Criterion VII: Institutional Values and Best Practices

7.1.8 Describe the Institutional efforts /initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities.

Institutional Initiatives

2018 - 2019

Students were encouraged to participate in different programmes organised by, college, inter college, university and other Government or non- government organization to make them sensitize towards cultural, regional, linguistic, communal socio economic diversities.

Name of the Programme: Holy Books Reading

Category of the programme: Communal diversity

To ensure the religious harmony among students the college organizes Holy Books Reading every year. As part of Hrudyarambham inaugural ceremony of first year students, *Bible*, *Holy Quran*, *and Bhagavat Gita* the three Holy books from Christianity, Muslim, and Hinduism respectively are read by students from Second and third year.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Republic Day Celebration

Category of the programme: Regional and cultural diversity

The college celebrated Republic Day by raising the national flag on 26th January. The NCC cadets then set out to plant and water the herbal garden and tapioca farm maintained by the unit. Large number of students actively participates in the programme and commemorates the republic day by standing close to the environment.







NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Natya - National Level Dance Competition

Category of the programme: Regional and cultural diversity

'NATYA', AN INTERCOLLEGIATE Dance competition was held as part of Jamboree. Jamboree is a series of programmes organized as part of the Platinum Jubilee Celebrations of the college.





Criterion VII: Institutional Values and Best Practices

Name of the Programme: Heartian Peace Rally

Category of the programme: Harmony with life (other Diversity)

A peace rally (bike rally) was organized on 18th Jan 2019. Fifty bikers of the college participated and the event, which was inaugrated and flagged off by the Honorouble Mayor of Kochi City Smt. Soumini Jain. The event was organized with a theme "live in peace, not in pieces". The rally tried to project the message Green and Peace. The rally visited 8 colleges in the city and handed over a lilly as a symbol of peace to respective principals of the college. Principal, Fr. Prasant Palakkappillil gave peace message and the rally was led by the Red Cross Programme officer Dr. Pius Augustine. Rally was sponsored by VTJ Suzuki, Kundannoor. Participants were given certificates.





Criterion VII: Institutional Values and Best Practices

Name of the Programme: National Youth Parliament

Category of the programme: Harmony with Democracy (other Diversity)

The initial stages of "walk-in screening" for the National Youth Parliament initiated by the Govt. of India and the National Service Scheme was conducted at Sacred Heart College on 19th to 19th January 2019 as the college was selected as the nodal centre for Ernakulam district and Prof. Ramya Ramachandran appointed as the nodal officer. More than 75 youth in the age group 18 to 25 presented their views. Nehru Yuvak Kendra partnered with SH NSS unit in this programme.





NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Cultural Festival -JUMBORE

Category of the programme: Regional and cultural Diversity

As part of Platinum Jubilee Celebrations of Sacred Heart College, a series of events named "Jumboree" was hosted. In connection with Jumboree -Thevara Fest was organized. Different cultural events were organized as part of "Gramasandhya". Platinum Jubilee Heartifest was also conducted as part of the Jumboree







NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Exhibition on KUWAIT WAR

Category of the programme: Socio-economic Diversity

As part of Platinum Jubilee Celbrations of the college, Youth Red Cross organized a Photo Exhibition of Kuwait War on the college verandah from 16th to 19th January 2019. It was a unique collection of around 5000 photographs collected by by Mr. Augustin Jerald, a retired Police officer from UAE Police department.









Criterion VII: Institutional Values and Best Practices

Name of the Programme: National Youth Parliament (Planning)

Category of the programme: Harmony with Democracy (other Diversity)

As the College was elected as Nodal Office for Prime Minister's Youth Parliament and NSS Programme officer Dr. Remya Ramachandran as Nodal Officer for District level Youth parliament for Eranakulam and Idukki District, the NSS unit organized a Youth Parliament planning meeting on 1st January 2019. NSS Coordinators of different Universities including MG University coordinator M J Mathew, G.P Sajith Babu, Regional Director Kerala Lakshadweep and State Coordinator Dr. K Sabukuttan were present.



