Sacred Heart College (Autonomous)

Department of Sociology

BA SOCIOLOGY

Course plan

Academic Year: 2016 - 17

Semester V

| PROGRAMME | BACHELOR OF SOCIOLOGY | SEMESTER | 5 |
|---|---------------------------------------|-----------|----|
| COURSE CODE AND TITLE | U5CRSOC7 MODERN SOCIOLOGICAL THEORIES | CREDIT | 4 |
| HOURS/WEEK | 5 | HOURS/SEM | 90 |
| FACULTY NAME SANJOSE A THOMAS, SIBI K I, BENNY VARGHESE | | | |

COURSE OBJECTIVES

Understand functional theories and delving into the contributions of Talcott Parson and Robert Merton.

Analyze the Conflict perspective and theories propounded by Karl Marx and Lewis Coser.

Explore symbolic interactionism and the significance and contributions of the Chicago school.

Discuss exchange theory and contributions of George Homans and Peter M Blau

| SESSION | TOPIC | LEARNING RESOURCES | VALUE | REMARKS | | |
|---------|--------------------------------|------------------------|-------|---------|--|--|
| | | ADDITIONS | | | | |
| | Module I – Functional Theories | | | | | |
| 1 | Introduction to | Lecture/PPT/Discussion | | | | |
| | the course | | | | | |
| 2 | Functionalism | | | | | |
| 3 | Meaning | | | | | |
| 4 | Development | | | | | |
| 5 | Basic assumptions | | | | | |
| 6 | Concepts- | | | | | |
| 7 | Function | | | | | |
| 8 | Dysfunction | | | | | |
| 9 | Manifest | | | | | |
| | functions | | | | | |
| | Latent functions | | | | | |
| 10 | Structural | Lecture/PPT/Discussion | | | | |
| | Functionalism | | | | | |
| 11 | of Talcott Parsons | | | | | |
| 12 | Action system | | | | | |
| 13 | AGIL scheme | | | | | |
| | Pattern variables | | | | | |
| 14 | Functionalism of | Lecture/ PPT | | | | |
| | Robert K Merton | | | | | |
| 15 | Postulates | | | | | |

| 16 | Codification of | | |
|----|---------------------|---------------------------|--|
| 10 | functional analysis | | |
| 17 | Anomie | | |
| 18 | Deviance | | |
| 19 | Conformity | | |
| 20 | Strain theory | | |
| 21 | 5 individual | | |
| 21 | adaptations | | |
| | adaptations | MODULE II Conflict Theory | |
| 22 | Conflict | Lecture/PPT/ Discussion | |
| 23 | perspective | | |
| 24 | Meaning, | | |
| 25 | Major | | |
| 26 | assumptions | | |
| 27 | Postulates | | |
| 28 | Power | | |
| 29 | Distribution of | | |
| 30 | resources | | |
| 31 | Inequality | | |
| 32 | Stratification of | | |
| 33 | society | | |
| 34 | Competition | | |
| | Domination | | |
| | Subordination | | |
| | Social change | | |
| | Conflict drives | | |
| | social change | | |
| | | | |
| 35 | Karl Marx- | Discussion/Seminar | |
| 36 | The communist | | |
| 37 | manifesto | | |
| 38 | Dialectical | | |
| 39 | idealism | | |
| 40 | Dialectical | | |
| 41 | materialism | | |
| 42 | Historical | | |
| 43 | materialism | | |
| 44 | Economic | | |
| 45 | Determinism | | |
| 46 | Class | | |
| 47 | Class conflict | | |
| 48 | Class . | | |
| 49 | consciousness | | |

