

### 7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years

#### Gender sensitization programmes

2015-16

##### Awareness on 'Anti-ragging'

Issues of ragging and policies on anti-ragging were discussed under the guidance of Fr. Sabu Thomas on the first week of Orientation for the new comers.



## Orientation to students on 'Gender equality'

An orientation on gender equality and gender related issues was imparted to the newcomers on the first week of orientation. Principal addressed the gathering and talked about the various aspects of the Gender Equality and Inclusiveness. He also explained the importance of sensitising students against ragging and Sexual harassment.





**Criterion VII: Institutional Values and Best Practices**

**Kottaka Vandi**

Second Batch of MA Cinema & Television students with their teachers initiated a novel experiment in learning - A journey to the rural areas of northern Kerala with a novel venture a touring talkie named 'Kottakavandi'. The motto of 'Kottakavandi' was 'From cinema to people and from people to cinema'. And for this reason Kottakavandi travelled through the rural areas of six northern districts of Kerala – Kasargod, Kannur, Malappuram, Wayanad, Palakkad and Kozhikode.

Films of different genres that reflected content involving Gender Justice, Equity and Inclusivity were screened, including evergreen Malayalam movies and classics of world cinema followed by discussions and debates. Schools, colleges, local clubs and 'Nalkavala' (public junctions) happened to be venues. The rural audience was overwhelmed by the surprise screenings that does not even exist in these villages.





Criterion VII: Institutional Values and Best Practices



എൽ.എച്ച്. കോളേജ് ഓഫ് കമ്മ്യൂണിക്കേഷൻ സ്കൂളിലെ വിദ്യാർത്ഥികൾ പങ്കെടുത്ത കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക്.

### സിനിമയുടെ തായാകാഴ്ചകളുമായി കോട്ടകവണ്ടി

കോട്ടക്കൽ, തൃശ്ശൂർ: സിനിമയുടെ തായാകാഴ്ചകളുമായി കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക്. എൽ.എച്ച്. കോളേജ് ഓഫ് കമ്മ്യൂണിക്കേഷൻ സ്കൂളിലെ വിദ്യാർത്ഥികൾ പങ്കെടുത്ത കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക്. എൽ.എച്ച്. കോളേജ് ഓഫ് കമ്മ്യൂണിക്കേഷൻ സ്കൂളിലെ വിദ്യാർത്ഥികൾ പങ്കെടുത്ത കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക്.



കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക് പങ്കെടുത്ത വിദ്യാർത്ഥികൾ. എൽ.എച്ച്. കോളേജ് ഓഫ് കമ്മ്യൂണിക്കേഷൻ സ്കൂളിലെ വിദ്യാർത്ഥികൾ പങ്കെടുത്ത കോട്ടക്കൽ ടൂറിംഗ് ടാലിക്ക്.

## Experiencing Life with Touring Talkie

by **Nidheesh M K**

Kochi: Every student may have at least one dream of exploring the world outside the four walls of their classroom. But last year's dreaming was not enough for ten students and their faculty at SH School of Communication in Thiruvananthapuram. To give real life experiences on the art of communication, which no classroom can replicate, they just hit the road and journeyed across the state with a touring talkie.

It all started on February 5, when the department moved the idea and the college hired a van to be christened as 'Kottakkavundi', meaning 'touring talkie'.

The students then filled it with a projector, screen and a lot of DVDs and called out for the journey, setting out over the early days of film screenings in the state.

For the first nine days, under the motto of 'From cinema to people and from people to cinema', Kottakkavundi travelled through the islands of several districts like Kozhikode, Kannur, Malappuram, Wayanad, Palakkad and Kollam, screening films as diverse as 'Spalsh' and 'Song of Sparrow' to an age group that ranged from students and adults.

During the nine-day mission, schools, colleges, local clubs and 'villavandi' (village junctions) doubled up as venues for the film screenings. "The rural audience

was so overwhelmed by the surprise screening that the last screening at a remote village in Palakkad was attended by an entire village. They came out of their homes, spread sheets along the roads for the audience and watched the movie until midnight," said Rakesh Kumar, a faculty member at SHC, or more exactly, the one without whom none of it would have happened.

He said that the experience was a two-way learning process, while the students learnt more about the world outside their classrooms, the rural areas learnt more about the textbook films that were studied inside the classrooms.

