

**LIFE SKILLS: SH STRIDERS – PHYSICAL FITNESS PROGRAMME (18/09/2018)**

Department of Physical Education conducted a physical fitness programme “SH STRIDERS” on 18<sup>th</sup> September 2018. Students and staff actively participated in this sport event.



List of Participants				
Name of the Class: I Year Animation and Graphic Design				
Name of Organisers: Dept. of Physical Education				
Date: 18-09-2018				
Name of the Programme: SH Striders – Physical Fitness Programme				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UAGD6008	STEVIN KA	I Year AGD	✓
2	18UAGD6009	AADHIL NA	I Year AGD	✓
3	18UAGD6012	ALGA ALBIN	I Year AGD	✓
4	18UAGD6013	ALEN CV	I Year AGD	✓
5	18UAGD6014	CM MANU KRISHNAN	I Year AGD	~
6	18UAGD6016	C S CHAKKEEMALAVIKA	I Year AGD	✓

Total present ⇒ 5

Total absent ⇒ 1.



List of Participants				
Name of the Class: I Year BCom Computer Application				
Name of Organisers: Dept. of Physical Education				
Date: 18-09-2018				
Name of the Programme: SH Striders – Physical Fitness Programme				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UCCA7227	AYSHA YASIR	I Year BCom CA	✓
2	18UCCA7230	P S AATHIRA	I Year BCom CA	✓
3	18UCCA7236	DION AUGUSTIN BABU	I Year BCom CA	✓

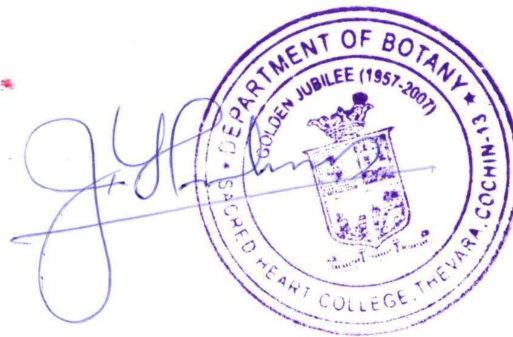
Total present = 3

Total absent = 0



List of Participants				
Name of the Class: I Year BSc Botany				
Name of Organisers: Dept. of Physical Education				
Date: 18-09-2018				
Name of the Programme: SH Striders – Physical Fitness Programme				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UBOT6711	AMAL T K	I. Year B.Sc Botany	✓
2	18UBOT6714	GERMINA NEENU	I. Year B.Sc Botany	✓
3	18UBOT6716	AMALJITH P J	I. Year B.Sc Botany	✓
4	18UBOT6717	POORNIMA S	I. Year B.Sc Botany	✓
5	18UBOT6718	EMMANUAL ANTONY	I. Year B.Sc Botany	✓

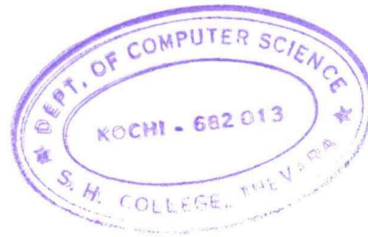
Total presents = 5



List of Participants				
Name of the Class: I Year BSc Computer Application				
Name of Organisers: Dept. of Physical Education				
Date: 18-09-2018				
Name of the Programme: SH Striders – Physical Fitness Programme				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UCAP6919	SONA MONICA JAMES	I. Year B.Sc C.A.	✓
2	18UCAP6922	VAISHNAVI SINGH	I. Year B.Sc C.A.	✓
3	18UCAP6924	SREEKUTTY K S	I. Year B.Sc C.A.	✓
4	18UCAP6927	SUMITHRA V KAMATH	I. Year B.Sc C.A.	✓
5	18UCAP6930	DEVIKA M S	I. Year B.Sc C.A.	✓

Total present - 4  
Total absent - 1

Register. M.R



List of Participants				
Name of the Class: I Year BBA				
Name of Organisers: Dept. of Physical Education				
Date: 18-09-2018				
Name of the Programme: SH Striders – Physical Fitness Programme				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UBBA7405	PARVATHY VS	I. Year BBA	✓
2	18UBBA7406	AANGEL MARY KJ	I. Year BBA	✓
3	18UBBA7407	NAMRITA R PILLAI	I. Year BBA	a
4	18UBBA7408	ALLEN VALIAPARAMBIL DENNIS	I. Year BBA	✓
5	18UBBA7409	NARENDRA MENON	I. Year BBA	✓
6	18UBBA7412	NIKHIL THOMAS CYRIAC	I. Year BBA	✓
7	18UBBA7414	ALWIN SAJU GEORGE	I. Year BBA	✓

Total present - 6

Total absent - 1

