



Criterion 3: Research, Innovations and Extension

Workshop on Confidence Building

Title:	Workshop on Confidence Building
Date:	08.12.2016
Venue:	Marian Hall
Focus of the Event:	Skill Development
Organizing Body:	School of Communication
Resource Person:	Fr. Sabu Thomas
Total Number of Attendees:	150



Event Report

The School of Communication organised a session lead by Fr. Sabu Thomas, who is a seasoned motivational speaker, for the final year student from the Departments of English, Economics, Computer Science and Commerce. Fr. Sabu engaged the students for a whole day, preparing them for life beyond the undergraduate programme. He inspired the students pursue higher education and be active participants of the society. He also stressed on the importance of soft skills that complement their academic study and how it affects their personal and professional lives as well. The students were given case studies and anecdotes highlighting the major topics of discussion. Around 150 students from all four batches actively participated in the event.



Event Brochure

<p>SH SACRED HEART COLLEGE Autonomous</p>		<p>SH SCHOOL OF COMMUNICATION</p> <p><i>ORGANIZES</i></p> <p>MOTIVATIONAL CLASS</p> <p>RESOURCE PERSON: FR.SABU THOMAS</p> <p>DATE: 08 DECEMBER 2016</p> <p><i>VENUE: MARIAN HALL, SACRED HEART COLLEGE</i></p>
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Event Attendance Sheet

Motivational Class			
School of Communication			
Date: 08-12-2016			
SL.No	Name of the Student	Class/Stream	Attendance
1	ABHIJITH SREEKUMAR	III. Year B.A. Economics	<i>Abhi</i>
2	ABHIMANUE J.	III. Year B.A. Economics	<i>Abhimanu</i>
3	ABHINI ASOKAN	III. Year B.Com Tax Aided	<i>Abhin</i>
4	ABHISHEK ALPHONS	III. Year B.A. Economics	—
5	AIMA JOSHY.K	III. Year B.Com Tax Aided	<i>Aima</i>
6	AISWARYA P T	III. Year B.Sc C.A.	—
7	AJAY S KAMATH	III. Year B.Sc C.A.	<i>Ajay</i>
8	AKASH.S	III. Year B.Com Tax Aided	<i>Akash</i>
9	AKHIL RAJU	III. Year B.Com Tax Aided	<i>Akhil</i>
10	AKHIL.K.K	III. Year B.A. Economics	—
11	AKHILA REJI	III. Year B.Com Tax Aided	<i>Akhila</i>
12	ALEENA JOSE	III. Year B.Com Tax Aided	<i>Aleena</i>
13	ALEENA PHILIP	III. Year B.Com Tax Aided	<i>Aleena</i>
14	ALEENA SHAJI	III. Year B.Com Tax Aided	<i>Aleena Shaji</i>
15	ALEENA THOMAS	III. Year B.Sc C.A.	—
16	ALFIYA .M.A	III. Year B.Sc C.A.	—
17	ALFRED SHAJI MEKKADEN	III. Year B.A. English	<i>Alfred</i>
18	ALISHA JAMES	III. Year B.A. Economics	<i>Alisha James</i>
19	ALPHY MATHEW	III. Year B.Sc C.A.	<i>Alphy Mathew</i>
20	AMALA RAJU	III. Year B.A. English	<i>Amala</i>
21	AMRUTHA NV	III. Year B.A. Economics	—
22	AMULYA SATYAN	III. Year B.Com Tax Aided	<i>Amulya</i>



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23	ANAGHA A P	III. Year B.Sc C.A.	<i>Anagha</i>
24	ANAIDA ANN JACOB	III. Year B.A. Economics	<i>Anaida</i>
25	ANAND JOY	III. Year B.A. Economics	<i>Anand</i>
26	ANEETA ANTU JOSEPH	III. Year B.Com Tax Aided	<i>Aneta</i>
27	ANEETA JOSEPH	III. Year B.Com Tax Aided	<i>Aneta</i>

