

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizen.

## 2015 - 16

As a good and responsible citizen of the country, everyone should aware of the ***fundamental duties and rights***. All these constitutional obligations proposed by the Indian Government may boot each citizen in achieving their duties towards the country. Therefore, it is the duty of the government /non-government institution to promote the constitutional values among their beneficiaries. The institution has taken various initiatives to sensitize the staff and students towards ***constitutional obligations***. The mission statement of the College itself insists that the College must provide an environment that enables the students to play a vital role in the ***nation-building process*** and contribute to the progress of humanity. This thrust on the constitutional values and principles are found in the curricular and extracurricular activities of the College.

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## Activity 1: Honour to the Missile Man

**Dr. APJ Abdul Kalam**, the former President of India passed away on July 27, 2015 the students of S.H College commemorated his achievements along with his contributions to mother India. An Exhibition was conducted by the volunteers regarding the early life of A.P.J and his rise as the greatest scientist in the world.



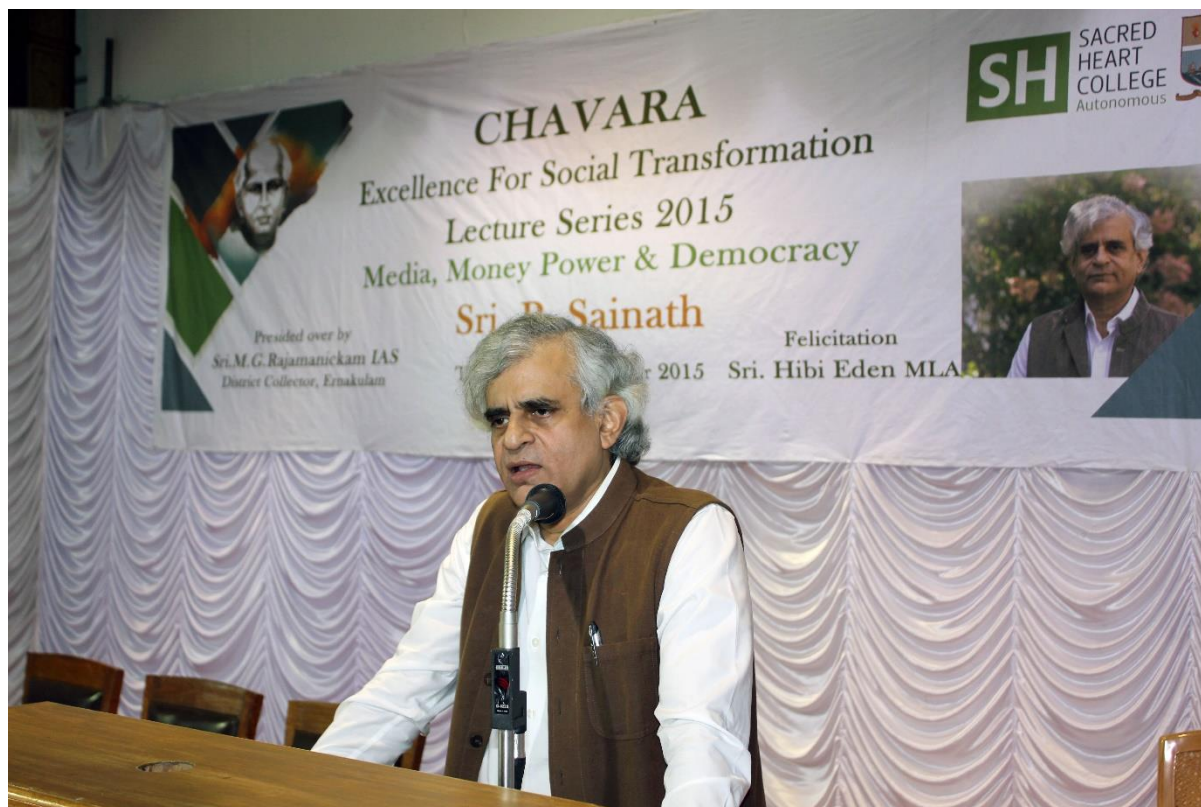






## Activity 2: Chavara Lecture Series

The second Chavara Excellence for Social Transformation Lecture series was held on 15<sup>th</sup> December 2015. The lecture "**Media Money power and Democracy**" was delivered by eminent **journalist P. Sainath**, who is a recipient of the Ramson Magsaysay award and author of the fiction bestseller Everybody Loves a Good Drought. District Collector M.G. Rajamanickam IAS presided over the function. By conducting Chavara Lecture series college aim to impart an education leading to an enlightened society, and commitment to planet and people, we consider the core component of the same. However, we realise that in this direction, the content, training and outcome, leave much to be desired. Efforts like the lecture series are meant to supplement the lack by the inputs from luminaries in the field of social transformation.









