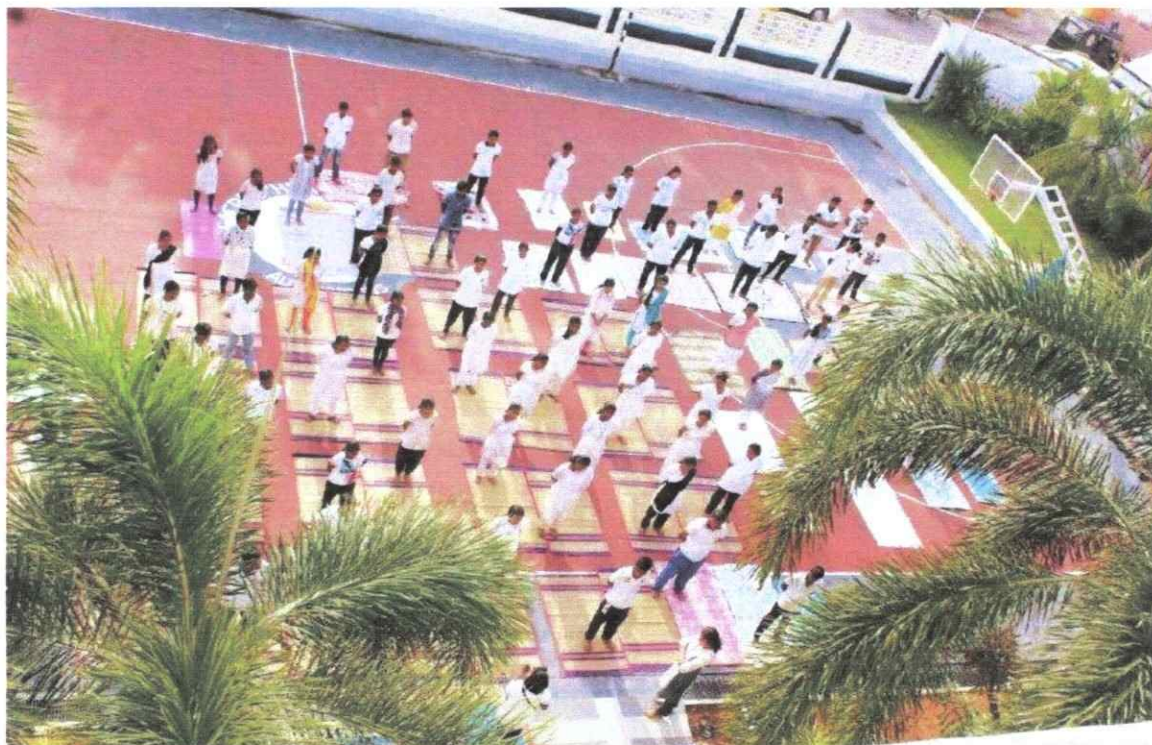


LIFE SKILLS: OBSERVANCE OF INTERNATIONAL YOGA DAY (21/06/2017)

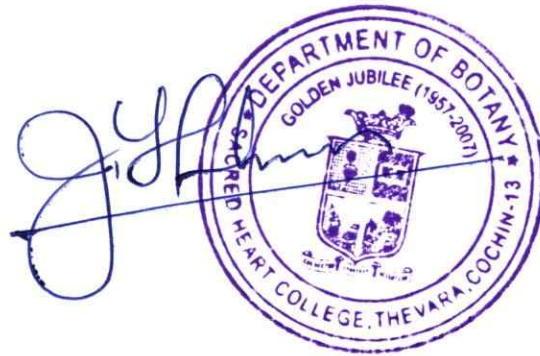
NSS unit observed Yoga Day in the college campus on June 21, 2017. A 70 year old yoga wonder, Girija B Nair, led the Yoga Day activities. Through illuminative experiential sharing and demonstration of various postures, Girija B Nair guided the NSS Volunteers through the yogic experience of peace and harmony.



List of Participants				
Name of the Class: II Year , III Year Degree				
Name of Organiser : NSS Unit, Sacred Heart College, Thevara				
Date: 21-06-2017				
Name of the Programme: Observance of International Day of Yoga				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UBOT4701	ALIDA SOOSAN BENNY	II. Year B.Sc Botany	✓
2	16UBOT4702	VISHAL SATHEESH	II. Year B.Sc Botany	✓
3	16UBOT4703	UNAISA BEEVI M.P.	II. Year B.Sc Botany	✓
4	16UBOT4705	ASWIN GA	II. Year B.Sc Botany	✓
5	16UBOT4707	SHREYAS SAJEEV.T	II. Year B.Sc Botany	a
6	16UBOT4709	JIBIN JOSEPH	II. Year B.Sc Botany	✓
7	16UBOT4710	SAVITHRI L	II. Year B.Sc Botany	✓
8	16UBOT4733	DAYANA SUNNY	II. Year B.Sc Botany	✓
9	16UBOT4743	RESHMA P N	II. Year B.Sc Botany	✓
10	16UBOT4744	GOPIKA B PILLAI	II. Year B.Sc Botany	✓
11	16UBOT4745	KRISHNAPRIYA K C	II. Year B.Sc Botany	✓

Total present \Rightarrow 10

Total absent \Rightarrow 1.



