

5.3.3 Average number of sports and cultural events/competitions organised by the institution per year

LIST OF STUDENTS PARTICIPATED IN SPORTS EVENTS/COMPETITIONS IN 2018-19

**01. ANNUAL ATHLETIC MEET FOR STUDENTS AND STAFF & INTER DEPARTMENT GAMES
(13/02/2019)**

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 01)

Sl. No.	Name of Student
1	Athul Thejus Rajan
2	Shabeer Ali
3	Ashik S. Kabeer
4	Anish Giji
5	Febin Albert
6	Liston Augustine
7	Arjun Aji
8	Rabin Krishna
9	Sebastian Thomas
10	Arun Kumar K.
11	Akshay G. Pappachan
12	Sarath O. S.
13	Akash Vilson
14	Milan Jaleel Ahammed
15	Nivin Sebastian
16	Mohan Raj P.
17	Aravind S.
18	Anand Krishna
19	Jose S. Perayil
20	SreeHari S. Nair
21	Athul S. Kumar
22	Arjun Anil
23	Elza Maria Baby
24	Ansha Jose
25	Naseera A. N.
26	Annette Sebastian
27	Maria Susan Roy
28	Sonia Sebastian
29	Sandra Maria Augustine
30	Anitha P. N.
31	Devika P. S.
32	Gouri G. Hari

33	Lija Mary K. J.
34	Malavika Pradeep
35	Jubeetta Johnson
36	Anish Giji
37	Febin Albert
38	Liston Augustine
39	Ashik S. Kabeer
40	UnniKrishnan R.
41	Nidhin S. Nayar
42	Rabin Krishna
43	Arjun Anil
44	Nivin Sebastian
45	Athul S. Kumar
46	Shabeer Ali
47	Sebastian Thomas
48	Naseera A. N.
49	Annette Sebastian
50	Malavika Pradeep
51	Jubeetta Johnson
52	Gayatri Nair
53	Aswathy P. Raju
54	Anjana S. Kumar
55	Sonia Sebastian
56	Gouri G. Hari
57	Liston Augustine
58	Jose S. Perayil
59	Anish Giji
60	Mohan Raj P.
61	Anand Krishna
62	Ashik S. Kabeer
63	Aravind S.
64	Arjun Anil
65	Samuel James

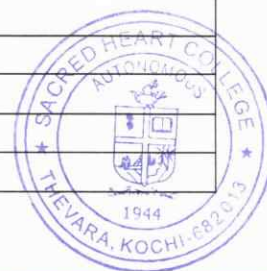




Criterion V: Student Support and Progression

66	Tarun Thomas
67	Solomon Mecherry
68	Rabin Krishna
69	Arjun Aji
70	Annette Sebastian
71	Maria C. Babu
72	Elza Maria Baby
73	Ansha Jose
74	Manisha Martin
75	Anna Samson
76	Devika P. S.
77	Malavika Pradeep
78	Jubeetta Johnson
79	Anitha P. N.
80	Ashik S. Kabeer
81	Febin Albert
82	UnniKrishnan R.
83	Arjun Anil
84	Arun Kumar K.
85	Arun P. S
86	Akash Vilson
87	Milan Jaleel Ahammed
88	Mohan Raj P.
89	Anand Krishna
90	Ansha Jose
91	Anjaleena James
92	Sonia Sebastian
93	Elza Maria Baby
94	Annette Sebastian
95	Jubeetta Johnson
96	Liston Augustine
97	Jose S. Perayil
98	Febin Albert
99	Ashik S. Kabeer
100	Aravind S.
101	Anish Giji
102	Arjun Anil
103	Malavika Pradeep
104	Anna Samson
105	Sonia Sebastian
106	Maria Susan Roy
107	Febin Albert
108	UnniKrishnan R.

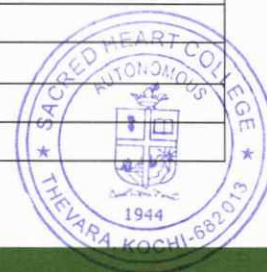
109	Rabin Krishna
110	Jiju Lal
111	Mohan Raj P.
112	Yedhu Krishna
113	Basil John
114	Akshay Santhosh
115	Sarath
116	Jijo Jose
117	Paul Sebastian
118	Alen C. V.
119	Lisan R. K.
120	Insaman Anas
121	Joseph S. Perayil
122	Ashwin J.
123	Greeg Joshi
124	Aravind K. S.
125	Salman Salim
126	Aditya Bhat
127	Krishna Das K. D.
128	Shawn Lucas
129	Arjun K.
130	Aiwin Joseph
131	Allen Peter
132	Athul
133	Kevin Shelly
134	Nidhin P. S.
135	Vishnu Sabu
136	Althaf Mohammed
137	Ashar Muhammed
138	Stevin James
139	Alwin James
140	Alen Johnson
141	Tom Francis
142	Yadhu Krishna C. H.
143	Yohan Biju
144	Abil Paul
145	Arun Krishna
146	Albin Davis
147	Rahul K. R.
148	Hari Shankar
149	George Koruth
150	Gautham S.
151	Sans Antony