28	ANET NELSON	III. Year B.A. English	<i>Anet</i>
29	ANGELA AJITH	III. Year B.Sc C.A.	<i>Angela</i>
30	ANITHA TOMY	III. Year B.Com Tax Aided	<i>Anitha</i>
31	ANJALI NAIR A.J	III. Year B.Com Tax Aided	<i>Anjali</i>
32	ANJANA K AJAYAN	III. Year B.Com Tax Aided	<i>Anjana</i>
33	ANJANA MENON	III. Year B.A. Economics	<i>Anjana</i>
34	ANJU SAJEEV	III. Year B.Sc C.A.	<i>Anju</i>
35	ANN MARIYA JOSE	III. Year B.Com Tax Aided	<i>Ann</i>
36	ANOOP KS	III. Year B.A. Economics	<i>Anoop</i>
37	ANTONY C G	III. Year B.Com Tax Aided	<i>Antony</i>
38	ANU S KUMAR	III. Year B.Com Tax Aided	<i>Anu</i>
39	ANUSHA A. NAIR	III. Year B.Com Tax Aided	<i>Anusha</i>
40	ARJUN A	III. Year B.Sc C.A.	<i>Arjun</i>
41	ARUN SREEYESH S	III. Year B.Sc C.A.	<i>Arun</i>
42	ARUNKUMAR P U	III. Year B.Sc C.A.	<i>Arun</i>
43	ARYA T.S	III. Year B.A. Economics	<i>Arya</i>
44	ARYA UNNIKRIISHNAN	III. Year B.Com Tax Aided	<i>Arya</i>
45	ASWATHY V C	III. Year B.Com Tax Aided	<i>Aswathy</i>
46	ASWIN FRANCIS	III. Year B.Com Tax Aided	<i>Aswin</i>
47	ATHIRA M S	III. Year B.Com Tax Aided	<i>Athira</i>
48	ATHIRA RAJU	III. Year B.A. Economics	<i>Athira</i>



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49	ATHIRA.K.A	III. Year B.A. Economics	Athira K.A.
50	AUGUSTINE JOSEPH	III. Year B.Sc C.A.	Augustine Joseph
51	BHADRA MENON	III. Year B.A. English	Bhadra Menon
52	BIBIAN GRACIA MENDEZ	III. Year B.Sc C.A.	Bibian Gracia Mendez
53	BINDU JANARDHANAN	III. Year B.Com Tax Aided	Bindu Janardhanan
54	BLESSY BABU	III. Year B.Com Tax Aided	Blessy Babu
55	C ASHITHA BABU	III. Year B.A. English	C Ashitha Babu
56	CHANCHAL JOSEPH	III. Year B.A. Economics	Chanchal Joseph
57	CLINCE K THOMAS	III. Year B.Com Tax Aided	Clince K Thomas

58	DEEPIKA DINESH	III. Year B.A. Economics	Deepika Dinesh
59	DELISHA CYRIL	III. Year B.A. Economics	Delisha Cyril
60	DEV D BABU	III. Year B.Com Tax Aided	Dev D Babu
61	DIGIN ANTONY	III. Year B.A. Economics	Digin Antony
62	DIVYA DINESH	III. Year B.A. Economics	Divya Dinesh
63	DYLAN M JOSHY	III. Year B.Sc C.A.	Dylan M Joshy
64	FAMI.N.I	III. Year B.A. Economics	Fami.N.I
65	FEBIN ABRAHAM	III. Year B.A. Economics	Febin Abraham
66	FEBIN ANTONY	III. Year B.Sc C.A.	Febin Antony
67	FEBY ANN THOMAS	III. Year B.Com Tax Aided	Feby Ann Thomas
68	GEORGE KEVIN D'SILVA	III. Year B.Sc C.A.	George Kevin D'Silva
69	GOPIKA.G.MENON	III. Year B.Com Tax Aided	GoPIKA.G.MENON
70	GOWRI NAIR	III. Year B.A. English	Gowri Nair
71	HARRY JOSE	III. Year B.A. Economics	Harry Jose
72	IMY MARIYA PAUL	III. Year B.A. Economics	Imy Mariya Paul
73	JASWETH C S	III. Year B.Com Tax Aided	Jasweth C S
74	JEMY GEORGE	III. Year B.Com Tax Aided	Jemy George

