



July 5, 2018

Ms. Susanna Jose
Kochi, Kerala
India

Dear Susanna:

Juniata College welcomes you as a non-degree student for the time period from August 17 through September 07, 2018.

You will be enrolled full-time in a prescribed course of study while at Juniata which includes course work in the Department of Environmental Science and Studies.

Kati Csoman and I will serve as your exchange program advisors during your time at Juniata. Please refer to the US Department of State website for Exchange Visitor Information at: <http://j1visa.state.gov> for more information about the J-1 visa status.

In order to improve communications among the Department State, program sponsors, and program participants, the US State Department established an email address by which sponsors, participants, and interested third parties may contact the Compliance Unit at: JVISAS@STATE.GOV.

The J-1 visa is a nonimmigrant visa, and participants in the J-1 Exchange Visitor Program are expected to return to their home countries when they complete their programs. Entry into the United States as a participant in the Exchange Visitor Program is granted with the understanding that participants will complete the objectives of a single program category.

Here is some information that we hope will be helpful for you as you prepare for your travel to the United States and for your time at Juniata College.

Applying for your visa

To apply for a J-1 student visa you will need the enclosed DS-2019 Certificate of Eligibility for Exchange Visitor (J-1) Status form. Please examine the DS-2019 to make sure that all the information is correct, especially the spelling of your name and the date of birth. If any of the

information is incorrect, contact me via email at international@juniata.edu. You must bring the DS-2019 document with you when you travel to the United States. The immigration officials will ask for this document at the Port of Entry, and you should tell them you are entering the country as a J-1 exchange visitor. Please find enclosed the visa information sheets on how to apply for the visa.

Health Care and Insurance

Exchange participants are required to carry medical insurance at the minimum benefit levels stated in the program regulations. After you arrive, we will assist you in purchasing the necessary insurance coverage. Juniata operates a Health and Wellness Center (clinic) for students, and you may visit the clinic at no additional charge.

Health Forms

Please send prior to your arrival the health forms that require your physician's signature. You will not be able to enroll at Juniata nor move into the residence halls unless you have proof of your health records, including immunizations. You may also bring photocopied records of your immunizations.

Financial Information

Under the terms of the exchange agreement between Sacred Heart College and Juniata College tuition costs for the courses in which you will be enrolled, room, meals, and technology fees are covered by the exchange financial arrangements. Additional costs to be covered by you include: Insurance.

Insurance is a requirement of the J-1 visa status. We have also estimated you will need to have some budget for personal expenses during your time in the U.S.

Weather Conditions

Huntingdon usually has cold winters and warm summers. Bring appropriate clothes for the seasons. Summer (June to mid-September) temperatures range from 21 to 35 degrees Celsius (70 - 90 F) with high humidity. Fall (mid-September to mid-December) temperatures range from 0 to 15 C (32 - 60 F) with high humidity. Winter brings continuous cold weather with an occasional mild day, with temperatures ranging from minus 12 to +4 C. (10 - 40 F). Rain, snow, strong winds and high humidity are typical. Spring brings warm, frequent rain and high humidity with temperatures ranging from 4 to 15 C (40 - 60 F).

Life at Juniata and in Huntingdon

Juniata has many campus events and activities throughout the year. The campus community offers films, museum exhibits, and athletic events. The Center for International Education provides support for international and multicultural activities at Juniata. The Center coordinates programs like Language in Motion and Friendship Families, and First Friends. There are many Juniata clubs and organizations which have a commitment to fostering an international and multicultural perspective on the Juniata campus.

Juniata encourages exchange visitors to participate in aspects of campus life at Juniata that might interest them. Juniata will ask exchange visitors to participate in activities which are for the purpose of sharing the language, culture, or history of their home country and culture with the campus and local community.

Please refer to the Center for International Education website for more information that will help you to prepare for your time here at Juniata: <http://www.juniata.edu/academics/departments/international/>