

SACRED HEART COLLEGE THEVARA

PRINCIPAL'S ANNUAL REPORT 2006-2007

Rev.Fr. Manager and President of the meeting Dr Cherian Kunianthodath CMI, the distinguished Chief Guest Dr. V.Vasudevan, Regional Director, IGNOU, Prof.P.M.Sebastian, Prof.Thomaskutty Mukkadan, Rev. Fr. T.K. Jose, Rev.Sr.Mariakutty M.A., Prof. Jose P. Joseph, the staff secretary, members of the student Welfare Trust and PTA, Mr. Vivek K.R., the chairman of the college union, Guests, members of the faculty, members of the establishment staff and my beloved students.

It is again the time of the year when our hearts turn jubilant with the joy of achievement. And it is the time when our folded hands join our heaving hearts to thank the Almighty for His abundant blessings round the year. Representing the entire college community I bow in grateful adoration to the Sacred Heart of Jesus, our guide and protector.

As I present the 62nd annual report of this edifice of learning built on the bedrock of the sacred vision of its founders, fed and watered by the toil of former managers, principals and the hundreds of teachers and members of the non teaching staff and parents, and sustained in glory by the collective contribution of the student body that has graced its campus, my heart fills with gratitude to each of them.

YEAR OF INTROSPECTION, CORRECTION AND CONSOLIDATION

2001 was a landmark year for us. That was when the NAAC conferred on us five star accreditation. 2003 was a watershed year too. That was when we won the title "College with potential for Excellence"(CPE) from the UGC. If they were events which inspired and impacted us tremendously, the present academic year will go down in the annals as another memorable year. The CPE team from the UGC that visited us in January expressed their satisfaction over the proper utilization of the CPE fund. The NAAC peer team is visiting us in March for reappraisal. Being the year of re-accreditation it has been a year of introspection, correction and consolidation for us. We are fairly satisfied with the infrastructural strides we have made. The A/c Seminar Hall, the Virtual Learning Centre, the A/c Conference Hall, the renovated and refurbished library with 250 cubicles, the state-of-the-art computer cum language lab, the newly set up instrumentation center and to crown it all, the networking of the departments and PG class rooms, have set us on an enviable height of infrastructural excellence. The innovative initiatives by the departments and the increased leveraging of the combined potential of the departments through the synergising efforts of the IQAC have taken us through an academic resurgence. The add-on courses offered by the science departments, the basic Maths Learning Programme offered by Maths department and the PEP initiative of the English Department are instances of the collaborative innovation effected by the college. We feel confident that with these efforts and similar future initiatives we will be able to considerably enhance the employability quotient of our students which has already been complimented by the numerous recruiting agencies that visited our campus this year.

INTEGRATED TRANSFORMATION

Believing in the substantial unity of the human person it has been our conviction that education should involve the whole being of man. This belief has been at the core of our educational philosophy and all our efforts have been geared to achieving this goal of integrated formation.

As in past years we welcomed the freshers with an orientation programme. The parents also were given an orientation on how they can be a moulding influence on their children. All students were later given value enrichment talks in batches. The tutorial sessions every month, served as mentoring sessions aimed at reinforcing the value frame of our students. The tutorial sessions are also meant to serve as a forum where students can offer suggestions for the overall improvement of the life on the campus. Legal awareness classes, career guidance sessions and the talks arranged at the college and department levels supplemented the effort towards overall development. The careerisation drive initiated by the college at various levels has produced heartening results as is evidenced by the placement records. The talent clubs have kept the students busy giving them opportunities to hone their literary and artistic talents. The Sargapadham, the Hridya Sarga Sangamam and the various programmes organized by the departments and the various clubs have provided the students with a profusion of opportunities to display their talents.

NEW VICE PRINCIPAL AND BURSAR

The appointment of Prof. M.A. Kurian as Vice Principal and Rev. Fr. Jerry CMI as bursar will certainly give impetus to the transformation that is being effected on the campus. On behalf of the entire college community I wish them the joy of achievement in all their endeavors.

THE COLLEGE COMMUNITY

With 2197 students from backward, urban, and semi-urban backgrounds on its rolls, and with a sprinkling of non-Malayalee students in most classes, we have a cosmopolitan campus. Six of our Departments are recognized research centres for PhD under the MG University. The College has on its faculty 76 regular and 41 guest lecturers; 22 of the regular faculty are PhDs and 40 have M Phil. Of the 9 teachers, who were till recently at various stages of completing their PhD research, six are back in their respective departments after submitting their theses.

Two of our faculty members are retiring this year. Prof. P.M. Sebastian, Sel. Grade Lecturer, HOD, English, who joined the college on 23rd July 1976 retires on 31st March 2007 after completing 30 years and 8 months of service. Prof. Thomaskutty Mukkadan, Sel. Grade Lecturer, Department of English who joined service on 25th September 1979 retires on 31st May 2007 after 27 years of service. Rev. Fr. Jose T.K. CMI, Sel. Grade Lecturer, Department of Chemistry, who joined service on 20th November 1985 will retire on 30th June 2007 after completing 22 years of service. On behalf of the college community I thank them for their dedicated service.

We have 50 members on the establishment staff. I compliment them for their dedicated work. Rev. Sr. Mariakutty M.A., Library Asst., (HG), who joined the college on 10th September 1986 retires on 31st March 2007. On behalf of the college community I thank her for her meritorious service.

