

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizen.

2017 - 18

Being a citizen of India, we must follow the ***duties*** and ***responsibilities*** mentioned in the ***constitution***. The institution has taken various initiatives to sensitize the staff and students towards ***constitutional obligations***. The mission statement of college itself insists that we ensure to provide an environment that enables our students to play a vital role in the ***national-building process*** and contribute to the progress of humanity.

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Preamble in Curriculum

SYLLABI FOR COMMON COURSES

Course V: REFLECTIONS ON INDIAN POLITY, SECULARISM AND SUSTAINABLE ENVIRONMENT

COURSE CODE	15U3CCENG5
TITLE OF THE COURSE	REFLECTIONS ON INDIAN POLITY, SECULARISM AND SUSTAINABLE ENVIRONMENT
SEMESTER IN WHICH THE COURSE IS TO BE TAUGHT	3
NO. OF CREDITS	4
NO. OF CONTACT HOURS	90

1. AIM OF THE COURSE

- To impart Gandhian values and to make the students positively respond to the concepts of secularism, democracy and love of nature.

2. OBJECTIVES OF THE COURSE

- To enable the students to grow into responsible citizens taking pride in the secular and democratic traditions of the country.
- To inculcate a cosmopolitan outlook in the students and to equip them to fight against the divisive forces in the society.
- To make the students aware of the consequences of mindless exploitation of nature.

3. OUTLINE OF THE COURSE

MODULE I: Readings on Indian Constitution and Federalism (18 hours)

1. The Preamble of the Constitution

- Rajendra Prasad : "Let Posterity Judge"
- Sebastian : "Exciting Views"
- Amulal Hingorani : "Brother Abdul Rahman"

Note: "Dimensions of Indian Federalism" by Rajesh Kumar is excluded.

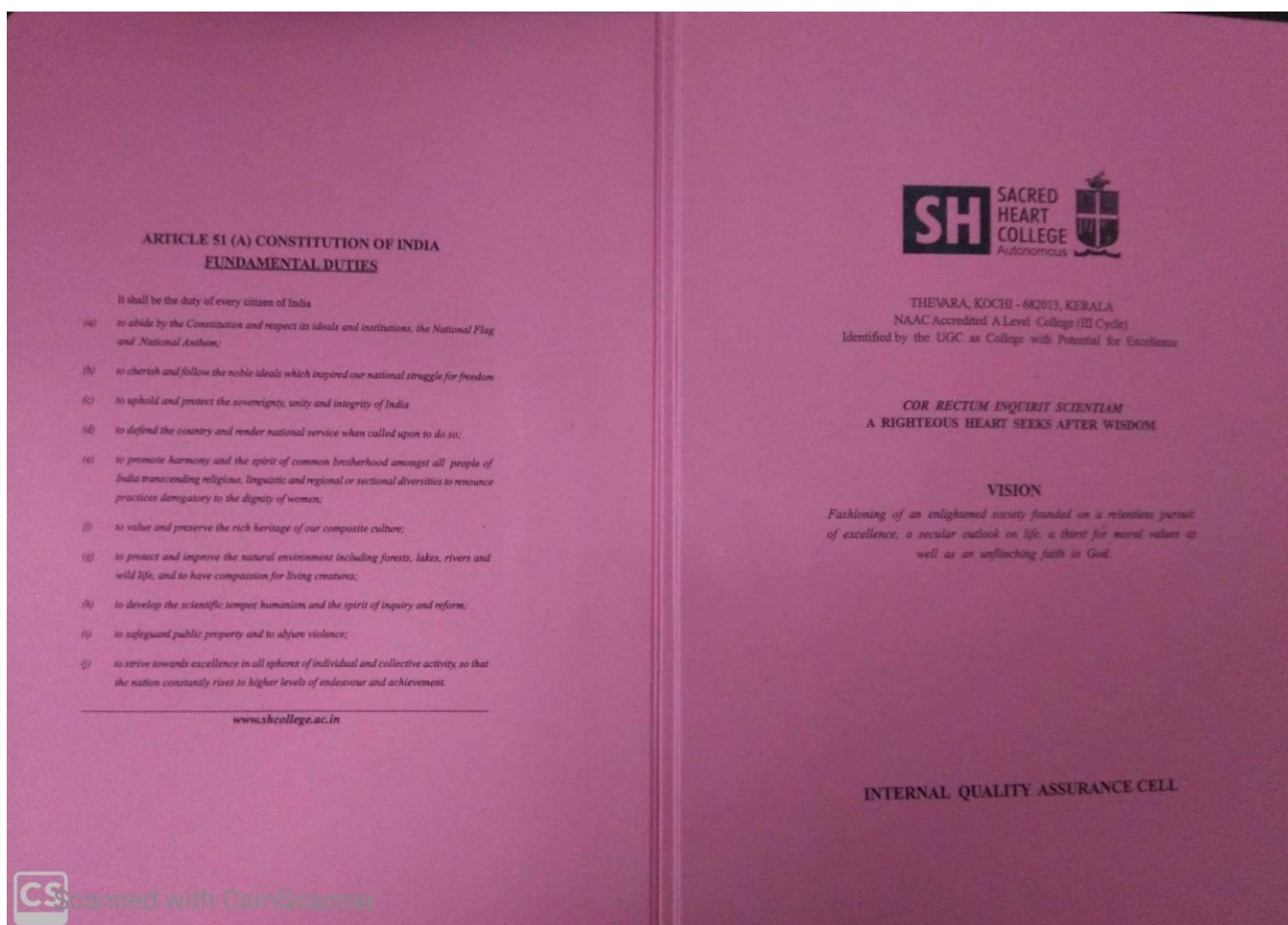
MODULE II: Readings on Gandhian Philosophy (18 hours)