| 50 | Canitalism | | | |
|----|---------------------|----------------------------------|---|--|
| | Capitalism | | | |
| 51 | Alienation | | | |
| 52 | Class struggle | | | |
| | Class solidarity | | | |
| 53 | Bourgeoisie | | | |
| 54 | Proletariat | | | |
| | Communist | | | |
| | revolution | | | |
| | Overthrow of the | | | |
| | bourgeoisie | | | |
| | Egalitarian society | | | |
| | Redistribution of | | | |
| | wealth | | | |
| 55 | Lewis Coser | Lecture/PPT/ Discussion | | |
| 56 | Functions of | | | |
| 57 | conflict. | | | |
| 58 | Group alliance | | | |
| 59 | In-group conflict | | | |
| 60 | Realistic goals | | | |
| | Unrealistic goals | | | |
| | MO | DULE III Symbolic Interactionisn | n | |
| 61 | Basic Postulates | Lecture/ Seminar | | |
| 62 | of Symbolic | | | |
| | Interactionism | | | |
| 63 | Basic premises | | | |
| | Central ideas | | | |
| 64 | Chicago School | PPT/Discussion | | |
| 65 | Central ideas | | | |
| 66 | Basic premises | | | |
| | G.H.Mead | PPT/Seminar/Debate | | |
| 67 | Mind, Self and | - | | |
| 68 | Society | | | |
| 69 | Central ideas | | | |
| 70 | Basic postulates | | | |
| 71 | C.H.Cooley | Lecture/ Seminar | | |
| 72 | Looking Glass Self | • | | |
| 73 | Central ideas | | | |
| 74 | Basic postulates | | | |
| | | | | |
| | | MODULE IV Exchange Theory | | |
| 75 | George Homans | Lecture/Discussion | | |
| 76 | Behavioral | | | |
| 77 | sociology | | | |

| | Dayward and | | |
|----|-------------------|-------------------------------|--|
| | Reward and | | |
| 78 | punishment | | |
| 79 | Rational choice | | |
| 80 | Positive | | |
| | reinforcement | | |
| | Negative | | |
| | reinforcement | | |
| 81 | Peter Blau | Lecture/Discussion/Assignment | |
| 82 | Micro social | | |
| 8 | exchange | | |
| 84 | Social rewards | | |
| 85 | Internal rewards | | |
| 86 | External rewards | | |
| 87 | Interactional | | |
| | exchange | | |
| 88 | Dynamics of | | |
| | bureaucracy | | |
| 89 | Organizational | | |
| | exchange | | |
| 90 | Stratification in | | |
| | bureaucracy | | |
| | Socio emotional | | |
| | exchanges | | |

| | Date of | Topic of Assignment & Nature of assignment |
|---|------------|---|
| | | (Individual/Group – Written/Presentation – |
| | completion | Graded or Non-graded etc) |
| 1 | 15/7/2016 | Difference in Parson's and Merton's functionalism |
| 2 | 5/8/2016 | Critical analysis of Conflict theory |

GROUP ASSIGNMENTS/ACTIVITES – Details & Guidelines

| | Date of completion | Topic of Assignment & Nature of assignment (Individual/Group – Written/Presentation – Graded or Non-graded etc) |
|---|--------------------|---|
| 1 | 16/6/2016 | The impact of Chicago school in sociological discipline |
| 2 | 22/7/2016 | Analysis of Exchange theory |

References:

- 1. Bert.N, Adams, R.A. Sydse Sociological Theory –Vi star publications, New Delhi, 2007.
- 2. Collins Randall Sociological Theory Rawat, Jaipur, 1997.
- 3. Coser Lewis Masters of Sociological Thought, Rawat Jaipur, 1996.
- 4. DoshiS L, Modernity, Post modernity and Neo Sociological Theories Rawat, New Delhi, 2006.
- 5. Francis Abraham Modern Sociological theory An introduction Oxford University

Press, New Delhi, 2006

- 7. George Ritzer Sociological Theory McGraw Hill, New York, 1993
- 8. George Ritzer Sociological Theory McGraw Hill, New York, 1993

| PROGRAMME | BACHELOR OF SOCIOLOGY | SEMESTER | 5 |
|--------------------------|---|-----------|----|
| COURSE CODE AND TITLE | U5CRSOC08 ELEMENTS OF SOCIAL PSYCHOLOGY | CREDIT | 4 |
| HOURS/WEEK | 5 | HOURS/SEM | 90 |
| FACULTY NAME | SIBI K I | | |

| COURSE OBJECTIVES |
|--|
| Understand the thrust areas and methods of social psychology. |
| Demonstrate the factors and attributes responsible for the development of human personality |
| Identify the undercurrents of human behaviour |
| Differentiate between individual behaviour and crowd behavior and explore the crowd psychology |