Fr. ABRAHAM KALLARACKAL CMI

December 11 was a sad day that left the campus drenched in grief for quite a while. It was on that day that after a long illness the mortal frame of Rev.Fr.Abraham Kallarackal, Head of the department of Sociology gave way to his fatal affliction. The towering figure of Rev. Fr. Abraham Kallarackal with his camera in hand was a permanent presence in this auditorium on every occasion when students gathered here. As we grieve for that missing camera, his vanished hands and his voice that is still, we hope, his voice now resounds with the choir of angels in heaven. May his soul rest in peace.

PARENT-TEACHER ASSOCIATION

The Parent-Teacher association and the members of the student welfare trust meet on the second wednesday of every month. The Principal keeps them informed of all the activities in the college and through their feedback they serve as agents of the transformation the college has been through. The SWT has an annual budget to cater to the needs of deserving students. It makes an annual contribution to the co-curricular activities of the college and the physical department.

DEPARTMENT OF ENGLISH

It was a race against time at the English Department. In addition to the two endowment lectures and the national seminar which have been scheduled in the regular academic calendar of the department, this year the department had a host of other programmes. This year's Rev. Fr. George Koyikara Endowment Lecture on 'Copy Writing' was delivered by Mr. Sudhir Krishnan, a renowned creative media personality. Rev.Dr. Dan Thottakara Endowment Lecture was delivered by Dr. Sajeev Rose. The topic was "Befriending Theory".

A national seminar "English in context: Corporate Communication" sponsored by the UGC was organized by the department on 22nd and 23rd January. Prof. Bruce Miller and Jane Miller were the chief resource persons. The Dr. Dan Memorial National Seminar is scheduled for 28th February and 1st March 2007. In addition to these the department co-ordinated a national short video film festival in June. The department conducted a few 'careerbuild' sessions for the degree students with the participation of invited professionals.

The certificate course PEP offered by the department under its project Eng Power initiative and the training for BEC, met with enthusiastic response. As in former years the department functioned as the hub of the co-curricular life of the campus. As editorial guild to the college, the department has been associated with all the write-ups brought out by the college. The overall champion trophy for the 'Hrdya Sarga Sangamam' was won by the department.

DEPARTMENT OF ORIENTAL LANGUAGES

The Department of Oriental Languages had a significant role in the various cultural, literary and social activities of the current academic year. The department took the lead in organizing a multi religious prayer session when the first degree and first PG classes began. The department played a crucial role in the planning and implementation of Sargapadham, the literary pentathlon.

Prof. Mathew Ulakamthara inaugurated the activities of the literary club, which functions under the leadership of Sri. K.G. Narayanan and Sri. Joby Joseph. Among other activities the club also organized a film appreciation programme. In connection with the golden jubilee of 'Kerala Piravi' the department actively participated in the 'Keraleeyam' exhibition and organized a quiz competition on Kerala Culture.

The Hindi Department organized a one day seminar on restructuring of the Hindi Syllabus. More than 40 delegates attended this programme. Around 200 students have taken the Hindi Pretest conducted by the Hindi Prachar Sabha. These activities are co-ordinated by Dr. K.K. Paulose, the HOD.

Mr. Mathew Jose of the Sanskrit department is the main force behind the college news journal Heartbeats. He does the editing and the D.T.P. work connected with it. Teachers from other departments make use of the facilities offered by the computer section of the department.

DEPARTMENT OF ECONOMICS

The activities of the Economics Association were inaugurated by Prof.P.J.Cyriac, former head of the Department of Economics, on October 19th 2006. The Annual General Body meeting of the Economics Alumni Association was held on October 2nd 2006. The Department organized the Annual Union Budget Analysis as part of the association activities.

Resource persons from Time and IMS took classes for personality development and Group discussion for Post Graduate and degree students. Prof.W.T.Paul of the Mathematics Department took classes for the final year degree students under the Basic Maths Learning Programme (BMLP). The objective of the programme is to enhance the arithmetic and numerical abilities of the students and to improve their performance in competitive examinations.

The Economics Alumni association organized a special one-day gathering of the former students on December 9th 2006. Around 150 former students participated in the gathering.

JANAPARVAM

Under the Village adoption scheme, the department launched a very innovative programme (JANAPARVAM) to enhance the quality of life and to achieve the integrated development of the poor people in Maradu Panchayath. The Department initiated the programme with the involvement of students and teachers of various departments of the college. Maradu Panchayath President Sri.K.A.Devassy, inaugurated the programme on 21st October 2006. The objective of the programme, extending over a decade is to provide quality education to U.P and High School students of BPL families, and to evaluate and monitor the standard of living of the beneficiaries.

DEPARTMENT OF SOCIOLOGY

The department organized a fresher's day at the beginning of the academic year. The activities of the Sociology Association were inaugurated by Prof. Mercy Williams, the worshipful Mayor of Cochin. The department organized a trip for the final year students. The students prepared a manuscript magazine titled "Cloud 9", under the supervision of the teachers. Miss Mariean Sathar was the student editor. The students exhibit on a regular basis, news items, photographs and paper cuttings on relevant topics on the noticeboard. The department also took the initiative to send students and teachers to the All Kerala Sociological Conference at Trivandrum and a seminar on Kerala Culture conducted by the Jeevus Cultural Centre, Aluva.