- Vallathol : "My Master"
- Louis Fischer : "Gandhi and Western World"

Display of Fundamental duties

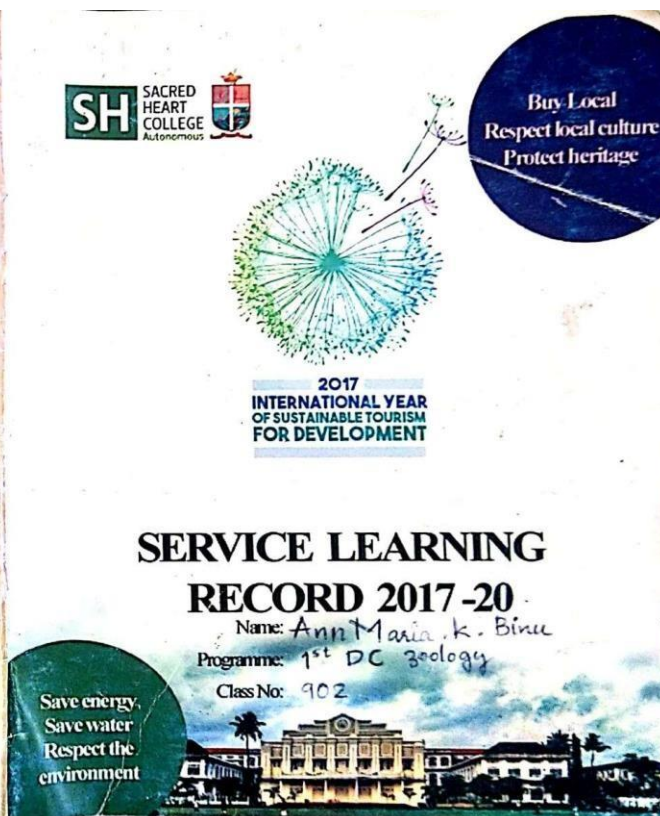
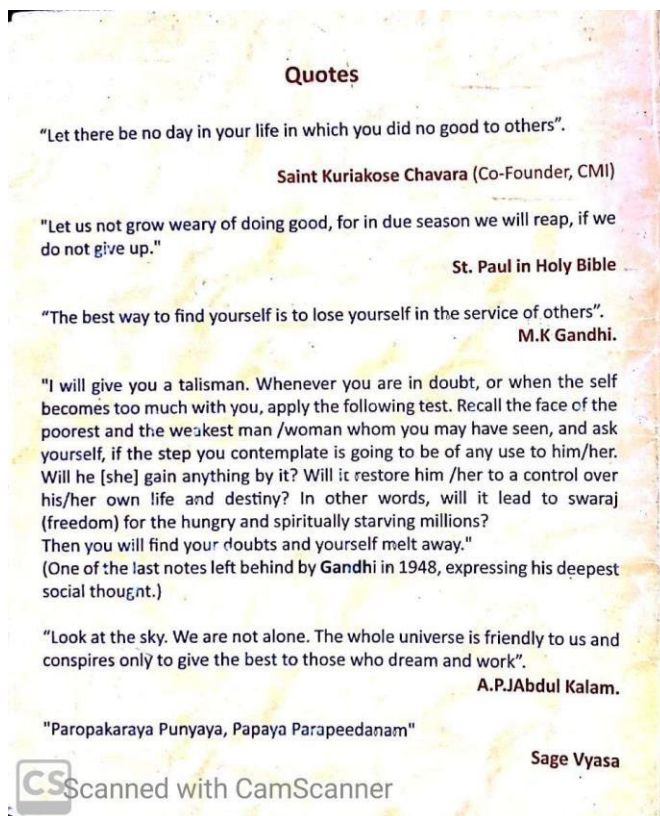
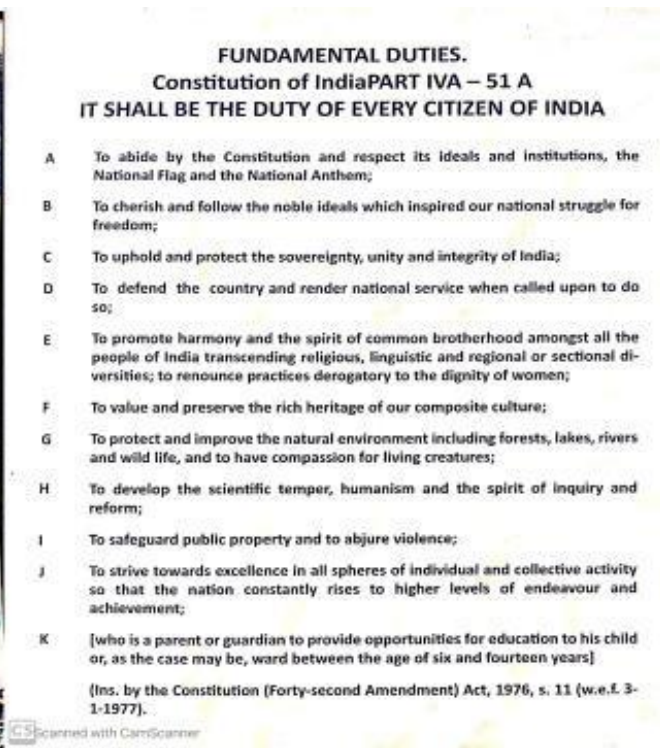
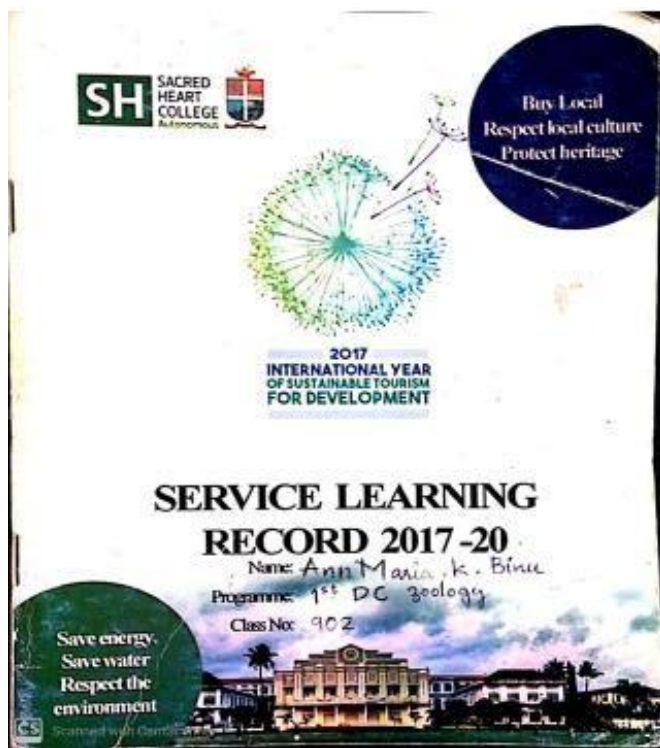
As a good and responsible citizen, first one must be aware of fundamental rights and duties. College has ensured to display the ***fundamental duties*** of Indian citizen which is mentioned in the Article 51A under Part IV-A of the India Constitution in ***official files, Service Learning record of students and Teacher's Diary***, in order to sensitize the staff and students to the constitutional obligations.