| SESSION | ТОРІС | LEARNING RESOURCES | VALUE ADDITIONS | REMARKS | | |
|---------|---------------------------------|-----------------------------|--------------------|---------|--|--|
| | Module I – Introd | uction to social psychology | | | | |
| 1 | Definition | Lecture/PPT/Discussion | | | | |
| 2 | Nature | | | | | |
| 3 | Scope | | | | | |
| 4 - 5 | и | | | | | |
| 6 | Importance of Social Psychology | Lecture/PPT/Discussion | | | | |
| 7 | u | | | | | |
| 8 | Methods introduction | Lecture/ PPT/Assignment | | | | |
| 9 | Experimental | | | | | |
| 10 | u | | | | | |
| 11 | Clinical method | | | | | |
| 12 | Case study | | | | | |
| 13 | Scaling technique | | | | | |
| 14 | " | | | | | |
| 15 | Projective techniques | | | | | |
| 16 | u | | | | | |
| 17 | и | | | | | |
| 18 | Revision | | | | | |
| | MODULE II Understanding oneself | | | | | |
| 19 | Personality: introduction | Lecture/PPT/ Discussion | | | | |
| 20 | Definition, meaning | | | | | |
| 21 | Features | | | | | |
| 22 | u | | | | | |

| 23 | u | | |
|----------|------------------------------------|---------------------------|-------|
| 24 | Stages of Development | Discussion/Seminar | |
| 25 | Pre-natal | • | |
| 26 | Infancy | | |
| 27 | " | | |
| 28 | Early childhood | | |
| 29 | Late childhood | | |
| 30 | Puberty | | |
| 31 | Adolescence | | |
| 32 | Early Middle Age | | |
| 33 | Late Middle age | | |
| 34 | Old age | | |
| 35 | Old age problems | | |
| 36 | Types of personality | Lecture/PPT/ Discussion | |
| 37 | " | | |
| 20 | The angle of Town Change | DDT /I a store /C a store | |
| 38 | Theories: Type theory | PPT/Lecture/Seminar | |
| 39 40 | " " | | |
| 40 | | | |
| 41 | Psychoanalytic theory | | |
| 43 | Freud as father of Psycho-analysis | | |
| 44 | Topographical model | | |
| 45 | Structural model | | |
| 46 | | | |
| 47 | Defense mechanism | | |
| 48 | Dynamics of personality | | |
| | Dream analysis | | |
| 49 | Trait theory | | |
| 50 | Allport | | |
| 51 | Factor analysis | | |
| 52 | Cattel | | |
| 53 | Big Five theory | | |
| 54 | Revision | | |
| | • | ynamics of Behavior | _ |
| 55 | Motivation- | PPT/Lecture | CO 3 |
| 56 | Definition, meaning | | |
| 57 | Nature | | |
| 58 | Types | | |
| 59 | Biological | | |
| 60 | Sociogenic | | |
| C1 | | DDT/Discussion | 60.3 |
| 61 | Theories of Motivation- Instinct | PPT/Discussion | CO 3 |
| 62 63 | theory | | |
| 64 | Need – Drive – Incentive Theory | | |
| 65 | Maslow's Theory. | | |
| | [" | | |
| | | | |
| | 1 | | |

| 66 | Attitude - Definition | PPT/Seminar/Debate | CO 3 |
|----|------------------------------|-------------------------------|------|
| 67 | Characteristics | , , | |
| 68 | Factors affecting attitude | | |
| 69 | Formation of attitude | | |
| 70 | Change of attitude | | |
| 71 | Revision | | |
| | <u>L</u> | / MASS BEHAVIOUR | |
| 72 | Types of Mass | Lecture/Discussion | |
| 73 | Crowd | · | |
| 74 | Features | | |
| 75 | Mob | | |
| 76 | Types of crowd | | |
| 77 | Audience | | |
| 78 | Public | | |
| 79 | | | |
| 80 | Difference between crowd and | | |
| 81 | audience | | |
| | Difference between crowd and | | |
| | public | | |
| 82 | Propaganda – Meaning | Lecture/Discussion/Assignment | |
| 83 | Characteristics | | |
| 84 | Types | | |
| 85 | Importance | | |
| | | | |
| 86 | Techniques of Propaganda | Lecture/Discussion | |
| 87 | l" | | |
| 88 | " | | |
| 89 | Propaganda Prophylaxis | | |
| 90 | Revision | | |

| | Date of | Topic of Assignment & Nature of assignment | |
|---|------------|---|--|
| | | (Individual/Group – Written/Presentation – | |
| | completion | Graded or Non-graded etc) | |
| 1 | 20/6/2016 | Preparation of a Scale Tool- Assignment | |
| 2 | 10/8/2016 | Adolescent stage of development- Challenges | |

GROUP ASSIGNMENTS/ACTIVITES – Details & Guidelines

| | Date of completion | Topic of Assignment & Nature of assignment | |
|---|--------------------|--|--|
| | | (Individual/Group – Written/Presentation – | |
| | completion | Graded or Non-graded etc) | |
| 1 | 10/9/2016 | Dream Analysis -seminar | |
| 2 | 20/9/2016 | Crowd behaviour (Group Discussion) | |