**Criterion VII: Institutional Values and Best Practices**

## Activity 3: National Seminar on Biodiversity, climate change and sustainability

Being a **responsible citizen of India**, we need to ***preserve and safeguard the natural resources***. Hence it is also essential to have proper education on the environment which we live in. The Department of Zoology organized a UGC sponsored National Seminar on Biodiversity, Climate change and Sustainable Development: Issues, Challenges and Opportunities for integrating three core issues of climate change, biodiversity and sustainability. The sessions were led by Dr. Rajeev Raghavan (South Asia Chair, IUCN Red Data List), Dr. Shijo Joseph (UN Task Force on Greenhouse Gas Accounting) and Dr. Francy Kakkassery, St. Thomas College, Trichur).





## Activity 4: Age friendly College

Age Friendly club members of Sacred Heart College conducted a one-day programme for elderly people on 2<sup>nd</sup> March 2016. **Education** is the constitutional right of every citizen. One of the aims of Age friendly is to provide **digital literacy** to elderly people. The main purpose of this initiative is to gain expertise in digital knowledge.





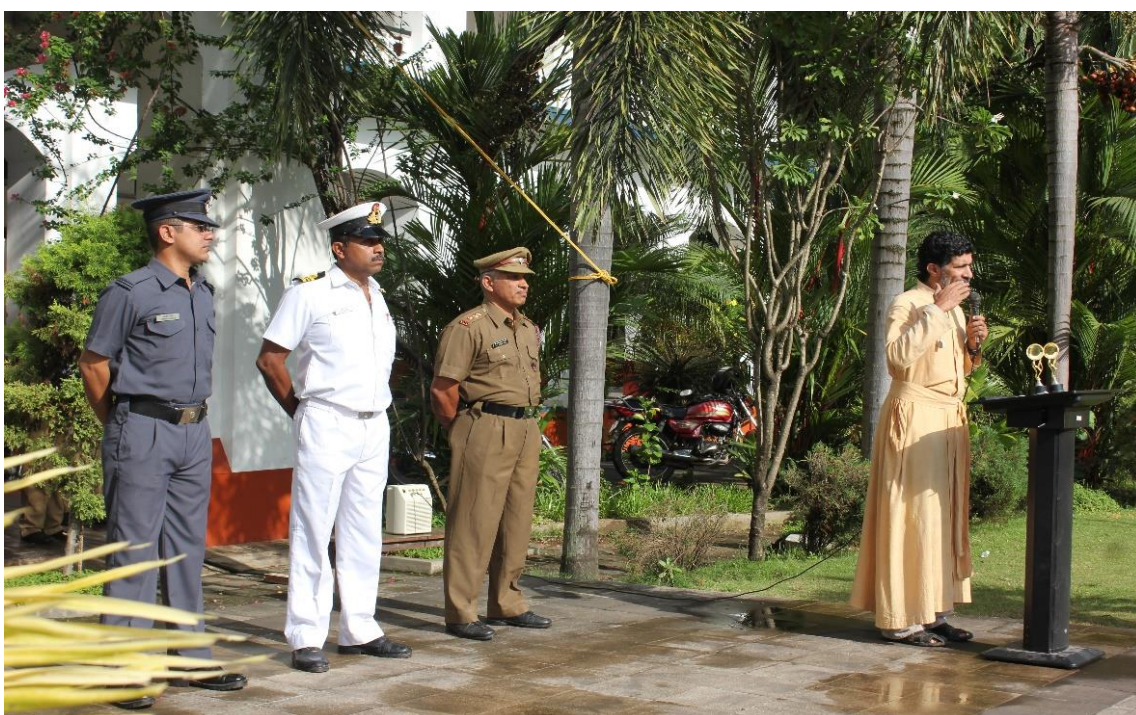






## Activity 6: Celebration of Independence Day

The Independence Day of the country marks its **freedom** from the British that chained the country for long. The celebration of this day makes each **citizen** harmonize with the diversities of the religious, cultural and traditional aspects of our country and engender respect for the National **Flag** and National **Anthem** as **fundamental duty**. The staff and students participate on this special occasion to promote a spirit of **patriotism** and uphold the **unity** of the nation.