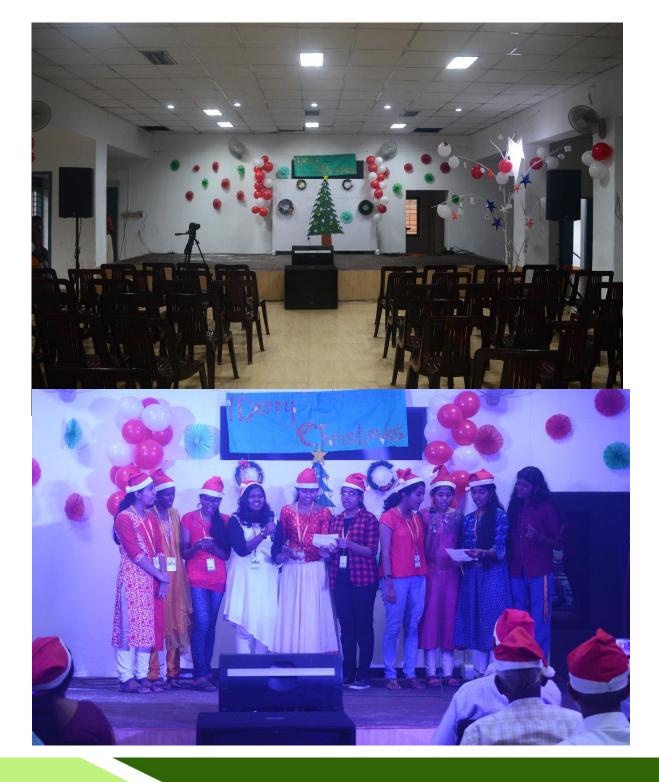
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Criterion VII: Institutional Values and Best Practices

Name of the Programme: Celebration of Christmas

Category of the programme: Communal and cultural diversity

Christmas observed as a religious and cultural celebration among millions of people in the world. College is celebrating this season as inculcating values to students like love everyone, care the needy, share of gifts with family and friends. Departments and College Union organising different programmes for staffs and students like Carol singing competition, Crib competition, and Cake cutting.





NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Harmony with Blind -OBSERVANCE OF BLIND DAY **Category of the programme: Socio-economic Diversity**

On World Blind Day, the volunteers conducted an awareness programme in association with Vasan Eye Care hospital, Ernakulam. A rally was conducted propagating the importance of eye donation. The day witnessed many of the volunteers signing the declaration for eye donation. A blind room was created wherein a student entering the blind room would be literally blind due to the darkness of the room. The staff for guidance helped the students to touch and feel the substances which were kept on the table in that room. The students were not able to identify most of it. It provided the students to realize the importance of eyesight.





Criterion VII: Institutional Values and Best Practices

Name of the Programme: Celebration of Christmas

Category of the programme: Communal and cultural diversity

Christmas observed as a religious and cultural celebration among millions of people in the world. College is celebrating this season as inculcating values to students like love everyone, care the needy, share of gifts with family and friends. It was an initiative of the spiritual animation team of our College, which brought together about hundred and 150 needy destitute at the college campus, in the wake of Christmas season. Students performs various programmes to entertain the 'special guests'. Besides, they are presented with Christmas gifts which enhanced the spirit of Christmas. The event aimed at inculcating in students, empathy towards the fellow beings.