1. Paper File - Display of Fundamental duties

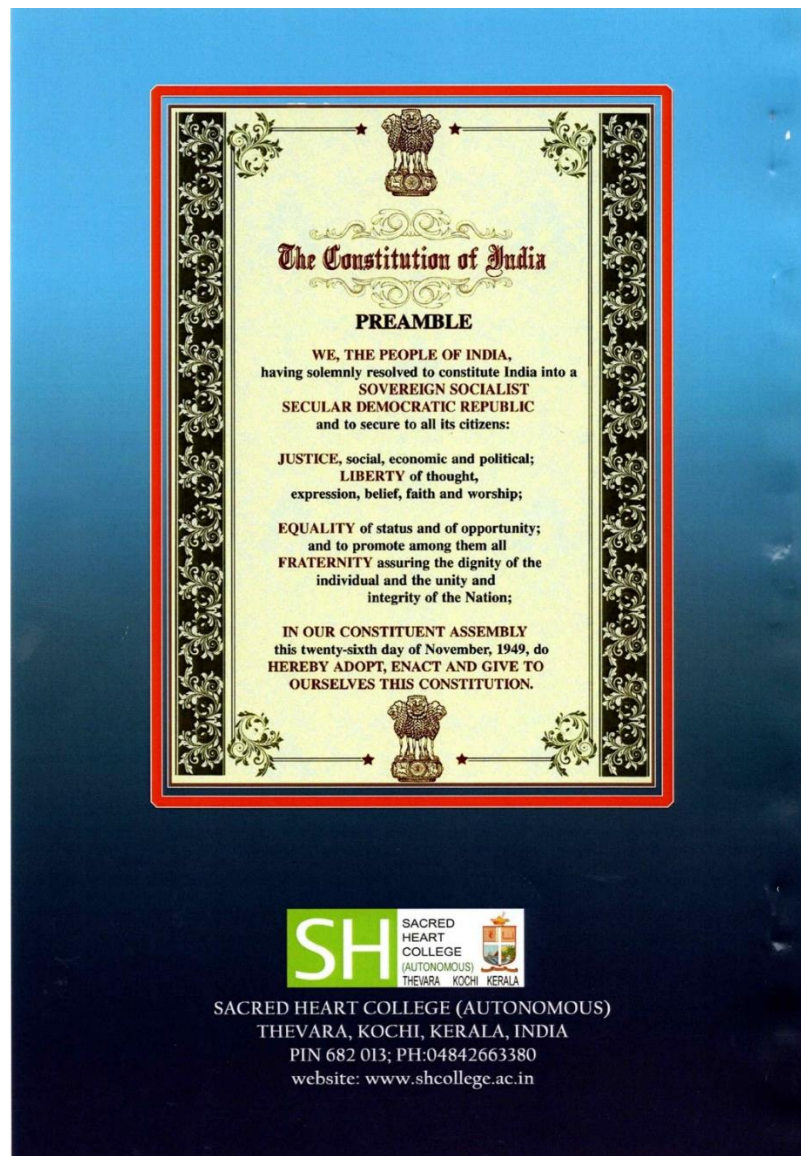


Criterion VII: Institutional Values and Best Practices

2. Service Learning Record Book 2017 -Display of Fundamental duties



3. Annual Report Cover Image



Criterion VII: Institutional Values and Best Practices

Activity 1: Celebration of Independence Day

Celebration of this day makes each ***citizen*** to harmonize with the diversities of the religious, cultural and traditional aspects of our country and to respect the National ***Flag*** and National ***Anthem*** as ***fundamental duty***. The