DEPARTMENT OF COMMERCE

By all standards the commerce department was the academic champion at the university level. It produced 100% pass for B.Com and 96% for M.Com. Anupana R., Mary Deepa Joy and Padma Nandan K. secured the first, second and third rank in the M.G. University M.Com degree examination in 2006. Five students from M.Com 2004-06 batch cleared NET and 6 of the B.Com students of 2004-2007 cleared the C.A. intermediate examination. The Department organized three extension lectures. 'Tandav 06' – an intercollegiate cultural extravaganza organized by the commerce association made history by its range and scale.

Its sister department, **Department of B.Com computer**, operating on the self-financing mode has completed its third year. They have a separate association, which was inaugurated on 27th October. The final year students went on a study tour to Ootty and Marayoor from November 21 to 24 2006.

DEPARTMENT OF MATHEMATICS

The activities of the Maths Association for the year 2006-07 was inaugurated on 11th October 2006 by Dr. Souriar Sebastian, St. Albert's College Ernakulam. The association arranged a career guidance programme by the famous IT Group NIIT on 20th October 2006. The alumni meeting was held on 15th August 2006. In Nov. 2006, the Department organized a two day workshop on UG syllabus restructuring in association with the UG Board of studies, M.G. University. About 40 teachers from various colleges attended the programme. On 18th Nov. 2006, the department conducted a cultural fest 'Zero Day' to provide a forum for the budding artists of the Maths Department. On that day we published the magazine "E-xpressions". This was a commendable venture of the Maths students. The students and faculty of the department of Maths sincerely co-operated with the "Quality of Life Enhancement Programme". The Department unveiled the human face of Mathematics through the "Basic Maths Learning Programme" (BMLP).

DEPARTMENT OF PHYSICS

The Department of Physics organized an annual get together- 'FUSION' for the students of BSc and MSc Physics on 26th January 2007 in the college auditorium.

A quiz competition was conducted as part of 'FUSION', which was followed by a number of games in which teachers and students participated enthusiastically. The inaugural function of Physics

association was held on 19.10.06. Prof. M. Rajendran (HoD of Physics Dept., Cochin College) inaugurated the function.

The Physics Alumni Association was started in 1996 for providing a common platform where former students and teachers can interact. This year the meeting was held on 26th Jan. 2007. The endowments instituted by the association were distributed to outstanding students of the Department. The present students of the BSc course presented variety entertainments. Finally the prizes were distributed.

DEPARTMENT OF CHEMISTRY

The Chemistry Association was inaugurated on 7th October 2006. Dr. George Thomas, a senior scientist of Regional Research Laboratory and recipient of Bhatnagar award gave a talk on nanomaterials. The department gave a warm reception to the Bhatnagar awardee.

The department of Chemistry and the institute of management studies (IMS) at Kaloor jointly organized a career-oriented programme for the degree students.

The unique festival of the department called “Chemifest” was inaugurated by Rev. Fr. Cherian Kunianthodath, Manager, S.H. College. The Programme consisted of cleaning activities and cultural programmes. Chemifest aims at developing a better understanding, interpersonal skills, a sense of the dignity of labour and a service mentality.

The tenth Prof. P.J. Joseph Memorial Intercollegiate Science Quiz Competition was conducted on 5th December 2006. The first prize was won by our college. The runner up trophy was bagged by St. Alberts College. 15 teams from various colleges participated.

The Chemistry Awareness Programme (CAP) 2006, a laboratory experience was arranged for the benefit of the school students of the neighboring institutions like St.Thomas Girls School, CCPLM, and S.H. Higher Secondary School. The novelty of the programme was that it was demonstrated by the final year degree students of the Chemistry Department. The Programme which was continued on four Saturdays had 400 participants from the schools.

Rank holders - The following students of the department scored the highest marks and rank in the university examinations.

- BSc Chemistry - Tina Fuad (**II Rank**)
- BSc Industrial Chemistry - Deepa S. (**I Rank**) Roopa R (**II Rank**)
and Sujith K.S. (**III Rank**)
- M.Sc. Pure Chemistry - Teena P. Varghese (**I Rank**)
- MSc Applied Chemistry - Sangeetha Cynthia Lionel (**I Rank**)
Lucy Rajakumari (**II Rank**)

The General body meeting and the Annual day celebration of the “Chem. Alumni “ were held on 7th October 2006, in the seminar hall. The function was attended by around a hundred of our Alumni.

DEPARTMENT OF BOTANY

On 30th June 2006, members of the department met to bid farewell to the retiring teacher Dr. Joseph Jose. Fr. Cherian Kunianthodath, Manager, Fr. A J Saviance, Principal, Dr. V J Dominic, HOD and Mr. Jacob Varghese, staff secretary spoke on the occasion. Special department meetings were convened in the department on 13th July, 20th July, 30th July and 1st Aug, to discuss the preparation of NAAC report. The meeting on 30th July nominated members to various college committees.

The Department staff meeting on 31st August decided to celebrate the Golden Jubilee of the Department from November 2006 to November–2007 and to activate the Botany Assn. programmes.

Botany Department and Kerala Botanical Society jointly organized a one-day seminar on Restructured B Sc Botany syllabus for the Botany teachers of the affiliated colleges of M G University on 12th Sept. 2006

The Botany Association activities for the year were formally inaugurated by Dr. B S Corrie, chief conservator of Forests at 2 pm. on 24th September 2006 . All students and staff participated in the programme.

