

5.1.5 The Institution adopts the following for redressal of student grievances including sexual harassment and ragging cases

Organization wide awareness on anti-ragging and grievance redressal policies

LIST OF PROGRAMMES CONDUCTED

1. During Induction Programme for 1st Year UG Students - Orientation session on 'Anti-ragging, Gender Equality and Grievance Redressal' – 11/06/2018 2
2. During Induction Programme for 1st Year PG Students - Orientation session on 'Anti-ragging, Gender Equality and Grievance Redressal' – 25/07/2018 3
3. During Induction Programme for 1st Year UG Students - Orientation session on 'Discipline on campus, Anti Ragging, Healthy Relationships and Grievance Redressal' – 20/06/2017 4
4. During Induction Programme for 1st Year PG Students - Orientation session on 'Anti-ragging and Grievance Redressal Policies' – 27/06/2017 5
5. During Induction Programme for 1st Year UG Students - Orientation session on 'Campus Discipline, Anti Ragging, Healthy Relationships and Grievance Redressal' – 15/06/2016 6
6. During Induction Programme for 1st Year PG Students - Orientation session on 'Anti-ragging and Grievance Redressal Policies' – 01/08/2016 7
7. During Induction Programme for 1st Year UG Students - Orientation session on 'Anti Ragging and Grievance Redressal' – 25/06/2015 8
8. During Induction Programme for 1st Year PG Students - Orientation session on 'Anti-ragging, Healthy Relationships and Grievance Redressal Policy' – 13/07/2015 9
9. During Induction Programme for 1st Year UG Students - Orientation session on 'Anti Ragging and Grievance Redressal' – 06/06/2014 10
10. During Induction Programme for 1st Year PG Students - Orientation session on 'Anti-ragging, Healthy Relationships and Grievance Redressal Policy' – 28/07/2014 11
11. Street Play against Ragging - 06/08/2014 12

1. DURING INDUCTION PROGRAMME FOR 1ST YEAR UG STUDENTS - ORIENTATION SESSION ON 'ANTI-RAGGING, GENDER EQUALITY AND GRIEVANCE REDRESSAL' – 11/06/2018

As part of the induction programme for 1st year UG students, an awareness session was held on 11th June 2018 in the college auditorium. The orientation was mainly centered on inculcating the values of gender sensitization, anti-ragging, human and ethical values. Dr. C J John of Medical Trust Hospital was the resource person. His talk covered in detail, the various aspects of ragging and its negative consequences, anti-ragging laws, gender equality, rights and the need to foster healthy relationships etc. He emphasized that with the rising crimes related to women and bullying, it is high time to promote awareness relating to gender sensitization and anti-ragging so as to inculcate open mindedness and rationality and to eliminate prejudices and disparities. His session was followed by an orientation on anti-ragging and gender equality, as well as grievance redressal policy and mechanism by Principal Rev. Dr. Johnson X. Palackappillil.



Orientation session on Anti-ragging and Grievance Redressal policy -11/06/2018

2. DURING INDUCTION PROGRAMME FOR 1ST YEAR PG STUDENTS - ORIENTATION SESSION ON 'ANTI-RAGGING, GENDER EQUALITY AND GRIEVANCE REDRESSAL' – 25/07/2018

As part of the induction programme for first year PG students, a session on anti-ragging and grievance redressal policies and gender sensitization was conducted on 25th July 2018. Principal, Dr. Johnson X. Palakkappillil and Dr. K.V. Raju were the resource persons. The students were not only guided about the various rules and regulations, anti-ragging policies, grievance redressal policies etc. but were also guided to understand the relevance of becoming more human and being sensitive to the needs of others as responsible citizens irrespective of sex and caste.



