

Awareness Programme on World Heart Day (29-09-2018)

World Heart Day was observed by Department of Physical Education in association with the Dept. of Cariology, Medical Trust Hospital, Ernakulam on 29th September 2019. As part of this programme a Zumba fitness programme and ‘Run for Your Heart” running competition were organized. An exhibition on “A Healthy Diet for a Healthy Heart” was also held.



Awareness Programme on World Heart Day (29/09/2018)

List of Students Participated

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|--------------------------|------------------|
| 1. Kuriyachan K Toji | Commerce |
| 2. Rose Maria Johny | Commerce |
| 3. Keethana Sunny | Physics |
| 4. Maria Jemy Shaji | Chemistry |
| 5. Sherin Susan Sobichen | Zoology |
| 6. Swapna Mariam Koshy | Commerce |
| 7. Sharon C Rajan | Botany |
| 8. Ancy Abraham | Economics |
| 9. Praveen Shankar | Economics |
| 10. Angelmary George | Computer Science |
| 11. Rahul CA | Botany |
| 12. Krishnaja P K | Economics |
| 13. Sanika Siby Mathew | Commerce |
| 14. Nandita Suresh | Commerce |
| 15. Roshna Babu Paul | Sociology |
| 16. Daneela K Dawin | Sociology |
| 17. Ayana Mary Saji | Sociology |
| 18. Shrenga Suresh | Mathematics |
| 19. Aleena Saju K | Botany |
| 20. Krishna K K | Commerce |
| 21. Angelin Mary George | Commerce |
| 22. Treesa Mathew | Physics |
| 23. Remya Ramakrishnan | Physics |
| 24. Rachel Bekuman | Physics |
| 25. Jose C Perayil | Mathematics |



26.	Asha Mary Kurian	Zoology
27.	Solomon Varghese Mechay	Zoology
28.	Tarun Eldo Mathew	Botany
29.	Malavika R	Chemistry
30.	Anand Kushnan	Economics
31.	Praveena K.S	Economics
32.	Souparnika Anilkumar	Economics
33.	Remya E. k	Communication
34.	Elza Maria Baby	Communication
35.	Answarya Kunjappan	Zoology
36.	Melvin Rose Wilson	Botany
37.	Ciya Antony	English
38.	Nikitha P	English
39.	Akhinrandu Dileep	English
40.	Muhammed Riyas k.R	English
41.	Greeny Saiju	Zoology
42.	Theinsecha Rasheed	Mathematics
43.	Neha Krishnan	Chemistry
44.	Sila Nixon	Chemistry
45.	Anathy k k	Mathematics
46.	Juliet Thankam	Zoology
47.	Joy Antony	Commerce
48.	Fyroz Moosa	Commerce
49.	Rehy George Chercheril	Commerce
50.	Alphil Maria Joseph	Economics
51.	Athira R	Economics
52.	Jewel Maria Albut	Zoology



53.	Sreevidya M.V	Botany
54.	Ramshankar M.V	Botany
55.	Deo Johnson	Botany
56.	Thara Chauly	Commerce
57.	Abhijamol Benny	Commerce
58.	Neeliya Prakashan	Commerce
59.	Ancy Paulose	physics
60.	Jevin Saju	Physics
61.	Liya Das	Physics
62.	Roshna Xavier	Chemistry
63.	Smuthy R J	Commerce
64.	Stepheena Elizabeth Thomson	Communication
65.	Joanna Elvis	Communication
66.	Vishnupriya T.S	Zoology
67.	Albert V.S	Zoology
68.	Jithin padicath	Economics
69.	Mariya Mathew	Economics
70.	Anjitha K S	Botany
71.	Abhijith Chandran	Botany
72.	Bhanati Anju kumar	Zoology
73.	Sushil Raj T.S	Commerce
74.	Anamika Johns	Commerce
75.	Crukul Gopinath	Commerce
76.	Salie S P	Commerce
77.	Aleena K J	Communication
78.	Sreelakshmi A R	English
79.	Devika C S	Communication
80.	Abhijith Narayan	



81.	Fathima Shaji	Chemistry
82.	Sreelakshmi S	Physics
83.	Sandha Babu	Physics
84.	Arjun Aji	Physics
85.	Nandhua Venugopal	Mathematics
86.	Kripa Treasa George	Mathematics
87.	Maura Johnson	Commerce
88.	Menna Varghese	Commerce
89.	Treasa Jose	Commerce
90.	Vyshakhi V shenoy	Physics
91.	Paul Antony	Physics
92.	Rachitha R Rai	Botany
93.	Michael Johnson	Zoology
94.	Shalu Shaji	Zoology
95.	Skeekumar M	Chemistry
96.	Nandana Rajeev	Chemistry
97.	Muhammed Ashan T.A	Communication
98.	Malavika palamattathil	Commerce
99.	Swati Manoj	Commerce
100.	Shruthy Babu	Commerce
101.	Anoop Xavier	Botany
102.	Tomy Paul	Botany
103.	Vishnu K	Zoology
104.	Athira Sabu	Economics
105.	Aswathy Babu	Commerce
106.	Anitta Maura Shibu	Commerce
107.	Swetha Sara Babu	English
108.	Aneeta Paul	English



109.	Anjaly Rajeev	Botany
110.	Hanna Elizabeth Joy	Communication
111.	Sobha Mary Vaughese	Communication
112.	Sandra Sona John	Zoology
113.	Justin C Jehny	Zoology
114.	Jayanam J Prabhu	Zoology
115.	Dauvalthy P.S	Commerce
116.	Aasha N G	Commerce
117.	Ambily J Mannath	Botany
118.	Arya MV	Botany
119.	Paulson Jossy	Zoology
120.	Anukudth R	Zoology
121.	Olery Stella Dixon	Communication
122.	Abin Augustine	Communication
123.	Anula Tomy	Botany
124.	Anoop M	Botany
125.	Aghil M parudeen	Botany
126.	Joel Johnson	Zoology
127.	Jerome Paulson	Commerce
128.	Abin Raveen	Computer Applications
129.	Niján Davassra	Commerce

