

## YOGA SESSION

02/09/2017

Yoga enlivens human body and keeps people mentally and physically lively and dynamic. Every day morning Yoga sessions were conducted for the NSS volunteers. Program officer, Dr. Remya Ramachandran led the sessions.

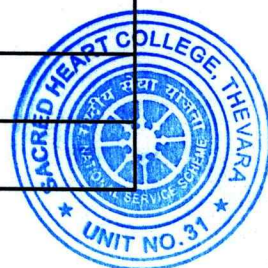


Yoga Session

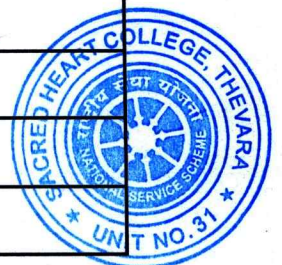


**YOGA SESSION (02/09/2017)**

SL. NO.	NAME	BATCH	REMARKS
1	CLAUDIA MATHEW	B SC. BOTANY	✓
2	ABHIJITH A D	B SC. BOTANY	✓
3	ASHIS N D	B SC. CA	✓
4	MAC MILAN MARTIN	B SC. CA	✓
5	GOPIKA G	B SC. CHEMISTRY	✓
6	AMITHA P ASOK	B SC. CHEMISTRY	✓
7	HARIKRISHNAN S J	B SC. CHEMISTRY	✓
8	<del>SAIRA MINNU SUNIL</del>	B SC. CHEMISTRY	✗
9	JULIE JOHNY	B SC. CHEMISTRY	✓
10	MALAVIKA MOHAN K	B SC. CHEMISTRY	✓
11	NISHANA PARVEEN M I	B SC. CHEMISTRY	✓
12	GEORGEKUTTY MATHEW	B.COM TT	✓
13	SYAM KRISHNAN	B.COM TT	✓
14	MATHEWS K CHERIAN	B.COM AIDED	✓
15	ARUN P WILSON	B.COM TAX SF	✓
16	ALEENA V V	BA ECONOMICS	✓
17	THOMAS PAUL	BA ECONOMICS	✓
18	ARYA G	BA ENGLISH	✓
19	JUBEETTA JOHNSON	BA ENGLISH	✓
20	NAMITHA TOMY	B SC. MATHS	✓
21	<del>ROSMA J CHACKIATH</del>	<del>B SC. MATHS</del>	✗
22	AVANI S	B SC. PHYSICS	✓
23	JYONA JOSEPH	B SC. PHYSICS	✓
24	SHYAMILI SUNEESH	B SC. PHYSICS	✓
25	CATHERINE MARY PAUL	B SC. PHYSICS	✓
26	AGNES JOHN	B SC. ZOOLOGY	✓



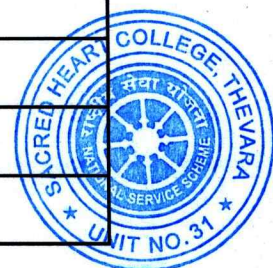
27	MANU THOMAS	B SC. ZOOLOGY ✓	
28	ABHIMANEW T.A.	B.COM TAX (A) ✓	
29	AISWARYA REGI	B.SC PHYSICS ✓	
30	AKSHARA SASIKUMAR	B.SC PHYSICS ✓	
31	ALFRIN LUIZ	B.SC CA ✓	
32	AMRITHA S	B.SC C.A ✓	
33	ANEETA MARIA JOHNSON	B.A. ENGLISH ✗	
34	ANJU SIBY	B.A.ECONOMICS ✓	
35	ANTONY JOHN JOSEPH	B.A.ECONOMICS ✓	
36	ANUPAMA K.S	B.SC PHYSICS ✓	
37	ARAVIND BABU	B.A.ECONOMICS ✓	
38	ASWAJITH A.S	B.SC CHEMISTRY ✓	
39	ATHULYA JOSE	B.A.ECONOMICS ✓	
40	BINSON XAVIER	B.A. SOCIOLOGY ✓	
41	CHRISMA ROSE BABU	B.SC PHYSICS ✓	
42	DILEENAMOL JOSEPH	B.A. SOCIOLOGY ✓	
43	DONJO GEORGE	B.SC PHYSICS ✓	
44	FATHIMA BEEVI A.I	B.SC BOTANY ✓	
45	GOURI NANDANA	B.COM C.A ✗	
46	GOPIKA VIJAYAN	B.COM TT ✓	
47	JILJIYA JOSEPH	B.A. SOCIOLOGY ✓	
48	JITHIN SABU	B.A.ECONOMICS ✓	
49	KAVYA RAMESH A.R	B.SC BOTANY ✓	
50	LEYA MAREEN SAJU	B. SC. MATHEMATICS ✓	
51	MARIA ANEETA THOMAS	B.SC MATHEMATICS ✓	
52	MEENAKSHI GOPAL	B.SC MATHEMATICS ✓	
53	MELBIN PETER	B.A.ECONOMICS ✗	
54	MERRY ANTONY	B.A.ECONOMICS ✓	



28

55	NEELIMA CHACKO	B.SC PHYSICS	✓
56	NIDHIN GEORGE M.	B.SC CA	✓
57	REJITH SEKHAR K.R.	B.SC C.A	✓
58	ROSIN MINNU SIBI	B.COM TAX (A)	✓
59	SALU ASHOKKUMAR	B.SC ZOOLOGY	✓
60	SARA ELIZABETH ISSAC	B.A. ECONOMICS	✓
61	SHILPA BABU	B.SC PHYSICS	✓
62	SIDHARTH K BHATTATHIRI	B.SC CHEMISTRY	✓
63	THERESA DAVIS	B.A. SOCIOLOGY	✓
64	VAISHNAVI VINOD	B.SC ZOOLOGY	✗
65	VARSHA S PRAKASH	B.COM TAX (A)	✓
66	VINAYA VARGHESE	B.COM C.A.	✓
67	AKHIL K. K	BA ECONOMICS	✓
68	AMAL JOHN	B.SC. CHEMISTRY	✗
69	ANITTA MARIA SHIBU	B.SC. CHEMISTRY	✓
70	ANOOP P VIJAY	B.SC. CHEMISTRY	✓
71	ANTONY RONALD CORREYA	B.SC. PHYSICS	✓
72	APARNA RAJ	BA SOCIOLOGY	✗
73	CHANDU MOHAN	B.SC. CA	✓
74	DITTO MATHEW	B.COM. TAX (SF)	✓
75	IRIN BABU	B.SC. PHYSICS	✓
76	JOSHUA GEORGE	B.SC. CHEMISTRY	✓
77	KRISHNA PRABHA M S	B.COM TAX (A)	✓
78	MARIA C BABU	BA ENGLISH	✗
79	MEHA RAJAN	B.SC. ZOOLOGY	✓
80	NANDHU VENUGOPAL	B.COM TAX (SF)	✓
81	PAUL ANTONY	B.COM TAX (SF)	✓
82	RAJASREE K R	B.SC. MATHEMATICS	✓

24



83	RANGITH REGHU	B.SC. CA	✓
84	RESHMA P N	B.SC. BOTANY	✓
10 85	SHAUN SUNIL	B.COM. T&T	✗
86	SIVADAS K P	BA A&GD	✓
87	STANLEY JOSEPH	BA SOCIOLOGY	✓
88	SWETHA SARA SABU	B.SC. CHEMISTRY	✓
89	TREESA MATHEW	BA ECONOMICS	✓
90	VIDULA J	B.SC. PHYSICS	✓

7

