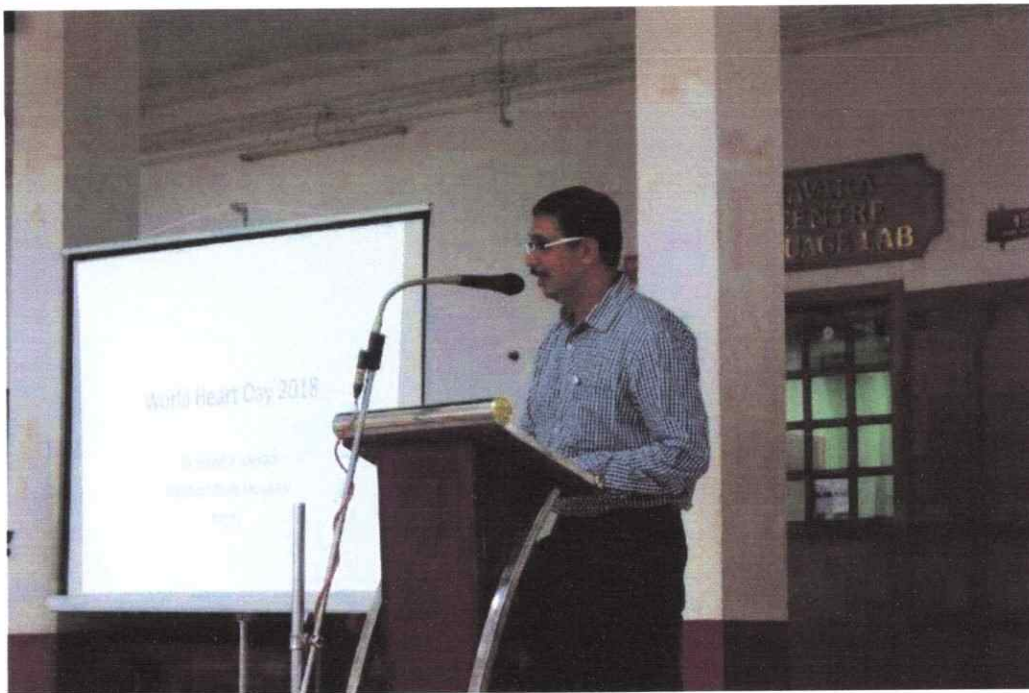
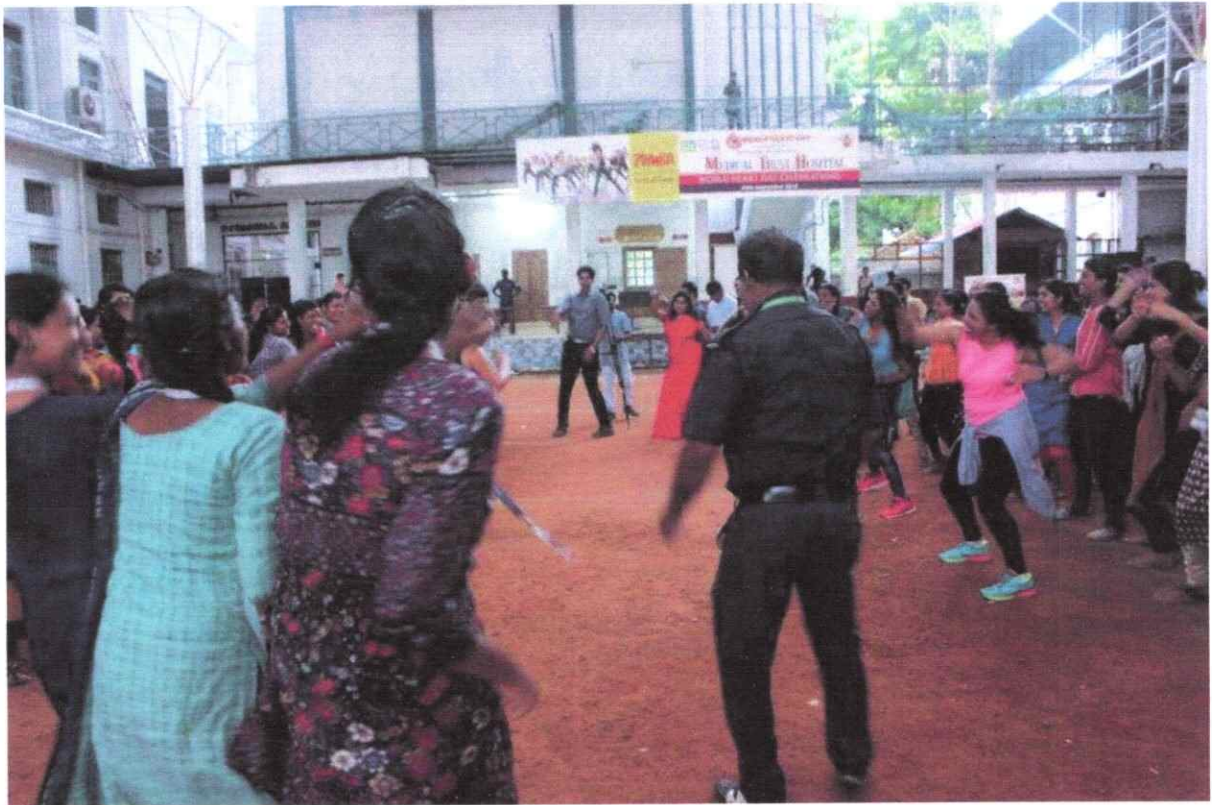


