



REPORT ON THE EXTENSION AND OUTREACH ACTIVITIES OF NATIONAL CADET CORPS 2018 – 2019





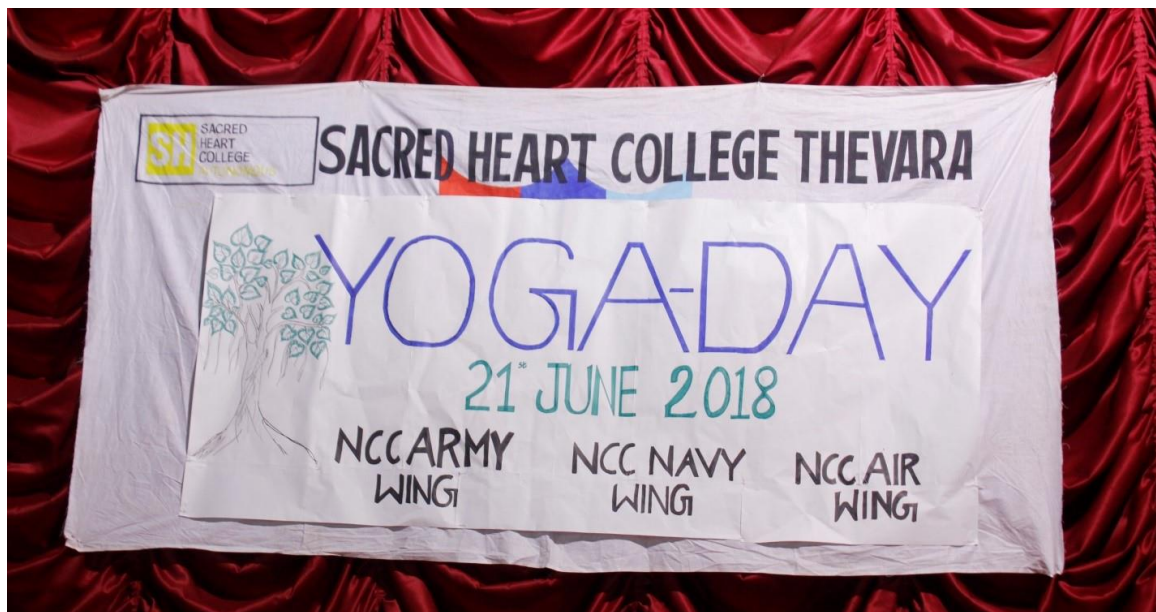
REPORT OF EXTENTION AND OUTREACH ACTIVITIES OF NCC: 2018-2019

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Criterion III: Research, Innovation and Extension

1. Yoga Day Activity

On 21st June in connection with International Day of Yoga, cadets took part in Yoga meditation programme conducted in our college in observance of International Yoga Day.



Criterion III: Research, Innovation and Extension

2. PARADIGM - 2018

Naval Wing NCC of Sacred Heart College, Thevara under 7(k) Naval wing Ncc Ernakulam have jointly organised a programme PARADIGM on Gandhi Jayanthi day 2nd October 2016 at Government Old age Home Thevara Ferry. The programme was inaugurated by Mrs.Srinda Arhaan, cine artist from the Malayalam film industry. Its primary aim was to inculcate a sense of social commitment and responsibility among the students.



Criterion III: Research, Innovation and Extension

3. Energy Conservation Rally

As part of observing the national energy conservation day on 18.12.18, the Physics Association of Sacred Heart College, Thevara, in association with the NCC naval wing cadets has held an Energy Conservation Rally. It was flagged off by Mr. Boban Nedumparambil, Vive-Chairperson, Maradu Municipality. Principal Rev. Fr. Prasanth Palackappilil and Mr. Boban addressed all those gathered. Lt. Cdr. Dr. Sibi Mathew felicitated. A street play was also staged by NCC cadets, highlighting the relevance of energy conservation.



Criterion III: Research, Innovation and Extension

4. Backwater Sailing Expedition

Cadets of the NCC Sacred Heart Unit were part of the 54 cadets consisting of 18 girls and 36 boys who took part in the sailing expedition lead under the guidance of the Training Division of Southern Naval Command and Seamanship School.