The screenings were followed by discussions and debates. We learned so much from the interactions. It was interesting to see a Class 8 student in a remote school in Kozhikode getting inspired by the classic film 'Beverly Hills Cop' and a Muslim girl of studies in Nilambur making a stunning feminist reading of the film 'Run Lola Run,' said Rakesh.

The team, comprising one boy and one girl, had to encounter some during moments of self-reflection about the society too, like when they were confronted by a group of locals at one spot in Kozhikode asking, 'Are you Muslims?'

As the journey came to a close, the students almost unanimously agreed to one fact on their single biggest take away from the tour: that cinema was still a great good cinema in Kerala.



SH School of Communication Department Head Dr. Asha Achy Joseph, Faculty member Rakesh Kumar and Shree Varshini along with the students who participated in the Kottakkavundi



SH school of communication PRESENTS

## കോട്ടക വണ്ടി

സിനിമയുടേയ്ക്ക് ജനങ്ങളിലേക്ക് ജനങ്ങളിൽ നിന്ന് സിനിമയിലേക്ക്

SH SACRED HEART COLLEGE





## Womens Day 2015

With a view to encourage women to positively use public spaces at night, SHSC organized an International Women's Celebration on Saturday at the Durbar Hall Ground. Five working women of the city – who work late into the night and use public space and transport - Chitra Krishnan, Caterer, Gracy Simon, Social worker, Mumtaz teacher, Councilor, Kochi Corporation, Maya Devi, Irikal samaram organizing committee secretary and Jaya Sabu, Housekeeper, SH College, were honoured at the event. An interaction with these women was also held and they shared their experiences about the city at night. In order to address the issues faced by working women in the city, the deliberations of the interaction will be submitted to the Corporation of Cochin.

A flash mob was performed by the students of School of Communication followed by a street play. Screening of the films Pyramid of Women and Ladies Special and an interaction based on it was also held.

Bose Krishnamachari, Curator and Artist, Dr. C.J. John, psychologist, Beena Sebastian, Chairperson, Cultural Academy for Peace, Francis Perera, SI, Cyber Cell, Shine T Mani, Kudumbasree Co-ordinator, Priyanka Idikkula, Founder, Birth Village and Midwife, Dr. Rajiv Jayadev, Secretary, IMA, Kochi, Sangeetha, Trust member, NGO Bodhini, Babu Joseph, Director, SH School of Communication and Dr. Asha Achy Joseph, HoD, SH School of Communication were present at the event.









## Books to Kichankkani - 14th march- 15 March

SHSC initiated collection of books to the African country Tanzania which was a unique social activity covered widely by the media. Students and faculty members of the school publicized the collection activity through social media and wide response was generated. A woman activist who was based in Kichankkani in Tanzania who had her roots in Kerala requested our faculty member Mr Rupesh Kumar to help her with all kinds of resources to find books for the children in Tanzania. This was the first step that gathered momentum which later inspired more stake holders for the cause.









**Criterion VII: Institutional Values and Best Practices****Ore Udal Malayalam short fiction selected to Indian Panorama of IFFI 2015**

*The only non feature film selected from South India in 2015*

*Dr. Asha Achy Joseph along with the support of SH School of Communication Directed a 14 min short film which went to 15 International festivals all over the world. This film was used as the internal assessment mechanism for MA Cinema & Television students by making them participate in the pre-production, production and post-production of the film. It handled content on Violence against women.*

<https://www.facebook.com/One-Body-Ore-Udal-400592926818261>

<https://www.youtube.com/watch?v=m97IWJ0xnNo>

**Synopsis**

Traumatized and unable to face life after a physical assault a nun looks into herself for answers. Her body and mind are dejected. Her faith, spirituality, being and much more are at stake. The film is a sojourn of a woman through her own hallucinations and despair for hope after the harrowing experience of a whole life.

**Director's Note**

Our social, cultural and political psyche embraces rape and its violence to the extent of making it a ritualistic practice of consumption to the spectator. We are an inseparable part of a great body which digests violence and is content to live with the logic of it; happy with commonly used ideas like security, growth, ambition and desire which allow us to plan, consume and later neglect violence along with its causes and effects. In today's lived experience the new consumerism allows violence to be replayed and enjoyed while marking the end of a genuine story teller. This film marks the beginning of a journey in search of a narrative where one's own identity as woman and creator is at stake.

Body of a victim is rarely perceived as an organic entity by the spectator; it is a 'thing'. My attempt through 'One Body' on its preliminary level intends to look at the void in the mind-space of a woman who is raped. Though subjective to a large extent, this attempt wishes to explore varied layers of experiences that engulf the act of violence as victim and perpetrator.