LIFE SKILLS: AWARENESS PROGRAMME ON WORLD HEART DAY (29/09/2018)

World Heart Day was observed by Department of Physical Education in association with the Dept. of Cariology, Medical Trust Hospital, Ernakulam on 29th September 2019. As part of this programme, a talk, Zumba fitness programme and ‘Run for Your Heart’ running competition were organized. An exhibition on “A Healthy Diet for a Healthy Heart” was also held.





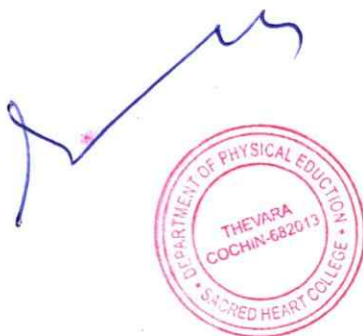




List of Participants				
Name of the Class: III Year BA Economics				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UECO4202	TREESA MATHEW	III. Year B.A. Economics	✓
2	16UECO4203	ANGELIN MARY GEORGE	III. Year B.A. Economics	✓
3	16UECO4204	KRISHNA K K	III. Year B.A. Economics	✓
4	16UECO4207	ALEENA SAJU K	III. Year B.A. Economics	X
5	16UECO4208	SHRINGA SURENDRAN	III. Year B.A. Economics	✓
6	16UECO4212	AYANA MARY SAJ	III. Year B.A. Economics	X
7	16UECO4213	DANEELA K DARVIN	III. Year B.A. Economics	X
8	16UECO4215	ROSHNA BABU PAUL	III. Year B.A. Economics	✓
9	16UECO4219	NANDITA SURESH	III. Year B.A. Economics	✓
10	16UECO4220	SANIKA SIBY MATHEW	III. Year B.A. Economics	✓
11	16UECO4221	KRISHNAJA P K	III. Year B.A. Economics	✓
12	16UECO4222	RAHUL C A	III. Year B.A. Economics	✓
13	16UECO4223	ANGELMARY GEORGE	III. Year B.A. Economics	✓
14	16UECO4225	PRAVEEN SHANKAR	III. Year B.A. Economics	✓
15	16UECO4226	ANCY ABRAHAM	III. Year B.A. Economics	✓
16	16UECO4227	SHARON C RAJAN	III. Year B.A. Economics	X
17	16UECO4228	SWAPNA MARIAM KOSHY	III. Year B.A. Economics	X
18	16UECO4229	SHERIN SUSAN SOBICHEN	III. Year B.A. Economics	✓
19	16UECO4231	MARIYA JERMY SHAJI	III. Year B.A. Economics	✓
20	16UECO4232	KEERTHANA SUNNY	III. Year B.A. Economics	✓
21	16UECO4234	ROSE MARIA JOHNY	III. Year B.A. Economics	✓
22	16UECO4236	KURIYACHAN K JOJI	III. Year B.A. Economics	✓