Criterion V: Student Support and Progression

152	Albin Davies
153	Joel Tom
154	Jaya Krishna J.
155	Jose S. Perayil
156	Liston Augustine
157	Arjun Aji
158	Ameer Zeeshan
159	Manu S.
160	Shone Sibi
161	Albin Baby
162	Ashil S. Kabeer
163	Anish Giji
164	Ferdinand S.
165	Milan Ahammed
166	Akash Hari
167	Nidhin S. Nayar
168	Tarun Thomas
169	Hardeep S.
170	Akhil S.
171	Ashwajith
172	Anand Krishna
173	Mohammed Safwan
174	SreeHari S. Nair
175	Samuel James
176	Abraham Johnson
177	Solomon M.
178	Alan Mathew Shibu
179	Aazel F. T.
180	Lisan K. R.
181	Jose Johny
182	Arun Jose
183	Thusar K. G.
184	Gereeg Thomas
185	Atheesh A. P.
186	Rahul S.
187	Arun Kumar K.
188	Rahul K. R.
189	Gautham Menon
190	HariShankar P.
191	Albin Davis
192	Shabu V. S.
193	Sharan V.
194	Muhammed Razal

195	Justin Jose
196	Aneesh K.
197	Shabeer Ali
198	Albin Baby
199	Vishnu A.
200	George Johny
201	Febin Albert
202	UnniKrishnan R.
203	Rabin Krishna
204	Mohan Raj P.
205	Sharath V. S.
206	Joseph Sony
207	Anandu K. B.
208	Paul Varghese
209	Lisan P. K.
210	Shameim S.
211	Abel Thomas
212	Abil Paul
213	Nidhin Nair
214	Jeffery Joseph
215	Hardeep S.
216	Kevin Shelly
217	Richard Bonface
218	JayaKrishna Jayalal
219	HariKrishnan S. J.
220	Aleesha M. Sabu
221	Sandra Sundaran
222	Malavika Sudheer
223	Abhiya Jagan
224	Sherin Thomas
225	Ninia Tomy
226	Jaseela P.
227	Navya S.
228	Jismi Joseph
229	Feba S.
230	Angel S.
231	Amrutha K. V.
232	Aswathy S.
233	Sonia Sebastian
234	Anitha P. N.
235	Remya P. T.
236	Gouri G. Hari
237	Sara Maria





Criterion V: Student Support and Progression

238	Maria Susan Roy
239	Jubeetta Johnson
240	Bibi Mol John
241	Athira P. S.
242	Riya John
243	Aparna Sabu
244	Jeleeta Rose C. N.
245	Chandana Deepesh
246	Fathima Yasir
247	Nyju Sebastian
248	Joseph Sony
249	Aromal Jose
250	Jebin Cherian
251	Muhammed Basheer
252	Jithin Chacko
253	Aravind K. S.
254	Aravind Sapi
255	Chris Ignatious
256	Adwaid A. P.
257	Muhammed Razal
258	Shalin V. S.
259	Sharan V. S.
260	Paul Mathew
261	Albin Benny
262	Bibin Babu
263	Levin Babu
264	Herman
265	Vishnu A.
266	Nithin Thomas
267	George Johny
268	Jakson Jose

269	Akhil Anil
270	Johnson O. S.
271	Manu Joseph
272	Shinas Hassim
273	Jibin Mammen
274	Renju S.
275	Nidhin Nair
276	Salman Nizar
277	Vishnu N. Babu
278	Febin Albert
279	Basil B.
280	Ebin Wilson
281	Balu James
282	Paul James
283	Kiran T.
284	Anand Joy
285	Akhil K. K.
286	Deon Savio
287	Thomas Sunil
288	JosePaul Mathew
289	Sooraj N. S.
290	Jose John
291	Sharath V. S.
292	Aravind S.
293	Arjun N.
294	Arun George
295	Shyam Prasad
296	Jomin Johny
297	Jibin Joseph
298	Rahul Binu

Dr. Johnson X Palackappillil
Principal
Sacred Heart College (Autonomous)
Thevara, Kochi-682 013



02.INTERCOLLEGIATE BLIND CRICKET TOURNAMENT (29/01/2019)

