with the help of Kochi Corporation. The College has monitored the construction of Bus waiting shelter with the initiative of NSS unit of the College at Shantinagar, nearby locality of the college. On 13/7/2018 the bus waiting shelter was inaugurated by Kochi Corporation Mayor Smt. Soumini Jain and was opened to the public. NSS volunteers beautified the unadorned premises of the bus waiting shelter at Shanthinagar. They cleaned up the surroundings and removed wastes and planted sapling as part of beautification and made a garden in the waste dumping area near the bus shelter.



Inauguration of Bus Waiting shelter at Shantinagar



### Activity 3: Flood Relief

In the year 2018, Kerala had witnessed Flood in the month of August. Right from the beginning of the calamity, students of SH College, Thevara, were at the forefront of extending services at different parts of Ernakulum district and nearby districts. They were always at the call of the people in distress with their helping hands. These activities ensured that the staff and students of the College were part of the ***national building process*** as reconstructing Kerala after Flood. More than 100 volunteers including lady volunteers rendered services at any point of time through these days on a war footing basis. In some of the days the work was extended till the wee hours of night. Relief operations were mainly concentrated on three areas - services at relief camps, handling relief materials and cleaning of flood affected houses and institutions at Aluva and Alappuzha.



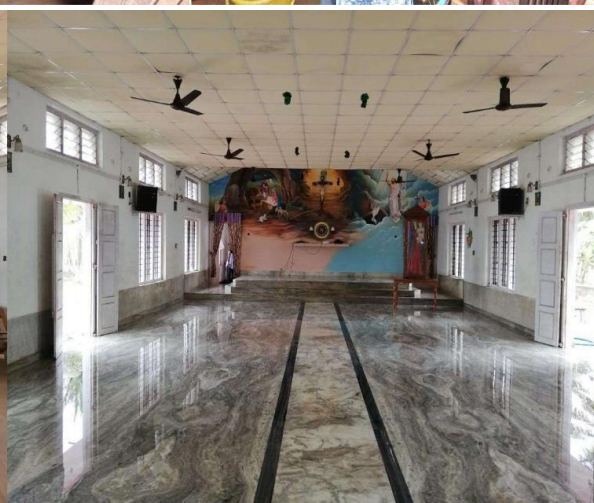
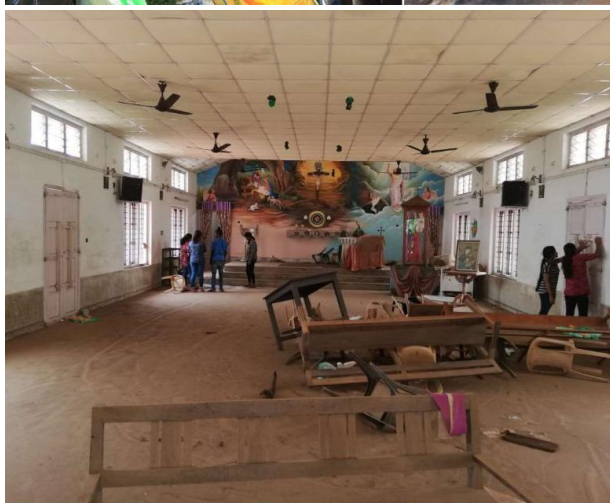














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## Activity 4: Cleaning of Public Place (KURTC BUS STAND on 7/8/2018)

In order to act on the fundamental duty of the citizen to **safeguard** the public property, the College initiated several programmes like Cleanliness drive in **public places** and **public property**. In association with Kerala Urban Road Transport Corporation Depot, which is located near the College, the NSS unit conducted a cleanliness drive at the centre. The Student volunteers took the initiative to clean the Depot and Volvo buses as part of maintaining public properties. While organizing this programme, students got an insight into the responsibility of promoting the fundamental duties to protect public places and properties





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## Activity 5: Debate on Social issues

Article 19(1) (a) of the Constitution of India states that, all citizens shall have the **right to freedom of speech and expression**. In order to facilitate the students to express their thoughts and speech the College moderates different programmes like public speaking, debate as part of club initiatives by **Speakers forum** (club) and NSS unit of the college. By participating in such programmes, students can enrich the public speaking skills, awareness on social issues and explore an open space for **expressing their ideas**. A debate was conducted on 13<sup>th</sup> August 2018 by volunteers of NSS unit and Speakers Forum. The topic chosen was “Inninte Yuvathwam Mounathilo” (Is the Youth of Today Silent?). Volunteers and students actively participated in the debate presenting their viewpoints.





## Activity 6: Talk on Disaster Preparedness by Murali Thummarukudy

The constitution of India envisages that the citizens should **protect** and improve the **natural environment** including forests, lake, rivers and wildlife and should cultivate compassion for living creatures. Every citizen has the responsibility to protect the nature. In order to bring awareness among students on the impact of natural disasters an awareness programme was conducted on **Disaster Preparedness** on 04<sup>th</sup> September 2018 at Sacred Heart College. The resource person was **Murali Thummarukudy, Chief of Disaster Risk Reduction in the *United Nations* Environment Programme**. The session focused on the measures taken to prepare and reduce the impact of disasters.



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## Activity 8: Observance of Martyr's Day (30/01/2019)

Martyr's day was observed in the College as part of the duties to be followed by every citizen of India, *"To cherish and follow the noble ideals which inspired our national struggle for freedom"*. NSS unit remembered the sacrifice of the Father of our Nation, Mahatma Gandhiji On 30<sup>th</sup> January 2019. The day was remembered as Martyr's day and a photo exhibition followed by book sale was conducted by the unit. The exhibition was attended by several students and teachers.