Orientation session on Anti-ragging, Gender Equality and Grievance Redressal - 25/07/2018

3. DURING INDUCTION PROGRAMME FOR 1ST YEAR UG STUDENTS - ORIENTATION SESSION ON 'DISCIPLINE ON CAMPUS, ANTI RAGGING, HEALTHY RELATIONSHIPS AND GRIEVANCE REDRESSAL' – 20/06/2017

During the induction programme for first year UG students held during 17th to 27th June 2018, an orientation session exclusively on campus discipline, the importance of maintaining healthy relationships, anti-ragging and grievance redressal policies and grievance redressal mechanisms was conducted on 20th June 2017. The session was led by Dr. V.S Sebastian, Dean, student services on. The talk was based on the importance of healthy relationships in the campus and it emphasized anti-ragging rules and regulations. The students were made aware of their rights and advised to respect every person alike, irrespective of age and sex. The programme laid focus on empowering the life skills of the students and also creating awareness on the campus services. The programme provided a welcoming atmosphere for the students and comprehensive information regarding the academic and student service resources. The students became familiar with the campus environment. They were inspired to become ideal Heartians maintaining campus discipline and practising healthy relationships and anti-ragging measures.



Orientation session on Campus Discipline, Healthy Relationships, Anti-ragging and Grievance

Redressal -20/06/2017

4. DURING INDUCTION PROGRAMME FOR 1ST YEAR PG STUDENTS - ORIENTATION SESSION ON 'ANTI-RAGGING AND GRIEVANCE REDRESSAL POLICIES' – 27/06/2017

An orientation to students on anti-ragging and grievance redressal policies, as well as discipline was given by Vice Principal, Dr. Fr. Jose John on 27th June 2017 as part of the induction programme organized from first year PG students on 26th and 27th June 2017. He explained the workings, rules and regulations of the college with special reference to anti-ragging policy and measures, gender equality and grievance redressal. He encouraged the students to be a model Heartian. The orientation session provided a welcoming atmosphere for the students and an all-inclusive idea regarding the academic and student service resources. The students became acquainted with the atmosphere of the campus. They were encouraged to become ideal Heartians maintaining campus discipline and practising healthy relationships.



Orientation session on Anti-ragging and Grievance Redressal policy -27/06/2017

5. DURING INDUCTION PROGRAMME FOR 1ST YEAR UG STUDENTS - ORIENTATION SESSION ON ' CAMPUS DISCIPLINE, ANTI RAGGING, HEALTHY RELATIONSHIPS AND GRIEVANCE REDRESSAL' – 15/06/2016

As part of the induction programme for first year UG students held from 15th to 21st June 2016, Dr. V S Sebastian, Dean, student services, delivered a session on 'discipline on campus' with much emphasis on anti-ragging and the need for developing healthy relationships in the campus. The session was conducted on 15th June 2016. The programme promoted awareness on Anti Ragging through leaflets about anti-ragging measures, and induction programmes on their rights and grievance redressal policy and mechanisms. General awareness was created through an orientation program to prepare fresher's not to oblige to such practices and to report boldly if at all they face any. The programme was instrumental in equipping the children with knowledge about their bodies and their rights, gender equality, sexual orientation, gender identity and healthy relationships.



Orientation session on Campus Discipline, Anti Ragging, Healthy Relationships and Grievance Redressal' – 15/06/2016

**6. DURING INDUCTION PROGRAMME FOR 1ST YEAR PG STUDENTS - ORIENTATION
SESSION ON 'ANTI-RAGGING AND GRIEVANCE REDRESSAL POLICIES' – 01/08/2016**

The orientation programme for the I PG students was held on 1st and 2nd of August, 2016. On the first day, principal, Rev. Dr. Johnson Palakappillil led a session on campus discipline and healthy relationships. He gave a brief note on the heritage, culture and values of the college to make the students aware that they are now part of a prestigious institution. He also briefed on the anti-ragging and grievance redressal policies of the college, as well as the anti-ragging measures and grievance redressal process that are being adopted by the college.



Orientation session on Anti-ragging and Grievance Redressal Policies – 01/08/2016

**7. DURING INDUCTION PROGRAMME FOR 1ST YEAR UG STUDENTS - ORIENTATION
SESSION ON 'ANTI RAGGING AND GRIEVANCE REDRESSAL' – 25/06/2015**

The five-day orientation programme of first year Bachelor students of Sacred Heart College, Thevara was held on 18th, 19th, 23, 24 and 25th of June, 2015. The program was designed over various motifs extremely necessary to have a much more disciplined and enriching curriculum like introduction to higher education, mental preparation for higher education and a culture of learning, sex education, women empowerment and gender sensitisation, promotion of a non- violent, anti ragging environment etc. On 23rd June 2015, Dr. VS Sebastian, Dean of Student Service, familiarised the students with the campus rules and regulations. He emphasized the anti-ragging policy and measures, as well as the mechanisms of grievance redressal. He encouraged the freshers to not to oblige to any malpractices and also to report boldly any incidents of ragging, either as victims, or witness, to the authorities and were made aware of facilities to avail counselling sessions to heal them.