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## Activity7: Solidarity with Hiroshima Day

Remembering 70<sup>th</sup> Year of Hiroshima Day, the College union in association with NCC Army organized a **solidarity**” campaign at the college to spread the message of peace in society. It is important to live in harmony and peacefully. As part of this programme volunteers conducted tableau street play, exhibition and a candle light procession









## Activity 8: Celebration of Onam Cultural Festival of Kerala

To strengthen the **communal harmony** among Heartian community Onam Celebration was organized on 26 August 2015 at Sacred Heart College in a traditional manner. Principal Fr. Fr. Prasant Palackkappillil inaugurated the celebration and highlighted the significance of celebration Onam. The celebration started with Arrival of King Mahabali and floral carpet. Staff and Students participated in group songs and traditional Thiruvathira dance. Outdoor games were also conducted as part of this event.







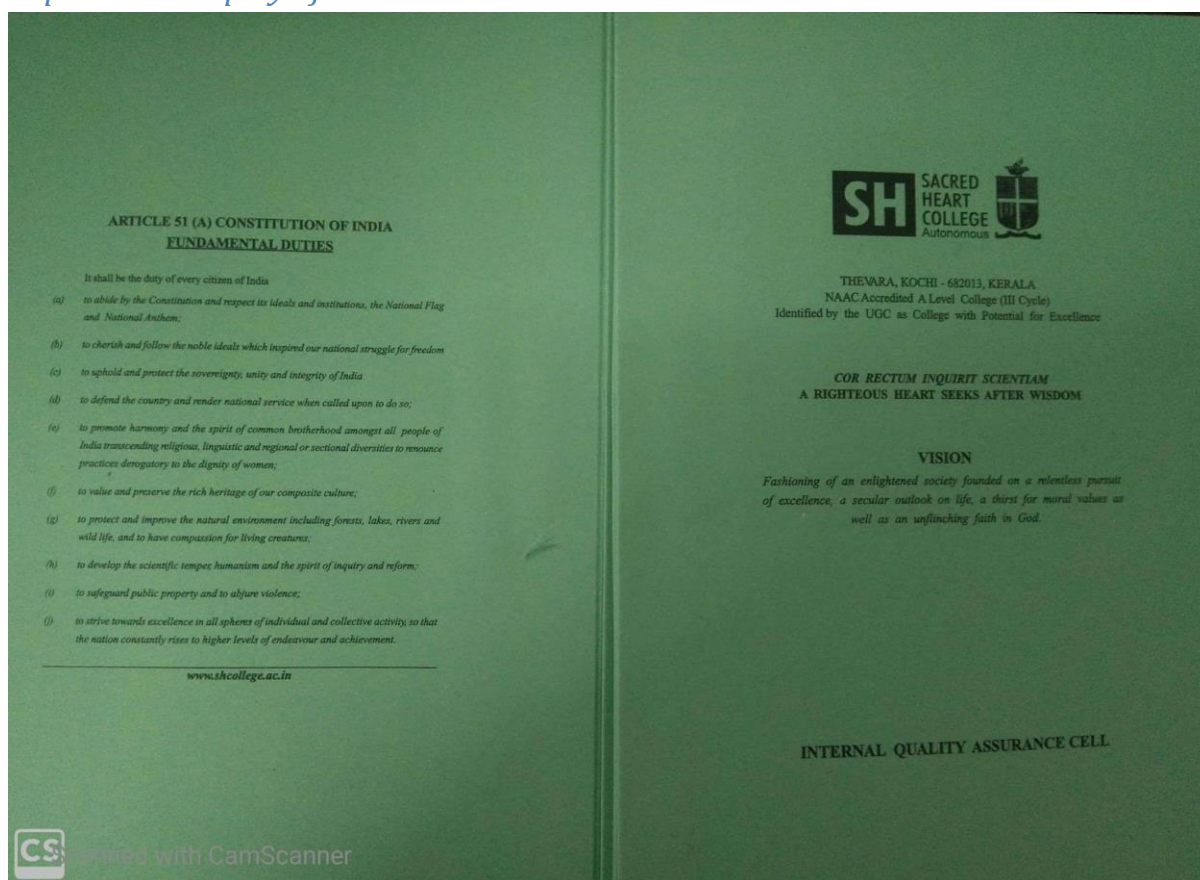


**Criterion VII: Institutional Values and Best Practices**

## Activity 9: Display of Fundamental duties

As a good and responsible citizen, one must be aware of the fundamental rights and duties. The College ensures that it displays the ***fundamental duties*** mentioned in the Article 51A under Part IV-A of the India Constitution on the ***official files, Service Learning record of students*** in order to sensitize the staff and students to the constitutional obligations.

