



4.1.2 The Institution has adequate facilities for cultural activities, yoga, games (Indoor, Outdoor) and sports. (Gymnasium, yoga centre, auditorium, etc.)

Activity Report of Sports and Games

2014 - 15

SACRED HEART

PHOTOGRAPHS AND BROCHURES OF SPORTS ACTIVITIES & COMPETITIONS 2014-15

INTER COLLEGIATE STAFF CRICKET MATCH – PROFESSORS' CRICKET LEAGUE (19/03/2015)

Department of Physical Education of Sacred Heart College hosted "Inter Collegiate Staff Cricket Match – Professors" Cricket League on 19th March 2015. Eight teams signed up for the sports event.





**ANNUAL ATHLETIC MEET FOR STUDENTS AND STAFF & INTER DEPARTMENT GAMES
(16/02/2015)**

Department of Physical Education conducted Annual Athletic Meet on 02nd February 2016. Annual sports meet is an inter-department event. Various sports events for students, teaching staff and nonteaching staff was held as part of the sports meet.





70TH FR. BARTHOLOMEW MEMORIAL INTER-COLLEGIATE TOURNAMENTS (30/01/2015-02/02/2015)

Department of Physical Education of Sacred Heart College conducted 70th Fr. Bartholomew Memorial inter-collegiate tournaments at Sacred Heart College on 30th January -02 February 2015. This is one of the oldest annual sports events conducted in the colleges of Kerala. As part of the sports event, Basketball Men, Basketball Women and Ball Badminton Men, Volleyball Men, Volleyball Women were conducted.

<div style="text-align: center; border: 1px solid black; background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">BASKETBALL(WOMEN)</div> <p>St Josephs College,Irinjalakuda ————— 02.02.15 St Josephs College,Alappuzha ————— 3.30 pm</p> <div style="text-align: center; border: 1px solid black; background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">BALL BADMINTON(MEN)</div> <p>Sree Kerala Varma,Thrissur ————— 01.02.15 Sree Krishna College,Guruvayoor ————— 10.00 am 01.02.15 D.B College,Thalayolaparambu ————— 01.02.15 2.00 pm NSS,Changanasery ————— 11.00 am</p> <ul style="list-style-type: none"> • Teams should report 30 minutes before the scheduled matches. • Decision of the tournament committee shall be final. • Latest rules in the respective games shall be applicable. • The tournament are open to all the colleges affiliated to the universities in South India. Teams shall consist of bonafide students only, as certified by the principal. • Free lodging will be arranged for outstation teams on request • Protests, if any, shall be lodged with the Secretary with a fee of Rs. 250/- within half an hour after the completion of the match • The trophies shall be returned to president (Principal, Sacred Heart College, Thevara) before the beginning of the tournament of the following year. <p style="text-align: center; margin-top: 20px;">Rev. Fr. Sabu Thomas Prof : Sandeep Sunny General Convenor Secretary Contact : 9447001954, 9747097097</p>	<div style="text-align: center;">  <p style="font-size: 2em; color: red; font-weight: bold; margin-top: 10px;">Fr. BARTHOLOMEW</p> <p style="font-weight: bold; margin-top: 5px;">MEMORIAL INTER-COLLEGIATE TOURNAMENTS</p> <p style="font-size: 0.8em; margin-top: 5px;">30th January - 2nd February 2015</p> </div> <div style="text-align: center; margin-top: 20px;"> <p style="font-size: 0.8em;">Organised by Department of Physical Education Sacred Heart College Thevara, Cochin - 682 013</p> </div>
<p style="text-align: center; margin-top: 20px;"><i>Dear Sir/Madam</i></p> <p style="text-align: center; margin-top: 10px;"><i>The Principal and members of the staff cordially invite you to the Inaugural Ceremony of the 70th Fr. Bartholomew Memorial Inter-Collegiate Tournaments at Sacred Heart College Flood-lit Grounds at 3.00pm on 30th January 2015.</i></p> <p style="text-align: center; margin-top: 10px;"><i>We also solicit your presence at the various matches.</i></p> <p style="text-align: center; margin-top: 10px;"><i>Principal</i></p> <p style="text-align: center; margin-top: 20px;"><i>Thevara</i> 25-01-2015</p>	<div style="text-align: center; border: 1px solid black; background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">VOLLEY BALL(MEN)</div> <p>St.Stephen College,Pathanapuram ————— 30.01.15 KKTm College,Kodungaloor ————— 6.00 pm 31.01.15 St.George College,Aruvithara ————— 30.01.15 5.00 pm M.A College,Kothamangalam ————— 5.00 pm 02.02.15 S.H College,Thevara ————— 30.01.15 4.00 pm Bishop Moore,Mavelikara ————— 3.00 pm 31.01.15 St Thomas College,Kozhenchery ————— 31.01.15 4.00 pm Christ College,Irinjalakuda ————— 6.30 pm</p> <div style="text-align: center; border: 1px solid black; background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">VOLLYBALL(WOMEN)</div> <p>Assumption College,Changanasery ————— 02.02.15 Alphonsa College,Pala ————— 3.30 pm</p> <div style="text-align: center; border: 1px solid black; background-color: #f0f0f0; padding: 2px; margin-bottom: 5px;">BASKETBALL(MEN)</div> <p>S.B College,Changanasery ————— 30.01.15 Viswajyothi Engg College,Vazhukulam ————— 4.30 pm 31.01.15 Mangalam Engg College,Ettumanoor ————— 30.01.15 5.30 pm Sree Kerala Varma, Thrissur ————— 5.30 pm 02.02.15 S.H College,Thevara ————— 30.01.15 4.30 pm Nirmala College,Muvatupuzha ————— 3.30 pm 31.01.15 FISAT Engg College,Angamaly ————— 30.01.15 4.30 pm Marian College,Kuttikanam ————— 6.30 pm</p>





**RUN KERALA RUN PROGRAMME IN CONNECTION WITH NATIONAL GAMES
(20/01/2015)**

Department of Physical Education of Sacred Heart College in association with National Games committee conducted National Games "Run Kerala Run" on 20th January 2015. The tagline of the sports event was "I host, I support National Games".





M.G. UNIVERSITY HANDBALL CHAMPIONSHIP (17/09/2014)

Department of Physical Education of Sacred Heart College conducted MG University Handball Championship on 17th September 2014. Various teams from different colleges signed up for the sports event.





WORLD CUP FOOTBALL SHOOT-OUT COMPETITION (11/07/2014)

Department of Physical Education conducted a World Cup Shoot out competition on 11th July 2014. Students from different departments, as well as teaching and non-teaching staff participated in the shoot- out competition.





WORLD CUP FOOTBALL QUIZ PROGRAMME (11/07/2014)

Department of Physical Education conducted a World Cup Football Quiz programme on 11th July 2014 to raise awareness of the World Cup Football tournament. Quiz master of the World Cup Football Quiz Competition was Mr. Siby Abraham, Asst. Professor, Department of Economics.