staff and students have participated in this special occasion to promote a spirit of ***patriotism*** and uphold the ***unity*** of our Nation. Students and staff of the college celebrated Independence Day this year with inmates of Govt. Old age home Thevara near to college. Students get an exposure to mingle with senior citizen of the country who needs great support from the Young India. NSS unit of the college in association with Department of Police conducted the programme.





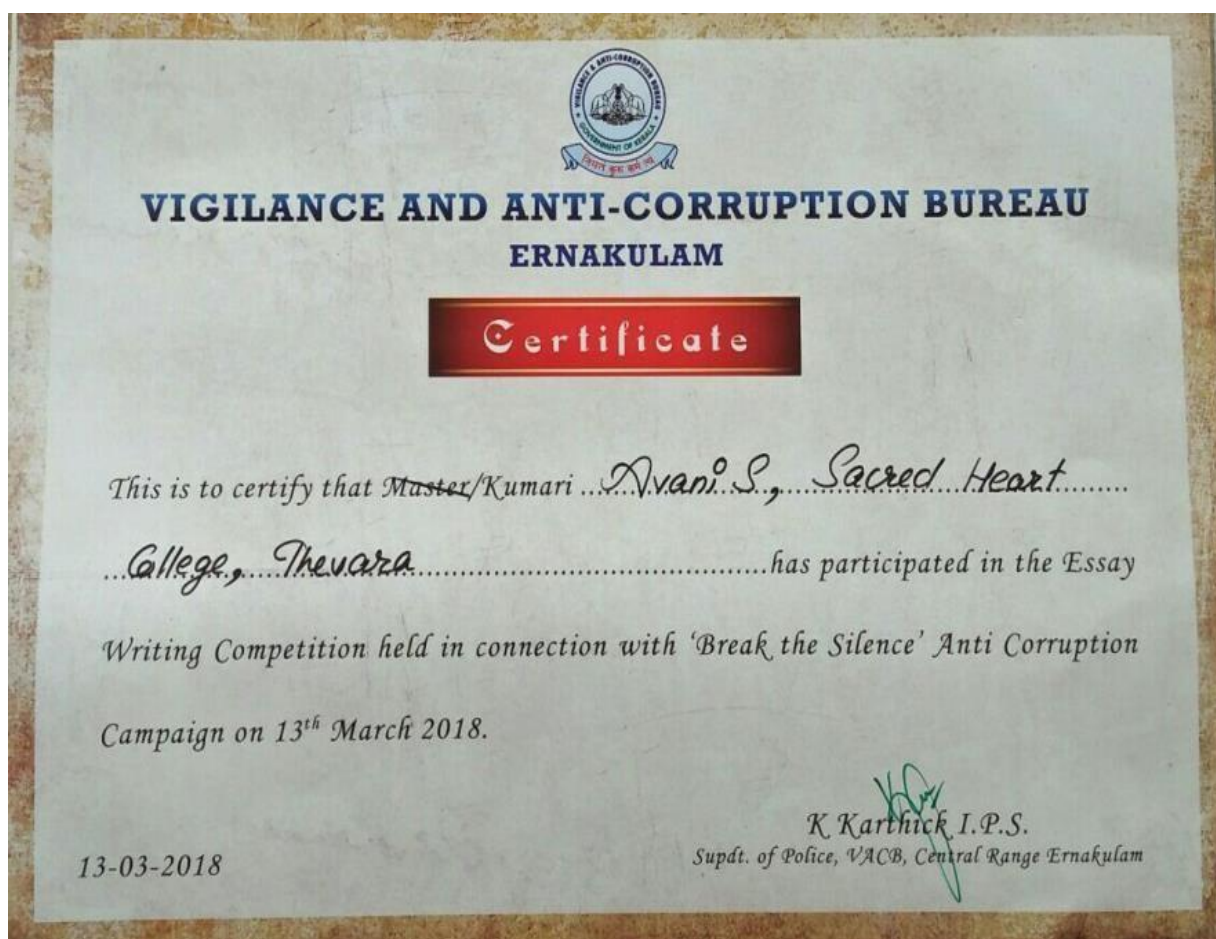
Activity2: “100 Ponds Project” – Pond Cleaning Drive (18/03/2018)