Botany Department is celebrating the golden jubilee this year. Dr. N. D. Enasu, the Hon'ble Pro Vice Chancellor of the Cochin University of Science and Technology, formally inaugurated the programmes on 9th November 2006. Prof. T U Joseph, the first Head of the Department and all other retired teachers, a few of the first batch students and a number of former students were present on the occasion. The Department has many programmes in the pipeline for the golden jubilee year, which will be concluded on 9th Nov. 2007.

The Flora Fest– the cultural get together of the Botany Department was conducted on 25th November 2006. 'The day of Honour Programme' was conducted on 10th Feb. 2007, in which the first batch of BSc Students, the former faculty, rank holders in the university examinations (BSc & MSc), PhDs from the Department and alumni who obtained higher positions were honoured.

DEPARTMENT OF ZOOLOGY

The academic year 2006-07 was especially fruitful for the Department of Zoology. Ms. Soumya Soman secured 2nd rank in MSc Zoology. Research activities of the department were in the limelight during this year. Mr. Samson Davis Padayatty, Mr. Sunil Jose, Mr. Sudhikumar and Mr. Sunish E, research scholars under Dr. P.A. Sebastian participated and presented papers at the 23rd European cell of Archology held at Sitges, Spain. Mr. Sudhikumar has been selected to a two-year training programme in molecular taxonomy in Ghent University, Belgium and has joined there. The Faculty members were actively engaged in research and have published a lot of research articles.

The Zoology Association was very active during this academic year. Activities of the association were inaugurated by Mr. Kuruvilla Thomas IAS, Director, MPEDA. Students brought out "Acta Zoologia", a wall magazine and 'Fosillis', a manuscript magazine. The latter secured 2nd prize in the intercollegiate competition conducted by the Zoological Society of Kerala. The department

secured runner up position in the 'Hridya Sarga Sangamam', the first inter departmental cultural fest held in the college.

DEPARTMENT OF PHYSICAL EDUCATION

Physical Education and Sports are a crucial component of the holistic education of our vision. The College possesses a very proud tradition of sports and it can claim among its alumni, sportsmen of national and international reputation. The College provides ample facilities for athletics, major games, indoor-activities and martial arts. It also has a well-furnished health club with excellent facilities, open to the public as well.

The 61st Fr. Bartholomew Memorial Inter-Collegiate Basketball [men/women], Volleyball [men/women] and Ball badminton [men] were conducted this year also. These tournaments have the proud distinction of having been held for the past 61 years without break. This year 40-college teams participated in the Bartholomew tournament.

Out of the 14 men and 3 women teams that participated in the M.G. University inter-collegiate championships this year, our college emerged as winners in five disciplines, runners up in four and third in three.

26 of our students represented the M.G. University and 11 represented the Kerala state in various games, and two students Sanker Gopan II B.com and Alwin Francis I B.Com (Badminton) got selection to the Indian camp. Anas H of III BA [Economics] secured Gold medal in the All India Inter University Bodybuilding Championship. More than 85 students have become eligible for the sports grace marks this year.

ACTIVITIES 2006-07

- The 61st Fr. Bartholomew Memorial All Kerala Inter-Collegiate Basketball [men/women], Volleyball [men/women] and Ball badminton [men] Tournaments
- M.G. University Judo Championship
- MG University Volleyball Championship
- MG University Wrestling Championship
- Ernakulam District Athletic Meet
- Ernakulam District Deaf & Dump Sports meet
- Kerala State & MG University Judo Coaching Camp.
- The Intra – murals and annual sports meet for the students, staff and ESA
- Summer Coaching camp in Basketball, Judo and Cricket [To be conducted]

ACHIEVEMENTS - 2006-2007

WINNER

- Judo
- Lawn tennis
- Table tennis
- Best physique
- Shuttle badminton

RUNNER-UP

- Volleyball
- Wrestling
- Chess
- Yoga

THIRD PLACE

- Kabaddi
- Weight lifting
- Basketball

The Volleyball men team were the winners of the following tournaments,

- Christ College Tournament, Irinjalakuda
- Fr.Bartholomew Tournament, S.H.Thevara,
- Bishop Tharayil Tournament, St.Stephans,Uzhavoor,
- Bishop Vayalil Tournament, St.Thomas Pala
- All Kerala volleyball tournament at Varapuzha
- MG University Volleyball championship (Runner up)
- George Paul Trophy,Nirmala Moovattupuzha (Runner up)

Judo team secured overall championship in the Ernakulam District Judo Championship

CENTRE FOR AQUACULTURE STUDIES

A microbiology laboratory with state of the art equipment and facilities was set up in the department during November 2006.

Aqua food fest 2006 was conducted on 15th November 2006. There were 245 participants. In the food competition Sri. Baiju and Shiraz won the first prize and Ms. Smisha second prize. Ms. Arya came third.

The staff and students of the centre participated in the international Aqua show at Cochin conducted from 2nd to 7th February 2007. Dr T.V. Sankar senior Scientist C.I.F.T. delivered a lecture to the students on the biochemistry of fishes. As part of their scientific visit the students visited field farms and processing factories. The students and staff participated in the Kerala festival in November 2006 conducted by the College.