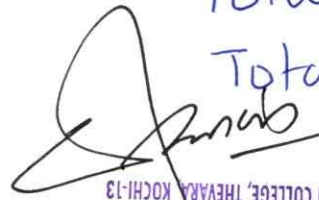
Total present - 17
Total absent - 5





List of Participants				
Name of the Class: III Year B.A. English				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UENG4108	REMYA RAMAKRISHNAN	III. Year B.A. English	✓
2	16UENG4110	RACHEL BERKUMON	III. Year B.A. English	✓
3	16UENG4111	JOSE S PERAYIL	III. Year B.A. English	✓
4	16UENG4113	ASHA MARY KURIAN	III. Year B.A. English	✓
5	16UENG4114	SOLOMAN VARGHESE	III. Year B.A. English	✓
6	16UENG4115	TARUN ELDO MATHEW	III. Year B.A. English	✓
7	16UENG4116	MALAVIKA.R	III. Year B.A. English	✓
8	16UENG4117	ANAND KRISHNAN	III. Year B.A. English	✓
9	16UENG4121	PRAVEENA.K.S	III. Year B.A. English	✓
10	16UENG4122	SOUPARNIKA ANILKUMAR	III. Year B.A. English	✓
11	16UENG4124	REMYA.E.K	III. Year B.A. English	✓
12	16UENG4125	ELZA MARIA BABY	III. Year B.A. English	✓
13	16UENG4126	AISWARYA KUNJAPPAN	III. Year B.A. English	X
14	16UENG4128	MERIN ROSE WILSON	III. Year B.A. English	✓
15	16UENG4129	CIZEYA ANTONY	III. Year B.A. English	X
16	16UENG4130	NIKITHA P	III. Year B.A. English	✓

Total present - 14
Total absent - 2


HEAD
P.G. DEPT. OF ENGLISH
SACRED HEART COLLEGE, THEVARA, KOCHI-13





List of Participants				
Name of the Class: III Year BCom Computer Application				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCCA5254	AKHINANDHU DILEEP	III BCom CA	✓
2	16UCCA5255	MUHAMMED RIYAS K R	III BCom CA	✓
3	16UCCA5256	GREENY SAJU	III BCom CA	✓
4	16UCCA5257	THANSEEHA RASHEED	III BCom CA	✓
5	16UCCA5258	NEHA KRISHNAN	III BCom CA	✓
6	16UCCA5259	SILLA NIXON	III BCom CA	✓
7	16UCCA5260	ARATHY K K	III BCom CA	✓
8	16UCCA5261	JULIET THANKAM	III BCom CA	✓
9	16UCCA5262	JOY ANTONY	III BCom CA	✓
10	16UCCA5263	FYROOZ MOOSA	III BCom CA	✓