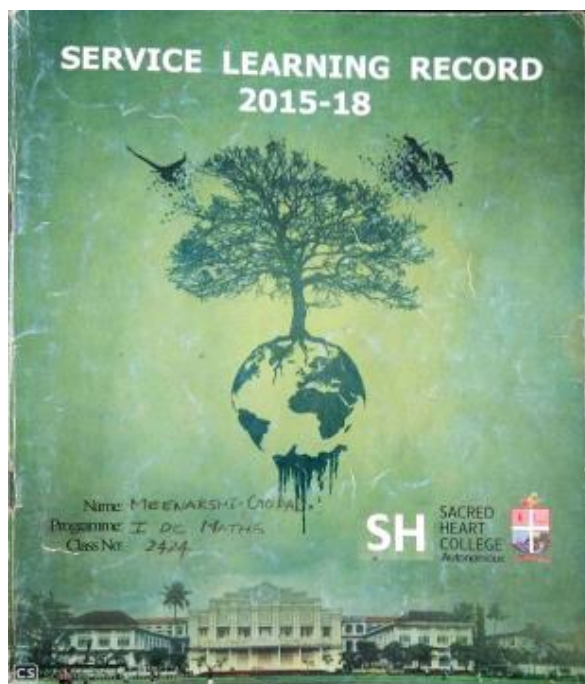
### Paper File - Display of Fundamental duties





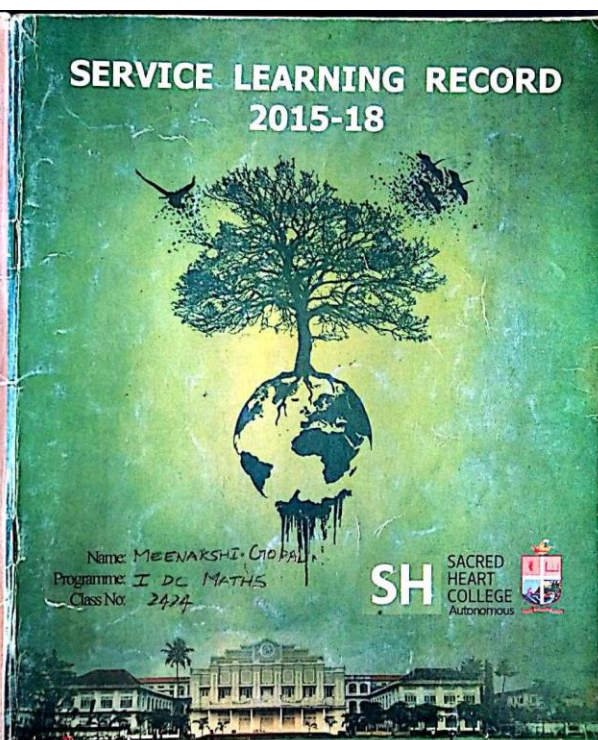
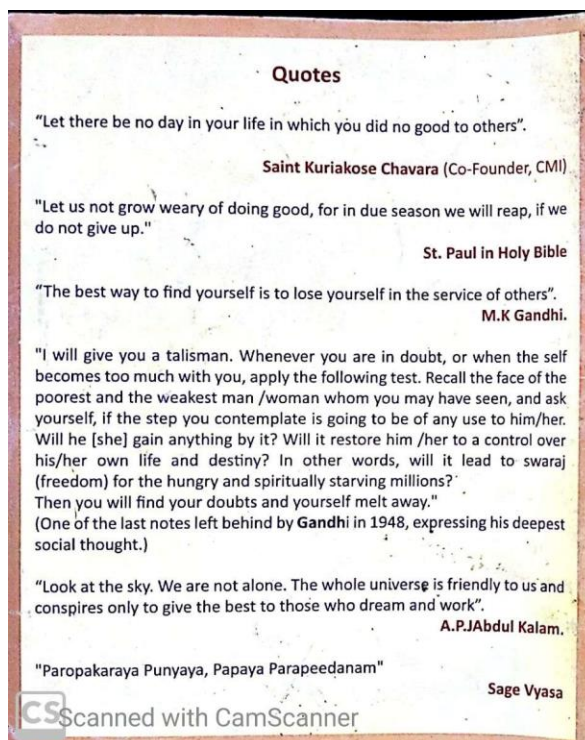
**Criterion VII: Institutional Values and Best Practices**