DEPARTMENT OF COMPUTER SCIENCE

A seminar on 'Multimedia and Animation' was conducted on 18th July 2006 by Mr. Jiby Varghese Cherian from 'CADD CENTRE', Kacheripady, Cochin. An expert from Jetking Institute, Cochin took a class on 'Personality Development'. A preliminary talk on MCA and MBA entrance exam was given by the Time Institute, Cochin.

Our 3rd year students attended a half-day seminar on 'Tips for success in life' by Mr. Vincent Chundatt & 2nd year students attended a one-day seminar on "Tips for success in life" by Fr. Benny. Some of the computer science students gained placements with various firms through campus recruitment: 3 with INFOSYS, 4 with IBM and 2 with Tech Mahindra.

Our association 'CASA' was inaugurated by Mr. S Kannan, Chief Manager, IT Division, South Indian Bank, Ernakulam on 20th October 2006. The department organized a seminar on 'Computerised Banking System'. An 'Internet Awareness Program' and a 'Computer Literacy Program' are being conducted by our Department for selected students of our college.

LIBRARY

The College Library has a collection of 71770 books including 4000 reference books. During the academic year 1740 books have been newly added. The library subscribes to 52 journals and 19 periodicals. The addition of DelNet facility has made it possible for the teachers and students to access e-journals.

Care has been taken to provide better lighting and other facilities. The resources of the library are well utilized by the staff and students. The Library starts functioning from 9.00 a.m.

CAREER GUIDANCE CENTRE

The centre aims at making students career oriented. To facilitate this, the centre maintains a career library and provides motivation programmes to the students. A half-day career guidance seminar was conducted for the final year students on how to face an interview and how to take part in a group discussion. The centre keeps the students informed of various career programmes in the city and encourages them to take part in them. It subscribes to 17 periodicals dealing exclusively with career matters.

NCC (Army Wing)

108 Cadets, [56 Boys and 52 Girls] enrolled during this academic year, Twenty parades were conducted in this academic year in which cadets were given exposure to firing, drill, field craft, map reading, weapon training, first aid etc. A two-day-mini camp was conducted with 102 cadets in our college.

Highlights of the year 2006-07

Sgt. Aisha Kareem attended All India G.V. Mavulanga Shooting Competition held in Azanzol, West Bengal and won the 10th position in the national level competition.

CSM. Sreejith attended National Integration Camp in Delhi.

Lcpl. Dhanesh Kumar attended RCTC conducted in Gwalior, M.P.

Suo. Pappu P.S. was selected for the 12 day Indian Military Academy Attachment Camp in Dehradun.

CQMS. Rajesh T Das attended National Integration Camp held at Kolaghat, West Bengal.

Other Credits

In connection with anti tobacco day our twelve cadets conducted an anti-tobacco campaign programme and staged a street play. The NCC of our college conducted a cycle rally, highlighting the need to eradicate plastic carry bags of less than thirty microns. Twenty two cadets attended this cycle rally with the support of the Corporation of Cochin. The college team won the first prize in field craft competition held at the Annual Training Camp of 21(K) Bn NCC EKM at Piravam.

NCC (Naval Wing)

NCC Naval Wing enrolled 50 cadets this year. Apart from the routine programmes the naval NCC unit of our college has a lot of achievements to speak of. The unit organized a three day exhibition in the college auditorium to depict the multifaceted activities of the Indian Navy and Naval NCC. The special attraction at the exhibition was the Scuba Diving stalls with all the diving apparels on display. Another attraction of the exhibition was the demonstration of pulling and sailing on 11th, 12th and 13th September. On 11th September, there was pulling display by the cadets in the college lake view. And on 12th September, the cadets demonstrated sailing at the lake view.

On the occasion of Gandhi Jayanthi (2nd October), the Naval NCC of the college celebrated the 2nd anniversary of 'PARADIGM', its social service programme. The programme was conducted in the Govt. Old Age Home, Thevara Ferry. Three Cadets of our college attended the All India Nausainik camp held at Vishakapattanam. The Cadets involved were L/Cdt Nirmal .V.R. of II B.Com, Cdt. Surya and Cdt Sunu of II BSc Maths. 2 Cadets-L/Cdt Isaac Devassy of II BA Sociology and L/Cdt Sibil Bhasi of II BSc Zoology attended the Pre-RD camp.

Cdt. Danish Joseph of II BSc Physics took part in the NIC camp held at Salt Lake Stadium (West Bengal) in January and L/Cdt Bijohn Babu of III BSc Maths, L/Cdt. Issac Devassy of II BA Sociology represented Kerala in Advanced Leadership camp (ALC) held at Tuticurin in December. Two of our senior cadets, P.O. cadets Suraj Kumar A S and CC Harish Kumar Sharma took part in SSB training camp held at Trivandrum.

Some special achievements of the Naval NCC cadets of S.H. College are:-

- Our cadets participated in the Blood Donation camp conducted by IMA in Maharaja's College.
- The Naval NCC Cadets played a major role in the smooth functioning of the cultural fest 'Tandav 06' organized by Dept. of Commerce in the college on 4th Nov.
- The cadets of Naval NCC visited the old age home every month as part of the paradigm programme and spent a lot of time with the old inmates.

COLLEGE UNION

Election to the college union was held on December 15 2006. The office bearers with Vivek K.R. as chairman were sworn in on 3rd January 2007. The union organized an Arts day, Photography and Painting Exhibition and a two day Film Festival.

