

## ANNUAL GENDER EQUITY & SENSITISATION ACTION PLAN

2015-16

**Prepared by: – Sacred Heart Women's Association for Service, Truth and Integration  
SWASTI, Heartian Extended Arm for Life (HEAL), IQAC.**

Sl. NO	ACTIVITY	PARTICIPANTS	ORGANIZED BY	TENTATIVE DATE
1	Awareness on 'Anti-ragging'	1 <sup>st</sup> Year UG and PG students	Student Dean and Student advisors	July 2 <sup>nd</sup> Week
2	Orientation to students on 'Gender equality'	1 <sup>st</sup> Year UG and PG students	Student Dean and Student advisors	August 1 <sup>st</sup> Week
3	Self defence programme for girl students	All Girl Students	SWASTI and Physical education department	August last week
4	Awareness on 'Gynec problems in women'	All Girl Students	College Women Cell-SWASTI	Nov 2 <sup>nd</sup> week
5	Session on 'Possibilities of media and communication'	All Girl Students	SH School of Communication	Nov 2 <sup>nd</sup> week
6	Training on self-defence / Personality development	All Girl Students / 1 <sup>st</sup> UG boys	SWASTI in association with Junior Chamber international Trainers of JCI Cochin.	October 1 <sup>st</sup> week
7	Awareness talk on Married life, divorce, abortion, drug abuse, healthy food etc.	Final UG and PG Students	College Women Cell-SWASTI	Dec 1 <sup>st</sup> week
8	Outreach programme for girls – Field visits	All Girl Students	College Women Cell-SWASTI	Dec 1 <sup>st</sup> week
9	Vocational Training for girl students- Gift bag making	All Girl Students	College Women Cell-SWASTI	Dec 2 <sup>nd</sup> week
10	Interactive programme on 'Human rights of women'	All Students	College Women Cell-SWASTI	Dec 3 <sup>rd</sup> Week
11	Cancer awareness programme and community survey	All Students	HEAL (Heartian Extended Arms for Life)	Jan 1 <sup>st</sup> week
12	Orientation on Eco Friendly- Menstrual practices	All Girl Students	College Women Cell-SWASTI	March 1 <sup>st</sup> Week




**Dr. Johnson X Palackappillil**  
**Principal**  
**Sacred Heart College (Autonomous)**  
**Thevara, Kochi-682 013**