References:

- 1. David.J. Schneider Social Psychology Harcourt Brace Javanovid, New York, 1988.
- 2. Kuppuswamy Introduction to Social Psychology Vikas Publishing House, New Delhi, 1975.
- 3. Sprott. W.J.H Social Psychology English Language Book Society and Methvin and Co. Ltd., London, 1964.
- 4. Clifford.T. Morgan, Richard. A. King Introduction to Psychology Tata McGraw Hill publishing Co. Ltd., New Delhi, 2006.
- 5. GirishbalaMohunty Social Psychology Arora offset press, New Delhi, 2000

| PROGRAMME | BACHELOR OF SOCIOLOGY | SEMESTER | 5 |
|--------------------------|--|-----------|----|
| COURSE CODE AND TITLE | U5CRSOC09 SOCIOLOGY OF WORK AND INDUSTRY | CREDIT | 4 |
| HOURS/WEEK | 5 | HOURS/SEM | 90 |
| FACULTY NAME | BENNY VARGHESE | | |

COURSE OBJECTIVES

Understand the essence of Sociological understanding of work and industry-systems of production and development of industrial mode of production, concept like emotional labour, knowledge worker

Get thorough knowledge of the industrial dynamics-industrial relations, industrial disputes, causes, settlement strategies.

Develop knowledge about sociological perspectives on work and industrial management

Enabled to acquire knowledge about human resource management ,models and paradoxes

| SESSIONS | TOPIC | LEARNING | REMARKS | | | | |
|----------|---------------------------|--------------------|---------|--|--|--|--|
| | | RESOURCES | | | | | |
| | MODULE 1 | | | | | | |
| 1 | Course Introduction | Lecture/discussion | | | | | |
| 2-4 | Briefing about concept of | Lecture/discussion | | | | | |
| | work | | | | | | |
| 5 | Sociological | Lecture/discussion | | | | | |
| | understanding of work | | | | | | |
| 6 | Industry-idea | Lecture/discussion | | | | | |
| 7-8 | Sociological | Lecture/discussion | | | | | |
| | understanding of industry | | | | | | |
| 9 | Weekend Assignment | Lecture/discussion | | | | | |
| 10 | Industrial society-nature | Lecture/discussion | | | | | |
| 11-13 | Features of industrial | Lecture/discussion | | | | | |
| | society | | | | | | |
| 14 | Industrial-Production | Lecture/discussion | | | | | |
| 14-16- | Factory system | Lecture/discussion | | | | | |
| 17 | Evolution industrial | Lecture/discussion | | | | | |
| | system | | | | | | |
| 18 | Pre-industrial system | Lecture/discussion | | | | | |

| 19 | Types-production system | Lecture/discussion | |
|-------|--------------------------|-----------------------|--|
| 20-22 | putting out | Lecture/discussion | |
| 23 | Causes of decline | Lecture/discussion | |
| 24-26 | Guild system | Lecture/discussion | |
| 27 | Causes of decline | Lecture/discussion | |
| | N | MODULE 2 | |
| 28-29 | Tylorism-features | Lecture/discussion | |
| 30 | Tylorism-criticism | Lecture/discussion | |
| 31-34 | Fordism-post Fordism | Lecture/discussion | |
| 35 | Knowledge work | Lecture/discussion | |
| 36-37 | Emotional work | Lecture/discussion | |
| 38 | Industrial relations | Lecture/discussion | |
| 39-40 | Nature of Industrial | Lecture/discussion | |
| | relations | 2000010, 0.0000001011 | |
| 41 | Need of Industrial | Lecture/discussion | |
| | relations | | |
| 42 | Essentials of Industrial | Lecture/discussion | |
| | relations | | |
| 43 | Incentives-morale | Lecture/discussion | |
| 44 | Industrial disputes | Lecture/discussion | |
| 45 | Definition | Lecture/discussion | |
| 46 | Nature | Lecture/discussion | |
| 47 | Types of industrial | Lecture/discussion | |
| | disputes | | |
| 48 | Strikes-types | Lecture/discussion | |
| 49 | Causes of strike | Lecture/discussion | |
| 50 | Lock out | Lecture/discussion | |
| 51 | Discussion on the CIA | Lecture/discussion | |
| 52-54 | causes of industrial | Lecture/discussion | |
| | disputes | | |
| 55-58 | Prevention of industrial | Lecture/discussion | |
| | disputes | | |
| 59-61 | Collective bargaining-, | Lecture/discussion | |
| | Features of collective | | |
| | bargaining, Conditions, | | |
| | Factors hindering | | |
| | collective bargaining | | |
| 62 | Model Examination | Lecture/discussion | |