**Director's profile: Asha Achy Joseph**

Asha is passionate about film making and teaching. After her doctoral studies in Television from university of Pune, she worked as producer in two Malayalam satellite television channels Asianet and Indiavision for 7 years. In these years she scripted and directed short fiction, documentaries, produced TV shows, involved in research and related activities in media, wrote articles, subtitled films, translated and edited books on Cinema. She worked as Assistant Director for the film productions of the renowned Malayalam film directors Lal Jose and Mohan Raghavan.





## Criterion VII: Institutional Values and Best Practices

At present she is heading SH School of Communication, the media studies department of Sacred Heart College (Autonomous). Ore Udal has been shot in the college and her students have formed director's team in this production.

### Producer's Profile : Jayakrishnan Menon

Worked in Reserve Bank of India and NABARD and retired recently. Presently working as a consultant for various organisations. ORE UDAL (One Body) is his first venture as film Producer.

### Cast and Crew of Ore Udal:

Ore Udal (One Body) 14 minutes, Malayalam short fiction is produced by Jayakrishnan Menon. It is based on the theatre production 'Njazarazhcha' written by James Elia. Sajitha Madathil depicts the main character. Script is by Asha Achy Joseph and Vinod Sukumaran. Saji Nair is the director of photography (DoP), Vinod Sukumaran has edited the film. Renowned musician Manoj George has created background score. Costume Design by Sheeba ManiSankar, Scenic design by Sajith , sound recording by Anup Chitranjali, sound effects by Arun Rama Varma, visul effects by Sijo Joseph. Marina Micheal, Nishida Sahir, Mini Mohan and Shiny John Koshy have acted in this film.



തേവര കോളേജിൽ നിന്ന് 'ഒരേ ഉടൽ' രാജ്യാന്തര ചലച്ചിത്ര മേളയിലേക്ക്

കൊച്ചി: ഗോവയിൽ നടക്കുന്ന രാജ്യാന്തര ചലച്ചിത്രമേള (ഐഎഫ്എഫ്ഐ) യിൽ ഇന്ത്യ പനോരമയിലെ കഥാകൃത്തു വിഭാഗത്തിലെ ഏക മലയാള ചിത്രമായി തേവര സെക്രൂഡ് ഹാർട്ട് കോളേജിൽ നിന്നുള്ള 'ഒരേ ഉടൽ' തിരഞ്ഞെടുത്തു. കോളേജിലെ എസ്.എച്ച്. സ്കൂൾ ഓഫ്



തേവര കോളേജിൽ നിന്ന് പുറത്തിറക്കിയ 'ഒരേ ഉടൽ' എന്ന ചിത്രത്തിൽ നിന്ന് കമ്മ്യൂണിക്കേഷനിലെ മിഡിയ സ്റ്റഡീസ് വിഭാഗം മേധാവിയിരുന്ന ആഷ അച്ചി ജോസഫും വിദ്യാർത്ഥികളും ചേർന്നൊരുക്കിയതാണ് ഈ ചെറുചിത്രം. മാനദണ്ഡത്തിനനുസരിച്ച കന്യാസ്ത്രീയുടെ മാനസിക സംഘർഷങ്ങളാണ് 14 മിനിറ്റുള്ള ചിത്രത്തിന്റെ ഇതിവൃത്തം.

ജെയിംസ് എലിയയുടെ 'ഞായറാഴ്ച' എന്ന നാടകത്തിന്റെ ചുവടുപിടിച്ചാണ് ആഷ അച്ചി ജോസഫ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരക്കഥയൊരുക്കിയത്. സജി നായർ ഛായാഗ്രഹണവും മനോജ് ജോർജ് പശ്ചാത്തല സംഗീതവും നിർവ്വഹിച്ചിരിക്കുന്നു. നോൺ ഫീച്ചർ വിഭാഗത്തിന്റെ ജൂറി ചെയർമാനായ സംവിധായകൻ രാജേന്ദ്ര ജംഗ്ളേ അദ്ധ്യക്ഷനായ ഏകദേശ സമിതിയാണ് ചിത്രം തിരഞ്ഞെടുത്തിരിക്കുന്നത്. ഈ വിഭാഗത്തിൽ ദക്ഷിണേന്ത്യയിൽ നിന്നുള്ള ഏക ചിത്രവുമിതാണ്. 146 ചിത്രങ്ങളിൽ നിന്ന് 21 ചിത്രങ്ങളാണ് ഈ വിഭാഗത്തിൽ തിരഞ്ഞെടുക്കപ്പെട്ടത്. ഇംഗ്ലീഷ്, ഹിന്ദി, മറാത്തി, ബംഗാളി, മണിപ്പുരി, ബോജ്പുരി, കൂയി, നഗാമിസ് ഭാഷകളിലുള്ളതാണ് മറ്റ് ചിത്രങ്ങൾ.