List of Participants				
Name of the Class: II Year , III Year Degree				
Name of Organiser : NSS Unit, Sacred Heart College, Thevara				
Date: 21-06-2017				
Name of the Programme: Observance of International Day of Yoga				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UCHE4602	MERIN JAMES KOOTTUNGAL	II. Year B.Sc Chemistry	✓
3	16UCHE4603	MARIYA MATHEW	II. Year B.Sc Chemistry	✓
4	16UCHE4605	ASWATHY BABU	II. Year B.Sc Chemistry	✓
5	16UCHE4606	ANITTA MARIA SHIBU	II. Year B.Sc Chemistry	✓
6	16UCHE4627	LINU VARGHESE	II. Year B.Sc Chemistry	✓
7	16UCHE4631	MEREETA T J	II. Year B.Sc Chemistry	✓
8	16UCHE4632	DIYA. N. C	II. Year B.Sc Chemistry	✓

Total present = 7

Total absent = 1

[Handwritten Signature]



List of Participants				
Name of the Class: II Year , III Year Degree				
Name of Organiser : NSS Unit, Sacred Heart College, Thevara				
Date: 21-06-2017				
Name of the Programme: Observance of International Day of Yoga				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	16UMAT4401	VARSHA M V	II. Year B.Sc Mathematics	✓
2	16UMAT4415	MILIA JOSE	II. Year B.Sc Mathematics	✓
3	16UMAT4416	FENSY TOMY	II. Year B.Sc Mathematics	✓
4	16UMAT4442	ATHIRA AJAY	II. Year B.Sc Mathematics	✓

Total present = 4

Total absent = 0



List of Participants				
Name of the Class: II Year , III Year Degree				
Name of Organiser : NSS Unit, Sacred Heart College, Thevara				
Date: 21-06-2017				
Name of the Programme: Observance of International Day of Yoga				
SL.No	Register Number	Name of the Student	Class/Stream	Remarks
1	15UENG2101	ALINA CELINE LANCY	III. Year B.A. English	✓
2	15UENG2102	BHANU ULLAS	III. Year B.A. English	✓
3	15UENG2104	S.R. GOWRI	III. Year B.A. English	✓
4	15UENG2105	DERONIYA DAVIS	III. Year B.A. English	✓
5	15UENG2106	CHAITHANYA SIVANANDH	III. Year B.A. English	a
6	15UENG2107	AADITHYAN J P	III. Year B.A. English	✓
7	15UENG2109	SAJNA N S	III. Year B.A. English	✓
8	15UENG2110	VANDANA C MOHAN	III. Year B.A. English	✓
9	15UENG2111	NEEMA MARY TOM	III. Year B.A. English	✓
10	15UENG2112	RICHA JOHNICHAN	III. Year B.A. English	✓
11	15UENG2113	PRINCY JOHN	III. Year B.A. English	✓
12	15UENG2114	AKSHAY AMBROSE	III. Year B.A. English	✓
13	15UENG2115	SALMAN NIZAR	III. Year B.A. English	a
14	15UENG2116	MEKHNA ACHU KOSHY	III. Year B.A. English	✓
15	15UENG2117	ANEETA MARIA JOHNSON	III. Year B.A. English	✓
16	15UENG2118	ANIL SURYA M S	III. Year B.A. English	✓
17	15UENG2119	TANIYA JOSEPH	III. Year B.A. English	a
18	15UENG2120	ANN MARIA NIEL BEN	III. Year B.A. English	✓
19	15UENG2121	JOB RINOL	III. Year B.A. English	✓
20	15UENG2122	CHRISTY SEBASTIAN	III. Year B.A. English	✓
21	15UENG2123	SANDRA ROY	III. Year B.A. English	✓
22	15UENG2125	NAVYA K.S.	III. Year B.A. English	✓
23	15UENG2126	MERIN AUGUSTIN	III. Year B.A. English	✓
24	15UENG2127	RAHUL JOHNY T	III. Year B.A. English	✓
25	15UENG2129	ALIN SEBAN	III. Year B.A. English	a
26	15UENG2130	MAHEN ABOOBAKER S	III. Year B.A. English	a
27	15UENG2131	AMBADY N PRASAD	III. Year B.A. English	✓

Total present → 22

Total absent → 5



SACRED HEART COLLEGE, THEVARA, KOCHI-13
P.G. DEPT. OF ENGLISH
SACRED HEART COLLEGE, THEVARA, KOCHI-13