

Criterion VII: Institutional Values and Best Practices

7.1.9 Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizen.

2014 - 15

We the people of India must follow the *duties* and *responsibilities* mentioned in the *constitution*. The institution has taken various initiatives to sensitize the staff and students towards *constitutional obligations*. The mission statement of the College itself insists that the College must provide an environment that enables the students to play a vital role in the *nation-building process* and contribute to the progress of humanity. This thrust on the constitutional values and principles are found in the curricular and extracurricular activities of the College.

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Activity 1: Chavara Lecture Series

By conducting Chavara Lecture series the college aims to impart an education leading to an enlightened society, and commitment to planet and people. However, we realize that in this direction, the content, training and outcome, leave much to be desired. Efforts like the lecture series are meant to supplement the lack by the inputs from luminaries in the field of social transformation. The Honorable Prime minister *Dr. Manmohan Singh* took part in this series and had an interaction with staffs and students of the college on *Indian constitution*.



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Activity 2:. NCC Fest

NCC in the college plays a vital role in promoting inclusive environment towards cultural, regional, socioeconomic diversities and patriotism among students. College has three wings of NCC units. NCC-Airmy (21 Kerala Battalion NCC), NCC- Navy (7 Kerala Navel Unit NCC), NCC-Airforce(3 Kerala Air Squadron NCC). NCC fest is the state level fest organized in grooming the youth into true spirit of disciplined and patriotic citizen. The Cadets are given basic military training in small arms and drill.





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Activity 3: Independence Day

Our College celebrated Independence Day to re-experience the spirit of patriotism and to honour the glorious past of our country and to express our patriotism. For this programme, the Vice Principal of the college was the chief guest and hoisted the national flag. The celebration of this day makes each *citizen* harmonize with the diversities of the religious, cultural and traditional aspects of our country and engender respect for the National *Flag* and National *Anthem* as *fundamental duty*. The staff and students participate on this special occasion to promote a spirit of *patriotism* and uphold the *unity* of the nation.



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Activity 4: Mulyavardhana Programme

The Department of Sociology conducted a programme to impart constitutional values to students. This programme was based on activity based pedagogy. Students were taught the constitutional values through assigning activities and group discussions among them. They were also made aware about the constitutional value of *liberty*.





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Activity 5: Street Play Against Anti Ragging

Ragging is a clear violation of human rights. As part of inculcating the human values and spread awareness a campaign against ragging was held at Sacred Heart College on 09th October 2014. In connection with this, a street play was organized by Sacred Heart students to prevent ragging and to strengthen anti-ragging laws in campus.







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Activity 6: Union Budget 2014- Panel discussion

Department of Economics and Commerce jointly organised *Union Budget 2014* panel discussion to familiarize the students about *Annual Financial Statement of the country*. The Union Budget of India is referred to as the Annual Financial Statement in the Article 112 of the *Constitution of India*, is the annual budget of the Republic of India.







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Activity 7: observation of Anti-Drug Day

Anti-Drug Day was observed at Sacred Heart College as part of holistic education that focuses on drug abuse, criminal justice, and human rights. This main motive is to educate the students on drug abuse, the adverse health consequences and impact on health. As part of the awareness campaign anti-drug march, poster exhibitions were conducted. As an Indian citizen , we all are accountable for the good as well as bad condition of the country. Every one need to shift our attention to positive affects on our community and country. Collaborative actions on Anti-Drug movement in the college have a positive impact on the entire student community.





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Activity 8: Observation of Environment Day

It is the duty of every citizen to preserve the environment in the same way as nature has gifted it to all of us. As per the directives that are enlisted in the *constitution in part IV*, *Directive principles of State policy*, it is clearly mandated that the duty of the state as well as the citizen especially those organizations funded by the state is to protect and *safeguard the natural resources*. Hence World Environment Day was celebrated to spread awareness about the need to protect and save the environment as a responsible citizen. The day was flagged off by planting saplings in and around the campus. A poster exhibition was also organized. As part of this everyone took a pledge to keep the environment safe, spread green and save mother earth from deforestation.



