

REPORT ON THE EXTENSION AND OUTREACH ACTIVITIES OF NATIONAL CADET CORPS 2017 – 2018





REPORT OF EXTENTION AND OUTREACH ACTIVITIES OF NCC: 2017-2018

SL. NO.	EVENT	PAGE NO.
01	International Yoga Day Celebration	1
02	Drug Abuse Day - Antidrug Campaign	2
03	PARADIGM - Gandhi Jayanthi Rally and Beach Cleaning	2

Criterion III: Research, Innovation and Extension

1. International Yoga Day Celebration

International Yoga Day was celebrated on 21st June, 2017. NCC Cadets along with the other participants practised different yoga postures like *Suryanamaskar*, *Pranayama* and others ending in meditation under the guidance of Prajapathi Yoga Centre, Kadavanthara from 7 AM to 9 AM.



Criterion III: Research, Innovation and Extension

2. Drug Abuse Day - Antidrug Campaign

The NCC Air Wing cadets of Sacred Heart College observed International Day Against Drug Abuse Day and the Illegal Drug Trade by displaying several posters based on drug abuse in the portico of the college on 26th June 2017

3. PARADIGM - Gandhi Jayanthi Rally and Beach Cleaning

Cadets of all three wings of the NCC and the Student Development Office along with the N.S.S. Unit of Sacred Heart College organised a beach cleaning drive and a rally on Gandhi Jayanthi day to promote Gandhian values and to create awareness on keeping our surroundings clean.