Criterion VII: Institutional Values and Best Practices

Name of the Programme: Energy Conservation Awareness Programme

Category of the programme: Harmony with Energy Conservation (other diversity)

An Energy Awareness programme was conducted by Department of Physics in association with NCC Naval unit. The department conducted two awareness lectures in connection with Urjakiran programme of Kerala Government on 25th February, 2018. The aim was to spread the message of energy conservation and efficiency. The first lecture was delivered at the Community Hall, Panampilly Nagar while the second one was delivered at St. Sebastian's Church, Nettoor. Urjakiran booklets were distributed to all gathered and the programme was well received by the community.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: SEMINAR ON CULTURAL MEMORY AND THE NEGOTIATIONS OF IDENTITIES

Category of the programme: Linguistic and cultural diversity

The Department of English organised the annual Dr. Dan Thottakkara Memorial National seminar on 12th December 2018. The topic for the seminar was Cultural Memory and the Negotiations of Identities. The seminar was organised in collaboration with the School of Letters, MG University, Kottayam. The first plenary Session was lead by Dr K C Baral from English and Foreign Languages University, Hyderabad. The second session was lead by Simi Malhotra from Jamia Millia Islamia University, New Delhi. A play based on Eugene O'Neil's Emperor Jones was staged in the evening. On the second day Dr Saugata Bhaduri from JNU spoke on Forgive not Forget: From Amnesia to Anamnesis. The last session was lead by A. F. Mathew from IIM Kozhikode. He talked on Memories of Under development: Construction of Communal Identities. Certificates were distributed during the valedictory session.









Criterion VII: Institutional Values and Best Practices

Name of the Programme: Lake Cleaning

Category of the programme: Harmony with Water bodies

NSS volunteers cleaned the Vembanad lake adjacent to the college campus on 12th December 2018 as part of the cleaning drive.



Name of the Programme: Exhibition on Eco-friendly Products

Category of the programme: Harmony with Water bodies

A three-day exhibition on ecofriendly products and waste management was thrown open to public on 10th to 12th December 2018. Ecofriendly jute products such as bags, wallets, purses, flower vases, baskets, files, holders designer jewllary, keychains, sandals, laptop bags, etc were on display.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Transgender Awareness

Category of the programme: Harmony with Transgender

As a part of the 'Disability week Observance', the NSS SH unit was able to conduct drawing competition and Quiz on 7th December 2018. The competitions highlighted the life of transgenders.



Name of the Programme: Disability day observance with differently abled people

Category of the programme: Harmony with Disability

The NSS unit of SH College, Thevara, observed the first week of December as "Disability Week". The unit planned several programs for the week including open forums and competitions, all of which were moulded in such a way that it commemorated the life of the differently abled people. There was a huge participation of students and NSS volunteers in the numerous programmes conducted.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: Exhibition on food

Category of the programme: Harmony with food

As part of the "Heritage Week" celebrations, the Tourism Club organized a Food Fest on 22nd November 2018. The food fest was notable for display and sale of ethnic delicacies from across the country.



Name of the Programme: Heritage week

Category of the programme: Cultural Diversity

Tourism Club of Sacred Heart College celebrated Heritage Week on 20th to 23rd November 2018. The celebrations started with a Mohiniyattam performance. This was followed by classical music, thiruvathirakali and concert. Cultural programmes were inaugurated by Rev. Father Prasant Palakkapillil on November 22nd 2018.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: SWACHHTA HI SEVA CAMPAIGN

Category of the programme: Other Diversity

NSS Volunteers presented flash mob at various centres like bus stop, railway station etc. in the city on the theme cleanliness and green living. The flash mob team came up with vibrant dance steps along with a message to keep our city and surroundings neat and clean. Some passengers praised the volunteers for coming up with such an innovative act.



Name of the Programme: PHOTO TRAILS- EXHIBITION OF PHOTOGRAPHS FOLLOWING GANDHIJI FOR 150 YEARS

Category of the programme: Cultural diversity

As part of Gandhi Smrithi, Kerala state Archives and Public Relations Departments, in association with NSS unit, conducted an exhibition on Mahatma Gandhi on 2nd October 2018.



Criterion VII: Institutional Values and Best Practices



Exhibition and sale of books on the life and times of Gandhiji

Name of the Programme: EXHIBITION ON KHADI PRODCUTS

Category of the programme: Cultural diversity

As part of Gandhi Smrithi, Exhibition of Khadi materials and organic products were conducted by NSS on 2nd October 2018.