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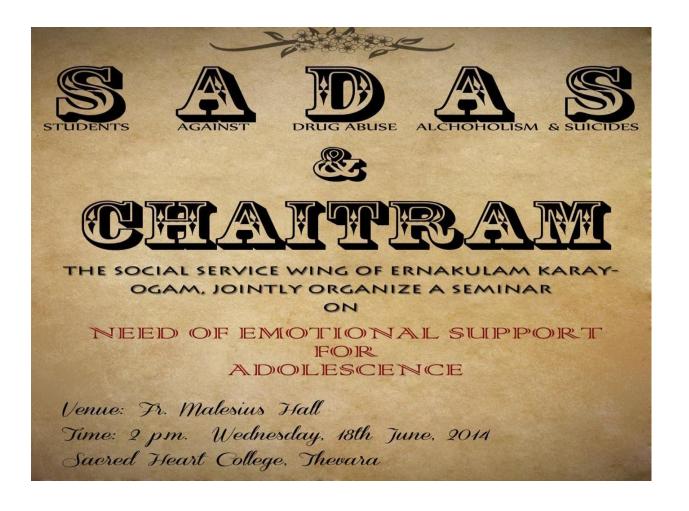




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Activity 9: Emotional Support for Adolescence

SADAS, in association with CHAITRAM, the social service wing of Ernakulam Karayogam, jointly organized an awareness programme on 'Need of emotional support for adolescence' on June 18, 2014. The main purpose of this programme is to make student understand life in a simple way, lead a successful life and be a responsible citizen.





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Activity 10: Celebration of Gandhi Jayanthi

The College celebrated Gandhi Jayanthi on 2nd Oct, 2014 to commemorate Gandhi's birth and to celebrate his life that served as a guiding path for society. All teachers, students and staff attended the event. The celebrations began with the Principal addressing the gathering. He explained the significance of the day and shared the life history of our "Father of Nation". Students also devoted time for cleaning the campus as part of serving society. They were also given the opportunity for ploughing the land and removing all plastic waste from campus.





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Activity 11: Youth Empowerment programme

Sacred Heart College organized a programme for *youth* empowerment. The aim of the event was to provide a platform for the student expression and to raise their voices against different issues in society. An open discussion was organized; students were able to exchange ideas. To inculcate the *freedom of expression* and also to develop the leadership skills among students was the main motive behind the youth empowerment programme.



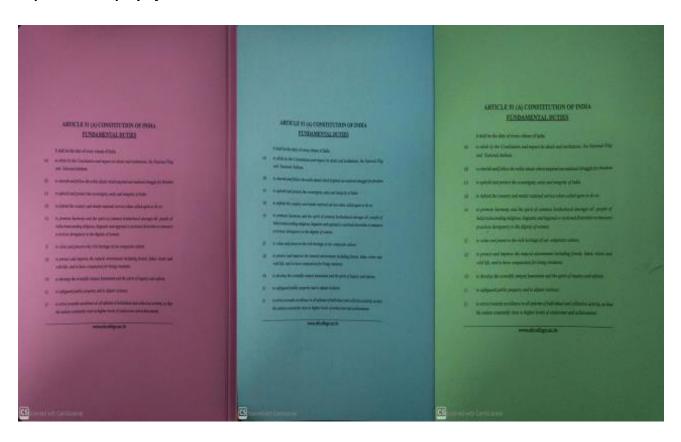


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Activity 12: Display of Fundamental duties

As a good and responsible citizen, one must be aware of the fundamental rights and duties. The College ensures that it displays the *fundamental duties* mentioned in the Article 51A under Part IV-A of the India Constitution on the *official files*, in order to sensitize the staff and students to the constitutional obligations.

Paper File - Display of Fundamental duties



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Activity 13: Clean Campus Green campus

It is the duty of every citizen of India to protect and improve the environment around us. To spread an awareness of fundamental rights among students, the "Clean Campus, Green Campus" Campaign was conducted by the NSS unit of Sacred Heart College. NSS Volunteer involved in the cleaning drive in the campus.







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Activity 14: Celebration of Army Day (January 15th)

Every year Army Day is celebrated on January 15th as it is on this historic day that General KM Cariappa become the first Indian to take charge of the Indian Army in 1949. The NCC Army unit celebrate this day with several programmes. The staff and students have participated in this special occasion to promote a spirit of *patriotism* and uphold the *unity* of our Nation.







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Activity 15: Street Play against Anti-Drug

As an Indian citizen , we all are accountable for the good as well as bad condition of the country. Every one need to shift our attention to positive affects on our community and country. Collaborative actions on Anti-Drug movement in the college have a positive impact on the entire student community. Anti-Drug Day was observed at Sacred Heart College as part of holistic education that focuses on drug abuse, criminal justice, and human rights. As part of the awareness campaign anti-drug street play organized by student Union.





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Activity 16: Armed Forces Flag Day

The three NCC unit jointly organised the *Armed Forces Flag* Day on 7th December every year for the welfare of the Indian Armed forces personnel. The Student cadets collect fund from the college and shows respect towards them. This activity brought high *patriotism* among students by assisting soldiers who protect the country and ensure *safe and security* of the citizen.