| 63-65 | SETTLEMENT OF industrial disputes | Lecture/discussion | |
|-------|--|---------------------|--|
| 66 | Arbitration-compulsory collective bargaining | Lecture/discussion | |
| | | MODULE 3 | |
| 67 | SCIENTIFIC | Lecture/discussion | |
| 07 | MANAGEMENT, Principles | Lecture/ discussion | |
| | of scientific management, | | |
| | Tylorism-features | | |
| 68 | Criticism of scientific | Lecture/discussion | |
| | management | ., | |
| 69 | Human relations | Lecture/discussion | |
| | approach-introduction | | |
| 70 | Observations of | Lecture/discussion | |
| | Hawthorne experiments | | |
| 71 | Criticisms- | Lecture/discussion | |
| 72-74 | Workers participation in | Lecture/discussion | |
| | management-concept | | |
| 75 | Need of WPM | Lecture/discussion | |
| 76-78 | Types of WPM | Lecture/discussion | |
| 79 | Issues associated with | Lecture/discussion | |
| WPM | | | |
| | N | MODULE 4 | |
| 80 | Human resource | Lecture/discussion | |
| | management-idea | | |
| 81-82 | Development of HRM | Lecture/discussion | |
| 83 | Functions of HRM | Lecture/discussion | |
| 85 | Models of HRM | Lecture/discussion | |
| 86 | Harward model | Lecture/discussion | |
| 87 | Weekend Assignment | Lecture/discussion | |
| 88 | Strategic SHRM | Lecture/discussion | |
| 89 | Issues | Lecture/discussion | |
| 90 | Paradoxes of HRM | Lecture/discussion | |

| | | | Topic of Assignment & Nature of | | |
|-------------|--|-------------|--|--|--|
| | Date of assignment (Individual/Group – | | | | |
| | | completion | completion Written/Presentation – Graded or Non- | | |
| graded etc) | | graded etc) | | | |
| | 1 | 10/07/2016 | Emotional labour sociological implications | | |

GROUP ASSIGNMENTS/ACTIVITES – Details & Guidelines

| | Date of completion | Topic of Assignment & Nature of assignment (Individual/Group – Written/Presentation – Graded or Nongraded etc) | |
|---|--------------------|--|--|
| 1 | 10/9/2016 | Challenges of trade union in the neoliberal world | |

References

- 1. Davis Keith- Human behavior at work-Tat McGraw Hills,1983
- 2. Bratton John-Work and Organizational behavior Macmillan 2008
- 3. Abraham, Francis and Morgan Henry John, 2010, Sociological Thought, MacMillan Publishers India Ltd.
- 4. Abraham, Francis, 2006, Contemporary Sociology, Oxford University Press.
- 5. Abercrombie, Nicholas (2004) Sociology, Cambridge Polity Press.
- 6. Bottomore, Tom 1986, Sociology: A Guide to Problems and Literature, Blackie and Son India (Ltd)
- 7. 7.Beteille, Andre (2002) Sociology, New Delhi, Oxford University Press
- 8. 8.Bottomore, Tom and Robert, Nisbet, 1978, A History of Sociological analysis, Heineman.
- 9. Giddens, Anthony, 1998, Sociology, Polity Press, Cambridge.

| PROGRAMME | BACHELOR OF SOCIOLOGY | SEMESTER | 5 |
|--------------------------|---------------------------------|-----------|----|
| COURSE CODE AND TITLE | U5CRSOC010 LIFE SKILL EDUCATION | CREDIT | 4 |
| HOURS/WEEK | 5 | HOURS/SEM | 90 |
| FACULTY NAME | SANJOSE A THOMAS | | |

COURSE OBJECTIVES

Identify life skills, its needs in various spheres of life and its role in development of personality.

Develop skills to make informed career choices and enhance knowledge and aptitude.

Explore holistic development and equipping students to acquiring skills for self-management.

