SACRED HEART COLLEGE (AUTONOMOUS)
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SACRED HEART COLLEGE
Autonomous

NAAC Accreditation 4th Cycle

Criterion III: Research, Innovation and Extension

REPORT ON THE EXTENSION AND OUTREACH ACTIVITIES OF

HEAL

2015-2016

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REPORT OF EXTENSION AND OUTREACH ACTIVITIES OF HEAL
2015-16

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1. Jackfruit Mela

Sacred Heart College organized a Jackfruit Mela on 16th August 2015, where the nutritional facts and unique titbits of information about this wonder fruit was shared to the students. The star attraction of the event was when a ripe jackfruit was processed live.

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2. Campaign Recycling Used Pens: **Heal SH Unit- 4th February 2016- 40 Students**

In the 2016 academic year students worked out a plan to recycle used pens. Every week they collected used pens from each class and these were washed and cleaned in the first round, and re-equipped with a new refill and sold in Honesty shop.

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3. World Pulses Day: Heal SH Unit- 10th February 2016- 100 Students

On 10th February 2016, the college celebrated The World Pulses day by organizing an exhibition on various indigenous as well as foreign pulses and a seminar on how to create enough organic produce for a family from one cent of land. 170 participants took part in this event which was open to public.

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4. Age Friendly Club Launch and Age Friendly Classes: Heal SH Unit: 3rd March 2016- 100 Students

Age Friendly Club of Sacred Heart College was inaugurated by Dr Dileep Kumar, the then Vice Chancellor of Sree Sankara Sanskrit University, Kalady and the then District Collector Rajamanikyam IAS. 60 senior citizens enrolled for the IT education programme.

Age Friendly Classes: Since 2016, the Age Friendly club of Sacred Heart College has organized classes for men and women above the age of 50, twice in every week from June through February. Around 110 senior citizens attend language and computer classes. The classes were engaged by the student volunteers.