

2017-18

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Welcome to the Heartian family!



SACRED
HEART
COLLEGE
Autonomous



Objectives of the Induction Programme



- To inculcate the ethos and culture, policies, practices and values of the College.
- To make students feel comfortable in the new environment and connect them with the people and society.
- To help them build bonds with other students and faculty members
- To increase the understanding of the concept of gender
- To make awareness among the students of dignity and value of human life and prevent any conduct of dehumanizing actions against fellow beings.

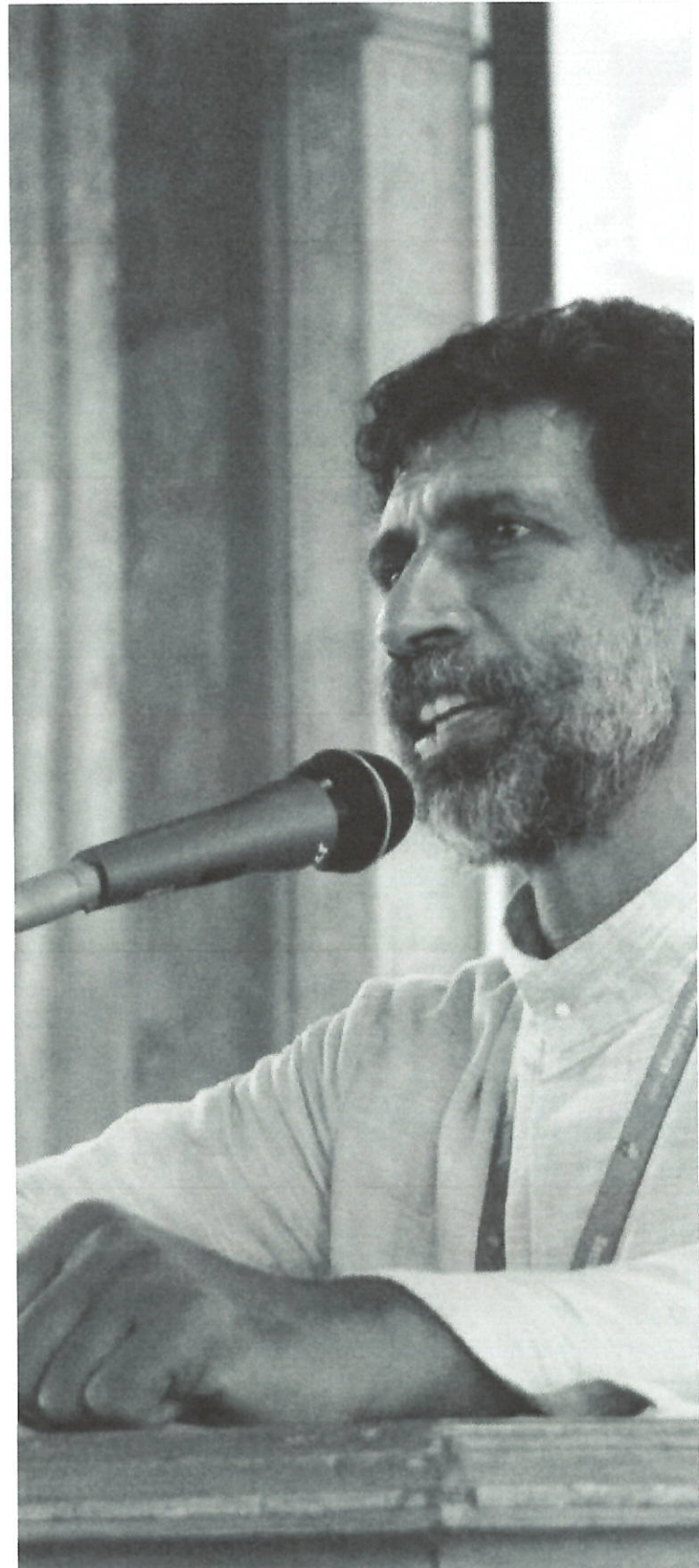


UG INDUCTION PROGRAMME

The induction programme for the first semester UG students of Sacred Heart College, Thevara was conducted on 17th, 19th, 20th, 21st, 22nd, 23rd and 27th of June, 2017. The seven days programme was developed in such a way that it supported both the educational and personal goals of the students.

