

Observance of International Year of Pulses – 2016 (09/12/2016)

In relation to International Year of Pulses (IYP) 2016, SH College Thevara in collaboration with Kerala State Council for Science, Technology and Environment (KSCSTE) has organized different programs on 09th and 10th December 2016. The college has organized a seminar and different intercollegiate competitions in connection with the international year of pulses. The IYP 2016 aims to heighten public awareness of the nutritional benefits of pulses as part of sustainable food production aimed towards food security and nutrition.

The one day seminar entitled 'Innovations in Organic Farming: Prospects and Challenges' was inaugurated by Dr. Philigi T. Kanattu (Agricultural Officer and organic farm consultant, Ernakulam) on 9th December 2016 at 10.00 am in the Marian Hall of Sacred Heart College. Dr. Prasant Palackappillil, CMI (Principal, Sacred Heart College) presided over the function. Dr. Joseph John (HOD, Chemistry), Prof. Midhun Dominic (Programme Co-ordinator), Dr. Gibi Kuriakose (Nature Club Coordinator), Dr. T.J James (Professor, S.H College) were present in the function. Dr. Joseph John Welcomed the gathering. In his Presidential address Fr. Prasant mentioned the relevance of the focal theme in the present scenario. He also pointed out the need to protect our nature in green ways. The concept of sustainable development was very much explained. Fr. Prasant has mentioned the role of organic farming for a healthy livelihood. According to him, the reason behind all the lifestyle diseases is the use of adulterated food materials and vegetables. Dr. Philipgi T. Kanattu has inaugurated the seminar and delivered the keynote address. The session was magnificent and very informative. Concepts like aquaponics, cage farming etc were well elaborated. He also spoke about the significance of using biofertilizers instead of chemical fertilizers in farming. He has pointed out the value and utilization of pulses throughout the food system, their benefits for soil fertility and climate change .The next technical session was started at 2.00 pm. Prof. T.J James was the speaker. The topic of his presentation was 'nutritional values of pulses'. He has created awareness about the important role of pulses in sustainable food production and healthy diets. He also pointed out the need of fostering enhanced research, better utilize crop rotations and address the challenges in the trade of pulses. He has planted a sapling of 'Money Tree' in the campus. This session was followed by paper presentations from research scholars and students of different colleges. The seminar came to an end at 3.45 pm. About 100 students and research scholars participated in the programme. Different intercollegiate competitions were organized by Boomithrasena club members in connection with ozone day on December 10th 2016. The activities are listed below.

Quiz competition: An intercollegiate quiz competition was held on the topic "Different Varieties of Pulses & its medicinal properties" on 10-12-2016. A total of 8 participants were registered for the quiz competition. The judges were Dr. Tom.C.Thomas (Assistant professor of Department of English), Dr. Bijo N. Mathew (Assistant professor,

Department of English), Dr. Shijo Varghese (Department of commerce). Mr. Sinto Sebastian of St. Pauls college, Kalamassery was awarded first, Mr. Krishnadas. M of Sacred Heart college, Thevara was awarded the second prize and Mr. Joman George of sacred heart college, Thevara was awarded third prize. A cash prize with a medal and certificate was given to all the winners.

Elocution competition: An intercollegiate elocution competition was held based on the topic "Role of pulses in sustainable food production" on 10-12-16. A total of 6 participants were registered for the competition. The judges were Dr. Jibi Kuriakose (Assistant professor, Department of Botany) and Mr. Midhun Dominic C.D (Assistant professor, Department of Chemistry). Ms. Reshma of Sacred Heart college, Thevara was awarded with the first prize, Ms. Mariya of Sacred Heart College was awarded the second prize and Mr. Jervise of Sacred Heart college was awarded with the third prize. Cash prize with a medal and certificate was given to all the winners.

Debate competition: An intercollegiate debate competition was held based on the topic "Are we self sufficient for sustainable food security" on 10-12-16. A total of 6 participants were registered for the competition. The judges were Dr. Gibi Kuriakose (Assistant professor, Department of Botany) and Mr. Midhun Dominic C.D (Assistant Professor, Department of Chemistry). Mr. Andrew and Mr. Amal of Sacred Heart College, Thevara was awarded with the first prize, Ms. Arya and Mr. Adarsh of Sacred Heart College was awarded the second prize and Mr. Adithyaraj and Mr. Harikrishna of Sacred Heart college was awarded with the third prize. Cash prize with a medal and certificate was given to all the winners.

Sapling of Plants and Campus Cleaning: Boomithrasena club members planted different saplings especially medicinal plants and pea plants on the premises of Sacred Heart College, Thevara. Students of Chemistry and Botany actively participated in the campus cleaning programme. The plastic wastes were collected and recycled. They have cleaned the Vempanadu Lake and that was a good initiative.