All present



List of Participants				
Name of the Class: III Year B.Com Taxation Aided				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCTX5004	BETSY GEORGE CHENCHERIL	III. Year B.Com Tax (A)	✓
2	16UCTX5005	ALPHIL MARIA JOSEPH	III. Year B.Com Tax (A)	X
3	16UCTX5006	ATHIRA R	III. Year B.Com Tax (A)	✓
4	16UCTX5007	JEWEL MARIA ALBERT	III. Year B.Com Tax (A)	✓
5	16UCTX5008	SREEVIDYA M V	III. Year B.Com Tax (A)	✓
6	16UCTX5009	RAMSHANKAR M V	III. Year B.Com Tax (A)	✓
7	16UCTX5010	DEO JOHNSON	III. Year B.Com Tax (A)	✓
8	16UCTX5011	THARA CHARLY	III. Year B.Com Tax (A)	✓
9	16UCTX5012	AKHIYAMOL BENNY	III. Year B.Com Tax (A)	X
10	16UCTX5013	NEELIYA PRAKASAN	III. Year B.Com Tax (A)	✓
11	16UCTX5041	ANCY POULOSE	III. Year B.Com Tax (A)	✓
12	16UCTX5042	JERIN SAJU	III. Year B.Com Tax (A)	✓
13	16UCTX5043	LIYA DAS	III. Year B.Com Tax (A)	✓
14	16UCTX5044	ROSHNA XAVIER	III. Year B.Com Tax (A)	✓
15	16UCTX5045	SRUTHY P J	III. Year B.Com Tax (A)	✓
16	16UCTX5046	STEFEEENA ELIZABETH	III. Year B.Com Tax (A)	X
17	16UCTX5048	JOANNA ELVIS	III. Year B.Com Tax (A)	✓
18	16UCTX5049	VISHNUPRIYA T S	III. Year B.Com Tax (A)	✓
19	16UCTX5050	ATHUL V S	III. Year B.Com Tax (A)	✓
20	16UCTX5051	ANJITHA K S	III. Year B.Com Tax (A)	✓
21	16UCTX5053	ABHIJITH CHANDRAN	III. Year B.Com Tax (A)	✓
22	16UCTX5054	BHARTI ANJU KUMARI	III. Year B.Com Tax (A)	✓
23	16UCTX5055	SESHIL RAJ T S	III. Year B.Com Tax (A)	✓
24	16UCTX5056	ANAMIKA JOHNS	III. Year B.Com Tax (A)	✓
25	16UCTX5057	GOKUL GOPINATH	III. Year B.Com Tax (A)	✓
26	16UCTX5058	SALIE S P	III. Year B.Com Tax (A)	✓
27	16UCTX5059	ALEENA K J	III. Year B.Com Tax (A)	✓
28	16UCTX5060	DEVIKA C S	III. Year B.Com Tax (A)	✓
29	16UCTX5061	ABHIJITH NARAYANAN	III. Year B.Com Tax (A)	✓
30	16UCTX5062	SREELAKSHMI A R	III. Year B.Com Tax (A)	✓
31	16UCTX5064	FATHIMA SHAJI	III. Year B.Com Tax (A)	X
32	16UCTX5065	SREELAKSHMI S	III. Year B.Com Tax (A)	✓
33	16UCTX5066	SANDRA BABU	III. Year B.Com Tax (A)	✓

Total present - 29

Total absent - 4



List of Participants				
Name of the Class: III Year BCom Taxation Self Financing				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCTX5139	ARJUN AJI	III. Year B.Com Tax SF	✓
2	16UCTX5140	NANDHU VENUGOPAL	III. Year B.Com Tax SF	✓
3	16UCTX5141	KRIPA TREESA GEORGE	III. Year B.Com Tax SF	✓
4	16UCTX5142	RITTU MARIA JOHNSON	III. Year B.Com Tax SF	X
5	16UCTX5143	MEENU VARGHESE	III. Year B.Com Tax SF	✓
6	16UCTX5144	TRESA JOSE	III. Year B.Com Tax SF	✓
7	16UCTX5145	VYSHAKHI V SHENOY	III. Year B.Com Tax SF	✓
8	16UCTX5146	PAUL ANTONY	III. Year B.Com Tax SF	X
9	16UCTX5147	RACHITHA R PAI	III. Year B.Com Tax SF	✓
10	16UCTX5148	MICHAEL JOHNSON	III. Year B.Com Tax SF	✓
11	16UCTX5149	SHALU SHAJI	III. Year B.Com Tax SF	X
12	16UCTX5150	SREEKUMAR M	III. Year B.Com Tax SF	✓

