

7.1.8 Describe the Institutional efforts /initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities.

### Institutional Initiatives

2016 - 2017

Students were encouraged to participate in different programmes organised by, College, Inter-college, University and other Government or Non- government organizations, to make them sensitize towards cultural, regional, linguistic, communal socio economic diversities.

**Name of the Programme: Holy Books Reading**

**Category of the programme: Communal Diversity**

In order to ensure the religious harmony among students, the college organizes Holy Books Reading every year. As part of 'Hrudayambham', the inaugural ceremony of first year students, the three Holy books; *Bible, Holy Quran, and Bhagavat Gita*, from the three religions, Christianity, Islam, and Hinduism respectively are read by the students of second and third years.



## Name of the Programme: Sensitizing with Nature (Earth)

### Category of the programme: Harmony towards Environment (05/06/2016) Other Diversity

The college has initiated various programmes to sensitise the students with environment. The N.S.S unit of Sacred Heart College took initiative to celebrate World Environment Day on 5<sup>th</sup> June 2016. Week long activities were conducted to spread **awareness** about the importance of a **healthy and green environment** in our society. All the students took oath for the protection and the preservation of the world. Debates and poster exhibitions were also conducted during the week. As a part of the World Environment Day the N.S.S unit has planted a "Banyan Tree" in the college lake view ground.



### Name of the Programme: Sensitizing with Nature (Water)

### Category of the programme: Water Conservation (08/06/2016) Other Diversity

The programme ensures the importance of **protecting water bodies**. World Ocean Day is a global day of ocean celebration and collaboration for a better future. The students of Sacred Heart College on 8<sup>th</sup> June 2016 joined for a new venture to remove plastic wastes from Vembandu Lake, as a part of World Ocean Day celebration. As the theme of the year (2016) "**Healthy Oceans, Healthy Planet**" suggested the college took great effort by preventing any plastic waste polluting the surrounding water bodies.



**Name of the Programme: Sensitizing with Traditional Exercise Yoga**

**Category of the Programme: Other Diversity (Spiritual Diversity 21/06/2016)**

The college provides an environment that facilitates the **holistic** development of the students by ensuring **spiritual awareness** by various programmes. Yoga Day was observed in the college by the NSS along with the three NCC wings of the College. Under the guidance of a Yoga Guru we had a yoga training session early in the morning on 21<sup>st</sup> June 2016, the International Day of Yoga. The Head of the institution, students and teachers have participated for the same. Different creative posters made by the volunteers were exhibited in the college portico to spread the importance of yoga in our day to day life.



**Name of the Programme: Age Friendly programme**

**Category of the Programme: Sensitising Old Generation (Other Diversity)**

In order to value, care and acknowledge the senior citizens of our society, the college organises classes for the elders. The students themselves are equipped to conduct classes for the old on such basic topics such as how to use a computer or a laptop, how to browse on internet, how to use modern technologies like Facebook, Skype etc. The entire planning of this course including the syllabus is set by the student volunteers.





## Name of the Programme: Talk on Art and Literature

### Category of the Programme: Cultural Diversity

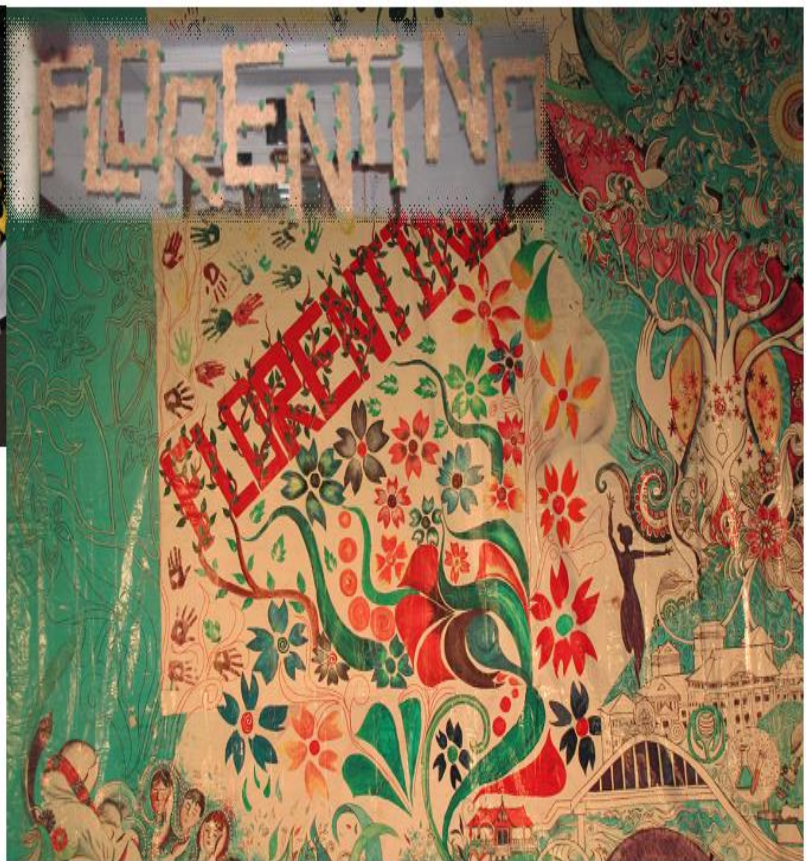
The college has ensured sensitization on various forms of **art and literature**. Dr C S Jayaram, a former faculty and HoD of the department of English of the college, gave a lecture on Art and Literature. He has drawn the parallels between painting, cinema, music and literature. The talk was attended by the PG and final year UG students of the department and the college.