Distribution of vegetable seedlings: About 500 vegetable seedlings were distributed in the nearby houses of S.H College, Thevara.

Grow bag filling training class: A grow bag making class was also organized as part of international year of pulses. Dr. Philipgi T Kanattu (Organic farm consultant and Manorama 'Adukalathottam' fame) led the class. Students have got hands on training in filling grow bags.

Display and Exhibition of pulses: An exhibition of different varieties of pulses, commonly seen in Kerala was arranged at the college portico. The exhibition was well organized and very informative



Brochure



INTERNATIONAL YEAR OF PULSES 2016

SKILL DEVELOPMENT, CONCERN FOR NATURE SEMINAR

ORGANIZED BY BHOOMITHRASENA CLUB

Resource Person,
Dr. Philligi T. Kanattu
(Agricultural Officer &
Organic Farm
Consultant, Ernakulam)

09/12/2016

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10/12/2016



Attendance Sheet

Sacred Heart College (Autonomous), Thevara

Bhoomitrasena Club

International Year of Pulses – 2016

09.12.2016 -10.12.2016

Sl. No	Name	Signature	Sl. No	Name	Signature
1.	SREEPRIYA.S	<i>Sreepriya</i>	40.	NAVYA S	
2.	HISAN ABBAS		41.	CLAUDIA MATHEW	<i>Claudia</i>
3.	NEHAL N	<i>Neahal</i>	42.	LINET TREESA MATHEW	<i>Linnet</i>
4.	DENCY JOHN		43.	KESIA MATHEW B M	<i>Kesia</i>
5.	RAJNA SILVESTER	<i>Rajna</i>	44.	MARIYA SAJU	<i>Mariya</i>
6.	AVANI S	<i>Avani</i>	45.	THAMEEMA N M	<i>Thameema</i>
7.	NEENU SAJU	<i>Neenu</i>	46.	MANJU MANUEL	<i>Manju</i>
8.	LIDA MATHEW	<i>Lida</i>	47.	ARYA VIJAYAN	<i>Arya</i>
9.	ANNA K BIJU	<i>Anna</i>	48.	ABEL THOMAS	<i>Abel</i>
10.	SNEHA BOBY	<i>Sneha</i>	49.	ARYA ANIL	
11.	AKHIL PRASAD	<i>Akhil</i>	50.	JOHN JOSEPH THOMAS	<i>John</i>
12.	SREELAKSHMI R	<i>Sreelakshmi</i>	51.	LINTU SHAJI	<i>Lintu</i>
13.	GOWRI C	<i>Gowri</i>	52.	KRISHNAJA M	<i>Krishna</i>
14.	KARTHIKA S KUMAR	<i>Karthika</i>	53.	ANJAL SAJI	<i>Anjal</i>
15.	APARNA SAJEEV	<i>Aparna</i>	54.	MATHEW ANGELO DAVIS	<i>Mathew</i>
16.	HARIPRIYA P S	<i>Haripriya</i>	55.	OLIVIA ANNA ELIZABETH CHANDY	<i>Olivia</i>
17.	NIVED C V	<i>Niveda</i>	56.	ATHUL MATHEW	
18.	ANJALA PIUS	<i>Anjala</i>	57.	GAYATHRI P.R	<i>Gayathri</i>
19.	AMITHA P. ASOK	<i>Amitha</i>	58.	ANN MARIA K BINU	<i>Ann</i>
20.	SAMANTA SAM		59.	AGNES JOHN	<i>Agnes</i>
21.	ANDRIA VARGHESE	<i>Andria</i>	60.	KAVYA N R	<i>Kavya</i>
22.	HARIKRISHNAN S J	<i>Hari</i>	61.	SUSANNA JOSE	<i>Susanna</i>
23.	JINKLE THOMAS	<i>Jinkle</i>	62.	ELVINA S PHILIP	<i>Elvina</i>
24.	GAYATHRI VENUGOPAL	<i>Gayathri</i>	63.	APARNA R NAIR	<i>Aparna</i>
25.	KRISHNAPRIYA P T		64.	MARIA ANGEL	<i>Maria</i>
26.	ALBIN DAVIES	<i>Albin</i>	65.	ALEENA ROY	<i>Aleena</i>
27.	ELZA MARIA CYRIL		66.	SOUMYA KOLANGADEN	<i>Soumya</i>
28.	SAIRA MINNU SUNIL	<i>Saira</i>	67.	ANAGHA AJAYAGHOSH	<i>Anagha</i>
29.	JULIE JOHNY	<i>Julie</i>	68.	SUVARNA K S	
30.	AINA FATHIMA A	<i>Aina</i>	69.	SREEJYOTHI M	<i>Sreejyothi</i>
31.	ELIZABETH SAJI	<i>Elizabeth</i>	70.	GOPIKA A G	<i>GoPIKA</i>
32.	JERI JOSE	<i>Jeri</i>	71.	SERIN JOHNSON	<i>Serin</i>
33.	ANEETA JOSE P	<i>Aneeta</i>	72.	ABHILA KRISHNA A A	<i>Abhila</i>
34.	HRISHIKES A	<i>Hrishikes</i>	73.	ABHIRAMI C S	<i>Abhirami</i>
35.	ANJALI.A	<i>Anjali</i>	74.	ANEESHAMOL E P	<i>Aneeshamol</i>
36.	ALSHA B	<i>Alsha</i>	75.	ARCHANA TERESA	<i>Archana</i>
37.	AMEGA K S	<i>Ameega</i>	76.	NITHEESH KUMAR K S	<i>Nitheesh</i>
38.	ANJALEENA JAMES	<i>Anjaleena</i>		NISHANA PARVEEN M I	<i>Nishana</i>