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: GANDHI SMRITHI

Category of the programme: Cultural diversity

In commemoration of the 150th year of birth anniversary of Mahatma Gandhi, the National Service Scheme(NSS) unit of Sacred Heart College, Thevara in association with Kerala State Archives Department, Media Academy, Gandhi Peace Foundation, Cochin Film Society, Information and Public Relations Department and Indian Railways organised 'Gandhi Smrithi'a 3 day mega state level event from September 30-October 2 2018.



'Gandhi Smrithi': Inauguration today

EXPRESS NEWS SERVICE @ Kochi THE Sarred hearts College, The-vara, will organise the pro-gramme (Sandhi Smrithi), to mark Mshatama Gandhi's 150th birthday and it will be inaugu-rated by social activist Medna Patkar on Monday A three-day mega event as part of the relebra-tion began on Sunday and it will conclude on Tuesday, Around 80 Kerala have registered in martici-

collegiate competitions. All the competitions are suchored on the life and times of Gandhiji and Gandhian philosophy Major competitions like Gandhi Speak, Gandhi Walk on Stage, Gandhi Chronicle, Expressing, Gandhi and Meeting Gandhi will be held.

The event will be organised in association with Kerala State Archives Department, Media Academy, Gandhi Places Foundation, Cochin Film Society Information and Public Relations Depart

inter-collegiate competitions asconducted in association with
IOCL.

The major highlight of the
camp is the schildion showcasing the rarest and largest Gandhi
memorabilia related to the life
and times of the Mahatma Gantin the state-level camp was insugurated by Rishi Raj Singh.
IPS, on Sunday Richard Hay Mr
will inaugurate the Swachita Hi
Sevar and Lakor this topic Cleanliness is next to Godliness' on
Theaday.

ഗാന്ധി സ്മൃതി ക്യാമ്പിൽ ശ്രദ്ധേയമായി സ്റ്റാമ്പ് പ്രദർശനം

കോച്ചി: മഹാത്മാ ഗാന്ധിയുടെ വിവിധതരം സ്റ്റാമ്പ് ശേഖര വുമായി അർവിൻ കുമാർ പൈയുടെ സ്റ്റാമ്പ് പ്രദർശനം ശ്ര വുമായി അർവിൻ കുമാർ പൈയുടെ സ്റ്റാമ്പ് പ്രദർശനം ശ്ര യി സേക്രട്ട് ഹാർട്ട് കോളജിൽ ഇൻഫർമേഷൻ ആൻഡ് പബ്ലി ക് റിലേഷൻ വകുപ്പിനെയും എൻ.എസ്.എസ്. വിഭാഗത്തിൻ് യും ആഭിമുഖ്യത്തിൽ ആരംഭിച്ച ഗാന്ധിസ്മുതി ക്യാമ്പിലാണ് കുമാർ പൈ തന്റെ കൈവരമുള്ള സ്റ്റാമ്പുകൾ പ്രദർശിപ്പിച്ചി രിക്കുന്നത്. 7000 സ്റ്റാമ്പുകളാണ് ക്യാമ്പിൽ പ്രദർശിപ്പിച്ചിരിക്കുന്നത്. സ്വാതന്ത്ര ഇന്ത്യമലുമായി സ്റ്റാമ്പുകൾ നിലവിൽ വന്നത് യുതലുള്ള സ്റ്റാമ്പുകളാടെ വൃത്യസ്തമായ ശേഖരണമാണ് അർവിൻ കുമാർ പൈയുടെ വൃത്യസ്തമായ ശേഖരണമാണ് അർവിൻ കുമാർ പൈയുടെ കൈവശമുള്ളത്. ഇന്ത്യയിൽ പല കാലഘട്ടങ്ങളിലായി പുറത്തിറങ്ങിയ നോട്ടുകൾ, അച്ചടി മാത്യൻ നോട്ടുകൾ, മാൻസി നമ്പർ നോട്ടുകൾ, അച്ചടി തെറ്റുകൾവന്ന നോട്ടുകൾ, ഇന്ത്യയുടെ സ്വാത്യന്റേദിനം സിരി യൽ നമ്പറായി നോട്ടിൽ അച്ചടിച്ച് പുറത്തിറങ്ങിയ നോട്ടുകൾ എന്നിങ്ങനെ വിവിധതരം നോട്ടുകളുടെ പ്രദർശനവും ഇവിടെ ഒരുക്കിയിട്ടുണ്ട്.