സജിത മഠത്തിലാണ് മുഖ്യ വേഷം ചെയ്തിരിക്കുന്നത്. കോളേജിൽ തന്നെയുള്ള മറിന മൈക്കൽ, നിഷിദ് ഷാഹിർ, മിനി മോഹൻ, ഷൈനി ജോൺ കോശി എന്നിവരാണ് മറ്റ് അഭിനേതാക്കൾ. ജയകൃഷ്ണൻ മേനോനാണ് നിർമ്മാണം.

ഈ മാസം 20 മുതലാണ് ചലച്ചിത്ര മേള.





'ഒരേ ഉടൽ' ചിത്രീകരണ വേളയിൽ അഭിനേതാക്കൾക്കു നിർദ്ദേശം നൽകുന്ന സംവിധാനിക ആശ അച്ചി അനാഥ്

## 'ഒരേ ഉടൽ' ഗോവ മേളയിലേക്ക്

കൊച്ചി • ഗോവയിൽ നടക്കുന്ന രാജ്യാന്തര ചലച്ചിത്രമേളയിലേക്ക് തെമ്പര എസ് എച്ച് കോളജിലെ വിദ്യാർത്ഥികളുടെ സംവിധാനം തയ്യാറാക്കിയ 'ഒരേ ഉടൽ' അടുത്തുള്ള മെയ് മാസത്തിൽ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും. അതേ സമയം തന്നെ 'ഒരേ ഉടൽ' ചിത്രം ഗോവയിൽ ചിത്രീകരിച്ചു. ചിത്രത്തിന്റെ സംവിധാനം ചെയ്ത അച്ചി അനാഥ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും. ചിത്രത്തിന്റെ സംവിധാനം ചെയ്ത അച്ചി അനാഥ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും. ചിത്രത്തിന്റെ സംവിധാനം ചെയ്ത അച്ചി അനാഥ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും.

നി. മനോജ്, ബ. ഗോവിന്ദ, മണിയൂരി, ബോജ്ജു, കൃഷ്ണ, നഗമ്മിൻ എന്നിവർ അഭിനയിച്ചു. ചിത്രം 'ഒരേ ഉടൽ' എന്നാണ്. ചിത്രത്തിന്റെ സംവിധാനം ചെയ്ത അച്ചി അനാഥ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും. ചിത്രത്തിന്റെ സംവിധാനം ചെയ്ത അച്ചി അനാഥ്, വിനോദ് സുകുമാരൻ എന്നിവർ തിരിച്ചറിയപ്പെടുന്ന ചിത്രമായി മാറും.

### Ore Udal Travelling Places

The film will be screened at the Sunrise festival, Canada and also at festivals in Russia and London

**Express News Service**

Kochi: 'Ore Udal' (One Body), the short film which tells the story of a nun who was traumatised after being sexually abused, is being screened at various festivals after the warm reception it received at the recently concluded Indian International Film Festival of India Goa.

'Ore Udal' was the only non feature film selected for IFFI this year from South India. The short film will be screened at the Sunrise festival, Canada and also will go to film festivals in Russia and London. It was screened at the SIGNS film festival in Kochi and also in Miami. "The response received by the film at IFFI was overwhelming.

It was screened in Delhi and at Jawaharlal Nehru University there on Monday," said Ananthu C assistant director of the short film. Directed by Dr Asha Achy Joseph, head of SH School of Communication, the media studies department of Sacred Heart College, 'Ore Udal' was shot

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narrates the story as the nun looks inside herself seeking answers even as her body and mind are dejected. The director said, "Our social, cultural and political psyche embraces rape and its violence to the extent of making it a ritualistic object of consumption to the audience. We are an inseparable part of a great body which digests violence and is content to live with the logic of it. Happy with commonly used ideas like security, growth, ambition and desire which allow us to plan, consume and later neglect violence along with its causes and effects."