Along with an introduction to the campus rules and discipline, the programme further focussed on broader areas including gender sensitisation and stress management and Anti ragging. Hridyarambam 2017 sought to expand the flame glowing inside the sacred altar of the young hearts.

The programme started on 17th June at 9.30 am with a prayer session. The staff secretary welcomed the gathering. The Principal Rev. Fr. Prasant Palakkappillil symbolically inaugurated Hridyarabam 2017 with a gracious lamp lighting ceremony. It was followed by the Principal's message evocating national values and universal peace verses. Dr. Rakesh Gopal from Apollo hospital, who is an alumnus of the Dept of Zoology, delivered a session on physical and spiritual wellbeing from 11.15am to 12.15 pm.





INDUCTION PROGRAMME FOR I SEMESTER UG 2017-2018

17/06/2017	Saturday	09.30 to 11.00	11.15 to 12.15	12.15 to 01.30	Healthy Parenting and goal setting
		Hrdyaambham- The Heart that Flames, National Integration Prayer	From the Heart- Alumni Dpt. of Zoology		
		Fr. Prasant Principal	Dr. Rakesh Gopal, Apollo Hospital	Madhu Bhaskar, Motivational Speaker	
19/06/2017	Monday	09.30 to 10.30	10.30 to 01.00	2.00 to 3.30	3.30.00 to 4.30
		College Anthem (Teaching)	GOAL SETTING and HUMAN and ETHICAL VALUES	Gender Sensitization	Orientation - Talent / Social/ Service club
		College Music Club	Fr. Sabu Thomas, Department of English	Dr. Mary Metilda	Syamal M.S, AbinAmbily
20/06/2017	Tuesday	09.30 to 10.15	10.15 to 11.30	11.45 to 12.15	12.15 to 01.00
		College Anthem (Teaching)	Familiarising with the campus rules and campus	Discipline on campus, Anti Ragging, Healthy Relationships	Orientation - Talent / Social/ Service clubs
		College Music Club	Dr. Jose John(Vice Principal)	Dr. V.S. Sebastian, Dean, Student Services	
21/06/2017	Wednesday	09.30 to 10.00	10.15 to 11.30	11.45 to 12.15	12.15 to 01.00
		College Anthem (Teaching)	Introduction to Semester Programme	Mentoring	Introduction to Library
		College Music Club	Dr. Cyriac Antony, Dpt. of Statistics	Dr. Joseph T. Moolayil Dpt. of Chemistry	Biju V.V
22/06/2017	Thursday		09.30 to 12.30		01.30 to 03.30
			Induction to the respective departments- Mentoring and Literary Activities		Stress Management & Study Skills
					Fr. Varghese Puthuserry
23/06/2017	Friday		3.15 to 04.00 pm		
			Orientation - Talent / Social/ Service clubs		
27/06/2017	Tuesday		3.15 to 04.00 pm		
			Orientation - Talent / Social/ Service clubs		
			QUIZ CLUB CAREER GUIDANCE AND PLACEMENT CELL EDITOR'S CLUB SAW ED CLUB SPEAKER'S FORUM DANCE CLUB DRAMA CLUB FILM CLUB MUSIC CLUB LITERARY CLUB,		
			NSS AICUF RED CROSS AGE FRIENDLY NATURE CLUB BHOOMITRA SENA ENCON CLUB AGRICULTURE CLUB BIRDS CLUB JESUS YOUTH SADAS WOMEN'S CELL CIVIL SERVICE STUDY CIRCLE TOURISM CLUB		