As part of the fundamental duty of the citizen to **safeguard** the public property, the college as initiated several programmes like Cleanliness drive in **public places** and maintenance of **public property** with the help of Ernakulum District Collector. Every citizen has the duty **to protect and improve the natural environment including forests, lakes, rivers, wildlife and to have compassion for living creatures**. NSS unit of the Sacred Heart College was an active partner in the project for the rejuvenation of the Ponds in Ernakulum, which was initiated by the District Administration with the support of Cochin Shipyard Limited. The maintenance of ponds is essential to retain the ecological balance. On March 18 the volunteers cleaned the pond near the Durbar Hall ground and the activities were led by the District Collector.



Activity 3: Break the Silence- Anti –corruption Campaign (13/03/2018)

As part of educating **Anti-corruption laws** and different Strategies “Break the silence- Anti corruption Campaign” was conducted. NSS volunteers actively participated in the anti-corruption programme, organized by the **Vigilance and Anti-Corruption Bureau (VACB)** of Ernakulam on March 13, 2018. **Chief Justice of High court of Kerala** and Superintendent of Police of VACB attended the programme. Inter collegiate competitions were conducted as part of the programme.



Activity 4: Army Day (January 15th)

Every year Army Day is celebrated on January 15th as it is on this historic day that General KM Cariappa become the first Indian to take charge of the Indian Army in 1949. The NCC Army unit celebrate this day with several programmes. The staff and students have participated in this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation



Activity 5: Seminar on Women Empowerment :Socio-Legal Realities

The Department of Sociology organised a Seminar on Women Empowerment: Socio- Legal Realities on 22-02-2017. The sessions were led by Dr. Ugin Gomez Joseph, Labour Welfare Commissioner, Ministry of Defence, Govt. of India. Principal Fr. Prasant Palakkappillil presided over the function. Dr. Jose Kuriyedath CMI, Dr. Sibi Mathew, Dr. Sibi Zachariyas, Prof. R K Varghese also spoke on the occasion.