Understand the need for communication skills and how digital media enables effective learning.

| SESSION | ТОРІС | LEARNING RESOURCES | VALUE ADDITIONS | REMARKS | | | |
|---------|--|------------------------|--------------------|---------|--|--|--|
| | Module I – Introduction to life skills education | | | | | | |
| 1 | Introduction to the | Lecture/PPT/Discussion | | | | | |
| | course | | | | | | |
| 2 | Definition of Life | | | | | | |
| | skills | | | | | | |
| 3 | Importance of life | | | | | | |
| | skills Components of | | | | | | |
| 4 | life skills- | | | | | | |
| | Need for Life skill | | | | | | |
| 5 | training | | | | | | |
| | Decision making | | | | | | |
| 6 | Problem solving | | | | | | |
| 7 | Creative thinking | | | | | | |
| 8 | Critical thinking | | | | | | |
| | Empathy | | | | | | |
| 9 | Equanimity | | | | | | |
| 10 | Resilience | | | | | | |
| 11 | Community living | | | | | | |
| 12 | Youth and life skills | | | | | | |
| 13 - 14 | development | | | | | | |
| | | | | | | | |

| | | т | |
|---------|-------------------------|---------------------------|------|
| 15 | Spheres where life | Lecture/PPT/Discussion | 1 |
| | Skill development is | | 1 |
| | required. | | 1 |
| | Life skills training in | | 1 |
| 16 | traditional education | ! | 1 |
| Tρ | | | 1 |
| | Life skill training in | ! | 1 |
| | modern education | ! | 1 |
| | Citizen rights and | ! | 1 |
| 17 - 21 | responsibilities | | 1 |
| | Welfare of others | ! | 1 |
| | Social awareness | ! | 1 |
| | Political awareness | ! | 1 |
| | | | 1 |
| 22 | Life Sill development | Lecture/ PPT/Assignment | 1 |
| | Personality | | 1 |
| 22 | • | <u> </u> | 1 |
| 23 | Inculcation values | <u> </u> | 1 |
| 24 | Reliability | ļ l | 1 |
| | Honesty | <u> </u> | 1 |
| 25 | Sociability | <u> </u> | 1 |
| 26 | | ı L | 1 |
| 27 | <u> </u> | | |
| | I | MODULE II Career planning | |
| 28 | Choosing a career | Lecture/PPT/ Discussion | |
| | Career objective | | 1 |
| 29 | Career Planning | | 1 |
| 30 | Need and | | 1 |
| 31 | importance of Career | | 1 |
| 31 | Guidance | <u> </u> | 1 |
| 22 | | ı L | ' |
| 32 | Identification of | <u> </u> | 1 |
| 33 | career path | | 1 |
| | Career goals | | 1 |
| 34 | Individual aptitude | <u> </u> | 1 |
| 35 | Individual goals | <u> </u> | |
| | Work experience | <u> </u> | 1 |
| 36 - 39 | Soft skills | | 1 |
| | Employability | | 1 |
| 40 | Guidance centers | Discussion/Seminar | 1 |
| -10 | Sources of career | ccassion, seminal | ' |
| 14 | information | <u> </u> | |
| 41 | | | 1 |
| | Job Fair | ! | 1 |
| | Career magazines | ! | 1 |
| 42 | Computerized job | | 1 |
| 43 - 44 | Search | | |
| 45 | Applying for a Job: | Lecture/PPT/ Discussion | |
| 46 | Preparation of | . , | ' |
| 47 | resume | | 1 |
| | | | 1 |
| | | | |

| 10 | 48 Follow up | | | | | |
|---------------|---------------------|---------------------------------|--|--|--|--|
| 40 | communication | | | | | |
| | l . | I IODULE III Self-Management | | | | |
| | IV | IODOLE III Seii-Ivialiagement | | | | |
| 49 | Self Esteem, Self- | Lecture/Discussion | | | | |
| 50 | Awareness Self- | | | | | |
| 51 | Control | | | | | |
| 52 | Emotional Quotient | | | | | |
| | Social Quotient | | | | | |
| 53 | Emotional | | | | | |
| | intelligence | | | | | |
| 54 | Coping with | PPT/Discussion | | | | |
| | emotions | | | | | |
| 55 | Stress | | | | | |
| 56 | Strain | | | | | |
| 57 | Anxiety | | | | | |
| 58 | Social anxiety | | | | | |
| 59 | Resentment | | | | | |
| 60 | Coping mechanisms | | | | | |
| 61 | Mental wellbeing | | | | | |
| | Emotional health | | | | | |
| 62 | Productivity | | | | | |
| | Well balanced life | | | | | |
| 63 - 66 | Time management | | | | | |
| 67 | Conflict resolution | Lecture/Seminar | | | | |
| | Steps and stages | | | | | |
| 60 | Developing positive | | | | | |
| 68 | thinking | | | | | |
| 60 | Assertiveness | | | | | |
| 69 | Team work | | | | | |
| 70 71 - 72 | Cooperation | | | | | |
| /1-/2 | Team building | | | | | |
| | IVIO | ODULE IV Communication skills | | | | |
| 73 | Verbal | Lecture/Seminar | | | | |
| | communication | | | | | |
| 74 | Non Verbal | | | | | |
| | communication | | | | | |
| 75 | Effective | | | | | |
| | interpersonal | | | | | |
| | communication | | | | | |
| 76 | Person to group | | | | | |
| | communication | | | | | |
| 77 | Public Speaking | Lecture/Discussion/Assignment | | | | |
| 78 | Facing Interview | | | | | |
| 79 | Group Discussion | | | | | |
| | | | | | | |