NSS

The NSS activities of the year were inaugurated by film star Mr. Jayasurya, which was followed by cultural programmes staged by the NSS volunteers. The volunteer strength for the year is 360. Ms. Dhanya Thomas, Mr. Harishkumar & Mr. Unnikrishnan are the volunteer secretaries for the year. Dr. K.X. Joseph and Ms. Ambily Thomas are the Programme Officers.

NSS Volunteers actively participated in the fast a meal programmes, legal awareness seminars, the clean city campaign and the awareness programmes on Chikun Guniya. 30 volunteers participated in various inter collegiate NSS programmes conducted in different colleges. Regular programmes in adopted villages, mini camps, and special camping were conducted during the year. Our NSS unit secured the Award for Excellence in Social work in 2006.

AICUF

The AICUF unit of the college had a remarkably active year of service under its animator Dr. K.K. Paulose during this academic year. The activities of AICUF for the year 2006-07 started with a team visit to St. Mary's Old age home, Perumanoor. About 37 AICUF members visited and interacted with the inmates. They spent their time playing games and sharing pains. The formal inauguration of AICUF was held on 3rd August 2006 in the college auditorium.

A freshers camp for the new comers was held on 23rd September 2006 in our college. About 35 new members participated in the camp which gave them a chance to improve their leadership qualities and service spirit. AICUF provided refreshment for the Heartifest. The profit gained from this was utilized to help orphanages and old age homes. AICUF and Youth Red Cross Society jointly conducted an awareness programme on Chikungunia on 7th October 2006 and also distributed preventive medicines.

Eight AICUF members of our college participated in the Zonal Leadership Camp at Samiksha, Kalady. As part of the world AIDS day observance AICUF conducted an awareness class along with Zoology Department on December 1st 2006. The trip to St. Xavier's School for the Deaf, Kalady and Abhayabhavan, Koovappady on 26th January was a memorable experience for the AICUF students.

WOMEN'S CELL

The activities of the women's cell started with two of our teachers Rajalakshmi R and Henakumari K.P. attending the seminar conducted by the M.G. University student service centre on women counseling. The women's cell activities of the year included a training in umbrella making, a programme on legal awareness, and a stage programme on the evils of abortion, cancer etc.- The Threats to Life" presented by members of 'Kripa Pro Life Movement'. Women's cell members Anjana Raghavan and Lavanya V. participated in the quiz programme on women's issues at St. Peters College, Kolencherry.

JESUS YOUTH

Jesus youth is a spiritual and moral force on the campus. Apart from conducting a weekly prayer session, it organizes programmes that promote a value based life and concern for the less

privileged in society. A one hour musical show based on gospel values was organized in the college and it was appreciated by all. The scheme for providing lunch to the poor street children on Fridays initiated by Jesus Youth is going on well. Tinu Paul, Clara Neethu, Diana Varghese and Shinto lead the Jesus youth activities in our college.

THE MUSIC CLUB

The activities of the music lovers of the campus got off to a flying start with Shri. Deepak Dev, the renowned film music director, our alumnus and an active former member of the club, inaugurating the club in August 2006. His sincere and glowing tributes to the club was immensely inspirational to the budding musicians of the college.

The club organized a musical event to honour the veteran musicians of yester years- Shri. Devarajan, Ravindran and Naushad. The musical concert with selections from their compositions was well appreciated. "Tandav-2006" a scintillating high voltage inter collegiate rock-show involving more than 12 college bands was indeed a remarkable achievement of the organizational skills of the commerce students and a crowning fete of the rock-culture thriving in the campus. Hrdaya Sarga Sangamam 2006 music competition brought to the fore a profusion of talents available in our college. Apart from the routine musical performances in the Heartifest-06 and Keralapiravi Day, the members have excelled in intercollegiate and channel based competitions. Gayathri Varma III BA (English Copy Editor), a playback singer, is already reckoned as a promising new voice with huge potential, by the lovers and connoisseurs of music. B. Lakshmi (II Physics) super star fame and a budding music composer is another musical talent bound to enthuse audiences of the future.

THE DANCE CLUB

The Dance club of our college was very much in the limelight this year too. The Heartifest was an occasion for all the artists of our college to come together and perform in various items. Members of our dance club participated in several competitions in and around the city and bagged many prizes.

SPEAKERS' FORUM

The Speakers' Forum, composite in its character and versatile in functioning, had about 25 active members in the year 2006-07. The activities of the year were formally inaugurated by the noted journalist Sri. Gouridasan Nair, Special correspondent, The Hindu. The members met once a week for group discussions, speech practice etc. In association with the Literary Club, the Speakers' Forum organized the prestigious All Kerala Literary Festival, Sargapadham and the intra mural arts competition the Hrdaya Sarga Sangamam. The Competitive Exam Study Circle was another initiative of the forum. A couple of one-day seminars on issues of topical relevance were conducted by them. The forum was in the forefront of the golden jubilee celebrations of Kerala Piravi. The Get Yourself Motivated (GYM) programme initiated by the forum gave the students motivational training which would stand them in good stead in all their future pursuits.

SARGAPADHAM

The tenth edition of the Sargapadham was held on 21st, 22nd and 23rd August 2006. The symposium that marked the start of the festival was on the theme “Crisis in Higher Education”. The participants were Prof. P.A. Vasudevan, Rev. Dr. Paul Thelekkat. Dr. K.G. Paulose was moderator. 42 students from different colleges participated in the competition. Model Engineering college, Thrikkakara and U C college, Aluva took home the S.H. trophy and the runner up trophy respectively. Rev. Dr. Jose Kuriedath, our former principal, who conceived this festival, was the guest of honour at the valedictory session.

