

LIFE SKILLS: MENTAL HEALTH CLASS AND OUTREACH (05/02/2019)

NSS unit of the college conducted a session on mental health in association with Aster Medicity on 5th February 2019. Volunteers and students found the session to be extremely useful and informative. The day was followed by an outreach programme conducted by the students of Rajagiri College.



List of Participants				
Name of the Class: I Year Degree Students				
Name of the Class: I Year Animation and Graphic Design				
Name of Organisers: NSS Unit, Sacred Heart College, Thevara				
Date: 05-02-2019				
Name of the Programme: Mental health Class and Outreach				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UAGD6008	AADHIL NA	I Year AGD	X
2	18UAGD6009	ALEN CV	I Year AGD	X
3	18UAGD6010	ALGA ALBIN	I Year AGD	X
4	18UAGD6011	ATUL DINESH	I Year AGD	X
5	18UAGD6012	C S CHAKKEEMALAVIKA	I Year AGD	X
6	18UAGD6013	CM MANU KRISHNAN	I Year AGD	X
7	18UAGD6014	RASIL M RAFEEQUE	I Year AGD	a
8	18UAGD6015	SANOV BABU	I Year AGD	X
9	18UAGD6016	SONA GIREESH PV	I Year AGD	X
10	18UAGD6017	STEVIN KA	I Year AGD	X

Present - 9
Absent - 1



List of Participants				
Name of the Class: I Year Degree Students				
Name of the Class: I Year B.Com Computer Application				
Name of Organisers: NSS Unit, Sacred Heart College, Thevara				
Date: 05-02-2019				
Name of the Programme: Mental health Class and Outreach				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UCCA7226	ROHAN V PULAYATH	I Year BCom CA	X
2	18UCCA7227	AYSHA YASIR	I Year BCom CA	X
3	18UCCA7228	AATHIL K A	I Year BCom CA	X
4	18UCCA7229	ATUL SHIVA ANAND	I Year BCom CA	X
5	18UCCA7230	P S AATHIRA	I Year BCom CA	X
6	18UCCA7232	KURIAKOSE THOMAS	I Year BCom CA	X
7	18UCCA7233	JOSHUA DAVID PREKASH	I Year BCom CA	X
8	18UCCA7234	JOSEPH V JOSEPH	I Year BCom CA	X
9	18UCCA7235	SHARIKA R MENON	I Year BCom CA	X
10	18UCCA7236	DION AUGUSTIN BABU	I Year BCom CA	X

All present

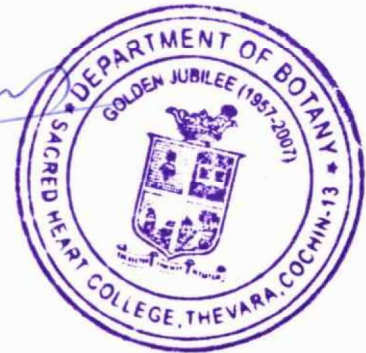


List of Participants				
Name of the Class: I Year Degree Students				
Name of the Class: I Year BSc Botany				
Name of Organisers: NSS Unit, Sacred Heart College, Thevara				
Date: 05-02-2019				
Name of the Programme: Mental health Class and Outreach				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UBOT6711	AMAL T K	I. Year B.Sc Botany	✓
2	18UBOT6712	APARNA SREEPRAKASH	I. Year B.Sc Botany	✓
3	18UBOT6713	ANUMOL SHAJI	I. Year B.Sc Botany	✓
4	18UBOT6714	GERMINA NEENU	I. Year B.Sc Botany	✓
5	18UBOT6715	AISHA K M	I. Year B.Sc Botany	✓
6	18UBOT6716	AMALJITH P J	I. Year B.Sc Botany	✓
7	18UBOT6717	POORNIMA S	I. Year B.Sc Botany	✓
8	18UBOT6718	EMMANUAL ANTONY	I. Year B.Sc Botany	✓
9	18UBOT6719	ANNA PHILIP	I. Year B.Sc Botany	✓
10	18UBOT6720	AKHIL ANTONY	I. Year B.Sc Botany	✓

All present



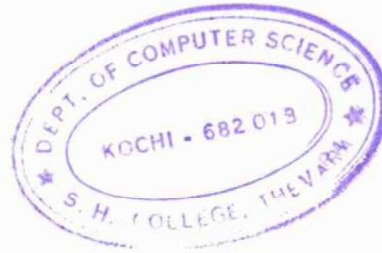
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List of Participants				
Name of the Class: I Year Degree Students				
Name of the Class: I Year BSc Computer Application				
Name of Organisers: NSS Unit, Sacred Heart College, Thevara				
Date: 05-02-2019				
Name of the Programme: Mental health Class and Outreach				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UCAP6919	SONA MONICA JAMES	I. Year B.Sc C.A.	X
2	18UCAP6920	AKSHAY KC	I. Year B.Sc C.A.	X
3	18UCAP6922	VAISHNAVI SINGH	I. Year B.Sc C.A.	X
4	18UCAP6923	RICHARD VARGHESE	I. Year B.Sc C.A.	X
5	18UCAP6924	SREEKUTTY K S	I. Year B.Sc C.A.	X
6	18UCAP6925	ABHIRAJ P S	I. Year B.Sc C.A.	X
7	18UCAP6927	SUMITHRA V KAMATH	I. Year B.Sc C.A.	X
8	18UCAP6928	ALAN MATHEW SHIBU	I. Year B.Sc C.A.	X
9	18UCAP6929	JISMA WILSON	I. Year B.Sc C.A.	X
10	18UCAP6930	DEVIKA M S	I. Year B.Sc C.A.	X

All present

[Signature]
Regist. M-R



List of Participants				
Name of the Class: I Year Degree Students				
Name of the Class: I Year BBA				
Name of Organisers: NSS Unit, Sacred Heart College, Thevara				
Date: 05-02-2019				
Name of the Programme: Mental health Class and Outreach				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	18UBBA7405	PARVATHY VS	I. Year BBA	X
2	18UBBA7406	AANGEL MARY KJ	I. Year BBA	X
3	18UBBA7407	NAMRITA R PILLAI	I. Year BBA	X
4	18UBBA7408	ALLEN VALIAPARAMBIL DENNIS	I. Year BBA	X
5	18UBBA7409	NARENDRA MENON	I. Year BBA	X
6	18UBBA7410	ARJUN P NAIR	I. Year BBA	X
7	18UBBA7411	JOSHUA JOSEPH ANIL	I. Year BBA	X
8	18UBBA7412	NIKHIL THOMAS CYRIAC	I. Year BBA	X
9	18UBBA7413	KEVIN SHAJI	I. Year BBA	X
10	18UBBA7414	ALWIN SAJU GEORGE	I. Year BBA	X

All present.

