

7.11 Institution celebrates / organizes national and international commemorative days, events and festivals

### **ANNUAL REPORT OF ACTIVITIES ORGANISED BY INSTITUTION IN CELEBRATING NATIONAL AND INTERNATIONAL COMMEMORATIVE DAYS, EVENTS AND FESTIVALS.**

**2016 - 2017**

#### **Environment Day (05-06-2016)**

World Environment Day was celebrated to spread awareness about the need to protect and save the environment. The day was flagged off by planting saplings in and around the campus. As part of this everyone took a pledge to keep the environment safe, spread green and save mother earth from deforestation.





## World Oceans Day - 08.06.2016

It is a global day of ocean celebration and collaboration for a better future. It is celebrated on 8th June to spread the awareness to act for prevention of plastic pollution in our ocean. It has been found that the pollutants like plastic and over consumption of fish have resulted in dramatically dwindling population of most species. All these activities of humans have affected the water resources of our country.



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### Book review -Reading day (19-06-2016)

Reading week was celebrated at Sacred Heart College to inculcate the reading habit in students. College authority encouraged students to explore the world of reading and books. Many competitions were also conducted as part of this event. Various activities were also conducted as part of this programme. Reading hours, Book review sessions and interactions were also conducted in which students and teachers participated.



**Refugee Day (20.06.2016)**

World Refugee Day, international observance observed June 20 each year, is dedicated to raising awareness of the situation of refugees throughout the world. It is commemorated to honour all refugees, raise awareness and solicit support. Individuals and community groups are encouraged to mark the day by attending a local World Refugee Day event, watching and sharing World Refugee Day videos, and raising awareness for refugees on social media.



### **Yoga Day (21.06.2016)**

The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in India. Many students took part in the event and pledged unanimously to make it a part of their life.



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**World population day (12.07.2016)**

SLATE (Student Learning and Training on Environment, 16<sup>th</sup> July 2016) programme was observed in connection with World Population day. The topic for the same was “Population and its effect on Environment”. Mrs. Chethana V, research scholar from the Department of Botany presented the topic.



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**Karkakdaka kanji - July 2016**

Karkidaka Kanji or Marunnu Kanji which is a special Ayurveda diet prepared during the karkidakam season which was prepared and distributed among the staff and students of Sacred Heart College. This was prepared to highlight the significance of Karkidakam month and to rejuvenate and strengthen body and mind. Awareness classes were also conducted for the students as part of this.



### Friendship day (01-08-2016)

A friend is one who adds to our happiness, reduces our misery, doubles our joy and divides our grief. Every day can be a celebration with friends but to commemorate the bond, we celebrate Friendship Day every year on the first Sunday of August every year in India. Friendship Day signifies the importance of harmonious friendships, which ultimately help in promoting love and peace amongst human beings. Sacred Heart College celebrated friendship day by exchanging friendship day bands, gifts, cards and going out with friends, celebrating the special bond of friendship.





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### Organic seminar pulses (02-08-2016)

As a part of the on-going celebration of the International Year of Pulses, declared by the United Nations Food and Agriculture Organization, Sacred Heart College organized a seminar and exhibition of different types of Pulses on 10th December 2016. Justice B Kamal Pasha inaugurated the seminar and other eminent personalities like poet Murukan Kattakada were also present in the programme.





### **Hiroshima Day (06-08-2016)**

Sacred Heart College observed Hiroshima day on 6th august, 2016 in remembrance of the bombing attack on Hiroshima by the United States during World War II. The students performed a mime related to Hiroshima aiming at promoting peace politics against the war.



### Independence Day (15.08.2016)

Our College celebrated Independence Day to re-experience the spirit of patriotism and to honour the glorious past of our country. Our principal hoisted a simple and elegant flag.



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### **Cycle rally - Independence Day (15.08.2016)**

As a part of Independence Day celebration, the NCC wing and NSS volunteers of our college participated in this cycle rally from Shanthinagar to Kundanoor.



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### **Guruvandanam - Teacher's Day (05-09-2016)**

Teacher's day was celebrated at Sacred Heart College as an occasion to appreciate and acknowledge the efforts and hard work of the teachers in making the students sophisticated and responsible individuals. Our principal delivered a motivational speech on the importance of this day and teacher student relationship.



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## ONAM

Onam was celebrated by students and staff members on 09-09-2016. Various outdoor games were organised for both teachers and students. The floral arrangement competition was conducted. Students of each department arranged Onam feast in connection with the celebrations.



