

#### **Criterion VII: Institutional Values and Best Practices**

7.11 Institution celebrates / organizes national and international commemorative days, events and festivals

# ANNUAL REPORT OF ACTIVITIES ORGANISED BY THE INSTITUTION IN CELEBRATING NATIONAL AND INTERNATIONAL COMMEMORATIVE DAYS, EVENTS AND FESTIVALS.

2014 - 2015

#### **ENVIRONMENT DAY CELEBRATION (05.06.2014)**

World Environment Day was celebrated to spread awareness about the need to protect and save the environment. The day was flagged off by planting saplings in and around the campus. A poster exhibition was also organized. As part of this everyone took pledge to keep the environment safe, spread green and save mother earth from deforestation.





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#### **READING WEEK (19.06.2014)**

Reading week was celebrated at Sacred Heart College to inculcate the reading habit in students. The Reading week celebration was inaugurated by Principal Fr. Prasant Palackkappillil. He encouraged students to explore the world of reading and books. Many competitions were also conducted as part of this event. Various activities were also conducted as part of this programme. Reading hours, Book review sessions and interactions were also conducted in which students and teachers participated.





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#### ANTIDRUG DAY WAS OBSERVED (26-06-2014)

Anti-Drug Day was observed at Sacred Heart College in order to create awareness against the ill effects resulting from drugs. As part of the awareness campaign anti-drug march, poster exhibitions were conducted

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#### KARKIDAKA KANJI (17.07.2014)

Karkidaka Kanji or Marunnu Kanji which is a special Ayurveda diet prepared during the karkidakam season which was prepared and distributed among the staff and students of Sacred Heart College. This was prepared to highlight the significance of Karkidakam month and to rejuvenate and strengthen body and mind. Awareness classes were also conducted for the students as part of this.



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#### INDEPENDENCE DAY CELEBRATION 15-08-2014

Our College celebrated the Independence Day to re-experience the spirit of patriotism and to honour the glorious past of our country. Principal hosted a simple and elegant flag.



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#### **BHOOMITHRASENA - OZONE DAY (16.09.2014)**

Bhoomithrasena Club of Sacred Heart College observed the International Day for the preservation of Ozone layer on 16 September. The main aim to observe this day was to create awareness about the ozone depletion and its harmful effects. As part of this event, poster exhibition and Slogan Writing competition were also conducted.





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#### **ONAM CELEBRATION**

Onam was celebrated by students and staff members on 16-09-2014. Various outdoor games were organised for both teachers and students. The floral arrangement competition was conducted. Students of each department arranged Onam feast in connection with the celebrations.



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#### BAMBOO DAY - 18-09-2014

Bamboo Day was celebrated at Sacred Heart College to increase the awareness and to promote the new cultivation of bamboo. This was conducted to protect Mother Nature. In connection with this programme bamboo was planted in various places of campus.



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#### **TOURISM DAY 27-9-2014**

Tourism Club of Sacred Heart College observed World Tourism Day to create awareness about tourism among students and also to promote the development of tourism. As part of this event various events such as photography competition and poster exhibition were conducted.





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#### **GANDHI JAYANTHI**

The College celebrated Gandhi Jayanthi on 2rd Oct, 2014. All teachers, students & staff attended the event. The celebrations began with the principal addressing the gathering. He explained the significance of the day and shared the life history of our "Father of Nation". Students also devoted time for cleaning the campus. They were also given the opportunity for ploughing the land and removing all plastic waste from campus.



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#### **CHRISTMAS CELEBRATION**

Teachers and students of Sacred Heart College *celebrated Christmas* with joy and enthusiasm on 18th December 2014. A beautiful crib and a *Christmas* tree were set by the students. To add flavours to the celebration, carol competition was also conducted.





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#### **NEW YEAR 2015**

Students of Sacred Heart College welcomed New Year with hope and new energy. Celebrations were kicked started with melodious song by the students and concluded with special wishes from Principal.



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#### **REPUBLIC DAY 26-01-2015**

NSS and NCC wing of Sacred Heart College celebrated Republic Day on 26 January 2015. The celebration is inaugurated with a flag hoisting by Principal Fr. Prasant Palackkappillil. About 70 volunteers took part in the event to express their patriotism.



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# WORLD CANCER DAY (4<sup>TH</sup> FEBRUARY) OBSERVED ON 29.01.2015

World Cancer Day is observed on 4 February 2015 by NSS unit of Sacred Heart College. This was organized to raise an awareness of cancer and thereby reduce the death rate caused by cancer. In connection with this Department of Computer Science in association with Rotary Club Cochin Queen City organized a seminar on "Early Cancer detection and prevention". Dr Thomas Varghese was the resource person of this programme.





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#### WORLD WETLAND DAY - BHOOMITRHASENA CLUB - 02.02.2015

World Wetland Day was observed by Bhoomithrasena club member of Sacred Heart College on 02 July 2015. In connection with this programme a talk was organized on the topic "Significance of Wetlands and its effect on Climate change". This event was organized to raise awareness about the significance of wetlands for our planet.





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#### National Science Day (28th February) Celebrations by Bhoomithrasena on 25.02.2015

National Science Day was observed by Department of Chemistry in association with Bhoomithrasena Club of Sacred Heart College on 25 February 2015 at Fr. Melesius Hall. The chief guest has thrown light on the significance of Science and role of science and technology in our daily life. She encouraged students to focus on research and take up the challenges in higher level.





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### WOMEN'S DAY (8<sup>TH</sup> MARCH) CELEBRATION BY WOMEN'S CELL ON 05.03.2015

Women's Day was observed by Swasti- Women's Club of Sacred Heart College on 05 March 2015. Prof Mary Metilda, Former Principal, Maharaja College was the chief guest of the programme. She shared her story of success and motivated the students.





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