## Name of the Programme: Kinash –Exhibition of Handmade Products (06-02-2017)

### Category of the Programme: Cultural Diversity

In association with the Department of Botany, the college organised flora fest 'Florentino', a **cultural** extravaganza. As a part of the fest, a spectacular exhibition- "Kinash" was arranged in which **handmade** products, **indigenous food** items, vegetable seedlings, flowers, medicinal plants and mural paintings were exhibited.



## Name of the Programme: Heartian Harvest

## Category of the Programme: Other Diversity (Agriculture, Farming and Entrepreneurship)

'Heartian Harvest' is a venture of the SH community to apply their knowledge to go beyond mere consumption to green production in order to promote the message of 'Healthy Living'. Heartian Harvest is a **market** space where students and staff can sell and buy organically produced vegetables, fruits and homemade snacks. The Bio-market was inaugurated by Rev. Fr. Jose John, the Vice-Principal of the college on 22<sup>nd</sup> August 2016. The programme is being coordinated by the Editors' Club and Entrepreneurship development club of the college.



**Name of the Programme: Thanalmaram – with the Poor and Destitute**

**Category of the Programme: Socioeconomic Diversity (28-07-2016)**

‘**Thanalmaram**’ is a Jesus Youth initiative for spreading smiles. Besides the financial assistance provided to them, the program aims at providing an emotional support to the deprived. They were also provided opportunities to celebrate various festivals. Thanalmaram is conducted on all Wednesdays from 8:30 am to 9:20 am in front of the college.



**Name of the Programme: Dress Collection for the Poor and Destitute****Category of the Programme: Socioeconomic Diversity (28-07-2016)**

Jesus youth organized a dress collection programme on 05/07/2016 from the Thevara locality. Around 75 students assembled at the monastery chapel to take part in the event. Students were divided into 10 groups & were sent to various pocket streets of Thevara. Nearly 2000 various outfits were collected from 300 houses. Some clothes were distributed to isolation ward and cancer ward of the General Hospital, the rest went to Palluruthy settlement and to the destitute who visited SH monastery every Wednesdays. Youth organised collection and distribution of clothing to the homeless and needy thus highlighting the motto of service as inspired by Jesus.





Collected Materials



**Name of the Programme: National Integration Camp of NCC**

**Category of the Programme: Regional, Linguistic and Cultural Diversity**

NCC in the college plays a vital role in promoting *inclusive* environment towards cultural, regional and socioeconomic diversities among students. The students have wider opportunity to explore their talents and skills through these three organizations. NCC provides various local, national, and international camps for their cadets to explore these **diversities**. The activities are presentations on history, geography, economy, good practices, **cultural heritage, festivals, customs & traditions** of the states. Learning the language of other states and interacting in those languages is one of the highlights of national integration camps. In addition, learning resources about cuisine and food habits, tourism sites and cultural programmes of the states were shared extensively.



## Name of the Programme: Honesty Shop

## Category of the Programme: Harmony with Values (Other diversity)

The Honesty Shop, set up by the members of Jesus Youth, is one among the unique experiments conducted in the college to **inculcate values** in the campus. The students may take any stationary item kept in the shop and the money can be deposited in the box provided without anyone to watch them. This unique feature makes it rightly named **Honesty** Shop. The shop is designed and decorated as per the seasonal festivities. For example, during the Christmas season it had a look of a manger.



തേവര എസ്എച്ച് കോളജിലെ ഹോണസ്റ്റ് ഷോപ്പ്.