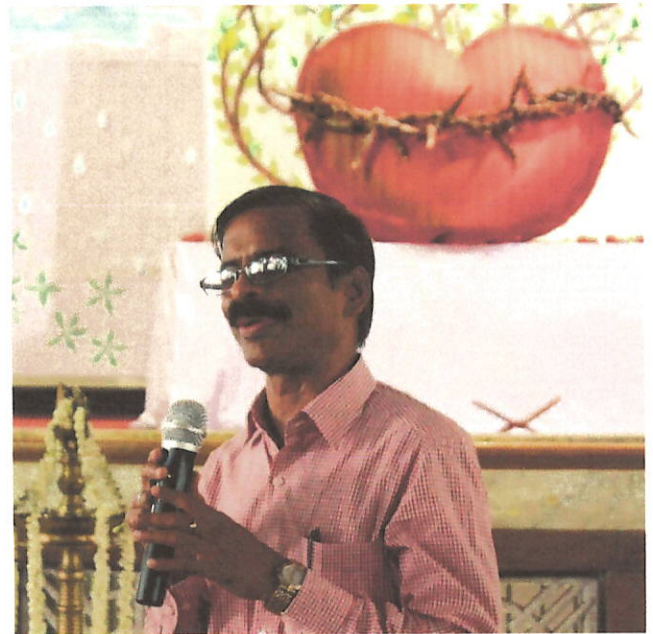




UG INDUCTION PROGRAMME

The guest of honour, Shri. Madhu Bhasker who is a renowned figure in the field of education and human resource development provided guidance on the topic, “healthy parenting and goal setting”. The students and their parents actively participated and made the most of this session, from 12.15pm to 1.30pm.

On 19th June, the Principal addressed the gathering at 9.30 am. The session began with the college anthem. The college music club took initiative to teach the anthem to the new members of the Heartian family.



From 10.30 am to 1.30 pm, Rev Fr. Sabu Thomas, faculty member of the department of English enlightened the students with a talk on “goal setting and human and ethical values”.

The afternoon session was led by Dr. Matilda, Former Principal Maharajas College on the topic of gender sensitisation. She helped the students to deliberate on the ‘social realities’ that they learnt from their surroundings and improve their attitudes and beliefs on gender equality concerns.

UG INDUCTION PROGRAMME



From 3.30 to 4:30pm, Shri. Shyamlal M.S and Shri. Abin Ambily oriented the students regarding the various clubs in the college and motivated them to fully participate in the initiatives of the various clubs.

The third day (20th June) opened with a prayer song followed by the college anthem. Under the leadership of the college music club, the practise continued from 9:30 to 10:15am. The vice Principal of the college, Dr. Jose John talked about the rules and regulations of the campus from 10:15 to 11:30am. He encouraged the students to be ideal Heartians.

From 11.45am to 1:00pm, the orientation was led by Dr. V.S Sebastian, Dean, student services. The talk was based on the importance of healthy relationships in the campus and it emphasized anti-ragging rules and regulations. The students were made aware of their rights and advised to respect every person alike, irrespective of age and sex.

The programme laid focus on empowering the life skills of the students and also creating awareness on the campus services. Later on, after the lunch break, the students were engaged in a session on stress management study skills by Fr. Varghese Puthussery.



UG INDUCTION PROGRAMME

On 21st June, the session began at 9:30am with the practice of the college anthem by the music club. Dr. Cyriac Antony, Department of Statistics gave a brief introduction to the semester programme followed in the college. Later on, the session was led by Dr Joseph T Moolayil, Department of Chemistry who explained the importance of academic goals and responsibilities.



The forenoon session was engaged by Mr. Biju V.V, Sacred Heart College Librarian. He welcomed the Heartians to the abode of knowledge by explaining the role of the library in the life of a student. After the lunch, a road awareness campaign was arranged for the students from 2:00 to 3:00pm. Mr. Noufal, the Motor Vehicle Inspector convinced the students about the dangers of carelessness on the road and motivated them to be responsible citizens. He urged the students to follow road safety measures by sharing some videos and details of road accidents.