Activity 6: Green Thevara Survey

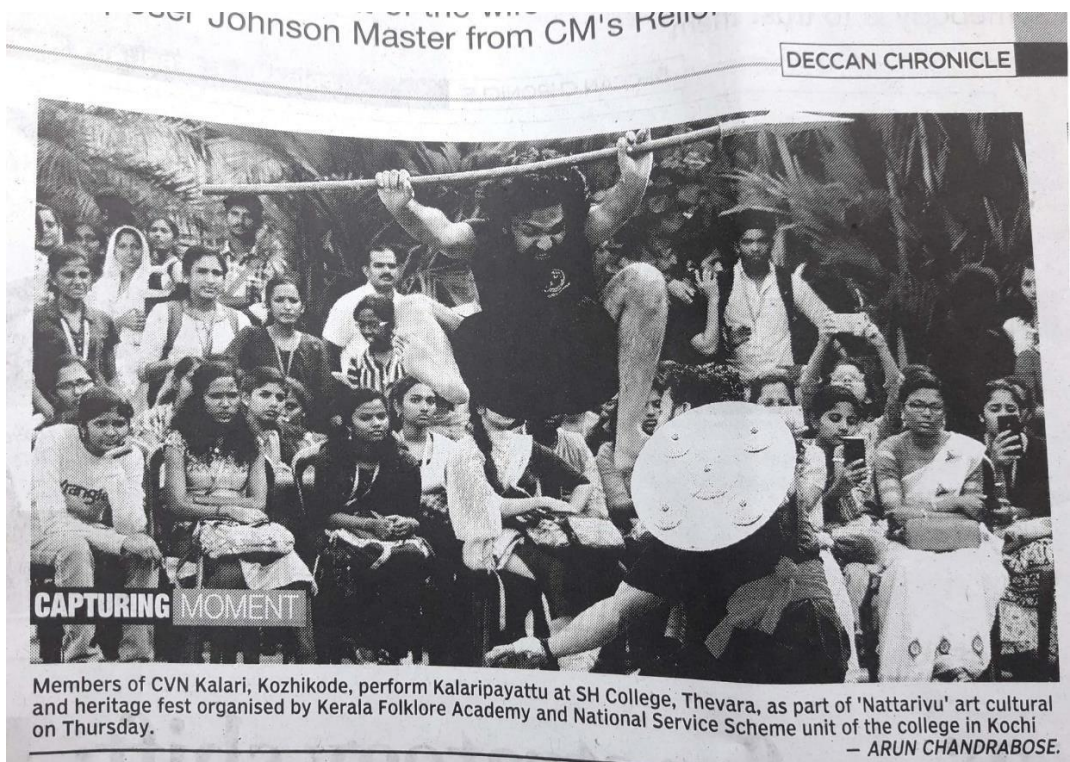
Planting saplings is a great contribution to the environment. As a **responsible citizen** we need to protect the **natural resources** and **safeguard nature**. NSS Unit in association with Kerala Urban Transport Corporation (KURTC) surveyed the results of the green initiatives launched earlier in the year. The joint effort monitored the growth of saplings and issued more saplings. It is heartening to note that 90% of the saplings planted are surviving.



Activity 7: Nattarivu – State Level Fest

NATTARIVU was a state level fest organized by the NSS unit of Sacred Heart College, Thevara in association with the Kerala Folklore Academy. The fest spanned over three days from 15th February 2018 to 17th February 2018. It was aimed to enlighten the growing youth about the ***cultural art forms, heritage and old lifestyle of Kerala***. The fest included various exhibitions, symposium, competitions and the presentation of various art forms. It is also our duty to ***preserve the cultural traditions***.





Activity 8: Awareness on Public Transport

NSS unit along Centre for Public Policy Research, Kochi had conducted an awareness session on using Public Transport. The objective was to make the city a better place to live. Public transportation will contribute to a healthy environment. The college organises various awareness programmes on **policies and laws** with respect to Traffic rules to ensure the knowledge related to this among students.



Activity 9: Environmental Awareness Rally

The Department of Zoology conducted their annual Fest 'Genysys 2k18' by the name 'Biomyriad' from 4th to 6th January 2018. The fest which centred on the theme "Biodiversity" witnessed the participation of 12 colleges. A Biodiversity Conservation Rally was coordinated from Thevara Junction to the College.



Activity 10: Thevara Cleaning Drive

NSS volunteers in association with Cochin Shipyard Limited conducted "**THEVARA CLEANING DRIVE**" on September 26, 2017 as part of the **SWATCH BHARATH MISSION** by cleaning the Thevara Canal. The programme was inaugurated by the authorities of Cochin Shipyard Limited in the presence of Principal of Sacred Heart College Rev. Fr. Prasanth Palakkappillil. It was a massive effort jointly completed by the NSS volunteers and the employees of Cochin Shipyard Limited. As part of the fundamental duty of the citizen to **safeguard** the public property, the college has initiated several programmes like Cleanliness drive in **public places** and maintenance of **public property**.