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75	JEROME JOSEPH	III. Year B.Com Tax Aided	<i>J Jerome</i>
76	JEWEL PAUL	III. Year B.Com Tax Aided	<i>Jewel</i>
77	JITHIN SEBASTIAN	III. Year B.Sc C.A.	<i>Jithin...</i>
78	JOEL REJI MATHEW	III. Year B.A. Economics	<i>Joel</i>
79	JOSE PAUL MATHEW	III. Year B.A. Economics	<i>Jose paul</i>
80	JOSEMON ANTU	III. Year B.Com Tax Aided	<i>Josemon</i>
81	JULKER S K	III. Year B.A. Economics	<i>Julker</i>
82	JUSTINE JOSE	III. Year B.A. Economics	<i>Justine</i>
83	K AKSHAY KUMAR	III. Year B.Sc C.A.	<i>KAK</i>
84	KAVYA.T.P	III. Year B.A. Economics	<i>Kavya</i>
85	KRISHNA PRIYA.K.K	III. Year B.Com Tax Aided	<i>Krishna</i>
86	KRISHNA SASIDHARAN	III. Year B.A. Economics	<i>Krishna</i>
87	KRISHNENDU P. KUMAR	III. Year B.A. Economics	<i>K.P.K.</i>

88	AKSHMI RAMAKRISHNAN NAI	III. Year B.Com Tax Aided	<i>Akshmi</i>
89	LAMEEZA PARVEEN .E	III. Year B.A. Economics	<i>Lameeza</i>
90	LAYA PRAKASHAN	III. Year B.A. English	<i>Laya</i>
91	LIJIMOL	III. Year B.A. Economics	<i>Lijimol</i>
92	LIKHIL DENNY	III. Year B.A. Economics	<i>Likhil</i>
93	LIVYA KS	III. Year B.A. Economics	<i>Livya</i>
94	LOVEENIYA C RAPHAEL	III. Year B.A. Economics	<i>Loveeniya</i>
95	MAHIMA MATHEW	III. Year B.Com Tax Aided	<i>Mahima</i>
96	MARIA J MAMPALLY	III. Year B.A. Economics	<i>Mampally</i>
97	MEENU JOBY	III. Year B.Com Tax Aided	<i>Meenu</i>
98	MEERA RAMESH	III. Year B.A. Economics	<i>Meera</i>
99	MERIN CHERIAN	III. Year B.A. English	<i>Merin</i>
100	MIDHU MARIA JOSEPH	III. Year B.Com Tax Aided	<i>Midhu</i>



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101	MIZPHA SARA SUNNY	III. Year B.Com Tax Aided	<i>Mizpha</i>
102	MOHAMMED AZHARUDEEN A	III. Year B.Com Tax Aided	<i>Mohammed</i>
103	NAMRATHA S	III. Year B.A. Economics	<i>Namratha</i>
104	NEENU GEORGE	III. Year B.Com Tax Aided	<i>Neenu</i>
105	NEENU SAJU	III. Year B.Com Tax Aided	<i>Neenu</i>
106	NEERAJA NANDINI S	III. Year B.A. Economics	<i>Neeraja</i>
107	NEVILA THOMAS	III. Year B.Sc C.A.	<i>Nevila</i>
108	NILEEN SANDRA.V.J	III. Year B.A. Economics	<i>Nileen</i>
109	NIPUN PIUS	III. Year B.A. English	---
110	NIRMAL MATHEW	III. Year B.A. English	<i>Nirmal</i>
111	NOEL MARIAM GEORGE	III. Year B.A. English	<i>Noel</i>
112	-O.AISHWARYA	III. Year B.A. Economics	---
113	P.VENI	III. Year B.A. English	<i>Veni</i>
114	PAUL JAMES	III. Year B.A. Economics	<i>Paul</i>
115	PEARL FRANCIS	III. Year B.Com Tax Aided	<i>Pearl</i>
116	PRADEEK.C.P	III. Year B.Com Tax Aided	<i>Pradeek</i>
117	PREMRAJ R K	III. Year B.Sc C.A.	<i>Premraj</i>