### **Onam kit distribution by the College**





### **Ozone day (16-09-2016)**

As part of the International Ozone Day a seminar on the topic “Ozone and Climate- Restored by a World United” was conducted on 26th September 2016 by Bhoomithrasena Club. The seminar was conducted in association with Kerala State Council for Science, Technology and Environment (KSCSTE). The resource person for the occasion was Dr. P. Shaiju (Scientist, Dept. of Chemical Oceanography, School of Marine Sciences, CUSAT) graced the occasion by imparting knowledge onto the students regarding the problems caused by Ozone depletion in the recent years.





### Tourism day (27-09-2016)

Tourism Club of Sacred Heart College observed World Tourism Day on 27th September to create awareness about tourism among students and also to promote the development of tourism. As part of this event various events such as photography competitions and poster exhibitions were conducted.





### **Zumba Dance (29.10.2016)**

A zumba dance session was organised on 29th October 2016. This dance form provides a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, and boosted energy of the students.



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## SARGAPATHAM

Sargapatham was organised on 17<sup>th</sup> and 18<sup>th</sup> November 2016. The symposium was inaugurated by the Principal. The Moderator of the event was Advocate Jayashankar (media critic). And there after several events and competitions took over.

**VALEDICTORY**

18th Nov : Main Auditorium

**PRIZES**

- The 1st and 2nd prize winners in each event will receive Rs. 2000/- and Rs. 1500/- respectively in addition to the certificates.
- The best all round team wins the Sacred Heart Ever Rolling Trophy and a cash award of Rs. 4000/-.
- The runner up team receives the Rotaract Ever Rolling Trophy and a cash award of Rs. 2000/-.

**ATTENTION PARTICIPANTS!**

- Each participant should report at the College by 9 AM on 17th Nov. and is required to bring his/her ID Card or Bonafide Certificate from the Principal.
- Partial participation will automatically disqualify the team from claiming the Ever Rolling Trophy.
- Organising Committee reserves the right for making necessary modifications.

**CONTACT**

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[Sargapatham2k16.wixsite.com/home](http://Sargapatham2k16.wixsite.com/home)



Organised by Speakers' Forum



**SARGAPATHAM  
2K16**

20th Literary  
Pentathlon.

**NOV. 17TH & 18TH**






*Sir / Madam,  
Sacred Heart College invites you to SARGAPATHAM, an intercollegiate literary pentathlon on 17th & 18th of November, 2016.*

*This event, starts by a symposium, is a rare genre of lit-fest which will be a special experience for everyone.*

*Each College can send a maximum of 2 teams, one team consisting of 3 members.*

*Soliciting your esteemed presence for the event, we also request you to send worthy teams from your seat of learning to participate in all the events and to match their wits with the best across the state.*

*with regards,*

**Dr. Prashanth Palackapillil CMI**  
Principal

**17TH NOVEMBER**

**INAUGURATION**

- Time : 10:00 AM
- Venue : Main Auditorium

**SYMPOSIUM ON**

Uniform Civil Code : For Nation Building or Political Mileage?

നൂതനകേന്ദ്ര വ്യക്തിത്വ നിയമം : രാഷ്ട്രീയ നിർമ്മിതിയോ, രാഷ്ട്രീയ മുതലെടുപ്പിനോ?

**Guests :**  
**Moderator :** Adv. Jayashankar (Media Critic)  
**Panelists :** Prof. Hameed Chennamangaloor (Political Analyst, Social Critic)  
Dr. Ashraf Kadakkal (Assistant Professor, Kerala University)

**ESSAY WRITING**

- Time : 10:30 AM
- Duration : 1 Hour
- Venue : Marian Hall
- Topic Will be given on spot.
- Participants can use either English or Malayalam.

**EXTEMPORE**

- Time : 1:30 PM
- Duration : 5 Min
- Venue : Fr. Melesius Hall
- Participants can use either English or Malayalam.

**QUIZ**

**Prelims (Written)**

- Time : 11:30 AM
- Venue : Room No : 104

**Finals (Verbal, Audio & Visual)**

- Time : 2:30 PM
- Venue : Main Auditorium
- Quiz will be based on topics of contemporary relevance.

**18TH NOVEMBER**

**MOCK PRESS**

**Prelims**

- Time : 11:00 AM
- Venue : Marian Hall

**Finals**

- Time : 2:00 PM
- Venue : Main Auditorium
- Participants should impersonate a select celebrity.

