

**Criterion 3: Research, Innovations and Extension**

**Aarthavayaanam: Seminar on Menstrual Hygiene and Well-being**

Title:	Aarthavayaanam: Seminar on Menstrual Hygiene and Well-being
Date:	30.11.2017
Venue:	Marian Hall
Focus of the Event:	Skill Development
Organizing Body:	Women Cell
Resource Person:	Ms Kavya Menon
Total Number of Attendees:	49



*Event Report*

The event named AARTHAVAYAANAM, held on 30th Nov 2017 was aimed at women empowerment. SWASTI in coordination with the Sustainable Menstruation Kerala Collective and Red cycle, conducted the event for promoting awareness on sustainable menstruation. Ms Kavya Menon and others from the group gave a talk on the social stigma related to menstruation. The volunteers of the SMKC introduced some eco-friendly, reusable products to the students. It was followed by an interactive session which helped to bring out and correct the many positive attitudes of youngsters.

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Event Attendance Sheet

ARTHAVAYANAM [kloven Cell]		Attendance
Name	Dept.	
1. Hasena T.S	I B.A Economics	✓
2. Aneetha Suresh	I B.A Economics	✓
3. Anayala John John	I B.A Economics	✓
4. Devi Chandana II	I B.A Economics	✓
5. Jayalakshmi	I B.A ECONOMICS	✓
6. Anupa Thomas	I BSc Physics	✓
7. Rose Mary Thomas	I Bcom II	✓
8. Anitha George	I Bcom IT	✓
9. Jayaram Ajayan	I Bcom Tax Self	✓
10. Kuniya S. Malayil	I Bcom Tax Self	✓
11. Manu B. Thekkaram	I Bcom Tax Self	✓
12. BROTHY BABU	I B.A sociology	✓
13. VASUKRISHNA K	I B.A sociology	✓
14. Bibi mol John	I B.A sociology	✓
15. Juach maria	I B.A sociology	✓
16. KMSuma lakshmi	I B.A sociology	✓
17. Anyane V Mangy	I B.A sociology	✓
18. Pooja Narukumbhar	I B.Sc Maths	✓
19. Nivedia G	I "	✓
20. CHERIZ ANNA BABY	I B.Sc Maths	✓
21. Jazmi Agnes Jose	I B.Sc Maths	✓
22. Varsha Varghese	I B.Sc Chem	✓
23. Aina Fathima A	I B.Sc Chem	✓
24. Devika Rajagopal	I B.Sc Phy.	✓
25. Keethana Tomy	I B.Sc Phy.	✓
26. Jyona Joseph	"	✓
27. Sneha Bobby	"	✓
28. Hani Priya P-S	"	✓
29. Karthika	"	✓
30. Riya Muckerton	"	✓
31. Shikharshmi R	"	✓
32. Gowri C	"	✓
33. Naryana	"	✓