## സത്യം പഠിക്കുന്നു

കൊച്ചി • തേവര സെക്രഡ് ഹാർട്ടിലെ വിദ്യാർത്ഥികളോടു നിങ്ങളിലൊരാളോടു സത്യം സമരണ ചോദിച്ചാൽ ഒന്നു പുഞ്ചിരിക്കും. പിന്നെ ഹോണസ്റ്റ് ഷോപ്പിലേക്കു വിരൽ ചൂണ്ടും. നടത്തിപ്പുകാരനും പണം വാങ്ങുന്നയാളുമൊന്നുമില്ലാത്ത ഈ കൃത്യതയോടെ വിദ്യാർത്ഥികൾക്ക് ആവശ്യമായ ബുക്ക്, പേന, പേപ്പർ എന്നിവയെല്ലാം ഇവിടെ നിന്നു വാങ്ങാം. പിന്നെ ബോർഡിലെ വിലനിർദ്ദേശം നോക്കി പണം ബോക്സിലിടാം. അതിൽ നിന്നു ബാക്കി തുക എടുക്കാം. പണം കൂടുതലേടുത്തെന്നോ, എടുത്ത സാധനത്തിന്റെ വില തൽക്കിയില്ലെന്നോ തർക്കിക്കാൻ ആരുമില്ല. നിങ്ങളുമാത്രം.

തേവര എസ്എച്ച് കോളജിലെ ജീസസ് യൂത്ത് പ്രവർത്തകരാണ് ഹോണസ്റ്റ് ഷോപ്പിനു പിന്നിൽ. കോളജിലെ ഉദ്യോഗസ്ഥനായ തോമസ് വിജ്ഞാപനമാണ് ഈ ആശയം മുന്നോട്ടുവച്ചത്. ജീസസ് യൂത്ത് ഇത് ക്ലബ്ബാണെന്നു തോന്നാത്താലും പ്രവർത്തകർ പേർന്നു. പ്യൂ സിങ്കങ്ങളും മറ്റു വസ്തുക്കളും വാങ്ങി പ്രധാന ഓഡിറ്റോറിയത്തോടു ചേർന്നുള്ള പെന്യ സിംഗിൾ വീൽപറമ്പിലെ തിരഞ്ഞെടുത്തു.

പേന, പെൻസിൽ, സ്കെയിൽ, ബുക്ക്, പേപ്പർ തുടങ്ങി പഠനത്തിനാവശ്യമായ വസ്തുക്കളെല്ലാം ഇവിടെ ലഭിക്കും. ഇതിൽ നിന്നു ലഭിക്കുന്ന പെന്യ വരുമാനം സാമൂഹിക സേവനത്തിനാണ് ഉപയോഗിക്കുന്നത്. അതിനാൽ തന്നെ ചിലർ സാധനങ്ങളുടെ വിലയേക്കാൾ കൂടുതൽ തുക നിക്ഷേപിക്കാറുണ്ടെന്നു കോർഡിനേറ്റർ ഇംഗ്ലീഷ് വിഭാഗം അധ്യാപകനുമായ ഫാ. സാബു തോമസ് പറയുന്നു.

ഹോണസ്റ്റ് ഷോപ്പ് പ്രവർത്തനമാർപ്പിച്ച ഹോണസ്റ്റ് ഷോപ്പ് ക്ലബ്ബായതോടെ അടുത്ത വേളയിലേക്കും ഇവർ കടന്നു. ഉപയോഗിച്ച കളയുന്ന പേന ശേഖരിച്ചു വീണ്ടും ഉപയോഗക്ഷമമാക്കുക. പേനയുടെ ഉപയോഗം കഴിഞ്ഞാൽ റീഫിൽ ഉപയോഗിക്കാൻ ആദ്യം മെനക്കടന്നില്ല. ഈ പേന കൾ ശേഖരിച്ച റീഫിൽ പെയ്തു ഹോണസ്റ്റ് ഷോപ്പിൽ വിൽക്കുകയാണു ലക്ഷ്യം.

**Name of the Programme: Fruitipedia**

**Category of the Programme: Harmony with Diversity of Fruits (Other diversity)**

An exhibition called 'Fruitipedia' was conducted with the support of Department of Botany on 3<sup>rd</sup> August 2016. **Organic fruits** cultivated by the students were displayed in the exhibition. The aim of this programme was to make sensitize the students with **diversities of fruits** in the Kerala. Students get knowledge about varieties of local fruits.





**Criterion VII: Institutional Values and Best Practices**

**Name of the Programme: Annual Cultural Fest Heartifest**

**Category of the Programme: Cultural and Regional Diversity**

The college organises an annual cultural meet in the beginning of every new-year to promote **cultural harmony** among students and staffs. Students performed various traditional/classical art forms of different states of our country at the programme. The event was inaugurated by the eminent music composer Sri. Gopi Sundar. Guruvandanam and honouring of illustrious alumni were followed by cultural events. Several food stalls were also set up.