	SANJAY BINEESH		126.	RASNI MANAF	
78.	ANUPRIYA BABU		127.	AKHIL ANTONY	
79.	RAHUL SATHEESH		128.	GOPIKA SREENIVASAN	
80.	NEELIMA MOHAN		129.	GIBU GEORGE	
81.	HARISANTH K A		130.	IRENE SHAJAN	
82.	SANDRA THERESE XAVIER		131.	SIMI CYRIAC	
83.	PARVATHY C SUBRAMANIAN		132.	SARA GEORGE	
84.	ANJU V S		133.	K.S.ASHNA	
85.	SULTHANA SUNEER		134.	DIVYA DINAKARAN	
86.	HARIHAR JAGANNATH		135.	FREDWILL ROBERT	
87.	ANJALI JOHN		136.	ARATHI KRISHNA K A	
88.	SREEKANTH PRABHU S		137.	LAKSHMI	
89.	CHRISTY JOSE			RADHAKRISHNAN	
90.	JAMES TOM		138.	SONA JOHNSON	
91.	GOVIND SANKAR R		139.	ANITTA REGINA	
92.	ANJU GEORGE		140.	TESLIN THOMAS	
93.	ANNA ROSE		141.	AMAL T. BABU	
94.	FENIYA JUDE		142.	LIYA ROSE	
95.	RITCHIE AUGUSTINE		143.	SYNO PAUL	
96.	ANN SABU		144.	MERIN ACHANKUNJU	
97.	ARCHANA JAYARAJ		145.	AJAY S PRABHU	
98.	ASWATHI.A.S		146.	ANANTHU V	
99.	ALEENA JOSEPH		147.	ATHIRA K K	
100.	ELEZABETH CYRIAC		148.	SARATH KUMAR T M	
101.	ABHIJITH. P		149.	AGNES MARIA MANI	
102.	DIVYA DENNY		150.	DHANYA DAVIS	
103.	ABE THERESA S PERINCHERIL		151.	MARIA KURIAN	
104.	KRISHNENDU		152.	MINNU MARIA WILSON	
105.	BRIGEESHMA.C.B		153.	MEGHA MARY MATHEW	
106.	RENJITH S P		154.	LINSA SANTHOSH	
107.	MEGHA SIVADAS		155.	RESHMA V V	
108.	KRISHNENDU K S		156.	ANJALY RAJAN	
109.	KURIAN JACOB		157.	NEETHA MOHAN	
110.	SUDHIN K S		158.	ATHIRA P R	
111.	SANS ANTONY .M		159.	HYNA V EDWIN	
112.	MAIDA MARY P J		160.	JOSEPH PETER	
113.	ANAGHA O.V.		161.	VIDYA V MALLYA	
114.	AMRUTHA NIXON		162.	SHERIN SABU	
115.	ABHIJITH KUMAR		163.	TANZA BABY	
116.	SIDHARTH K BHATTATHIRI		164.	PRABHITHA K B	
117.	ANITTA ANTONY		165.	KITTY ELSA MATHEW	
118.	LYDIA ANN VINOD		166.	VARSHA ELIZABETH	
119.	ARUN JOBAI			THOMAS	
120.	ELSA SIBY		167.	NEETHU TOM	
121.	JISSA ROSE SEBASTIAN		168.	SANMARIYA THOMAS	
122.	ANN TERES BABU		169.	SANDRA DEVASYA	
123.	RESHMI JOSEPH		170.	ANTONY JOEL PODUTHOR	
124.	JYOTHILAKSHMI				
125.	SREEKANTH T K				