**GROUP DISCUSSION**

**Prelims**

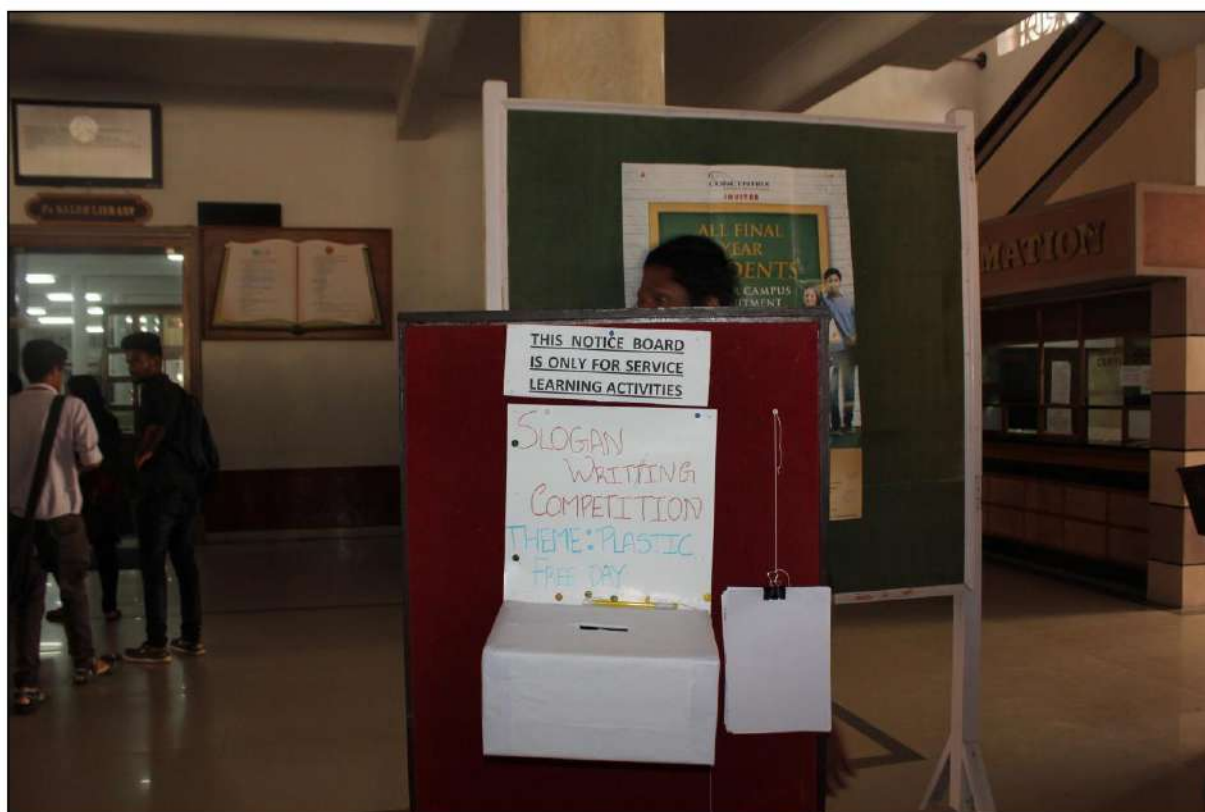
- Time : 10:00 AM
- Duration : 10 Min
- Venue : Auditorium Balcony
- 10 participants per round.

**Finals**

- Time : 1:30 PM
- Duration : 10 Min
- Venue : Auditorium Balcony

### Plastic Free Day (08.12.2016)

Plastic free day was organised by students on 8th December 2016 to create awareness among the people about the harmful effects of the single use plastic. Students also made plastic bags and pens and a slogan writing competition was also held as a part of this event.





### Energy conservation day (14-12-2016)

The Department of Physics of Sacred Heart College, Thevara organized Energy conservation day on Dec 14<sup>th</sup> 2016. An Energy conservation awareness rally was held from Thevara College to kundanoor Junction by the students as a part of this event.



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### **Christmas celebration - Carol**

Teachers and students of Sacred Heart College celebrated Christmas with joy and enthusiasm on 22nd December 2016. A beautiful crib and a Christmas tree was set by the students. To add flavours to the celebration, carol competition was also conducted.





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**Science day (28-02-2017)**

The Department of Chemistry of Sacred Heart College, Thevara in association with Bhoomithrasena Club has successfully organized Bodhi 2017 with the support of Kerala State Council of Science Technology and Environment on 28 February 2017 at Fr. Melesius Hall. The chief guest has thrown light on the significance of Science and technology for especially abled persons. She encouraged students to focus on research and take up the challenges at a higher level.



## Women's day (08-03-2017)

Women's Day was observed by Swasti- Women's Club of Sacred Heart College on 08 March 2017. The event was organised to create awareness of gender equality for a healthy society as well as the importance of educating a girl child which will further result in overall development of the nation and its community.




**Dr. Johnson X Palackappillil**  
**Principal**  
**Sacred Heart College (Autonomous)**  
**Thevara, Kochi-682 013**