**Name of the Programme: Scrap Collection for Poor and Destitute****Category of the Programme: Socioeconomic Diversity.**

Students from the college went through different houses in Thevara locality to collect scrap items for fundraising to utilize for the destitute in the locality. Students were divided into many groups to collect recyclable materials, newspapers etc. The materials collected were later sold to the junk sellers. Students made a profitable amount of Rs. 25000/, which was used to help the poor and needy.



### **Name of the Programme: Trip with Poor and Destitute (LULU Mall Visit)**

### **Category of the Programme: Socioeconomic Diversity.**

The students of our college organized a trip to India's largest shopping mall, Lulu, Kochi, with the poor and the destitute who visited the SH campus every Wednesday. The idea behind the event popped up when some of the students chatted with the people who assembled for the 'Thanalmaram' programme. Many of them wished to enter into the mall, but constrained the thought to themselves since they regarded the place to be meant for only rich ones in the society. Fifty of them were taken to the Lulu mall in the college bus on 24<sup>th</sup> August 2016 by a team consisting of 75 students and three staff members of the college. A movie hall was specially arranged where a film was screened for them, after which they enjoyed a delicious meal and a bit of shopping in the mall. At the end of the day they were gifted *onakkodi* by the mall authorities. The required fund for the event was raised mainly through collection and sale of scrap items from the houses nearby the college. A documentary titled "Thanal Maram" based on the visit also was released.



## Name of the Programme: Shuchitwa Bodhana Yajnam

### Category of the Programme: (Other Diversity)

Cleanliness is an essential thing for our life. A clean body is a healthy body. As a part of Suchitwa mission our college has organised a reception to Shuchitwa Bhodana Yejnam's rally which was led by a well-known environmental activist Fr. George Pittapilly, the Director of Mithradham – an energy renewable centre. The reception was arranged on 11<sup>th</sup> January at Shanthinagar near the college. As a part of this mission NSS volunteers of our college participated in this rally from Kundanoor to Shanthiagar.



## **Name of the Programme: Celebration of Christmas**

### **Category of the Programme: Communal and Cultural Diversity**

Christmas is observed as a religious and cultural celebration among millions of people in the world. The college celebrates this season as a time for inculcating values in students to like and love everyone, care the needy, share the gifts with family and friends. Under the initiative of the spiritual animation team of our college, about 150 destitute were brought together at the college campus, in the wake of Christmas season. Students performed various programmes to entertain the 'special guests'. Besides, they are presented with Christmas gifts which enhanced the spirit of Christmas. The event aimed at inculcating in students, empathy towards the fellow beings. The programme is conducted every year from 2014.





## Name of the Programme: International Year of Pulses

### Category of the Programme: Other Diversity

As a part of the ongoing celebration of the International Year of Pulses, declared by the United Nations Food and Agriculture Organization, Sacred Heart College organized a seminar and exhibition of different types of Pulses on 10<sup>th</sup> December 2016. Justice. B Kamal Pasha inaugurated the seminar and other eminent personalities like poet Murukan Kattakada were also present in the programme.



## **Name of the Programme: Celebration of Kerala Cultural Festival Onam.**

### **Category of the programme: Communal and Cultural diversity**

Onam is the annual harvest festival of the State. Though its origins are often attributed to Hindu Mythology, Onam is celebrated as a cultural festival by all communities. Students and staffs of the college celebrate Onam every year with much enthusiasm. Departments along with the college union organise different games, performances and the food feast called 'Sadhya' to celebrate Onam which ensure unity among students from various communities.



**Name of the Programme: Biennale Art Talk series**

**Category of the programme: Regional and Cultural Diversity**

Sacred Heart School of Communication organised a Biennale Art talk series on 5<sup>th</sup> September 2016. It was a great opportunity for the students to interact and learn from biennale experts from different parts of the country.



**Name of the Programme: Biennale Art Talk series**

**Category of the programme: Communal and Socioeconomic Diversity**

A poster designing competition and exhibition on Mother Theresa was held on 5<sup>th</sup> September 2016 in connection with declaration of sainthood to Mother Theresa. The event was conducted by Jesus Youth.



Mother Theresa- Poster design Competition

## Name of the Programme: Farming

## Category of the Programme: Cultural and Socioeconomic Diversity

The NSS unit has managed to keep its promise of promoting organic farming and paddy. Around ten to twenty volunteers worked thrice in a week in a field near college starting on 17<sup>th</sup> August 2016. It was a great initiative to inspire the students to start cultivating their own vegetables or upland paddy cultivation at their own homes.