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 02)

Sl. No.	Name of Student
1	Pranav S.
2	Rahul John
3	Parvathy K. Shaji
4	Adwaid A. P.
5	Fathima Abdeen
6	Devika R.
7	Haripriya T. K.
8	Riswan V. Sabith
9	Ebin Wilson
10	Kevin Shelly
11	Anish Gigi
12	Shabeer Ali
13	Sharath V. S.
14	Kiran R. Krishna
15	Mohan Raj
16	Insamam Anas
17	Shinas Hashim
18	Anand Krishnan
19	Rabin Krishna
20	Sree Hari S. Nair
21	Amal P. Rajeevan
22	Febin Albert
23	Aravind K. S.
24	Abdulla Shaheer
25	Ben George
26	Kiran George
27	Aswin K. S.
28	Anamika Johns
29	SreeDevi Suresh
30	Anisha Ganesh
31	Gayathri Shankar
32	Tresa Jibina
33	Nikhila C. L.
34	Surya S.
35	Aswathy J. S.
36	Akil Anil
37	S. Adheerth
38	J. D. Nidhin Srudhi

Johnson X Palackappillil

Dr. Johnson X Palackappillil
Principal
Sacred Heart College (Autonomous)
Thevara, Kochi-682013





03. 74TH FR. BARTHOLOMEW MEMORIAL INTERCOLLEGIATE TOURNAMENTS (9-12

JANUARY & 1-4 FEBRUARY 2019)

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 03)

Sl. No.	Name of Student
1	Alan Shiju
2	Adhith V.
3	Adharsh Raj
4	Avaneeth U.
5	Amal Raju
6	Akhil Benny
7	Shinto Sunny
8	Venu Gopal
9	Vineesh Murali
10	Balu M. V.
11	Bipindh K.
12	Vipin Das
13	Ashique P.
14	Renju S.
15	Sarath V. S.
16	Mohan Raj P.
17	Justin P.
18	Kiran R.
19	Anesh S.
20	Insamam A.
21	KrishnaKumar K.
22	Rishal K.
23	Hari Shail M.
24	Shabeer Ali
25	Albin Baby L.
26	Nyju Sebastian
27	Joseph Sony
28	Muhammed Razal
29	Arun Kumar K.
30	Alan Mathew Shibu
31	Adwaid A. P.
32	Anandu K. B.
33	Nehal Nazir
34	Ebin O.
35	Aashik Abu
36	Vishnu A.

Dr. Johnson X Palackappan
Principal

Sacred Heart College (Autonomous)
Thevara, Kochi-682 013



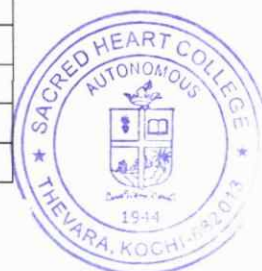


04. AWARENESS PROGRAMME ON WORLD HEART DAY (29/09/2018)

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 04)

Sl. No	Name of Student
1	Kuriachan K. Joji
2	Rose Maria Johny
3	Keerthana Sunny
4	Maria Jermy Shaji
5	Sherin Susan Jobichan
6	Swapna Mariam Koshy
7	Sharon C. Rajan
8	Ancy Abraham
9	Praveen Shankar
10	Angel Mary George
11	Rahul C. A.
12	Krishnaja P. K.
13	Sanika Siby Mathew
14	Nanditha Suresh
15	Roshna Babu Paul
16	Daneela K. Darvin
17	Ayana Mary Saji
18	Shringa Surendran
19	Aleena Saju K.
20	Krishna K. K.
21	Angelin Mary George
22	Treesa Mathew
23	Remya RamaKrishnan
24	Rachel Bukuman
25	Jose C. Perayil
26	Asha Mary Kurian
27	Solomon Varghese Mechery
28	Tarun Eldo Mathew
29	Malavika R.
30	Anand Krishnan
31	Praveena K. S.
32	Souparnika Anil Kumar
33	Remya E. K.
34	Elza Maria Baby
35	Aiswarya Kunjappan
36	Merin Rose Wilson
37	Ciya Antony
38	Nikitha P.