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|---------|-----------------------|-----------------------|---|--|
| 80 | Preparing for an | | | |
| | interview | | | |
| 81 | Self-presentation | | | |
| 82 | Preparing for a group | | | |
| | discussion | | | |
| 83 | Skill Development | Lecture/Seminar | | |
| | and Learning | | | |
| | Through electronic | | | |
| 84 | Media | | | |
| | Email | | | |
| | Blogging | | | |
| | ELearning Virtual | | | |
| | classrooms | | | |
| | INFLIBNET | | | |
| | Digital divide | | | |
| | Digital literacy | | | |
| | | | | |
| 85 | Barriers to | Lecture/ Presentation | | |
| | communication | | | |
| 86 | Physical barriers | | | |
| 87 | Mental barriers | | | |
| 88 | Emotional barriers | | | |
| | Cognitive barriers | | | |
| 89 - 90 | Reception of | | | |
| | information | | | |

| | Date of | Topic of Assignment & Nature of assignment (Individual/Group – |
|---|------------|--|
| | completion | Written/Presentation — Graded or Non-graded etc) |
| 1 | 27/6/2016 | Importance of life skills education |
| 2 | 19/8/2016 | Preparation of a CV |

GROUP ASSIGNMENTS/ACTIVITES – Details & Guidelines

| | Date of | Topic of Assignment & Nature of assignment (Individual/Group – | |
|---|------------|--|--|
| | completion | Written/Presentation — Graded or Non-graded etc) | |
| 1 | 10/9/2016 | Self-management seminar | |
| 2 | 20/9/2016 | Effective public speaking presentation | |

References:

- 1. Elizabeth Hurlock (1968), Development Psychology, Mc Grew Hill
- 2. Baron A Robert and Byrne Donn (2003, Social Psychology, Prentice Hall of India
- 3. Delors, Jacques (1997), Learning: the Treasure Within, UNESCO, Paris
- 4. UNESCO and Indian national Commission of Cooperation with UNESCO (2001), Life Skill in Non formal education A Review, UNESCO, Paris

OPEN COURSE: 1

| PROGRAMME | BACHELOR OF SOCIOLOGY | SEMESTER | 5 |
|--------------------------|--|-----------|----|
| COURSE CODE AND TITLE | U5OCRSOC01 ELEMENTS OF SOCIAL PSYCHOLOGY | CREDIT | 3 |
| HOURS/WEEK | 5 | HOURS/SEM | 72 |
| FACULTY NAME | SIBI K I , Sanjose A Thomas | | |

| COURSE OBJECTIVES |
|--|
| Understand the thrust areas and methods of social psychology. |
| Demonstrate the factors and attributes responsible for the development of human personality |
| Identify the undercurrents of human behaviour |
| Differentiate between individual behaviour and crowd behavior and explore the crowd psychology |

| SESSION | TOPIC | LEARNING RESOURCES | VALUE ADDITIONS | REMARKS | |
|----------|---------------------------------|-----------------------------|--------------------|---------|--|
| | Module I – Introd | uction to social psychology | | | |
| 1 | Definition& Origin | Lecture/PPT/Discussion | | | |
| 2 | Nature & scope | | | | |
| | | | | | |
| 3 | Importance of Social Psychology | Lecture/PPT/Discussion | | | |
| 4 | Methods: Experimental | Lecture/ PPT/Assignment | | | |
| 5 | Clinical method, Case study | | | | |
| 6 | Scaling technique | | | | |
| 7 | Projective techniques | | | | |
| 8 | Revision | | | | |
| ├ | MODULE II Understanding oneself | | | | |
| 9 | Personality: introduction | Lecture/PPT/ Discussion | | | |
| 10 | Definition, meaning | Lecture, 11 17 Discussion | | | |
| 11 | Features | | | | |
| 12 | Stages of Development | Discussion/Seminar | | | |
| 13 | Pre-natal | | | | |
| 14 | Infancy | | | | |
| 15 | Early childhood | | | | |
| 16 | Late childhood | | | | |
| 17 | Puberty | | | | |
| 18 | Adolescence | | | | |
| 19 | Early Middle Age | | | | |
| 20 | Late Middle age | | | | |