Orientation session on Anti Ragging and Grievance Redressal – 25/06/2015

8. DURING INDUCTION PROGRAMME FOR 1ST YEAR PG STUDENTS - ORIENTATION SESSION ON 'ANTI-RAGGING, HEALTHY RELATIONSHIPS AND GRIEVANCE REDRESSAL POLICY' – 13/07/2015

The induction programme for the first semester PG students of Sacred Heart College, Thevara was conducted on 10th and 13th of July, 2015. The two-day programme was conducted in such a way that it upraised the educational motive as well as the personal goals of the students. Along with an introduction to the campus rules and discipline, the programme further elaborated on areas including gender sensitisation and time management. Principal Rev. Fr. Prasant Palakkappillil talked on “Sacred Heart College – Its heritage, culture and values”, wherein he emphasized the importance of inclusiveness and maintaining friendly relationships. He briefed on the anti-ragging and grievance redressal policies of the college along with measures that are being undertaken by the college to prevent incidences of ragging. The induction programme provided a welcoming atmosphere for the students and comprehensive information regarding the academic and student service resources. The students became familiar with the college environment. They were inspired to become ideal Heartians maintaining campus discipline and practising healthy relationships towards colleagues and faculty alike.



Orientation session on Anti-ragging, Healthy Relationships and Grievance Redressal Policy –
13/07/2015

**9. DURING INDUCTION PROGRAMME FOR 1ST YEAR UG STUDENTS - ORIENTATION
SESSION ON 'ANTI RAGGING AND GRIEVANCE REDRESSAL' – 06/06/2014**

The orientation programme for the first semester UG students of Sacred Heart College, Thevara was held on 6th, 7th, 9th, 10th, and 11th of June, 2014. The orientation programme was intended to address certain important aspects like anti-ragging, grievance redressal, sex-education, gender equality and women empowerment to build a healthy environment and promote equality among the students. The programmes were developed with a focus on gender sensitisation to ensure gender equality and gender justice in the campus. An exclusive session on Anti Ragging and Healthy Relationship was led by Dr V S Sebastian, Department of Chemistry on 6th June 2014. The importance of anti-ragging and the need for developing healthy relationships in the campus were effectively conveyed to the students. The programme was instrumental in equipping the students with knowledge about their bodies, their rights, gender identity and the need for building healthy relationships in the college.



Orientation session on Anti Ragging and Grievance Redressal – 06/06/2014

10. DURING INDUCTION PROGRAMME FOR 1ST YEAR PG STUDENTS - ORIENTATION SESSION ON 'ANTI-RAGGING, HEALTHY RELATIONSHIPS AND GRIEVANCE REDRESSAL POLICY' – 28/07/2014

The induction programme for the first semester postgraduate students of Sacred Heart College, Thevara was conducted on 28th and 29th of August 2014. The programme aimed at providing support to the students by developing a sense of belongingness and an awareness of their rights and responsibilities as they enter into the realm of Higher education. Furthermore, it gave them an opportunity to familiarize with the institution and its ethos. During his keynote address on the inaugural day, principal, Rev. Fr. Prasant Palakkappillil gave an elaborate note on campus discipline and healthy relationships. He explained the heritage, culture and values of the college. He also briefed on the anti-ragging and grievance redressal policies of the college, as well as the anti-ragging measures and grievance redressal process that are in place in the college.



Orientation session on Anti-ragging, Healthy Relationships and Grievance Redressal Policy –
28/07/2014

11. STREET PLAY AGAINST RAGGING - 06/08/2014

As part of Anti-Ragging Campaign, the AICUF members of Sacred Heart College organized a street play against ragging. This was conducted to provide awareness against ragging.



Street Play against Ragging – 06/08/2014