HRDYA SARGA SANGAMAM

To mark the decennial of the Sargapadham, a unique cultural festival called Hrdya Sarga Sangamam was organized on 16th, 17th and 18th August 2006. 778 students participated in 19 events and the English Department bagged the I prize and the Zoology department came second.

HEARTIFEST

Heartifest is the family festival of our college. It was started 16 yrs ago for promoting the cultural and artistic talents of our students and for fostering a feeling of oneness among the management, the teaching and non-teaching staff, students and their parents. This year it was held on 14 October 2006. Quite a large number of parents and well wishers responded to our invitation and attended the programme.

PRIMROSE NATURE CLUB

The green brigade of S.H. – Primrose Nature Club- has been active as ever. It observed the World Environment Day on 5th June. Our college won Palathulli Puraskaram II Prize (05–06) as reward for the combined activities organized under the guidance of the Primrose Nature Club.

Mr. V J Jose, Deputy Campaigner, Green Peace, inaugurated the activities of the Club for the year 2006–2007 on 8th June 2006. The club observed the day as College Environment Day. On 4th Aug 2006 the Club gave a reception to the ‘MazhaYathra’ organized by the Kerala State Remote Sensing & Environment Centre.

Class room beautification contest, celebration of wild life week with a lecture by Dr. S. Sivadas, Liaison Officer of Forest Department, a poster exhibition, participation in the cleanliness drive initiated by the college in the wake of ‘Chikun Gunia’, a nature study camp at Silent Valley, and a protest demonstration against indiscriminate felling of the mangrove plants from the Valunthakadu islands were among the major activities of the club during the present year. The members of the club took a pledge on oil and gas conservation as part of their participation in the Oil/Gas Conservation Fortnight.

In collaboration with Bharat Petroleum Corporation Ltd., Kochi Refinery, the club conducted an essay competition for the students of our college.

TECHNOLOGY PROMOTION CLUB (TPC)

The Technology Promotion Club conceived as an inter - disciplinary interactive forum to disseminate information on latest technological advances has been of great help to students in enhancing their scientific awareness. The club, in collaboration with the Swadeshi Shastra Movement, organized a national seminar on 'Self Reliance and Prosperity' in October 2006.

TOURISM CLUB

The activities of the Tourism Club for the year 2006-2007 started with the Onam celebrations on 25th August 2006. Tourism day was celebrated on 27th September 2006. A photo exhibition and open quiz competition were conducted. A video exhibition of previous years' adventure trekking was the main attraction.

Tourism club conducted an adventure trekking trip, *Monsoon Adventure*, to Kidappukallu and Vellattari in Nelliampathy forest range from 22nd to 24th September 2006. The club organized a seminar on the Future of Hotel Industry in Kerala Tourism on 30th November 2006. Sri. George Dominic Executive Director, C.G.H. Earth delivered the keynote address. 40 club members and two teacher co-ordinators participated in the trekking trip to Manpara and Kalchady tribal settlement on 2nd and 3rd December 2006. Club members distributed food and dress to the tribals.

Our club team won prizes at the district level and state level competitions conducted by the Tourism Promotion Council this year. Our quiz team, Manu Antony and Muhammed Sameer were winners at the district level and runner up at the state level competitions. Nandini R Nair was winner in painting and Jerrin Lal was runner up in Elocution at the district level. Muhammed Sameer won first prize in the state level competitions.

YOUTH RED CROSS SOCIETY

It was an active year for the Youth Red Cross Society. It organized an anti drug campaign in June 2006. This awareness programme included a rally, poster exhibition and oath taking by the students. The Youth Red Cross of our college contributed to the fight against chikungunia by distributing preventive medicine. Communal Harmony was celebrated in our college from 19th to 25th of November.

Visits to the old age home at Thevara, Abhayabhavan at Perumbavoor and St. Claire Deaf and Dumb School at Kalady, formed part of this year's activities. A district level orientation camp was organized by the Youth Red Cross Unit of our college in collaboration with the Indian Red Cross Society.

'DIET' (College Canteen)

The College Canteen 'Diet' managed by the S.H. Staff Welfare Association is committed to serving the culinary needs of the campus and the local public. In the third year of its operation, it has added several infrastructure facilities and feels gratified that it is able to provide hygienic and quality food at affordable price. The canteen also provides employment to about 15 persons and free meals to a few of our deserving students.

CAMPUS RECRUITMENT AND PLACEMENT CELL

The Campus Recruitment and Placement Cell functioning with Prof. T.P Thomas as the co-ordinator has a teacher from each department to guide it. Started with the main objective of securing appropriate employment to the students who are job aspirants, on the completion of their course, and to increase the employability of the students, the cell has had a great year of achievements. The Get First Programme offered at the initiative of Dr. T.J. James to the PG students has been a boost to their preparedness for the UGC tests. During the academic year 2006-07 the following organizations made campus recruitment from this college.