## Activity 9: Republic Day Celebrations (26/01/2019)

The College celebrated **The Republic Day** by raising the national flag on 26<sup>th</sup> January. Celebration of this day makes each **citizen** to harmonize with the diversities of the religious, cultural and traditional aspects of our country and to respect the National **Flag** and National **Anthem** as **fundamental duty**. The staff and students have participated in this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation. The NCC cadets of Army , Navy and Airforce then set out to plant and water the herbal garden and tapioca farm maintained by the unit. Large number of students actively participated in the program and commemorated the republic day by standing close to the environment.









## Activity 10: Awareness on Traffic rules/Anti Ragging/Gender Equality

The College organises various awareness programmes on **policies and laws** with respect to general aspects like Traffic, legal, anti-ragging etc to ensure the knowledge related to this among students. As part of the inauguration of Youth Red Cross activities of the college, a road safety awareness day was arranged on 4<sup>th</sup> Jan 2019 in collaboration with a non-profit organization named First Aid. It was supported by Kerala Police Kochi city and Motor Vehicle Department, Ernakulam Division. The theme of the programme was “No more victims on the road”. A photo exhibition of the road accidents were put up and a talk on Road Safety was delivered by the Motor Vehicle Inspector Mr. Bijumon S. P. All the bikers of the college were encouraged to attend the talk.







An orientation on anti-ragging and gender equality was given to students by our Principal Dr. Prasant Palackappillil as part of General orientation in the beginning of academic year 2018-2019





## Activity 11: Open Forum - Discussion on 'Recent Gender Perspective Issues'

In order to facilitate the students to express their thoughts and speech college organizes Open forum in association with **Speakers Forum**, SWASTI (Women cell) organized a Grand Open Speech on 5<sup>th</sup> October to discuss and deliberate on the three historic verdicts of Supreme Court- **Section 377, Section 497 and Sabarimala case**. As a citizen of India the constitution states that, all citizen shall have the **right to freedom of speech and expression**. By participating such programmes, students can enrich the public speaking skills, awareness on social issues and explore an open space for **expressing their ideas** and gets information about various Articles and sections in the **Indian constitution**.



## Activity 12: Munnar Eravikulam National Park Cleaning Campaign (15/12/2018)

As a culmination to ***Swachatha campaign*** and with permission from the Forest Department, 52 volunteers decided to be a part of the cleaning camp at Eravikulam National Park to ensure our ***fundamental duty*** to safeguard ***public places*** and ***public property***. We left for the camp early from our college campus and reached Munnar around 12.30pm on 15<sup>th</sup> December 2018. We were welcomed by the Forest Officer In charge of Nature Camps and were accommodated by them. After lunch we were taken to some specific spots allotted by them to collect plastics that were disposed by the tourists. More than 100 large bags with plastics bottles, wrappers, disposable plates, cups etc., were collected by the volunteers.



Eravikulam National Park Cleaning



## Activity 13: Heritage Week (20<sup>th</sup> to 23<sup>rd</sup> November 2018)

As an Indian citizen it is our duty **to value and preserve the rich heritage of our composite culture**. The college organizes various programmes to ensure students were exposed to cultural diversity. As part of this, Tourism Club of Sacred Heart College celebrated Heritage Week on 20<sup>th</sup> to 23<sup>rd</sup> November 2018. The celebrations started with a Mohiniyattam performance. This was followed by classical music, thiruvathirakali and concert. Cultural programmes were inaugurated by Rev. Father Prasant Palakkapillil on November 22<sup>nd</sup> 2018.



 Tourism Club  
Presents

# Heritage Week

In Association with B.com Travel & Tourism

Date : November

20<sup>th</sup> - Cycle Rally 

21<sup>st</sup> - Cultural Show 

23<sup>rd</sup> - Food Fest 

Venue : Sacred Heart College, Thevera

Contact : Jomin - 9656917240 | Varada - 8078201752  
Sreelekshmi - 8606373422







## Activity14: Celebration of Gandhi Jayanthi

College celebrated Birthday of Mahatma Gandhi on October 2<sup>nd</sup> every year as part of the duties to be followed by every citizen of India, ***“To cherish and follow the noble ideals which inspired our national struggle for freedom”***. In commemoration of the 150<sup>th</sup> year of birth anniversary of Mahatma Gandhi, the National Service Scheme(NSS) unit organised ‘Gandhi Smrithi’ a 3 day mega state level event from September 30-October 2 2018.





## Activity 15: Constitution Day

College ensured the celebration of Constitution Day (National Law Day) on 26<sup>th</sup> November to commemorate the adoption of the Constitution of India. Staffs and students of the college was participated every year to exhibit their respect towards Indian Constitution. The Principal of the college read the ***Preamble of the constitution*** to make ***patriotism*** among staffs and students.





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## Activity 16: Armed Forces Flag Day

The three NCC unit jointly organised the **Armed Forces Flag** Day on 7<sup>th</sup> December every year for the welfare of the Indian Armed forces personnel. The Student cadets collect fund from the college and shows respect towards them. This activity brought high **patriotism** among students by assisting soldiers who protect the country and ensure **safe and security** of the citizen.





## Activity 17: Chavara Lecture Series

By conducting Chavara Lecture series college aim to impart an education leading to an enlightened society, and commitment to planet and people, we consider the core component of the same. However, we realise that in this direction, the content, training and outcome, leave much to be desired. Efforts like the lecture series are meant to supplement the lack by the inputs from luminaries in the field of social transformation. On September 2018 **Dr. Sashi Tharoor** took part in this series and had an interaction with staffs and students of the college on **Indian constitution**.





