

Dream Symbols and Their Mysterious Meanings

Although there is no hard-and-fast rulebook of universal definitions, the following dream meanings offer a sound starting point for most people to create their own personal dream meanings

- **Animals** often represent the part of your psyche that feels connected to **nature and survival**. **Being chased by a predator** suggests you're **holding back repressed emotions** like fear or aggression.
- **Babies** can symbolize a literal **desire to produce offspring**, or your own vulnerability or **need to feel loved**. They can also signify **a new start**.
- **Being chased** is one of the most common dream symbols in all cultures. It means you're **feeling threatened**, so reflect on who's chasing you (they may be symbolic) and why they're a possible threat in real life.
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- **Clothes** make a statement about how we want people to perceive us. If your dream symbol is shabby clothing, you may feel unattractive or worn out. Changing what you wear may reflect a lifestyle change.
- **Crosses** are interpreted subjectively depending on your religious beliefs. Some see it as symbolizing balance, death, or an end to a particular phase of life. The specific circumstances will help define them.
- **Exams** can signify self-evaluation, with the content of the exam reflecting the part of your personality or life under inspection.
- **Death of a friend or loved one** represents change (endings and new beginnings) and is not a psychic prediction of any kind. If you are recently bereaved, it may be an attempt to come to terms with the event.

- **Falling** is a common dream symbol that relates to our anxieties about letting go, losing control, or somehow failing after a success.
- **Faulty machinery** in dreams is caused by the language center being shut down while asleep, making it difficult to dial a phone, read the time, or search the internet. It can also represent performance anxiety.
- **Food** is said to symbolize knowledge, because it nourishes the body just as information nourishes the brain. However, it could just be food.
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- **Demons** are sneaky evil entities which **signify repressed emotions**. You may secretly feel the need to change your behaviors for the better.
- **Hair** has significant **ties with sexuality**, according to Freud. Abundant hair may symbolize virility, while cutting hair off in a dream shows a loss of libido. Hair loss may also express a literal fear of going bald.
- **Hands** are always present in dreams but when they are tied up it may represent feelings of futility. Washing your hands may express guilt. Looking closely at your hands in a dream is a good way to [become lucid](#).(clear)
- **Houses** can host many common dream symbols, but the building as a whole represents your inner psyche. Each room or floor can symbolize different emotions, memories and interpretations of meaningful events.

- **Killing** in your dreams does not make you a closet murderer; it represents your desire to "kill" part of your own personality. It can also symbolize hostility towards a particular person.
- **Marriage** may be a literal desire to wed or a merging of the feminine and masculine parts of your psyche.
- **Missing a flight** or any other kind of transport is another common dream, revealing frustration over missing important opportunities in life. It's most common when you're struggling to make a big decision.
- **Money** can symbolize self worth. If you dream of exchanging money, it may show that you're anticipating some changes in your life.

- **Mountains** are obstacles, so to dream of successfully climbing a mountain can reveal a true feeling of achievement. Viewing a landscape from atop a mountain can symbolize a life under review without conscious prejudice.
- **Nudity** is one of the most common dream symbols, revealing your true self to others. You may feel vulnerable and exposed to others. Showing off your nudity may suggest sexual urges or a desire for recognition.
- **People** (other dream characters) are reflections of your own psyche, and may demonstrate specific aspects of your own personality.
- **Radios and TVs** can symbolize communication channels between the conscious and unconscious minds.
- **Roads**, aside from being literal manifestations, convey your direction in life. This may be time to question your current "life path".
- **Schools** are common dream symbols in children and teenagers but what about dreaming of school in adulthood? It may display a need to know and understand yourself, fueled by life's own lessons.

- **Sex** dreams can symbolize intimacy and a literal desire for sex. Or they may demonstrate the unification of unconscious emotions with conscious recognition, showing a new awareness and personal growth.
- **Teachers**, aside from being literal manifestations of people, can represent authority figures with the power to enlighten you.
- **Teeth** are common dream symbols. Dreaming of losing your teeth may mark a fear of getting old and being unattractive to others.
- **Being trapped** (physically) is a common nightmare theme, reflecting your real life inability to escape or make the right choice.

- **Vehicles** may reflect how much control you feel you have over your life - for instance is the car out of control, or is someone else driving you?
- **Water** comes in many forms, symbolizing the unconscious mind. Calm pools of water reflect inner peace while a choppy ocean can suggest unease