Sl. No.	Name of the organization	Nature of Business
1.	Google. com	Information
2.	Infosys Technologies Ltd	IT
3.	Sutherlands Global Services	ITES
4.	Genpact (Subsidiary of GEC)	ITES
5.	HSBC	International Banking
6.	B ₂ K	A US based BPO company at Bangalore
7.	Fidelity Investments	Financial BPO
8.	EVM Honda Group	Automobile
9.	MRF Ltd	Tyre manufacturing
10.	SANAH Group	Division of Infozone Inc (Oracle)
11.	ICFAI	Education
12.	N- Rich Management success solutions Pvt. Ltd.	Shipping

The Placement cell has also made arrangements, in collaboration with the Times of India Group for conducting a Job Fair in the college towards the end of February 2007.

CO-OPERATIVE SOCIETY

The college co-operative society is completing 30 years of service this year. On this glorious occasion I remember with thanks, all former presidents and secretaries who devoted their valuable services to this institution in the various stages of its development. This year too the society performed well and has undertaken many projects to fulfill the academic needs of our staff and students. A colour-printing unit installed by the society recently will remain a milestone in its growth. This academic year 31 students got the benefit of 'Vidyarthi Kshema Nidhi'. With the aim of instilling and nurturing research aptitude in the students the society conducted a project presentation competition on 11th August 2007 for our P.G. students and honoured the winners with certificates and cash awards. I thank the secretary and members of the director board for extending their services to this institution.

CONCLUSION

Quite much, we have achieved. I reiterate, that has been made possible because we stood as one body, and the staff - teaching and non-teaching - students, parents and the management worked in unison, with one aim, one sole aspiration. I would also reiterate that what we have achieved gives us no room for complacency. Excellence is our target. The closer we move to the horizon of excellence the farther it recedes because our notion of excellence is ever growing - wider and deeper. But that shall not deter us from our pursuit. Let us be guided by the aspirational imperative that rings through the lines of the robust optimist: (Ah, but) a man's reach should exceed his grasp; or what is a heaven for?

Now as I present this report, once again I thank you all.

Thank you

Thevara
15-2-2007

Fr. A.J. Saviance
Principal

A Glimpse of the activities

- 1. Opening day ceremony of 1st DC & I P.G. Classes** – A multi religious prayer session was organized by the department, in connection with the new class openings.
- 2. Sargapadham** - Oriental Languages had a crucial part in the planning and implementation of the prestigious, 'Sargapadham' literary ceremony of the year.
- 3. Literary club activities** - Among the active talent clubs of our college, Literary Club could render a lot in promoting students literary talents and general cultural awareness. The co-ordinates of the club are Sri. K.G. Narayanan and Sri. Joby Joseph.

Eminent writer orator and former HOD, Oriental Languages, Prof. Mathew Ulakamthara formally inaugurated the club activities. Various sessions were conducted including a classic film appreciation programme.

- 4. Kerala Piravi Golden Jubilee Programme** – In connection with the golden jubilee celebration the department activity participated in the 'Keraleeyam' exhibition programme' department organized a common quiz competition on Kerala Culture.
- 5. Seminar on Hindi syllabus restructuring** - A one day seminar on Hindi syllabus structuring was conducted by the Hindi Faculty, headed by Dr. K.K. Paulose. More than 40 delegates were participated in the programme.
- 6. Red Cross Society** - A unit of the red cross society is functioning in our college under the co-ordination of Dr. K.K. Paulose, An awareness programme against chicken gunia disease was the significant item of this year.
- 7. AICUF Activities** - The AICUF unit also functioned by the guidance of Dr. K.K. Paulose. Old age home visit, out station camp, awareness programmes were some of the activities.
- 8. Hindi Pretest** - As in the previous years this year also more than 200 students have prepared for 'Hindi Pretest' conducted by "Dakshin Bharatiya Hindi Prachar Sabha".
- 9. Heart Beats** - Alike past three years department is managing the editing, DTP and layout works of the college neHws, journal, heartbeats. Mr. Mathew Jose of Sanskrit faculty is in-charge of these works. It is a matter of pride that several other departments are making use of our departmental computer services.

Sociology

1. Fresher's Day - A programme to initiative the new comers to the family of Sociology was conducted on 18th July 2006. It included exercises for ice braking, Cultural Programmes of the students and orientation talks by the teachers.
2. Sociology Association - The formal inauguration of the activities of the Sociology association was on 18/10/06 the chief guest was Prof. Mercy Williams, the Mayor of Kochi. The programme was followed by cultural performances by the students and refreshment.
3. Annual Tour - The annual trip for the students of Final year sociology was from 25/10/06 to 29/10/06. Prof. Siby Zacharias and Rev. Sr. Mercilet accompanied the students.
4. Alumni Association – The functioning of the Association of former students of sociology continuous unabated.
5. Arun Memorial Quiz Competition - It is proposed to conduct the intra- departmental Quiz competition in memory of Mr. Arun, one of our departed students, on 15th February, 2007.
6. Manuscript Magazine – The students of our department prepared a manuscript magazine titled "Cloud Nine". Under the supervision of the teachers. Kumari Mariam Sathar is the student editor.
7. Group Discussions – Group discussions on topics of contemporary relevance are conducted frequently to equip the students.
8. Socio-Vision – The students exhibit new items, paper cuttings and photographs on relevant issues, in the student notice board, on a regular basis.
9. Conferences and Seminars – The department took initiative to send students and teachers to various conferences and seminars. Some of them are All Kerala Sociological Conference at Trivandrum and Seminar on Kerala Culture conducted by the Jeevus Cultural Centre, Alwaye

