

## **ANNUAL GENDER EQUITY & SENSITISATION ACTION PLAN**

## 2016-17

Prepared by: – Sacred Heart Women's Association for Service, Truth and Integration SWASTI, Heartian Extended Arm for Life (HEAL), IQAC.

| NO | ACTIVITY                  | PARTICIPANTS                | ORGANISED BY       | TENTATIVE DATE               |
|----|---------------------------|-----------------------------|--------------------|------------------------------|
| 1  | Orientation and           | 1st Year UG and             | Student advisors   | July 2 <sup>nd</sup> Week    |
|    | inspiration programme     | PG Girl students            | and student        |                              |
|    | for the I semester        |                             | development office |                              |
|    | students- An Alternative  |                             |                    |                              |
|    | Life style                |                             |                    |                              |
| 2  | Inspirational talk series | 1 <sup>st</sup> Year UG and | College Women      | August 1st Week              |
|    | by eminent personalities  | PG students                 | Cell -SWASTI       |                              |
| 3  | Leadership camp for       | All Girl Students           | College Women      | August last week             |
|    | students                  |                             | Cell -SWASTI       |                              |
| 4  | Cancer awareness          | All Girl Students           | SWASTI in          | Nov 2 <sup>nd</sup> week     |
|    | programme                 |                             | collaboration with |                              |
|    |                           |                             | Cancer Society and |                              |
|    |                           |                             | Zumba Trainers     |                              |
|    |                           |                             | Associations       |                              |
| 5  | Self-defence and fitness  | All Girl Students           | KRAV MARGA         | Nov 2 <sup>nd</sup> week     |
|    | programme for girl        |                             |                    |                              |
|    | students                  |                             |                    |                              |
| 6  | Orientation to students   | All Students                | Department of      | October 1 <sup>st</sup> week |
|    | on 'Gender equality'-     |                             | Sociology          |                              |
|    | experts from              |                             |                    |                              |
|    | Transgender community     |                             | $\Omega$ $\alpha$  |                              |
|    | initiated by Sociology    |                             | O Xm/s             |                              |
|    | Department                |                             | X str              |                              |
|    |                           |                             | 0 /                |                              |



Dr. Johnson X Palackappillil
Principal
Sacred Heart College (Autonomous)
Thevara, Kochi-682 013



| 7  | Traffic awareness       | All Students      | Y'S Men             | Dec 1 <sup>st</sup> week |
|----|-------------------------|-------------------|---------------------|--------------------------|
|    | programme - Motor       |                   | International       |                          |
|    | Vehicle Department      |                   | Jointly with Kerala |                          |
|    |                         |                   | Motor Vehicle       |                          |
|    |                         |                   | Department          |                          |
| 8  | Breast cancer awareness | All Girl Students | College Women       | Dec 1 <sup>st</sup> week |
|    | through fitness – Pink  |                   | Cell -SWASTI        |                          |
|    | day                     |                   |                     |                          |
| 9  | Personality development | First year        | Departments         | Dec 2 <sup>nd</sup> week |
|    | programme               | Students          |                     |                          |
| 10 | Organ Donation          | All Students      | NGO-WISH            | Dec 3 <sup>rd</sup> Week |
|    | campaign                |                   |                     |                          |
| 11 | Legal awareness session | First year        | Student             | Jan 1 <sup>st</sup> week |
|    | by Adv. Jacob Alex      | Students          | Development         |                          |
|    |                         |                   | Office in           |                          |
|    |                         |                   | association with    |                          |
|    |                         |                   | District Legal      |                          |
|    |                         |                   | Services            |                          |
|    |                         |                   | Authority(DLSA)     |                          |



Dr. Johnson X Palackappillil

Principal
Sacred Heart College (Autonomous)
Thevara, Kochi-682 013