39	Akhinandu Dileep
40	Muhammed Riyas K. R.
41	Greeny Saju
42	Thanseeha Rasheed
43	Neha Krishnan
44	Sila Ninon
45	Arathy K. K.
46	juliet Thankam
47	Joy Antony
48	Fyrooz Moosa
49	Rehy George Chencheril
50	Alphil Maria Joseph
51	Athira R.
52	Jewel Maria Albert
53	Sreevidya m. V.
54	Ramshankar M. V.
55	Deo Johnson
56	Thara Charly
57	Abhiyamol Benny
58	Neeliya Prakashan
59	Ancy Paulose
60	Jain Saju
61	Liya Das
62	Roshna Xavier
63	Sruthy K. J.
	Stepheena Elizabeth
64	Thomson
65	Joanna Elvis
66	VishnuPriya T. S.
67	Albert V. S.
68	Jithin Padiath
69	Mariya Mathew
70	Anjitha k. S.
71	Abhijith Chandran
72	Bharati Anju Kumar
73	Sushil Raj T. S.
74	Anamika Johns
75	Gokul Gopinath
76	Salie S. P.



Criterion V: Student Support and Progression

77	Aleena K. J.
78	SreeLakshmi A. R.
79	Devika C. S.
80	Ashijith Narayan
81	Fathima Shaji
82	SreeLakshmi S.
83	Sandra Babu
84	Arjun Aji
85	Nandu VenuGopal
86	Kripa Treesa George
87	Maria Johnson
88	Meenu Varghese
89	Treesa Jose
90	Vyshakhi V. Shenoy
91	Paul Antony
92	Rachitha R. Rai
93	Michael Johnson
94	Shalu Shaji
95	SreeKumar M.
96	Nandana Rajeev
97	Muhammed Ashan T. A.
98	Malavika Palamattathil
99	Swati Manoj
100	Shruthi Babu
101	Anoop Xavier
102	Tomy Paul
103	Vishnu K.

104	Athira Sabu
105	Aswathy Babu
106	Anitta Maria Shibu
107	Swetha Sara Babu
108	Aneeta Paul
109	Anjaly Rajeev
110	Hanna Elizabeth Joy
111	Sobha Mary Varghese
112	Sandra Sona John
113	Jeslin C. Johny
114	Jayaram J. Prabhu
115	Parvathy P. S.
116	Arsha N. G.
117	Ambily J. Mannath
118	Arya M. V.
119	Paulson Jossy
120	Anirudth r.
121	Gleny Stella Dixon
122	Abin Augustine
123	Anila Tomy
124	Anoop M.
125	Aghil M. Panicker
126	Joel Johnson
127	Jerome Paulson
128	Abin Rarichen
129	Nijon Devassia


Dr. Johnson X Palackappillil
 Principal
 Sacred Heart College (Autonomous)
 Thevara, Kochi-682 013





05. SH STRIDERS – PHYSICAL FITNESS PROGRAMME (18/09/2018)

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 05)

Sl. No.	Name of Student
1	Aadhil N. A.
2	Angel Mary K. J.
3	Alen C. V.
4	Alga Albin
5	Allen Valiaparambil Dennis
6	Alwin Saju George
7	Amal T. K.
8	Amaljith P. J.
9	Aysha Yasir
10	C. S. Malavika
11	C. M. Manu Krishnan
12	Devika M. S.
13	Dion Augustine Babu
14	Emmanuel Antony
15	Germine Neenu
16	Namritha R. Pillai
17	Narendra Menon
18	Nikhil Thomas Cyriac
19	P. S. Athira
20	Parvathy V. S.
21	Poornima S.
22	Sona Monica James
23	Sreekutty K. S.
24	Sterin K. A.
25	Sumithra V. Kamath
26	Vaishnavi Singh

Dr. Johnson X Palackappillil
Principal
Sacred Heart College (Autonomous)
Thevara, Kochi-682 013



06. HALF MARATHON RUN (18/09/2018)

LIST OF STUDENTS PARTICIPATED (PROGRAMME NO. 06)

Sl. No.	Name of Students
1	Aadil N. A.
2	Aangel Mary K. J.
3	Alen C. V.
4	Alga Albin
5	Allen Valiaparambil Dennis
6	Alwin Saju George
7	Amal T. K.
8	Amaljith P. J.
9	Aysha Yasir
10	C. S. Chakker Malavika
11	C. M. Manu Krishnan
12	Devika M. S.
13	Dion Augustine Babu
14	Emmanuel Antony
15	Germina Neenu
16	John Kora
17	K. Sreelakshmi
18	Namritha R. Pillai
19	Nancy Jose
20	Narendra Menon
21	Nikhil Thomas Cyriac
22	Niranjana B.
23	P. S. Aathira
24	Parvathy P. S.
25	Poornima S.
26	Sara Monica James
27	Sreekutty K. S.
28	Stevin K. A.
29	Sumithra V. Kamath
30	Vaishnavi Singh



Dr. Johnson X Palackappillil
Principal
Sacred Heart College (Autonomous)
Thevara, Kochi- 682 013