The last module was taken by Ms. Rakhi Menon, Counsellor, Sacred Heart College from 3:00 to 4:00pm. She explained that mental health is equally important to physical health and informed the students about the counselling services offered by the college.





PG INDUCTION PROGRAMME

INDUCTION PROGRAMME FOR I SEMESTER PG 2017-2018

6/26/2017	Monday	09.00 to 9.45	10.15 to 11.30	11.45 to 12.45	02.00 to 4.00	Integrating learning with living - fully human, fully alive	Fr Sabu Thomas, Department of English, Sacred Heart College
		Holy Mass and Prayer	Sacred Heart College - its heritage, culture and values	Higher Education - Challenges and Scope			
		Monastery Chpael	Rev. Dr. Prasant Palakkappillil, Principal	Dr. MS Francis			
6/27/2017	Tuesday	09.30 to 10.00	10.15 to 11.30	11.45 to 12.45	2.00 to 3.00 pm	3.00 to 4.00	
		College Anthem (Teaching)	Library resources for PG students	Research orientation in PG Education - expected outcomes.	Campus Resources for student development	Campus Tour	
		Music Club	Biju VV Librarian (in the library)	Dr. Cyriac Antony, Former Deacon Faculty of Science	Student Development Office (SDO, Counsellor)	Fr. Jose John, Vice Prinicipal	





PG INDUCTION PROGRAMME



The induction programme for the first semester PG students of Sacred Heart College, Thevara was conducted on 26th and 27th of June, 2017. The two days induction was charted in such a way that it catered to the overall personal growth of the pupils. The focal point of the programme was on gender mainstreaming and cultivating an outlook for research in students. Hridayarambam 2017-18 pursued to enkindle the pursuit for erudition and trust with the research arena in the minds of the Heartians.

The event commenced on 26th June at 9 am with a holy mass and prayer invoking the blessings of the Almighty. The staff secretary welcomed the gathering. The Principal Rev. Fr. Prasant Palakkappillil inaugurated Hridayarambam 2017-18 by lighting the lamp. It was followed by the Principal's message which enriched the gathering with insights into the heritage, culture and value systems of Sacred Heart College. Dr. MS Francis graced the session with visions into higher education and its challenges and scopes from 11.45am to 12.45 pm. He threw light on the need for inculcating a research mentality in the post graduates.

The parents and students enthusiastically contributed to the session with their queries. Father Sabu Thomas, faculty member of the Department of English, Sacred Heart College took an engaging session on Integrating learning with living. He enumerated on the importance of experience gaining and living in close communion with nature. He also spoke on the topic of gender sensitisation. It extended from 2 pm to 4pm.



PG INDUCTION PROGRAMME

On 27th June, the day began with the college anthem at 9:30 am. The college music club took initiative to teach the anthem to the new members of the Heartian family. From 10.15 am to 11.30 am, Biju V V, Librarian of Sacred Heart College enlightened the students on the resources that are made available for the benefit of the PG students. He invited the students to make the most of the printed and online resources and extended the whole hearted support from the library faculty.



Dr Cyriac Antony, Former Dean, Faculty of Science delivered a class on Research orientation in PG Education and their expected outcomes from 11:45am to 12:45pm elucidating how research can amplify opportunities for students to scale greater heights. The afternoon session was led by the Student Development officer from 2:00 pm to 3:00 pm on the resources that aid the students to ease their educational necessities. And showed how



Sacred Heart is well equipped to furnish the needs of the students. From 3:00 pm to 4:00 pm, Father Jose John, Vice Principal of Sacred Heart College took the students on a campus tour. He explained the workings, rules and regulations of the college. He also encouraged the students to be a model Heartian. The induction programme came to an end by 4 pm. The induction programme provided a welcoming atmosphere for the students and an all-inclusive idea regarding the academic and student service resources. The students became acquainted with the atmosphere of the campus. They were encouraged to become ideal Heartians maintaining campus discipline and practising healthy relationships. The induction programme provided a welcoming atmosphere for the students and an all-inclusive idea regarding the academic and student service resources.



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