Criterion VII: Institutional Values and Best Practices

Name of the Programme: ETHNIC DAY CELEBRATION

Category of the programme: Regional and Cultural diversity

Ethnic Day was celebrated by College Union of Sacred Heart College on 13th September 2018. Students were encouraged to wear ethnic dress as part of this event.





Criterion VII: Institutional Values and Best Practices

Name of the Programme: INDEPENDENCE DAY CELEBRATIONS WITH THE **ELDERLY Category of the programme: Regional and socioeconomic diversity**

Independence Day was celebrated by NSS unit with Elderly people on 18th August 2018. As part of this, various cultural events were organized by NSS volunteers.



Independence Day Celebrations with the elderly



Criterion VII: Institutional Values and Best Practices

Name of the Programme: HERBAL EXHBITION

Category of the programme: Cultural Diversity

NSS Unit in association with Govt. Ayurveda Medical College organized a Herbal Exhibition, exhibiting a wide range of herbal plants. It was primarily meant to spread the message of the need for preserving traditional knowledge on healthcare.



Criterion VII: Institutional Values and Best Practices

Name of the Programme: FRENCH INTERACTION SESION

Category of the programme: linguistic diversity

Department of French organized an interactive session with delegates from French Embassy. The prospects of higher studies in France were discussed in the session.



Interactive Session with Delegates from French Embassy

Name of the Programme: HERBAL PLANTS (PLANTING OF 75 TREES-**DASAPUSHPAM) EXHBITION**

Category of the programme: Regional and Cultural Diversity

Bhoomithrasena Club of SH College started a tree planting initiative for planting 75 trees to commemorate the Platinum Jubilee of the college. Saplings were planted in growbags for this purpose.



Planting of 75 trees - Dasapushpam

NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: FOOD COLLECTION AND DISTRIBUTION

Category of the programme: Socio-economic diversity

NSS Volunteers launched an initiative to provide food to homeless people. Students collected food items in their groups and distributed it to the poorly underprivileged people in and around the milieu. This was a part of the strategy to make studies and service to go hand in hand. They are successfully continuing their program feeding the poor people around them.



Food Collection and Distribution by NSS



NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: FOOD COLLECTION AND DISTRIBUTION FLODD RELIEFE MATERIALS

Category of the programme: Socio-economic diversity

SH campus was a collection point for packing and sorting of flood Relief materials. NSS volunteers actively participated in collection, sorting and packing of the relief materials.



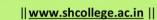
Packing and Sorting of Flood Relief Materials

Criterion VII: Institutional Values and Best Practices

Name of the Programme: National Integration Camp of NCC Category of the programme: Regional, linguistic and cultural diversity

NCC in the college plays a vital role in promoting *inclusive* environment towards cultural, regional and socioeconomic diversities among students. The students have wider opportunity to explore their talents and skills through these three organizations. NCC provides various local,national, and international camps for their cadets to explore these diversities. The Activities are presentation on history, geography, economy, good practices, cultural heritage, festivals, customs & traditions of the states. Learning the language of other states and Interacting in those languages is one of the highlights of national integration camps. In addition, learning resources about cuisine and food habits, tourism sites and cultural programmes of the states were shared extensively.







NAAC Accreditation 4th Cycle

Criterion VII: Institutional Values and Best Practices

Name of the Programme: National Integration fest by NSS Category of the programme: Regional, linguistic and cultural diversity