Total present - 10
Total absent - 2



List of Participants				
Name of the Class: III Year BCom Travel and Tourism				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCTT5309	NANDANA RAJEEV	III BCom TT	✓
2	16UCTT5311	MUHAMMED ASLAM T A	III BCom TT	✓
3	16UCTT5312	MALAVIKA	III BCom TT	✓
4	16UCTT5313	SWATI MANOJ	III BCom TT	✓
5	16UCTT5314	SRUTHY BABU	III BCom TT	X
6	16UCTT5315	ANUPAK XAVIER	III BCom TT	✓
7	16UCTT5316	TONY PAUL	III BCom TT	✓
8	16UCTT5317	VISHNU K	III BCom TT	X
9	16UCTT5319	ATHIRA SHIBU	III BCom TT	✓
10	16UCTT5320	JITHIN PANDIATH	III BCom TT	X

Total present - 7
Total absent - 3



List of Participants				
Name of the Class: III Year BSc Chemistry				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCHE4603	MARIYA MATHEW	III. Year B.Sc Chemistry	✓
2	16UCHE4605	ASWATHY BABU	III. Year B.Sc Chemistry	✓
3	16UCHE4606	ANITTA MARIA SHIBU	III. Year B.Sc Chemistry	✓
4	16UCHE4607	SWETHA SARA SABU	III. Year B.Sc Chemistry	✓
5	16UCHE4609	ANNETTE PAUL	III. Year B.Sc Chemistry	✓
6	16UCHE4612	ANJALY RAJEEV	III. Year B.Sc Chemistry	✓
7	16UCHE4613	HANNA ELIZABETH JOY	III. Year B.Sc Chemistry	✓
8	16UCHE4614	SOBHA MARY VARGHESE	III. Year B.Sc Chemistry	✓
9	16UCHE4615	SANDRA SARA JOHN	III. Year B.Sc Chemistry	✓
10	16UCHE4616	JESLIN.C.JENNY	III. Year B.Sc Chemistry	✓

All present

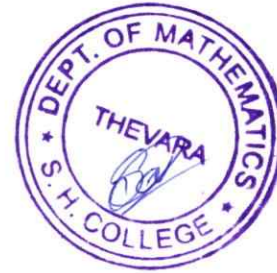
[Handwritten signature]



List of Participants				
Name of the Class: III Year BSc Mathematics				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UMAT4430	JAYARAM.J.PRABHU	III. Year B.Sc Maths	✓
2	16UMAT4431	PARVATHY.P.S	III. Year B.Sc Maths	✓
3	16UMAT4432	ARSHA N G	III. Year B.Sc Maths	✓
4	16UMAT4434	AMBILY J MANATTU	III. Year B.Sc Maths	✓
5	16UMAT4435	ARYA M.V	III. Year B.Sc Maths	✓
6	16UMAT4436	PAXON JOSSEY	III. Year B.Sc Maths	✓

All present

[Handwritten signature]



List of Participants				
Name of the Class: III Year BCA				
Name of Department: Dept. of Physical Educations				
Date: 29-09-2018				
Name of the Programme: Awareness Programme on World Heart Day				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UBCA5454	ANIRUDHAN R	III. Year BCA	✓
2	16UBCA5455	GLENEY STELLA DUROM	III. Year BCA	✓
3	16UBCA5456	ABIN AUGUSTINE	III. Year BCA	✓
4	16UBCA5457	ANILA TOMY	III. Year BCA	✓
5	16UBCA5458	ANOOP M	III. Year BCA	✓
6	16UBCA5461	AGHIL M PANICKER	III. Year BCA	✓
7	16UBCA5462	JOEL JOHNSON	III. Year BCA	✓
8	16UBCA5465	JEROME PAULSON	III. Year BCA	✓
9	16UBCA5466	ABIN RARICHAN	III. Year BCA	✓
10	16UBCA5467	NIJIN DEVASSIA	III. Year BCA	✓

All present



[Signature]

Register - M.K