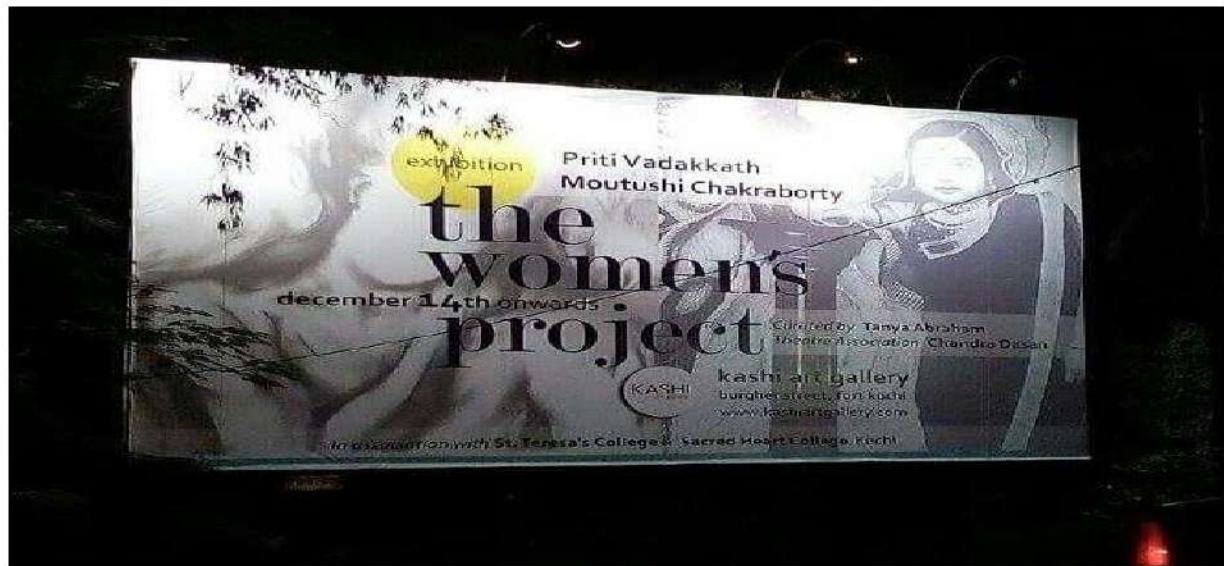
Former officer of Reserve Bank of India and NABARD Jayakrishnan Menon is the producer. The 14-minute short film is his first film. The script was written by the director herself along with Vinod Sukumaran. Saji Nair is the director of photography and Vinod Sukumaran has edited.

The film being shot at Sacred Heart College. The director instructing the actors



## "The Women's Project" – Kashi - 7th to 12th Dec-2015

The five students of SHSC - Ubitha, Aditi, Sarath Menon, Ananthu and Govind were selected and requested to work with Ms Tanya Abraham, curator of the Kashi Art Gallery and coordinator of the **"The Women's Project"**. This project profiled paintings of two women artists Priti Vadakketh & Moutishi Chkraborty, combined with a theatre production based on sensitivities of female mind.







### **Session on 'Possibilities of media and communication'**

Two sessions dedicated to basics of Communication- '**Communication- A Doorway to Open up**'. 150 women students and women faculty members actively participated in these sessions held on 18th and 25th July. Dr. Asha Achy Joseph, Head of the Department, SH School of Communication lead the dialogue on Assertive Communication with presentations including examples of adolescent girls and young women like Talia Joy Castellano, Malala Yusufzai and Nirbhaya.



## **“ Mannu Mariyada” - documentary on Arippa Land Reclamation struggle,**

Nishida C S - MA Multimedia

Nishida CS, one among two students of SHSC's first batch of MA Multimedia directed a documentary movie named “ Mannu Mariyada- *Justice to the landless*”, an exploration of the life of the people from Arippa Land Reclamation Struggle, Kollam, Kerala. This documentary was made possible with the young filmmaker fellowship awarded to Nishida as part of beyond curriculum project extended by SHSC. This fellowship was a first of its kind on a National Level Pitch facilitated by the Media Collective – Programme for Social Action, New Delhi.

The Media Collective, a collective of media practitioners -activists working with Program for Social Action (PSA) New Delhi, Has provided this opportunity to SHSC. The fellowship period was 2015-2016. Nishida was mentored by Mr.Mattias Low, Mr.Kiran Sasi and Dr.Asha Achy Joseph.

### Film Synopsis

Sheelamma and Sabu have been part of it from the very first day of protest. They are dislocated from their land which makes their very being, family, spirituality at stake. Even after completing 1000 days of protest their determination and hope for a better tomorrow remains.