| 21 | Old age | | | |
|----------|------------------------------------|---------------------------------|--|--|
| 22 | Types of personality | Lecture/PPT/ Discussion | | |
| 23 | Theories: Type theory | PPT/Lecture/Seminar | | |
| 24 | u I | ,, | | |
| 25 | u | | | |
| | | | | |
| 26 | Psychoanalytic theory | | | |
| 27 | Freud as father of Psycho-analysis | | | |
| 28 | Topographical model | | | |
| 29 30 | Structural model | | | |
| 31 | Defense mechanism | | | |
| 32 | Dynamics of personality | | | |
| 32 | Dream analysis | | | |
| 33 | Trait theory | | | |
| 34 | Allport | | | |
| 35 | Factor analysis | | | |
| 36 | Cattel | | | |
| 37 38 | Big Five theory | | | |
| 38 | Revision | marries of Robavias | | |
| | Motivation- | ynamics of Behavior PPT/Lecture | | |
| 39 | | FFI/Lecture | | |
| 40 | Definition, meaning | | | |
| 41 | Nature | | | |
| 42 | Types | | | |
| 43 | Biological | | | |
| 44 | | | | |
| 45 46 | Theories of Motivation- Instinct | PPT/Discussion | | |
| 47 | theory | | | |
| 48 | Need – Drive – Incentive Theory | | | |
| 49 | Maslow's Theory. | | | |
| F0 | Attitude - Definition | PPT/Seminar/Debate | | |
| 50 51 | Characteristics | | | |
| 52 | Factors affecting attitude | | | |
| 53 | Formation of attitude | | | |
| 54 | Change of attitude | | | |
| 55 | Revision | | | |
| | <u> </u> | VMASS BEHAVIOUR | | |
| 56 | Types of Mass | Lecture/Discussion | | |
| 57 | Crowd | | | |
| 58 | Features | | | |
| 59 | Mob | | | |
| 60 | Types of crowd | | | |
| 61 | Audience | | | |
| 62 63 | Public | | | |
| 64 | | | | |
| 04 | <u> </u> | l | | |

| 65 | Difference between crowd and | | |
|----|------------------------------|-------------------------------|--|
| 66 | audience | | |
| | Difference between crowd and | | |
| | public | | |
| 67 | Propaganda – Meaning | Lecture/Discussion/Assignment | |
| 68 | Characteristics | | |
| 69 | Types& Importance | | |
| 70 | Techniques of Propaganda | Lecture/Discussion | |
| 71 | Propaganda Prophylaxis | | |
| 72 | Revision | | |

| | Date of completion | Topic of Assignment & Nature of assignment (Individual/Group – Written/Presentation – Graded or Non-graded etc) |
|---|--------------------|---|
| 1 | 12/7/2016 | Preparation of a Scale Tool- Assignment |
| 2 | 28/8/2016 | Adolescent stage of development- Challenges |

GROUP ASSIGNMENTS/ACTIVITES – Details & Guidelines

| | Date of completion | Topic of Assignment & Nature of assignment (Individual/Group – Written/Presentation – Graded or Non-graded etc) |
|---|--------------------|---|
| 1 | 19/9/2016 | Dream Analysis -seminar |
| 2 | 30/9/2016 | Crowd behaviour (Group Discussion) |

References:

- 1. David.J. Schneider Social Psychology Harcourt Brace Javanovid, New York, 1988.
- 2. Kuppuswamy Introduction to Social Psychology Vikas Publishing House, New Delhi, 1975.
- 3. Sprott. W.J.H Social Psychology English Language Book Society and Methvin and Co. Ltd., London, 1964.
- 4. Clifford.T. Morgan, Richard. A. King Introduction to Psychology Tata McGraw Hill publishing Co. Ltd., New Delhi, 2006.
 - 5. GirishbalaMohunty Social Psychology Arora offset press, New Delhi, 2000