



Tel. : 080 - 25584020
Email : xavierboard@gmail.com
Web : www.xavierboard.org

XAVIER BOARD OF HIGHER EDUCATION IN INDIA

31, PRIMROSE ROAD, BANGALORE - 560 025, SOUTH INDIA

ACADEMIC AUDIT REPORT OF THE DEPARTMENT OF PHYSICAL EDUCATION


SACRED HEART COLLEGE (AUTONOMOUS), THEVARA, KOCHI

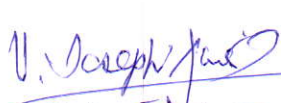
The Academic Audit of SACRED HEART COLLEGE (AUTONOMOUS), THEVARA, KOCHI was conducted from 19th to 21st December, 2018. The team comprised

- **Dr. Sr. Annamma Philip**, FMM, Secretary General, Xavier Board of Higher Education in India, (XBHEI), Bangalore and former Principal, Stella Maris College (Autonomous), Chennai,
- **Dr. Fr. Joseph Xavier SJ**, former Principal, Loyola College (Autonomous), Chennai and former President, XBHEI,
- **Dr. D. Jeevan Kumar**, former Prof. of Political Science, University of Bangalore and currently Hon. Professor at Karnataka State Rural Development and Panchayat Raj University, Gadag, Karnataka
- **Dr. Ms. Ordetta Mendoza**, Member, XBHEI and former Head, Dept. of Bioinformatics, Stella Maris College (Autonomous), Chennai, and Co-ordinator, Xavier Board- Administrative & Academic Audit (XB-AA Audit).

Prior to the visit, the department completed and submitted the Audit Manual developed and deployed by Xavier Board of Higher Education in India.

Dr. Fr. Joseph Xavier, SJ visited the department of Physical Education on 20th December 2018 and interacted with the Physical Director. The physical director explained the functioning of the department and showed the different facilities available.


Dr. Sr. Annamma Philip, FMM
Secretary General, XBHEI


Dr. Fr. Joseph Xavier SJ,


Dr. D. Jeevan Kumar


Dr. Ms Ordetta Mendoza
Co-ordinator, XB-AA Audit



About the department:

The Department offers a “Physical Health and Life Education” course. It is an open course that is offered to the Fifth Semester Students. The course is to train the students in first aid, knowledge about the human body, fitness, and yoga. This is conducted in collaboration with a hospital.

Commendations:

- For competitive sports, there are 17 teams of men and 11 teams of women students
- The department trains students in cricket, basket ball, fencing, lawn tennis, volley ball, hand ball and shuttle.
- It associates with other associations available in the city like the Kerala Cricket Association
- Up to 10 students have represented the University
- It has a good indoor stadium and a well equipped gymnasium
- There is a separate fitness center for players
- The gym is available to the public for a price
- Alumni are permitted to use the walking track along the river side
- There are separate yoga classes for men and women


Recommendations:

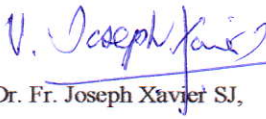
- The department could make its presence more by advertising the facilities available
- More students can be encouraged to use the gym
- Though good training facilities are available, those who use it are less in number. More students can be encouraged to use the facilities.

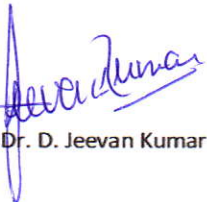
Date: 12/02/2019


Place: Bangalore




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