*Service Learning Record Book 2015 -Display of Fundamental duties*



**FUNDAMENTAL DUTIES.**  
**Constitution of India PART IVA – 51 A**  
**IT SHALL BE THE DUTY OF EVERY CITIZEN OF INDIA**

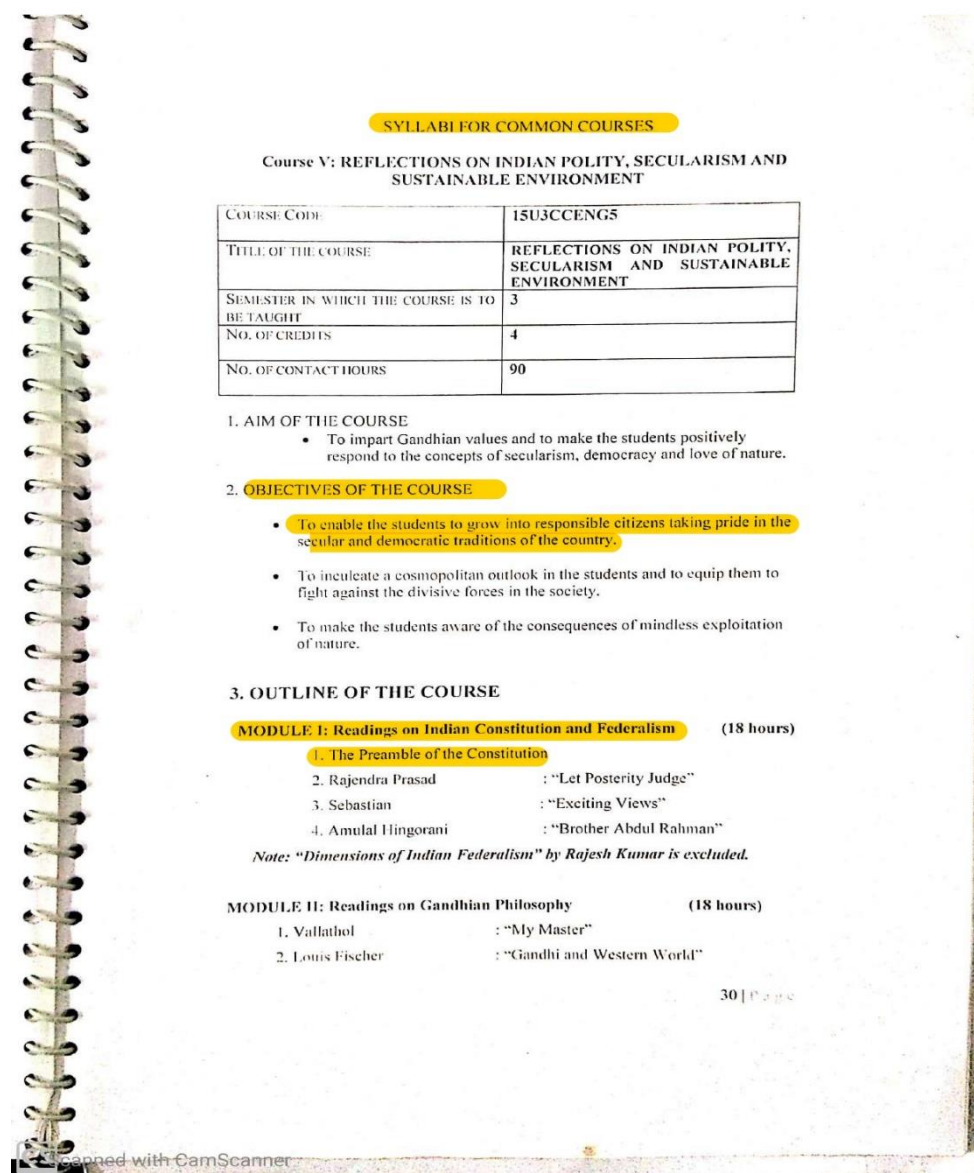
- A To abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
  - B To cherish and follow the noble ideals which inspired our national struggle for freedom;
  - C To uphold and protect the sovereignty, unity and integrity of India;
  - D To defend the country and render national service when called upon to do so;
  - E To promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities; to renounce practices derogatory to the dignity of women;
  - F To value and preserve the rich heritage of our composite culture;
  - G To protect and improve the natural environment including forests, lakes, rivers and wild life, and to have compassion for living creatures;
  - H To develop the scientific temper, humanism and the spirit of inquiry and reform;
  - I To safeguard public property and to abjure violence;
  - J To strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement;
  - K [who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years]
- (Ins. by the Constitution (Forty-second Amendment) Act, 1976, s. 11 (w.e.f. 3-1-1977).