The documentary was screened at Aripa on March 8th 2016 on the protest ground. This film was later screened at various film festivals and events discussing Gender and environment. The film also explored the social positioning of women inside the caste system which pushes them even lower in living condition.

Link to the Film:

<https://youtu.be/ziMwPsvFKhM>



*Mannu Maryada*, a documentary made by three students of S.H. School of Communication, Thevara, is a close look at the life of the Aripa land reclamation agitators

# SILENT CRY FOR LAND



Poster of Mannu Maryada

ELIZABETH THOMAS

DECCAN CHRONICLE

The camera opens to a green valley on a misty morning. Huts built using tarpaulins are seen in arrays. Men and women are busy with their daily chores. Slowly, the viewer is taken to the hut of Sheelamma and Sabu, a couple who have come to the valley like many others, to get some land for them and their future generations. And they tell their story — how Sheelamma's

father's death forced her to move to the valley in search of land. *Mannu Maryada*, a documentary made by Nishida Sahir, Sankyan V. Purushan, and Ananthu, students of S.H. School of Communication, Thevara, is a close look at the life of those who take part in the Aripa land reclamation agitation at Kulathupuzha, a serene village in Kollam.

The documentary, directed and edited by Nishida Sahir, was conceived as part of the extended semester programme of the college. Sankyan V. Purushan, who

wielded the camera for the documentary, says, "This place is situated 57 km from Kollam. More than 1,500 families are residing here, still fighting for a piece of land."

It was their Head Of the Department Dr Asha Achy Joseph who told them about the issue and guided them in the project. "First, we planned to shoot the documentary combining different land agitations in Kerala. But, that was impossible within the limited timeframe. Then, we took Aripa agitation, which is in the limelight now. Instead of detailing the issue in general, we focused on two characters — Sabu and Sheelamma — for this documentary, like in movies," explains Sankyan.

The three-member team stayed with the people to capture their life in its real sense. Besides the issue, the documentary touches upon the lifestyle of the people living there, like how people from different backgrounds and reli-



Sankyan and Nishida during shoot

**'It took us 15 days to complete the shoot. We stayed in their huts and recorded their life. It was a great experience'**

gions live in harmony. "Not only tribals, others too live there. What binds them together is their aim. It took us 15 days to complete the shoot. We stayed in their huts and recorded their life. It was a great experience. We could get a closer look at their struggle," he says.

This 40-minute documentary was screened at Aripa on March 5. "They were so happy to see them on screen. Many outsiders have made documentaries based on their life, but none cared about screening it for them. Hence, we did it," says Sankyan. After

screening at Aripa, it was shown at the Maharaja's College, Ernakulam, as part of the Women's Day. "We have sent it to the Vibgyor festival. Now, we are waiting for their reply," he says.





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## Training on self defence

This was a self defense training given to our UG girls. All the participants mastered the basic techniques while the UG Boys had a session on Personality Development by Junior Chamber international Trainers of JCI Cochin.





### **Awareness talk on Married life, divorce, abortion, drug abuse, healthy food etc.**

A prolife seminar on degrading value system was conducted to all final year UG and PG students. The half daylong session was lead by famous social worker Ugesh Pulican illustrating the life related topics drug abuse, abortion, divorce, happy married life, healthy food and success in life.





### Outreach programme for girls – Field visits

About 40 students actively took part in the outreach Programme organized only for the girl students of our college to Home of faith, visiting the less privileged class of our society and was inspired to donate generously for them. Later visited terrace craft- a world of terracotta. The creativity of the sculptures and the environment friendly products inspired students to pursue their talents in creative arts.





### **Vocational Training for girl students- Gift bag making**

A class on gift bag making was given to the S.H. Community by our own students as an initiative to develop the entrepreneurial skills of the students.





## Interactive programme on 'Human rights of women'

A Lady advocate from High court of Kerala, Adv. Thanuja Roshan George took the half daylong session followed by discussions.





**Criterion VII: Institutional Values and Best Practices**

**Cancer awareness programme and community survey**

A cancer awareness class was held and the college conducted a community survey so as to create awareness on prevention, early detection and treatment of cancer under the initiative of HEAL .





## Orientation on Eco Friendly- Menstrual practices

As part of Women's Day Celebration College conducted a session on Eco Friendly -menstrual practices in association with women cell of the college (SWASTI) for lady students and staff to promote eco-friendly products.



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