118	PRIYA JOSEPH	III. Year B.Com Tax Aided	<i>Priya</i>
119	RAJPRAKASH P R	III. Year B.Sc C.A.	<i>Rajprakash</i>
120	REHNA ILLIAS	III. Year B.Com Tax Aided	<i>Rehna</i>
121	RENEETTA ANN RAJU	III. Year B.A. Economics	<i>Renetta</i>
122	RESHMA VENUGOPAL	III. Year B.A. English	---
123	RIYA TOMY	III. Year B.A. English	<i>Riya</i>
124	ROHIT TOM	III. Year B.Com Tax Aided	<i>Rohit</i>
125	RONI JOSEPH JOSE	III. Year B.Com Tax Aided	<i>Roni</i>
126	ROSHAN SANTHOSH	III. Year B.Com Tax Aided	<i>Roshan</i>



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127	ROSHNI JOHNSON	III. Year B.A. English	Roshni
128	ROSIN MINNU SIBI	III. Year B.Com Tax Aided	Rosin
129	ROSMI CLEMENT	III. Year B.Sc C.A.	Rosmi
130	ROSMIN JOHNY PYNADATH	III. Year B.Com Tax Aided	Rosmin
131	RUDHIN ALDRIN	III. Year B.Sc C.A.	—
132	S VISHNUPRIYA	III. Year B.Sc C.A.	VishnuPriya
133	SACHIN P.S	III. Year B.Sc C.A.	Sachin
134	SAJIDH.A.A	III. Year B.Sc C.A.	Sajidh
135	SALMA SHEREEF	III. Year B.A. Economics	Salma
136	SANDEEP DILEEP KUMAR	III. Year B.A. English	Sandeep
137	SANIYA SUNNY	III. Year B.A. English	Saniya
138	SANJAY SREENIVAS	III. Year B.A. English	Sanjay
139	SANOOP K LUIS	III. Year B.A. English	Sanoop
140	SARANYA.S	III. Year B.Com Tax Aided	Saranya
141	SARIN GIJI	III. Year B.A. Economics	Sarin
142	SETHU LAKSHMI . A.R	III. Year B.A. Economics	SethuLakshmi
143	SHABEER S	III. Year B.Sc C.A.	Shabeer
144	SHARA RAVI KUMAR	III. Year B.Com Tax Aided	Shara
145	SHELL SHAJAN	III. Year B.Com Tax Aided	Shell
146	SHEMINE BABU	III. Year B.Com Tax Aided	Shemine
147	SHERIN MARY THOMAS	III. Year B.Com Tax Aided	Sherin

148	SHERIN STANY	III. Year B.Com Tax Aided	Sherin
149	SHINAS HASHIM P.V	III. Year B.A. English	Shinas
150	SHYAM SASI	III. Year B.A. English	Shyam
151	SNEHA BABU	III. Year B.Com Tax Aided	Sneha
152	SREELAKSHMI	III. Year B.Com Tax Aided	Sreelakshmi



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153	STEVE G KONNULLY	III. Year B.Com Tax Aided	<i>Steve</i>
154	SURYAPRIYA ANTONY	III. Year B.A. English	<i>Surya Priya</i>
155	SWATHI SURESH	III. Year B.Com Tax Aided	<i>Swathi</i>
156	TANIA STEPHANIE ROCHA	III. Year B.A. Economics	<i>Tania</i>
157	TESSA JOSE	III. Year B.A. English	<i>Tessa</i>
158	THOMAS SUNIL K	III. Year B.A. Economics	<i>Thomas</i>
159	THULSI MADHUSUDANAN	III. Year B.Com Tax Aided	<i>Thulasi</i>
160	VAISHNAVI V	III. Year B.A. English	<i>Vaishnavi</i>
161	VARUNA C V	III. Year B.A. English	<i>Varuna</i>
162	VASANTH B.M	III. Year B.Sc C.A.	<i>Vasanth</i>
163	VEENA.P.U	III. Year B.A. English	<i>Veena</i>
164	VINOD JOSEPH K J	III. Year B.Sc C.A.	<i>Vinod</i>
165	VINU ALEX	III. Year B.Sc C.A.	<i>Vinu</i>
166	VISHNU JOTHI	III. Year B.Sc C.A.	—
167	VISHNUPRIYA MURUKESAN	III. Year B.A. Economics	<i>Vishnu</i>
168	YEDHU KRISHNAN C.S	III. Year B.A. Economics	<i>Yedhu</i>