## Activity 10: Preamble in Curriculum

Being a citizen of India, we must follow the **duties** and **responsibilities** mentioned in the **constitution**. The institution has taken various initiatives to sensitize the staff and students towards **constitutional obligations**. Preamble of Indian Constitution is included in the curriculum that helps to develop awareness about the overall aspect of our constitution.





Criterion VII: Institutional Values and Best Practices

## Activity 11: Environment Day

Environment Day was celebrated on 05 June 2015 at Sacred Heart College. It is the ***fundamental duty of a responsible citizen of India, to save Mother Earth*** by stopping the use of plastic, save fuel and to start recycling. Students pledged to take the initiative for a cleaner and greener Environment. Saplings were planted in and around the campus to preserve the environment.





## Activity 12: National Blood Donation (awareness campaign)

National Blood Donation Day was observed on 01 October 2015 at Sacred Heart College to raise awareness about the need for blood donation for saving lives. Seminar was conducted to inspire students who have not donated blood yet, “Sharing is Caring.” ***Being a responsible citizen, it is our duty to save other’s lives.*** Staff and students pledged to donate blood and to encourage others to make a difference.









**Criterion VII: Institutional Values and Best Practices**

## Activity 13: Environment Education Programme

As stated in the *Directive principles*, it is the *duty of the responsible citizen to clean and preserve the natural resources* of the environment. The right to a healthy and clean environment is a fundamental right of every citizen of India. To promote this message among students, an Environment Education programme was conducted by NSS unit as part of *Suchitwa Bodhana Yajnam* on 5<sup>th</sup> January in association with the Department of Botany.





## Activity 14: Campaign against Child Labour

A poster exhibition with the theme “No to Child Labour” was held by NSS of Sacred Heart College was held on 17<sup>th</sup> November 2015. Our country has always stood for constitutional, statutory and developmental measures that are needed for the elimination of child labour.

This day was observed to **protect the child rights**.





## Activity15: Indian Navy Day

Navy Day in India is celebrated on 4 December to commemorate the attack on the Karachi Harbour during Indo-Pak War in 1971 and to recognize the achievements and role of the Indian Navy to the country. NCC- Navy (7 Kerala Navel Unit NCC) SH unit celebrate this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation.





## Activity 16: Indian Airforce Day

Air Force Day in India is celebrated on 8 October to recognize the achievements and role of the Indian Air Force to the country. NCC-Airforce( 3 Kerala Air Squadron NCC) SH unit celebrate this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation. The Indian Air Force not only safeguard Indian Territory and national interest form all threats, but also provides support during natural calamities.





## Activity 17: Army Day (January 15th)

Every year Army Day is celebrated on January 15<sup>th</sup> as it is on this historic day that General KM Cariappa became the first Indian to take charge of the Indian Army in 1949. The NCC Army unit celebrate this day with several programmes. The staff and students have participated in this special occasion to promote a spirit of **patriotism** and uphold the **unity** of our Nation.









## Activity 18: Republic Day celebration

Republic Day was celebrated at Sacred Heart College on 26 January 2016 with the NSS Volunteers, NCC cadets, teaching and non-teaching staff. The national flag was hoisted with honour by Vice Principal Fr. Jose John of Sacred Heart College. Students and staff saluted the national flag. This day signifies the formation of the World's largest democracy.





## Activity 19: Book distribution programme

Being a responsible Indian citizen, it is the **duty of every parent or guardian**, to provide opportunities for education to his/her children, or as the case may be, ward between the ages of Six to fourteen Years. Therefore, the outreach programme, the Department of Computer Science distributed notebooks to 100 students on July 8, 2015. Students should learn to serve society by lending help to others.