Activity 11: Cleaning Drive at South Railway Station Ernakulum

As part of the **SWATCH BHARATH MISSION** a cleaning drive was conducted on Sept 25, 2017 at South Railway Station, Ernakulam in association with the employees of Railways. It is the fundamental duty of the citizen to *safeguard* the public property, the college as initiated several programmes like Cleanliness drive in *public places* and maintenance of *public property*. The cleaning drive was led by the Principal of the college and top official of the Railways. Volunteers also cleaned the surroundings of the station and declared it as plastic free and initiated gardening activities in the area.



Activity 12: Installation of Traffic Sign Boards

As part of an initiative to ensure road safety the NSS Unit produced and placed traffic sign boards at the most accident prone areas of Thevara area. The volunteers came up with the initiative due to the increasing rate of accidents in this region and it was appreciated as one of the outstanding services that NSS units rendered for the benefit of the Public at Thevara.



Activity 13: Patriotic song competition

The Department of English organized a patriotic song competition as part of Independence Day celebrations. Different teams from the college participated in the competition.

The staff and students have participated in this special occasion to promote a spirit of *patriotism* and uphold the *unity* of our Nation.



Activity 14: Solidarity with Hiroshima Day

Remembering Hiroshima Day, the NSS unit organized a “**SAY NO TO WAR**” campaign at the college to spread the message of peace in society. It is important to live in harmony and peacefully. As part of this programme volunteers conducted tableau, skit, exhibition and a candle light procession.



Criterion VII: Institutional Values and Best Practices

Activity15: Indian Navy Day

Navy Day in India is celebrated on 4 December to commemorate the attack on the Karachi Harbour during Indo-Pak War in 1971 and to recognize the achievements and role of the Indian Navy to the country. NCC- Navy (7 Kerala Navel Unit NCC) SH unit celebrate this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation.



Activity 16: Remembrance of Dr. A.P.J Abdul Kalam

As part of remembering Dr. APJ an exhibition highlighting the words, thoughts and deeds of him was conducted in the campus. A talk was also delivered on his life, thoughts and deeds.



Activity 17: Anti-Drug Campaign

NSS volunteers in association with the Red Cross Society and St. Johns Ambulance (India) conducted an awareness rally at different parts of Ernakulam City with the message "Say no to drugs". The volunteers also gave awareness through a door-to-door campaign. The programme was noticed for the participation of the general public including visiting foreigners in the campaign.



Activity 18: Air force Day

Air Force Day in India is celebrated on 8 October to recognize the achievements and role of the Indian Air Force to the country. NCC-Airforce(3 Kerala Air Squadron NCC) SH unit celebrate this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation. The Indian Air Force not only safeguard Indian territory and national interest from all threats, but also provides support during natural calamities.



Activity19: Celebration of Gandhi Jayanthi

College celebrated Birthday of Mahatma Gandhi on October 2nd every year as part of the duties to be followed by every citizen of India, ***“To cherish and follow the noble ideals which inspired our national struggle for freedom”***. NCC- Navy (7 Kerala Navel Unit NCC) SH unit celebrate this special occasion with the Senoir citizens of Govt.Old age home Thevara.



Activity 20: Cyclone relief Activities at Kochi Coastal Area

The coastline of Kerala was severely affected by Okhi, the dreadful cyclone which destroyed the life and habitat of many people. On December 9, 2017 student volunteers visited the Okhi affected areas at Chellanam and participated in the massive cleaning and service activities piloted by various Government agencies for the welfare of the society. They were always at the call of the people in distress with their helping hands. These activities ensured that the staff and students of the College were part of the ***national building process*** as reconstructing Chellanam after Okhi.



Activity 21: Beach Cleaning at Fort Kochi

Students of SACRED HEART COLLEGE did an excellent teamwork to clean the Fort Kochi beach from the menace of waste and make it attractive for the tourists. With this initiative, the NSS unit has become part of the Clean Kochi programme. These activities ensured that the staff and students of the College were part of the national building process. It is the duty of each citizen to **safeguard** the public property, the college as initiated several programmes like Cleanliness drive in **public places** and maintenance of **public property**

